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# Virtual Model Control for Quadruped Robots

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**ABSTRACT** Virtual model control is a motion control framework that uses virtual components to create virtual forces/torques, which are actually generated by joint actuators when the virtual components interact with robot systems. Firstly, this paper employs virtual model control to do a dynamic balance control of whole body of quadruped robots' trot gait in a bottom controller. In each leg, there exists a designed swing phase virtual model control and a stance phase counterparts. In the whole body, virtual model control is utilized to achieve a attitude control containing roll, pitch and yaw. In the attitude control, a forces/torques distribution method between two stance legs is pre-investigated. In a high-level implemented controller, an intuitive velocity control approach proposed by Raibert is applied for the locomotion of quadruped robots. Secondly, an anti-disturbance control, which contains compensating gravity, adjusting step length, adjusting swing trajectory, adjusting attitude, and adjusting virtual forces/torques, is investigated to improve the robustness, terrain adaptability, and dynamic balance performance of quadrupedal locomotion. Thirdly, a trajectory tracking control method based on an intuitive velocity control is addressed through considering four factors: terrain complexity index, curvature radius of given trajectory, distance to terminal, and maximum velocity of quadruped robots. Finally, simulations validate the effectiveness of proposed controllers.

**INDEX TERMS** Virtual model control, dynamic balance control, anti-disturbance control, trajectory tracking control, quadruped robots.

# **I. INTRODUCTION**

Nowadays, legged robots have been a research hotspot and gained various attention [1]–[3]. Quadruped robots are hard to control because they are nonlinear, unstable, and multi-input multi-output (MIMO); interact with environment; and behave time variant and switch dynamics (during support exchange). Many control methods have been investigated to handle the dynamic balance problem of legged robots [4], [5]. Zero moment point (**ZMP**) has been a popular method to analyze the stability of legged robots [6], [7]. Research group in Italian Institute of Technology (IIT) proposed a feedback/feedforward control structure by using a **inverse dynamics** (ID) approach, which was utilized in a quadruped robot HyQ [8]. Boston Dynamics employed the idea of spring loaded inverted pendulum (**SLIP**) model to guide the locomotion of Bigdog [9]. Researchers in University of

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Michigan proposed a hybrid zero dynamics (**HZD**) method for planar biped walkers [10] and it was employed to prove the local stability of PD controlled bipedal walking robots [11], [12]. Similarly, a method of virtual constraints (**VC**) was combined with model predictive control (MPC) and quadratic programming (QP) to develop a hierarchical nonlinear control algorithm for stable quadrupedal locomotion patterns [13]. Kitani, Makoto et al proposed a **CPG**-based (central pattern generator, CPG) method to do the suppression of roll oscillation in turning of quadruped robot by asymmetric amplification of CPG output waveform [14]. Besides, a hierarchical controller [15], [16] was utilized to do quadrupedal locomotion in Anymal [17] and MIT Cheetah [18], [19]. Neural Network-based method was also investigated to control robots and manipulators [20].

Robots typically have an individual actuator at each joint which can result in a nonintuitive and difficult control problem. In this paper we present a control method in which the real joint actuators are used to mimic virtual actuators

which can be more intuitive and hence make the control problem more straightforward [21]. This intuitive control scheme is called virtual model control (**VMC**) [22]. VMC does not need a robot dynamics model [23], it only uses the Jacobian matrix to calculate joint/control torques. VMC also does not need a hierarchical controller [24], [25], robot locomotion (velocity & attitude control) can be achieved directly by joint torques control. Actually, VMC had been proposed by J. Pratt as an intuitive approach for bipedal locomotion [26]. Researchers in IIT extended the applications of VMC to quadrupedal locomotion [24], [27]. But they just mentioned VMC in dynamic balance control and did not give out the concrete realizations. In literature [28], Xie *et al.* deduced the detailed control laws of an intuitive approach for quadruped robot trotting based on VMC. Desai *et al.* gave out the VMC for dynamic lateral balance of quadruped robots as well [25]. Even though normal quadrupedal trot walking could be implemented and push recovery could be guaranteed under a little bit external disturbance in [25], [28], extra anti-disturbance control actions, such as gravity compensation, step length adjustment, swing trajectory adjustment, attitude adjustment, and virtual forces/torques adjustment, were still not studied to improve the robustness and terrain adaptability of quadrupedal locomotion. Zhang *et al.* proposed a quadruped robot adaptive control in trotting gait walking on slopes by using the estimation and feedback of ground slope degree [29]. However, quadruped robots should have the ability to walk on more rough terrains in real world. How to achieve this kind of dynamic balance based on VMC is still an essential issue to be addressed.

Virtual model control is a motion control framework that uses simulations of virtual components to generate desired joint torques. These joint torques create the same effect that the virtual components would have created, had they existed, thereby creating the illusion that the simulated components are connected to the real robot. Such components can include simple springs, dampers, dashpots, masses, latches, bearings, nonlinear potential and dissipative fields, or any other imaginable component [26]. Virtual model control borrows ideas from virtual reality, hybrid position-force control [30], stiffness control [31], impedance control [32]–[34], and the operational space formulation [15].

The advantages of virtual model control contain: 1) intuitive and straightforward; 2) low computational requirement without inverse dynamics; 3) easy implement and high efficiency; 4) compliance characteristic; 5) easy to combine with a high-level controller. The disadvantages of virtual model control contain: 1) low control performance in force/position control compared with high tracking performance control [35], [36]; 2) response lag in force/position control; 3) forces/torques distribution problem in stance phase of multi legs; 4) disturbance caused by switch control between swing and stance phase.

