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Improving the Sidelobe Level, Return Loss and **Bandwidth of Notch-Loaded TM₃₀ Mode** Patch via Fractal-Slot

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ABSTRACT This paper presents a method for sidelobe level (SLL) reduction, return loss improvement, and bandwidth enhancement in notch-loaded TM_{30} mode rectangular patch antennas. In this method, a fractalslot is introduced in the center of notch-loaded patch to remove the unwanted out-of-phase current regions. It is shown that a combination of the fractal-slot and notch loading technique can achieve significant improvement in SLL, return loss, and bandwidth of notch-loaded TM_{30} mode without compromising gain or symmetry of radiation patterns. Moreover, the method also gives an additional degree of freedom to improve the impedance matching without changing the feed location. A prototype of the antenna is fabricated to verify the proposed method. The proposed antenna shows a measured gain of 13 dBi with a low SLL of −16 dB. Furthermore, it shows symmetrical patterns in both planes with cross-polarization (X-pol) levels of less than 35 dB. An under-sampled 4×4 array of the proposed antenna is also presented by utilizing its low SLL property to simplify the complexity of feed networks in high gain array antennas. The array offers the same directivity and SLL as that of an 8×8 array of fundamental mode rectangular patch elements in the same area.

INDEX TERMS Higher order mode patch, TM³⁰ mode, high gain antenna, low sidelobe level antenna, undersampled array.

I. INTRODUCTION

Microstrip patch antennas have been extensively used in mobile and satellite communications, Global Positioning Systems and radars due to their attractive features of low profile, ease of fabrication and lightweight. In order to satisfy the resonant condition of half wavelength, rectangular patch antennas are normally operated in their fundamental mode, TM_{10} . However, the TM_{10} mode has an inherent limitation of low gain, which is not optimum to mitigate the propagation losses. Therefore, researchers have proposed different methods to overcome the gain limitation by using array of patches [1]–[2], stack of patches [3]–[4], loading of patches by a superstrate [5]–[9], shunt inductive loading [10]–[11], and higher-order modes [12]–[27].

Higher-order mode patch antennas offer high directivity due to their increased size; however, they suffer from the issues of high SLL in E-plane and inadequate gain. This increase in SLL and inadequate gain is attributed to the

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FIGURE 1. Surface currents of a rectangular patch antenna operating in TM₃₀ mode.

significant distance among the inter radiating edges of the patch, due to which the currents undergo 180◦ phase shift in successive half-cycles. Hence, a non-uniform current distribution with in-phase and out-of-phase regions, as shown in Fig. [1,](#page-0-0) is produced, which results in grating lobes and inadequate gain.

Over the years, various methodologies have been developed to improve gain and grating lobes of higher-order mode

patch antennas. Some of the commonly used approaches to improve the radiation characteristics include the utilization of high dielectric substrate, the combination of broadside modes, and loading of antennas through slots [12]–[24]. In $[12]$, E-plane SLL of TM $_{12}$ mode circular patch antenna was suppressed by using a high permittivity substrate. Through the utilization of a high dielectric substrate, the overall area of the patch reduces at resonance; however, due to surface wave losses, its radiation efficiency was compromised.

An alternate approach for reducing SLL in higher-order mode patch antennas is to use a linear combination of different broadside modes [13]–[15]. In [13], two circular patch antennas that were operating in two distinct modes are placed one above the other in a stacked configuration. This leads to a dual-mode circular patch antenna in which the lower patch operates in TM_{13} mode while the upper one is in TM_{11} mode. The combination of modes result in reduced SLL and enhanced gain but at the expense of narrow impedance bandwidth and complicated structure. Single-layer implementation of this technique was presented in [14], wherein combination of TM_{12} and TM_{14} modes were demonstrated. Similarly, [15] combines TM_{12} and TM_{14} modes of a circular patch antenna at one frequency, and combines TM_{11} and TM_{13} modes of the same antenna at another frequency. This resulted in a wideband or dual-band circular patch antenna with high gain and low SLL.