As for the disadvantages mentioned above, the tracking error and response lag are allowed to some extent since quadruped robots in dynamic gait have to keep switching trot

gait to ensure their dynamic balance without any stop. The forces/torques distribution problem is addressed by the proposed control state machine and forces/torques distribution method. And, the disturbance problem is issued by the proposed anti-disturbance control. Besides, a trajectory tracking control [37] based on an intuitive velocity control of robot base origin (RBO) of quadruped robots, is proposed as a high-level implemented controller. Also, the trajectory tracking control considers four factors: terrain complexity index, curvature radius of given trajectory, distance to terminal, and maximum velocity of quadruped robots.

In this paper, the virtual model control for quadruped robots is proposed. In the control framework, virtual components that have physical counterparts such as mechanical spring and damper, are placed at strategic locations within the robot or between the robot and the environment. Physical intuition is needed to place these virtual components. Once the placement is done, the interactions between these components and the robots automatically generate the desired torques or forces at the actuators. No dynamic model of robots is necessary in the control algorithm. This approach is applied to quadruped robots. The main contributions can be concluded as follows:

- A dynamic balance control based on virtual model control, from each leg to the whole body, is proposed for quadruped robots in the trot gait.
- An anti-disturbance control is proposed for enhancing the robustness, terrain adaptability, and dynamic balance performance of quadrupedal locomotion.
- A trajectory tracking control method, which is based on the velocity planning and control and added on the implemented VMC, is proposed with four important factors.
- The proposed controllers based on VMC are validated by co-simulations and comparative simulations show the proposed controllers costs less computing time.

#### **II. MODEL**

The simulation model set up by WEBOTS software and the related coordinate systems of quadruped robots are shown in FIGURE 1(a) and 1(b), respectively. There are three degrees of freedom (DoF) in each leg: 2 DoFs in hip joint (roll & pitch) and 1 DoF in knee joint (pitch). The front and hind legs are all elbow style so that there are not singular and redundancy phenomenon. Meanwhile, all the legs share the same Jacobian matrix.

In FIGURE 1(b), the coordinates of foot of RF leg under body coordinate system  $^{B}p_{FOOT} = \left[x \ y \ z\right]^{T}$  can be written as

<span id="page-1-0"></span>
$$
{}^{B}p_{FOOT} = FK (q) = \begin{bmatrix} \frac{L}{2} + l_2s_2 + l_3s_2s \\ -\frac{W}{2} + l_1s_1 + l_2s_1c_2 + l_3s_1c_2s \\ -\frac{H_B}{2} - l_1c_1 - l_2c_1c_2 - l_3c_1c_2s \end{bmatrix}
$$
(1)





(b) Coordinate system of RF leg

#### **FIGURE 1.** System model.

where  $s_i$ ,  $c_i$  are  $\sin \theta_i$ ,  $\cos \theta_i$ , respectively.  $s_{ij}$ ,  $c_{ij}$  are  $\sin (\theta_i + \theta_j)$ ,  $\cos (\theta_i + \theta_j)$ , respectively.  $q = [\theta_1 \ \theta_2 \ \theta_3]^T$  is the joint angle vector of RF leg. FK is the forward kinematics.

According to the geometric relationship of RF leg, the inverse kinematics IK could be written as (2), shown at the bottom of the page.

Differentiate [\(1\)](#page-1-0), the Jacobian matrix for each leg could be obtained as (3), shown at the bottom of the page.

Lagrange method can be applied to derive the robot dynamics as follows

$$
Q = \begin{bmatrix} \ddot{q} & \dot{q} & q \end{bmatrix}^T = FD(\tau)
$$

$$
\tau = \begin{bmatrix} \tau_1 & \tau_2 & \tau_3 \end{bmatrix}^T = ID(Q) \tag{4}
$$

where FD and ID are forward dynamics and inverse dynamics, respectively.

Jacobian matrix, FK and IK are easy to obtain, while FD and ID are difficult. Exactly, VMC does not consider dynamics (FD or ID). This is one reason why VMC is an intuitive approach.

# **III. DYNAMIC BALANCE CONTROL BASED ON VIRTUAL MODEL CONTROL**

#### A. VIRTUAL MODEL CONTROL

In general, there are two classical dynamic model controls for robots: one is in joint space and the other is in cartesian space [38], as shown in FIGURE 2(a) and FIGURE 2(b), respectively.

In FIGURE 2(a), it yields

$$
\tau_f = M\ddot{q}_r + C\dot{q} + G
$$
  
\n
$$
\tau_r = K_q ((q_r - q) + D_q (\dot{q}_r - \dot{q}))
$$
  
\n
$$
\tau = \tau_f + \tau_r
$$
\n(5)

In FIGURE 2(b), it yields

$$
\tau_f = M\ddot{q}_r + C\dot{q} + G
$$
  
\n
$$
\tau_r = J^T F_r = J^T K_x ((x_r - x) + D_x (\dot{x}_r - \dot{x}))
$$
  
\n
$$
\tau = \tau_f + \tau_r
$$
\n(6)

$$
q = IK\left(\frac{B_{PFOOT}}{PFOOT}\right) = \begin{bmatrix} \tan^{-1}\left(\frac{y + \frac{W}{2}}{z + \frac{H_B}{2}}\right) \\ \tan^{-1}\frac{x - \frac{L}{2}}{\sqrt{\left(y + \frac{W}{2}\right)^2 + \left(z + \frac{H_B}{2}\right)^2 - l_1}} - \xi \end{bmatrix}
$$

$$
\xi = \cos^{-1}\frac{l_2^2 + (x - \frac{L}{2})^2 + (y + \frac{W}{2} - l_1\sin\theta_1)^2 + \left(z + \frac{H_B}{2} + l_1\sin\theta_1\right)^2 - l_3^2}{2l_2\sqrt{\left(x - \frac{L}{2}\right)^2 + \left(y + \frac{W}{2} - l_1\sin\theta_1\right)^2 + \left(z + \frac{H_B}{2} + l_1\sin\theta_1\right)^2}}
$$
(2)

<span id="page-2-0"></span>
$$
{}^{B}\dot{p}_{FOOT} = J\dot{q}
$$
\n
$$
J = \begin{bmatrix} 0 & l_2c_2 + l_3c_{23} & l_3c_{23} \\ l_1c_1 + l_2c_1c_2 + l_3c_1c_{23} & -l_2s_1s_2 - l_3s_1s_{23} & -l_3s_1s_{23} \\ l_1s_1 + l_2s_1c_2 + l_3s_1c_{23} & l_2c_1s_2 + l_3c_1s_{23} & l_3c_1s_{23} \end{bmatrix}
$$
\n(3)

where  $K_q$ ,  $D_q$  are the stiffness and damping matrixes in joint space, respectively.  $K_x, D_x$  are the stiffness and damping matrixes in cartesian space, respectively.  $\tau_f$ ,  $\tau_r$  are the forward and feedback torques, respectively.

Easy to know that both two classical dynamic model controls need robot dynamics model. And the more accurate dynamics, the better control performance. Compared with VMC, VMC is simpler, as shown in FIGURE 2(c), where  $K_{\gamma}$ ,  $D_{\gamma}$  are the virtual stiffness and damping matrixes. Only FK and Jacobian matrix are used without considering dynamics model of robot. Thus, VMC is employed in this paper.



**FIGURE 2.** Three control methods of robot.

Actually, the virtual forces/torques produced by virtual components do not exist in real world. They are generated by joint actuators. This paper employed two simple virtual components: spring and damper. Then, the virtual forces/torques can be written as

<span id="page-3-0"></span>
$$
F_{\text{vm}c} = K_{\text{vm}c} \left( \chi_d - \chi \right) + D_{\text{vm}c} \left( \dot{\chi}_d - \dot{\chi} \right) \tag{7}
$$

where  $K_{\text{vmc}}$ ,  $D_{\text{vmc}}$  are the virtual coefficients of spring and damper, respectively. That are stiffness and damping coefficients. χ could be a joint angle or a position of end-effector.  $\chi$ ,  $\dot{\chi}$  are the actual displacement and velocity of  $\chi$ , respectively.  $\chi_d$ ,  $\dot{\chi}_d$  are the desired displacement and velocity of  $\chi$ , respectively.

The virtual components are set to the RBO or foot end-effector to drive it move along the desired gait trajectory as far as possible. If the objective is to control the robot reach the given movement velocity, especially in the horizontal direction, only a damper is needed in [\(7\)](#page-3-0) ( $K_{vmc} = 0$ ). If the objective is to control the robot go along the given trajectory, such as a given foot trajectory or RBO height, both spring and damper are needed. From [\(7\)](#page-3-0), it can be found that the values of virtual forces/torques are related to the high-level controller, such as controlling a trajectory of foot end-effector, a desired RBO trajectory or a desired horizontal movement velocity of robot. Also, adding some compensation items to the right side of [\(7\)](#page-3-0) to improve the performance of quadruped locomotion is possible. Thus, many complex motions of quadruped robots from a upper controller can be easily implemented. This is another reason why virtual model control is called as an intuitive control.

Take one leg of quadruped robots into consideration, the virtual model control should be analyzed in two phases: swing and stance. Note that virtual components (springdamper) are added to foot in swing phase and hip joint in stance phase, respectively, as shown in FIGURE [3.](#page-3-1) As for each leg, in stance phase, the foot can be seen as a fixed point on the ground compared with the origin of hip joint coordinate system {H}. And then we can assume that there exist virtual forces driving the origin of hip joint coordinate system {H} to make the robot move forward. Similarly, in swing phase, the origin of hip joint coordinate system {H} can be seen as a fixed point on the body trunk compared with foot. And then we can assume that there exist virtual forces driving the foot to accomplish the planned gait trajectory.

#### 1) SWING PHASE

In swing phase, as shown in FIGURE  $3(a)$ , the origin of hip joint coordinate system {H} is set as a fixed point. And three virtual spring-dampers are connected between the origin of foot coordinate system {4} and environment. Combining [\(7\)](#page-3-0) and FIGURE 3(a), the virtual forces produced by the three virtual spring-dampers in swing phase can be written as

<span id="page-3-2"></span>

(a) Virtual model control in swing phase: the joint coordinate system {H} is fixed; the foot end effector is connected to the environment with spring-dampers

<span id="page-3-1"></span>**FIGURE 3.** Virtual model control for legs.

phase: the foot end effector  $\{4\}$  is

fixed; the joint coordinate system

 ${H}$  is connected to the environ-

ment with spring-dampers

$$
= \begin{bmatrix} k_x^{sw} & 0 & 0 \ 0 & k_y^{sw} & 0 \ 0 & 0 & k_z^{sw} \end{bmatrix} \begin{bmatrix} x_d^{sw} - x^{sw} \ y_d^{sw} - y^{sw} \ z_d^{sw} - z^{sw} \end{bmatrix}
$$
  