Slot loading technique [16]–[24] is another method for enhancing the radiation characteristics in higher-order mode patch antennas. Two reactive slots are placed near radiating edges in [16], to reshape the current distribution of higherorder TM³⁰ mode antenna similar to the current distribution of fundamental TM_{10} mode patch antenna. Although the technique eliminated SLL of the higher-order TM_{30} mode patch antenna, but the price paid was degraded gain. In [17], a non-resonant slot-loading technique was used to suppress E-plane SLL of TM_{12} mode circular patch; however, the drawback was high X-pol and asymmetric radiation pattern. To achieve low SLL without compromising X-pol and symmetry of radiation pattern, [18] employed differential feeding for TM_{30} mode slot loaded rectangular patch antenna. The idea of using differential feeding for higher-order mode antennas was further extended in [20] and [21], where a combination of slot and shorting pins were used to achieve dual-band and wideband higher-order mode antennas. In [22], a square patch antenna operating in TM₀₃ mode was presented. The antenna consists of three transverse slots and has high gain, low SLL and adjustable beamwidth. Slot loaded TM⁹⁰ mode rectangular patch antenna based dual-polarized, high gain, magnetic antenna array with simple feed network was demonstrated in [23]. In [24], differentially fed circular and rectangular patch antennas loaded with slots and shorting pins were proposed to, respectively, reshape the field distribution of TM_{31} and TM_{12} modes in circular patch antenna, and TM_{21} and TM_{03} modes in rectangular patch antenna. The technique

results in antennas with wide bandwidth, enhanced gain, and consistent radiation beamwidth.

In [25], the authors proposed a new technique for gain enhancement and reduction in the E-plane SLL of a higherorder mode patch antenna. Instead of using slots to reshape the out-of-phase currents, removal of out-of-phase regions was proposed for higher-order TM_{30} and TM_{70} mode rectangular patch antennas. This removal, also known as notch-loading, resulted in new in-phase radiating edges and consequently achieved both gain enhancement and SLL reduction. Similar concept with different geometries was also presented in $[26]$ and $[27]$. In $[26]$, high gain TM₃₀ and TM⁵⁰ patch antennas were reported, however, it suffers from high SLL, unsymmetrical patterns and reduced X-pol levels. Theory of Characteristic Modes (TCM) was utilized in [27] to achieve a wide fractional bandwidth; however, the cost was reduced gain.

For the first time, this paper presents a combination of fractal-slot loading technique with notch-loading technique for higher-order mode antennas. The method is applied on a TM₃₀ mode rectangular patch antenna and verified by measuring a fabricated prototype of the proposed antenna. The main contributions and salient features of this work are summarized as follows:

- 1) It is shown that by combining fractal-slot and notch loading technique, the current distribution of higherorder mode patch antennas can be manipulated to achieve low SLL and X-pol without compromising gain and symmetry of the pattern.
- 2) It is demonstrated that the proposed technique gives an additional degree of freedom for improving the impedance matching and return loss of notch-loaded TM³⁰ mode patch antenna.
- 3) It is shown that the combination of fractal-slot and notch-loading technique can enhance the impedance bandwidth by a factor of 2 when compared to a simple notch-loaded TM³⁰ mode patch antenna.
- 4) An under-sampled high gain, 4×4 array of the proposed antenna is also presented to reduce the complexity of conventional array feed networks.

II. ANTENNA DESIGN AND WORKING PRINCIPLE

This section elaborates on the design of the proposed fractal-slot and notch-loaded patch antenna in detail. After presenting the overall geometry of the antenna, the working principle of fractal-slot loading is explained. Furthermore, an in-depth parametric analysis of fractal-slot dimensions and their effect upon return loss, bandwidth and SLL is also presented in this section.