+ 
$$
\begin{bmatrix} d_x^{sw} & 0 & 0 \ 0 & d_y^{sw} & 0 \ 0 & 0 & d_z^{sw} \end{bmatrix} \begin{bmatrix} \dot{x}_d^{sw} - \dot{x}^{sw} \ \dot{y}_d^{sw} - \dot{y}^{sw} \ \dot{z}_d^{sw} - \dot{z}^{sw} \end{bmatrix}
$$
 (8)

where  $x^{sw}$ ,  $y^{sw}$ ,  $z^{sw}$  and  $\dot{x}^{sw}$ ,  $\dot{y}^{sw}$ ,  $\dot{z}^{sw}$  the actual displacements and velocities of foot under the hip joint coordinate system {H}, respectively.  $x_d^{sw}$ ,  $y_d^{sw}$ ,  $z_d^{sw}$  and  $\dot{x}_d^{sw}$ ,  $\dot{y}_d^{sw}$ ,  $\dot{z}_d^{sw}$ are the desired counterparts, respectively.  $k_x^{sw}$ ,  $k_y^{sw}$ ,  $k_z^{sw}$  and  $d_x^{sw}$ ,  $d_y^{sw}$ ,  $d_z^{sw}$  are the stiffness and damping coefficients of three virtual spring-dampers, respectively. Then, the joint control torques in swing phase can be obtained as

<span id="page-4-1"></span>
$$
\tau^{sw} = J^T F_{vmc}^{sw} \tag{9}
$$

#### 2) STANCE PHASE

Similarly, in stance phase, as shown in FIGURE 3(b), the origin of foot coordinate system {4} is set as a fixed point. And three virtual spring-dampers are connected between the origin of hip joint coordinate system {H} and environment. Combining [\(7\)](#page-3-0) and FIGURE 3(b), the virtual forces produced by the three virtual spring-dampers in stance phase can be written as

<span id="page-4-0"></span>
$$
F_{vmc}^{sp} = \begin{bmatrix} F_x^{sp} \\ F_y^{sp} \\ F_z^{sp} \end{bmatrix} = \begin{bmatrix} k_x^{sp} & 0 & 0 \\ 0 & k_y^{sp} & 0 \\ 0 & 0 & k_z^{sp} \end{bmatrix} \begin{bmatrix} 0 \\ 0 \\ z_d^{sp} - z^{sp} \end{bmatrix} + \begin{bmatrix} d_x^{sp} & 0 & 0 \\ 0 & d_y^{sp} & 0 \\ 0 & 0 & d_z^{sp} \end{bmatrix} \begin{bmatrix} \dot{x}_d^{sp} - \dot{x}^{sp} \\ \dot{y}_d^{sp} - \dot{y}^{sp} \\ \dot{y}_d^{sp} - \dot{y}^{sp} \end{bmatrix}
$$
(10)

where  $x^{sp}$ ,  $y^{sp}$ ,  $z^{sp}$  and  $\dot{x}^{sp}$ ,  $\dot{y}^{sp}$ ,  $\dot{z}^{sp}$  are the actual displacements and velocities of origin of hip joint coordinate system {H} under foot coordinate system {4}, respectively. *x sp*  $\delta_q^{\text{sp}}$ ,  $\delta_{d}^{\text{sp}}$  $\int_{d}^{s} p \cdot z_d^{sp}$  $\frac{sp}{d}$  and  $\dot{x}_{d_r}^{sp}$ *d* , *y*˙ *sp*  $\ddot{a}$  *d*<sub>m</sub><sup>*z*</sup> *d*<sub>m</sub><sup>*z*</sup>  $d \text{ are the desired counterparts,}$ respectively.  $k_x^{sp}$ ,  $k_y^{ap}$ ,  $k_z^{ap}$  and  $d_x^{sp}$ ,  $d_y^{sp}$ ,  $d_z^{sp}$  are the stiffness and damping coefficients of three virtual spring-dampers, respectively. Note that if the robot trunk moves stable without too much oscillations, all these displacements and velocities in [\(10\)](#page-4-0) above equal to the RBO counterparts. Therefore, it is necessary to control the robot trunk attitude well. And the stable trunk movement is guaranteed by the attitude control of robot, which is discussed in the dynamic balance control of quadruped robots later.

In stance phase, the virtual forces  $F_{\text{vmc}}^{sp}$  are added on the origin of hip joint coordinate system {H}. It is equivalent to that there exist virtual forces  $-F_{\nu mc}^{sp}$  adding on the foot since force is mutual. Or assume that the virtual forces  $-F_{\text{vmc}}^{sp}$  are added on the foot, then their counterforces  $F_{\text{vmc}}^{sp}$  are added on the origin of hip joint coordinate system {H}. Since Jacobian matrix is described from the origin of hip joint coordinate system  ${H}$  to foot, the joint control torques in stance phase can be obtained as follow

<span id="page-4-2"></span>
$$
\tau^{sp} = -J^T F_{vmc}^{sp} \tag{11}
$$

Equations  $(8)(9)$  $(8)(9)$  and  $(10)(11)$  $(10)(11)$  are the virtual model control approach in swing and stance phase, respectively. Intuitively, virtual model control is a guidance mechanism, which does not require the robot to complete a certain movement or reach a certain position accurately. Compared with the control method based on dynamics model, virtual model control is simpler, easier to achieve, more efficient and stable as well. The virtual forces are calculated directly based on the instructions (displacement, velocity and attitude) of upper controller. Then joint control torques are generated through the corresponding Jacobian matrix [\(3\)](#page-2-0). In sum, virtual model control is designed without considering complex dynamic models, inverse kinematics solutions and high precisions of position tracking.

# B. DYNAMIC BALANCE CONTROL

To make the trunks of quadruped robots move stable in trot gait, dynamic balance control for the robot attitude is addressed. Note that dynamic balance control is mainly achieved by two stance legs while two swing legs movement are taken as an internal disturbance.