A. ANTENNA GEOMETRY

Geometry of the proposed fractal-slot and notch-loaded TM³⁰ mode rectangular patch antenna is shown in Fig. [2.](#page-2-0) It comprises of a rectangular patch of length *L* and width *W*, which is fed by an SMA connector which is positioned at a distance d_x from the center of the patch. Two notches,

FIGURE 2. Geometry of the proposed design.

each having length *l* and width *w* are loaded at the center of both non-radiating edges and a koch fractal-slot is embedded in the center of the antenna. The fractal-slot is obtained by applying three fractal iterations to an equilateral triangle and the fractal slot's maximum dimension is 29 mm. The dimensions of the ground plane are given by $L_1 \times W_1$, where *L*¹ and *W*¹ corresponds to the length and the width of the ground plane, respectively. Arlon CuCLad $^{\circledR}$ 217 substrate having relative permittivity of $\epsilon_r = 2.2$ and thickness $h =$ 1.5 mm is used for the antenna design. The dimensions of the proposed antenna are $L = 90$ mm, $W = 101$ mm, $l = 30$ mm, $w = 30$ mm, $L_1 = 140$ mm, $W_1 = 150$ mm and $d_x = 15$ mm.

B. WORKING PRINCIPLE

As discussed in Section [I,](#page-0-1) high SLL and inadequate gain in TM³⁰ mode patch are due to the presence of unwanted outof-phase current region. In [25], it is shown that gain can be increased due to the creation of new in-phase radiators between the two radiating edges. Consequently, the SLL is also reduced due to the partial removal of the unwanted current distribution regions. Despite the advantages of the notch-loading technique, the out-of-phase current region still exists, as shown in Fig. [3a](#page-2-1), and hence further improvement in SLL is possible. Therefore, this paper proposes a fractalslot in the out-of-phase current region. The surface current distribution of such design is shown in Fig. [3b](#page-2-1) for a TM_{30} mode patch antenna. It is worthwhile to note that the fractalslot only affects the unwanted current distribution, and its effect on the outer desired surface current distribution regions is negligible. Hence, further reduction in SLL can be achieved without compromising the gain.

C. SELECTION OF SLOT SHAPE

In this section, a comparison of three slot shapes, namely, circular, square, and fractal-slots, is presented to determine the optimum slot shape. These different possible slot shapes are shown in Fig. [4.](#page-2-2) The diameter of the circular slot and side length of the square slot is chosen as 25.8 mm, whereas for the fractal-slot case, the maximum dimension is 29 mm.

The simulated S_{11} of notch-loaded TM₃₀ mode antenna with different slot shapes is given in Fig. [5](#page-2-3) over the

 (b)

FIGURE 3. Surface currents on notch-loaded TM₃₀ patch antenna: (a) without slot, and (b) with fractal-slot.

FIGURE 4. Different possible slot shapes.

FIGURE 5. S₁₁ of different slot shapes.

normalized frequency range. The plot indicates that incorporation of slots improves return loss and bandwidth of

FIGURE 6. E-plane patterns of different slot shapes.

TABLE 1. Comparison with different slot shapes.

| Parameters ^a | No Slot | Circular Slot | Fractal Slot | Square Slot |
|--------------------------------|---------|----------------------|---------------------|--------------------|
| f_0 (GHz) | 3.23 | 3.13 | 3.09 | 3.15 |
| RL (dB) | 16.2 | 28 | 24.3 | 20.3 |
| BW (MHz) | 30 | 40 | 60 | 50 |
| Gain (dBi) | 13.9 | 13.6 | 13.3 | 13.7 |
| SLL (dB) | -10.8 | -14.6 | -16.1 | -15.5 |

 a_{f0} Center Frequency; RL = Return Loss; BW = Bandwidth

notch-loaded TM³⁰ mode patch antenna. The fractal slot offers wider bandwidth as compared to circular or square slots. In addition, effect of various slots on the radiation properties of the TM_{30} mode antenna is shown in Fig. [6.](#page-3-0) It can be observed from the figure that the addition of slot improves the SLL of notch-loaded TM_{30} mode patch antenna. Although the effect of various slot shapes on the SLL of the antenna is similar, the fractal slot offers the lowest SLL.

A more detailed comparison among various antenna parameters of slot shapes is given in Table [1.](#page-3-1) The introduction of the slot decreases the resonant frequency of the antenna. The currents have to travel an extra distance, reducing the resonant frequency. The fractal-slot has the most significant frequency shift followed, in order, by the circular, square and without slot cases. This decrease in frequency reduces the overall effective area of the antenna as well, due to which a slight reduction in gain can be observed. Moreover, the introduction of the slot improves the original bandwidth of the TM³⁰ patch antenna, which is 30 MHz. It is observed that the improvement in bandwidth corresponds to the surface area of the slot. Hence, the fractal-slot shows the maximum increase in bandwidth and has 2 times better bandwidth than the case having no slot. The addition of a slot also improves the SLL of the antenna, and this improvement depends upon the surface area of the slot. The greater the surface area of a slot, the greater the unwanted out-of-phase surface currents removed. Hence, the fractal-slot has the lowest SLL followed, in order, by the square, circular and without slot cases. Based upon the comparison presented in Table [1,](#page-3-1) a simpler circular or square slot can also be utilized; however, in this paper fractalslot is selected due to its wider impedance bandwidth and minimum SLL.

 (c)

FIGURE 7. Parametric analysis on fractal-slot size: (a) E-plane radiation pattern, (b) return loss, and (c) input impedance.

D. EFFECT OF FRACTAL-SLOT LOADING ON SLL, RETURN LOSS AND BANDWIDTH

The effect of the fractal-slot size on various antenna parameters is shown in Fig. [7.](#page-3-2) Three normalized slot sizes namely: $s = 0$, $s = 0.5$ and $s = 1$ are investigated. Here, zero slot size represents no fractal-slot loading, i.e., notch-loaded patch without fractal loading. In contrast, a slot size equal to 1 represents the full slot-loading with a maximum dimension of 29 mm.

The effect of fractal-slot size on E-plane SLL is shown in Fig. [7a](#page-3-2). The figure shows that by changing the slot size, s, from 0 to 1, E-plane SLL are reduced from −10.8 dB to −16.1 dB. An improvement of about 5.3 dB in SLL is thus achieved using fractal-slot loading. A slight reduction of 0.6 dB in fractal-slot loaded patch antenna gain compared to an antenna without a slot can also be observed. This reduction of antenna gain can be attributed to a decrease in a resonance frequency that decreases the antenna's effective area.

The effect of fractal-slot size on the return loss is shown in Fig. [7b](#page-3-2). It can be observed from the figure that an increase in slot size results in a downward shift of resonant frequency from 3.23 GHz to 3.09 GHz. More importantly, impedance matching is also improved with the introduction of the slot. The value of S_{11} changes from -16.2 dB to -24.3 dB by increasing the slot size, s, from 0 to 1. An improvement of around 8.1 dB in S_{11} is achieved by using fractal-slot loading. Thus, introducing fractal-slot adds a new degree of freedom without changing the feed position.

The impedance bandwidth of the antenna, $S_{11} \le -10$ dB, is also improved to 60 MHz. The fractional bandwidth of TM³⁰ mode patch with and without fractal-slot loading is about 1.94% and 0.93%, respectively. Thus, fractal-slot loading also improves the impedance bandwidth of the antenna by a factor of 2.09. To further investigate the reason for impedance bandwidth improvement, the input impedance (Z_{11}) was plotted on Smith Chart for various slot sizes as shown in Fig. [7c](#page-3-2). A constant $VSWR = 2$ circle is also shown in greyish colour for better visualisation. It is worth noting that the increase in slot size increases the loop radius and reduces the antenna's input inductance, which increases impedance bandwidth.