#### 1) CONTROL STATE MACHINE

In order to solve the disturbance problem caused by the switch control between swing and stance phase and the complexity problem of forces/torques distribution of quadruped robots with multi stance legs, a control state machine for quadruped robots is proposed as shown in FIGURE [4.](#page-4-3) When quadruped robots are in state  $S_1$ ,  $S_2$  or  $S_3$ , legs  $RF$ ,  $LH$  are in stance phase control and legs *LF*, *RH* are in swing phase control. When quadruped robots are in state  $S'_1$ ,  $S'_2$  or  $S'_3$ , legs LF, RH are in stance phase control and legs *RF*, *LH* are in swing phase control.  $S_2$ ,  $S_2'$  are two main control states. In state  $S_2$  or  $S_2'$ , even though one  $(S_1/S_1')$  or two  $(S_0/S_0')$  legs in stance phase takes/take off, or one leg  $(S_3/S_3)$  in swing phase touches down, quadruped robots are still controlled in state  $S_2$ or  $S_2'$  without any change. Only when quadruped robots are in state *S*4, two legs switch their stance phase controls to swing phase controls, and the other two legs switch their swing phase control to stance phase controls. As thus, the virtual forces/torques are only distributed between two diagonal legs in stance phase. As for the other two legs in swing phase, attitude control and proper control parameters can be employed to reject their swing disturbance to the body trunk of robot.



<span id="page-4-3"></span>**FIGURE 4.** Control state machine for quadruped robots.

#### 2) FORCES/TORQUES DISTRIBUTION METHOD

In trot gait of quadruped robots, there are always two diagonal legs in swing phase and the other two legs in stance phase at one moment in general cases. Control state machine is utilized to do the switch control between stance and swing phase. The VMC in FIGURE [3](#page-3-1) is used to control one swing/stance leg of quadruped robots. In order to apply VMC to quadruped robots with two swing/stance legs, the forces/torques distribution problem should be investigated. For quadruped robots with two swing/stance legs, virtual components are set to RBO to drive it along the desired trajectory generally. To get the virtual forces on the origin of hip joint coordinate system of each leg in stance phase, a average distribution principle is used to do forces/torques distribution control for simple. As shown in FIGURE [5,](#page-5-0) it yields

$$
F_{\text{vmc}}^{LH} = F_{\text{vmc}}^{RF} = \frac{1}{2} F_{\text{vmc}}^{B} \tag{12}
$$



<span id="page-5-0"></span>**FIGURE 5.** Forces/torques distribution method: RF and LH are stance legs; RH and LF are swing legs; the virtual forces/torques on the RBO can be distributed to the joint coordinate system {H} of two stance legs (RF and LH).

Combining [\(7\)](#page-3-0) and [\(10\)](#page-4-0) yields

<span id="page-5-1"></span>
$$
\begin{cases}\nk_x^{LH} = k_x^{RF} = \frac{1}{2}k_x^B \\
k_y^{LH} = k_y^{RF} = \frac{1}{2}k_y^B \\
k_z^{LH} = k_z^{RF} = \frac{1}{2}k_z^B,\n\end{cases}\n\begin{cases}\nd_x^{LH} = d_x^{RF} = \frac{1}{2}d_x^B \\
d_y^{LH} = d_y^{RF} = \frac{1}{2}d_y^B \\
d_z^{LH} = d_z^{RF} = \frac{1}{2}d_z^B\n\end{cases}
$$
\n(13)

Noting that [\(13\)](#page-5-1) is for two stance legs. The virtual forces  $F_{\text{vmc}}^{RH}$ ,  $F_{\text{vmc}}^{LF}$  of two legs in swing phase control are internal forces and will be taken as disturbances to deal with.

#### 3) ATTITUDE CONTROL

In trot gait walking, quadruped robots will lean forward or backward easily. Why? This phenomenon will cause that the swing legs touch down early or mop the ground, which results in external disturbances that make robots walk unstable. From FIGURE [5,](#page-5-0) assume that RBO and two hip joints of stance legs are collinear, the gravity and virtual forces of stance legs will

not generate a torque to make the robot trunk turn along the diagonal line. Thus, one reason why quadruped robots lean forward or backward easily is due to the reaction torques of forward joint  $\theta_2$ ,  $\theta_3$  [28]. Because the three virtual forces on RBO in FIGURE [5](#page-5-0) are controllable via  $(10)(11)(13)$  $(10)(11)(13)$  $(10)(11)(13)$ , while the three virtual torques on RBO are not. And the lateral joint  $\theta_1$  can stay still in trot walking. The flipping of robots will lead to a direct change in trunk roll and pitch angle. Thus, the trunk roll and pitch control would reject the flipping phenomenon efficiency. Moreover, yaw control is also essential to keep the forward direction of robots.

The attitude control of quadruped robots includes roll, pitch and yaw control and the control principle is shown in FIGURE [6.](#page-5-2)



(a) Roll control principle based on the virtual torque  $T_{\alpha}$  along the trunk roll  $\alpha$ 



(b) Pitch control principle based on the hip joint heights control



<span id="page-5-2"></span>(c) Yaw control principle based on the virtual torque  $T_{\gamma}$  along the trunk yaw  $\gamma$ 

#### **FIGURE 6.** Attitude control principle.

#### *a: ROLL CONTROL*

The trunk roll is caused by the reaction torques in the forward joints  $\theta_2$ ,  $\theta_3$  and lateral joint  $\theta_1$ . Since the forward joints will produce a main power to drive robots to move forward, strengthening or weakening the driving force provided by the forward joints  $\theta_2$ ,  $\theta_3$  intentionally will cause that robots fail to move along the desired trajectory. Fortunately, the lateral joint  $\theta_1$  not only can not provide the action torque in the forward movement, but also decouples with the forward joints  $\theta_2$ ,  $\theta_3$ 

orthogonally. Thus, lateral joint  $\theta_1$  is employed to provide the extra torque to control the trunk roll. Then, a rotate virtual spring-damper is added on RBO to control trunk roll  $\alpha$  and the virtual torque is written as

<span id="page-6-2"></span>
$$
T_{\alpha} = K_{\alpha} (\alpha_d - \alpha) + D_{\alpha} (\dot{\alpha}_d - \dot{\alpha})
$$
 (14)

where  $\alpha$ ,  $\dot{\alpha}$  are the actual roll angle and angular velocity, respectively.  $\alpha_d$ ,  $\dot{\alpha}_d$  are the desired roll angle and angular velocity, respectively.  $K_{\alpha}$ ,  $D_{\alpha}$  are stiffness and damping coefficients of virtual spring-damper, respectively.

Similarly, the distributive torque on each stance leg can be written as follow based on the average distribution principle

<span id="page-6-0"></span>
$$
\Delta \tau_{i1} = \frac{T_{\alpha}}{2} = k_{\alpha} (\alpha_d - \alpha) + d_{\alpha} (\dot{\alpha}_d - \dot{\alpha}) \tag{15}
$$

where  $k_{\alpha} = \frac{K_{\alpha}}{2}$ ,  $d_{\alpha} = \frac{D_{\alpha}}{2}$ . Since force is mutual, the torque generated by the lateral joint should be reversed as  $-\Delta \tau_{i1}$ .

Adding  $-\Delta \tau_{i1}$  on the lateral joint  $\theta_1$  would produce a similar trunk roll control result as the virtual torque  $T_\alpha$ . However, it will also cause a lateral force on the foot of stance leg, which will result in a unnecessary lateral movement. Therefore, the actual trunk roll  $\alpha$  should be controlled around its given value  $\alpha_d$  so that  $-\Delta \tau_{i1}$  changes between positive and negative values according to [\(15\)](#page-6-0). Then, the lateral movement will reach a dynamic balance. From FIGURE 6(a), it is easy to find that a large amount of  $T_\alpha$  ( $T_\alpha - \frac{L}{\sqrt{2}}$  $\frac{L}{L^2+W^2}$ ) goes along the diagonal two stance legs and controls the trunk roll directly. While the rest amount of  $T_\alpha$  ( $T_\alpha \frac{W}{\sqrt{r^2}}$  $\frac{w}{L^2+W^2}$ ) is vertical to the diagonal counterpart and affects the heights of stance legs, and then changes the pitch angle. Thus, a trunk pitch control is also needed.

#### *b: PITCH CONTROL*

Neglecting the influence of trunk roll, the simplest way to control the trunk pitch is increasing or decreasing hip joint heights of stance legs. In order to keep the height of RBO *z<sup>d</sup>* unchanged, a virtual spring-damper is added on the origin of hip joint coordinate system and the control strategy is as follow

<span id="page-6-3"></span>
$$
z_{id} = \begin{cases} z_d - k_\beta \sin(\beta_d - \beta) - d_\beta (\dot{\beta}_d - \dot{\beta}), & i = RF, LF \\ z_d + k_\beta \sin(\beta_d - \beta) + d_\beta (\dot{\beta}_d - \dot{\beta}), & i = RH, LH \end{cases}
$$
(16)

where  $\beta$ ,  $\dot{\beta}$  are the actual pitch angle and angular velocity, respectively.  $\beta_d$ ,  $\dot{\beta}_d$  are the desired pitch angle and angular velocity, respectively.  $k_{\beta}$ ,  $d_{\beta}$  are spring-like and damping-like coefficients, respectively. Based on the geometric relation in FIGURE 6(b), the initial  $k_{\beta} = L/2$ , and  $k_{\beta}$ ,  $d_{\beta}$  can be tuned by trials. Specially, keeping the hip joint heights of stance legs consistent with the desired height of RBO *z<sup>d</sup>* would achieve  $\beta = \beta_d$ . Besides, hip joint heights of stance legs could be self-determined to adjust complex terrains.

*c: YAW CONTROL*

A rotate virtual spring-damper is added on RBO along *z* axis to control the trunk yaw and the virtual torque is written as

<span id="page-6-1"></span>
$$
T_{\gamma} = K_{\gamma} \left( \gamma_d - \gamma \right) + D_{\gamma} \left( \dot{\gamma}_d - \dot{\gamma} \right) \tag{17}
$$

where  $\gamma$ ,  $\dot{\gamma}$  are the actual yaw angle and angular velocity, respectively.  $\gamma_d$ ,  $\dot{\gamma}_d$  are the desired yaw angle and angular velocity, respectively.  $K_{\gamma}$ ,  $D_{\gamma}$  are stiffness and damping coefficients of virtual spring-damper, respectively. Obviously, the virtual torque should be produced by two stance legs. Since the lateral joint  $\theta_1$  is used to control the trunk roll, a forward force caused by forward joints  $\theta_2$ ,  $\theta_3$  are used to produce the virtual torque  $T_{\gamma}$ . The forward force will drive the robot to move forward and affect the robot forward velocity  $\dot{x}$  [28]. To guarantee the unchanged forward resultant force and combining with the average distribution principle, the forward force in each stance leg should be equal in size and opposite in direction. That is

<span id="page-6-4"></span>
$$
\Delta F_x = \mu \frac{T_\gamma}{W} \tag{18}
$$

where  $\mu = 1$  for *RF* leg and  $\mu = -1$  for *LH* leg. Combining [\(17\)](#page-6-1) yields

<span id="page-6-5"></span>
$$
\Delta F_x = \mu \left( k_{\gamma} \left( \gamma_d - \gamma \right) + d_{\gamma} \left( \dot{\gamma}_d - \dot{\gamma} \right) \right) \tag{19}
$$

where  $k_{\gamma} = \frac{K_{\gamma}}{W}$  $\frac{K_{\gamma}}{W}$ ,  $d_{\gamma} = \frac{D_{\gamma}}{W}$  $\frac{W_Y}{W}$ . As thus, the extra forward force difference between two stance legs  $2\Delta F_x$  can control the trunk yaw follow the given  $\gamma_d$ .