III. RESULTS AND DISCUSSION

The proposed TM_{30} antenna with fractal-slot and notchloading was fabricated in Microwave Engineering Research Lab (MERL) using an LPKF Protomat H60. Seven holes were drilled near the boundary of the antenna, and an aluminium plate was connected with the ground plane via screws. A 3.5 mm SMA connector was inserted into the metal plate, and its tip was soldered to the top conductor layer. The fabricated antenna is shown in Fig. [8.](#page-4-0)

The return loss of the fabricated antenna was measured using Agilent E8362B two-port Network Analyzer, and the result is plotted in Fig. [9](#page-4-1) along with the simulation results. The measured return loss is 33 dB, compared to the simulated value of 24.3 dB. Measured $S_{11} \le -10$ dB impedance bandwidth of the antenna is 57 MHz at the center frequency of 3.11 GHz. A slight frequency shift of 20 MHz is also observed between the measured and simulated results, which can be attributed to the fabrication tolerances.

The simulated and measured E- and H-plane radiation patterns are shown in Fig. [10a](#page-5-0) and Fig. [10b](#page-5-0), respectively. A good correlation between the measured and simulated patterns is evident from the figures. The simulated gain of the antenna is 13.3 dBi, whereas the measured gain of the antenna

FIGURE 8. Snapshot of the fabricated antenna.

FIGURE 9. Simulated and measured return loss of the antenna.

is 13 dBi, which is 0.3 dB less than the simulated one. The measured E-plane SLL is −16 dB, compared to the simulated value of −16.1 dB. The simulated and the measured H-plane SLL of the antenna are −20.6 dB and −26.2 dB, respectively. The simulated X-pol levels of E- and H-plane are −44 dB and −35 dB, respectively, and measured X-pol levels of E- and Hplane is -41 dB and -33.5 dB, respectively.

In Table [2,](#page-6-0) the performance of the antenna is compared with the other similar TM_{30} mode patch antennas. Designs of [18] and [24] used differentially fed slots to achieve high gain and low SLL antenna. Due to differential feeding, they have symmetrical patterns with negligible X-pol, but the price paid is an additional and complicated feeding structure. In comparison to [18] and [24], the proposed design offers simple structure with a 3 dB better SLL. Designs of [25]–[27] utilized notch-loading technique. In [26], a maximum gain of 15 dBi is obtained; however, it suffers from unsymmetrical patterns with a high SLL of -6 dB. The X-pol in [26] and [27] is about 18 dB down, whereas the proposed antenna has symmetrical patterns along with a low SLL of −16.1 dB and X-pol of −39 dB. Reference [27] has a good fractional bandwidth of 4.9%, but it has the lowest gain of 10.5 dBi as compared to other designs mentioned in the table. In comparison to [22], the proposed antenna has achieved better gain, aperture efficiency, X-pol level, and fractional bandwidth.

Given the above comparison, the combination of fractalslot with notch-loading technique in the proposed work has

FIGURE 10. Simulated and measured radiation patterns: (a) E-plane and (b) H-plane.

resulted in considerable improvement. The proposed antenna simultaneously offers high gain, low SLL, low X-pol level, and symmetrical radiation patterns without using a complex differential feeding technique.

IV. HIGH GAIN UNDERSAMPLED ARRAY

One of the common approaches to achieving high gain is to make an array of radiators in a linear or planar configuration. Inter-element spacing is a crucial parameter in an array as it determines the mutual coupling between different elements and SLL of the complete array antenna. Moreover, to avoid grating lobes in a uniformly distributed broadside array, a common practice is to select the inter-element distance less than the free-space wavelength (λ_0) [28]. However, [29] showed that grating lobes could be avoided in an undersampled array of higher-order mode fractal antennas.

In this paper, the low SLL property of the proposed antenna is utilized to make a 4×4 array with an inter-element spacing of 1.3 λ_0 , which is shown in Fig. [11.](#page-5-1) When compared with a conventional 4×4 array of fundamental mode patch elements with the same inter-element spacing, as shown in Fig. [12,](#page-5-2) the array of the proposed antenna offers significantly reduced grating lobes.