# 4) VIRTUAL MODEL CONTROL IN STANCE PHASE

Combining equations [\(10\)](#page-4-0),[\(11\)](#page-4-2),[\(14\)](#page-6-2),[\(15\)](#page-6-0),[\(16\)](#page-6-3),[\(17\)](#page-6-1),[\(18\)](#page-6-4),[\(19\)](#page-6-5), the virtual model control of leg in stance phase can be concluded as: 1) the virtual forces along three axes are utilized to control the body RBO height, adjust the lateral velocity and forward direction; 2) extra torques  $-\Delta \tau_{i1}$  are added on the lateral joint  $\theta_1$  to do the trunk roll control; 3) the pitch control is transferred to a translational control in *z* axis; 4) two inverse forward forces  $\Delta F_x$  are added on two stance legs to do the yaw control. In sum, the whole control law expression in stance phase can be written as

<span id="page-6-6"></span>
$$
F_i^{sp} = \begin{bmatrix} F_{i\chi}^{sp} \\ F_{i\gamma}^{sp} \\ F_{i\tau}^{sp} \end{bmatrix}
$$
  
= 
$$
\begin{bmatrix} k_x^{sp} & 0 & 0 \\ 0 & k_y^{sp} & 0 \\ 0 & 0 & k_z^{sp} \end{bmatrix} \begin{bmatrix} 0 \\ 0 \\ z_d - z \end{bmatrix}
$$
  
+ 
$$
\begin{bmatrix} d_x^{sp} & 0 & 0 \\ 0 & d_y^{sp} & 0 \\ 0 & 0 & d_z^{sp} \end{bmatrix} \begin{bmatrix} \dot{x}_d - \dot{x} \\ \dot{y}_d - \dot{y} \\ \dot{z}_d - \dot{z} \end{bmatrix}
$$
  
+ 
$$
\mu \begin{bmatrix} k_y ( \gamma_d - \gamma ) + d_y ( \dot{\gamma}_d - \dot{\gamma} ) \\ 0 \\ 0 \end{bmatrix}
$$
  

$$
\tau_i^{sp} = -J_i^T F_i^{sp} - \begin{bmatrix} k_\alpha (\alpha_d - \alpha) + d_\alpha (\dot{\alpha}_d - \dot{\alpha}) \\ 0 \\ 0 \end{bmatrix}
$$
 (20)

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and its normal format can be written as

<span id="page-7-3"></span>
$$
F_i^{sp} = K_X \left(\chi_{id} - \chi\right) + D_X \left(\dot{\chi}_{id} - \dot{\chi}\right) + \mu_i T_\psi
$$
  
\n
$$
T_\psi = K_\psi \left(\psi_d - \psi\right) + D_\psi \left(\dot{\psi}_d - \dot{\psi}\right)
$$
  
\n
$$
\tau_i^{sp} = -J_i^T F_i^{sp} - \nu T_\psi
$$
\n(21)

where  $\chi = \left[x y z\right]^T$ ,  $\psi = \left[\alpha \beta y\right]^T$  are respectively robot position and attitude, which can be obtained by a back-calculation of foot position and measured via an on-body IMU, respectively. The control parameters matrixes are respectively  $K_{\chi}$  = Г  $\mathbf{I}$  $k_x^{sp}$  0 0  $\ddot{0}$   $k_y^{sp}$  0 ٦  $\Big\vert \, , D_\chi \, =$ 

$$
\begin{bmatrix}\nd_x^{sp} & 0 & 0 \\
0 & d_y^{sp} & 0 \\
0 & 0 & d_z^{sp}\n\end{bmatrix},
$$
\n
$$
K_q = \begin{bmatrix}\nk_a & 0 & 0 \\
0 & k_\beta & 0 \\
0 & 0 & k_\gamma\n\end{bmatrix}, D_q = \begin{bmatrix}\nd_\alpha & 0 & 0 \\
0 & d_\beta & 0 \\
0 & 0 & d_\gamma\n\end{bmatrix},
$$
\n
$$
\mu_i = \begin{bmatrix}\n0 & 0 & 1 \\
0 & 0 & 0 \\
0 & 0 & 0 \\
0 & 0 & 0\n\end{bmatrix}, i = RF, RH
$$
\n
$$
\mu_i = \begin{bmatrix}\n1 & 0 & 0 \\
0 & 0 & 0 \\
0 & 0 & 0 \\
0 & 0 & 0\n\end{bmatrix}, i = LF, LH,
$$

Note that virtual model control in swing phase does not joint in the attitude control and is taken as a disturbance.