To explain the underlying principles of the proposed undersampled array, the array factor of a uniform array with

FIGURE 11. 4 x 4 fractal-slot and notch-loaded array with inter-element spacing of $d_1 = 0.64\lambda_0$.

FIGURE 12. Comparison of the proposed 4 \times 4 array with a fundamental mode 4 \times 4 patch array having the same inter-element spacing of 1.3 λ ₀.

an inter-element spacing of $1.3\lambda_0$ is plotted in Fig. [13a](#page-6-1) along with E- and H-plane patterns of the proposed antenna element. It can be seen from the array factor plot that the grating lobes are present at $\pm 45^{\circ}$ due to inter-element spacing of $1.3\lambda_0$. However, these grating lobes are suppressed by the element patterns, which are about −20 dB down at the grating lobe locations. The undersampled array was simulated in HFSS, and its simulated radiation patterns are shown in Fig. [13b](#page-6-1). The figure shows that the resultant pattern of the undersampled array does not have any grating lobes, and the SLL is about -13 dB down.

The grating lobe problem can also be avoided in a conventional patch array by reducing the inter-element spacing. For example, Fig. [14](#page-6-2) shows an 8×8 array of fundamental mode patches having the same area as the proposed array with inter-element separation of $0.64\lambda_0$. However, it is worth mentioning that this reduction in the grating lobe is achieved at the expense of increased array

TABLE 2. Comparison of TM₃₀ mode rectangular microstrip patch antennas.

Ref. = References ; Freq = Center Frequency; SLL = Sidelobe Level; X-pol = Cross-Polariztion; BW = Bandwidth; Ap. Eff. = Aperture Efficiency

elements. Thus, the proposed 4×4 undersampled array offers similar radiation characteristics compared to its conventional counterpart while reducing the number of elements by a factor of 4.

Table [3](#page-6-3) compares both arrays in terms of the overall area, the number of elements, gain, SLL, and inter-element spacing. Both arrays have approximately the same area, and their gain is approximately 25.5 dBi, whereas the SLL is about 13 dB down. However, in the proposed undersampled array, the number of radiating elements is reduced by a factor of 4, reducing the feed complexity of the array and allowing more space to integrate other microwave components.

FIGURE 14. 8 \times 8 fundamental mode array having the same area as the proposed array with inter-element spacing of $d_2=$ 0.64 λ ₀.

TABLE 3. Comparison of the undersampled array with an equivalent conventional array.

| Parameter | Conventional Array | Undersampled Array |
|------------------------------|---------------------------|---------------------------|
| Area (λ_0^2) | 23.6 | 23.9 |
| Spacing (λ_0) | 0.64 | 13 |
| Elements | 64 | 16 |
| Gain (dBi) | 25.5 | 25.4 |
| SLL (dB) | -13 | -13.1 |

V. CONCLUSION

In this work, a high gain and low SLL TM_{30} mode patch is presented by combining the fractal-slot with notch-loading technique. It is shown that the fractal-slot loading technique can be used to remove the out-of-phase current distribution in TM³⁰ mode, which in turn improves SLL, return loss and impedance bandwidth. When compared with a notch-loaded TM³⁰ mode patch, the proposed antenna shows about 5 dB improvement in SLL with almost similar gain. Moreover, return loss is improved by 8 dB, and impedance bandwidth is increased by a factor of 2. In addition, symmetrical radiation patterns with X-pol levels of less than 35 dB are also achieved without using differential feeding. By utilizing the low SLL property of the proposed antenna, $a \sqrt{4} \times 4$ undersampled array

having a gain of 25 dBi and a simple feeding mechanism is also demonstrated for high gain applications. The proposed concept of fractal-slot and notch-loading can be extended to patch antennas with triangular or circular shapes.

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