#### 5) VELOCITY CONTROL

Walking velocity is mainly determined by step length and frequency. Frequency is limited in robots. Thus, adjusting step length is an efficient way to control the walking velocity of robot. Referring to the three separate parts control method proposed by Raibert in [39], this paper adjusts the step length or foothold based on the desired robot velocity

<span id="page-7-0"></span>
$$
\begin{cases}\n x_f = \frac{1}{2} \dot{x} T_{sp} - k_{vx} (\dot{x}_d - \dot{x}) \\
 y_f = \frac{1}{2} \dot{y} T_{sp} - k_{vy} (\dot{y}_d - \dot{y})\n\end{cases}
$$
\n(22)

where  $\dot{x}$ ,  $\dot{y}$  are forward and lateral actual velocity, respectively.  $\dot{x}_d$ ,  $\dot{y}_d$  are forward and lateral desired velocity, respectively.  $k_{vx}$ ,  $k_{vy}$  are the gains of difference of velocity;  $T_{sp}$  is the stance time, which can be set as a constant or the same as the stance time of last step [39]. When *Tsp* is constant, the faster speed, the larger step length, and vice versa. When the speed is zero, the robot comes into a marking time. The planning of *z<sup>f</sup>* refers to the pitch control or is suggested to be its initial value  $z_0$  specially. With the initial point in swing phase (which is the final point in stance phase) and the final foothold/point of swing phase known, a cycloid curve is utilized to plan the swing gait trajectory as follow

<span id="page-7-1"></span>
$$
\begin{cases}\n x_{sw} = x_0 + (x_f - x_0) \frac{\varphi - \sin \varphi}{2\pi} \\
 y_{sw} = y_0 + (y_f - y_0) \frac{\varphi - \sin \varphi}{2\pi} \\
 z_{sw} = z_0 + H \frac{1 - \cos \varphi}{2} \\
 \varphi = \frac{2\pi t}{T_{sw}}\n\end{cases}
$$
\n(23)

As thus, the velocity control is achieved through the foothold control.

#### **IV. ANTI-DISTURBANCE CONTROL**

Even though virtual model control could be a simple controller for quadruped robots to walk stable, it is still hard to handle complex terrains. Thus, an anti-disturbance control associated with virtual model control is essential.

#### A. GRAVITY COMPENSATION

Due to the effect of gravity on the vertical direction of *z* axis in the stance phase control, the actual height of hip joint is always below the desired height  $z_d$ . As thus, there exist unnecessary control errors in two stance legs. The errors can be addressed by introducing extra force  $\Delta F_z$  to compensate the gravity. Average distribution principle is still used to do the forces/torques distribution control between two stance legs and it yields

<span id="page-7-2"></span>
$$
\Delta F_z = \frac{mg}{2} \tag{24}
$$

If a force sensor is added on the foot, then the compensation method can be

$$
\Delta F_z = f_z \tag{25}
$$

where  $f_z$  is the vertical force after filtering.

#### B. STEP LENGTH ADJUSTMENT

Legged animals will reduce their step lengthes automatically when they go up or down. Visual analysis shows that walking with a small step length can overcome less gravity each time to facilitate climbing, and control the downhill speed easily to prevent sliding. Based on [\(22\)](#page-7-0), the step length is determined by changing the movement velocity and the period of stance phase. In this paper, the movement velocity is controlled by a upper controller. Then the method of changing the period of stance phase *Tsp* is used to adjust the step length. In the moving process, the pitch angle  $\beta$  can be used to estimate the slope of ground under the condition that the robot trunk is parallel to the ground. The larger ground slope, the smaller step, and it yields

$$
T_{sp} = T_{sp0} \cos \left(k_{sp} \beta\right) \tag{26}
$$

where  $T_{sp0}$  is the period of stance phase on the flat ground and *ksp* is the control gain.

#### C. SWING TRAJECTORY ADJUSTMENT

To adapt complex terrains, an exploratory gait is proposed. Exploratory gait, referring to [\(23\)](#page-7-1), is with a touch sensing mechanism (force sensor). When the foot touches down the ground at  $t \leq T_{sw}$ , the swing gait ends without executing the remaining planned trajectory. Once the foot does not touch down the ground after  $t > T_{sw}$ , the following planned gait is employed to continue dropping down until the foot touches down

$$
\begin{cases}\nx_{sw} = x_f \\
y_{sw} = y_f \\
z_{sw} = z_f - k_{sw} (t - T_{sw})\n\end{cases}
$$
\n(27)

where  $k_{sw}$  is the dropping down speed leading the foot to touch down.

#### D. ATTITUDE ADJUSTMENT

As shown in FIGURE [7,](#page-8-0) the ability of quadruped robots walking up and down slopes and on inclined terrains is mainly determined by the trunk inclined angle, the RBO height and the related positions of stance legs. And it reflects in the gravity distribution and stability margin (SM), which is the minimum distance between the projection point of RBO on the supporting surface and footholds of stance legs. Taking walking up a slope as an example, 1) if trunk pitch  $\beta$  is maintained horizontally, then the hind legs are too long for climbing while the front legs are too short, which results in the limited workspace for four legs; 2) if the RBO height  $z_d$  is too high or too low, it will also reduce the effective workspace, and if the body height is too high, it will reduce the stability margin as well, which will lead to slip down easily; 3) if the related positions of stance legs are the same as that on the flat ground (dotted line leg), and then the stability margin is small relatively, and the gravity distribution between the front and hind legs is uneven, and the front legs are easy to slip because of the small support reaction force from the ground. So do walking a down slope and on inclined terrains. To solve above problems, inclined attitude (solid line leg) is utilized to make the projection of RBO at the midpoint of two stance legs as far as possible, so as to obtain the maximum stability margin and optimal gravity balance at the same time. According to the geometric relationship, the offsets of *x*, *y* axis before and after the foot adjustment can be respectively given as

$$
\Delta x = z_d \tan \beta
$$
  
\n
$$
\Delta y = -z_d \tan \alpha
$$
 (28)

Adding it into the foothold planning/selecting in the velocity planning [\(22\)](#page-7-0) yields

$$
\begin{cases}\n x_f = \frac{1}{2} \dot{x} T_{sp} - k_{vx} (\dot{x}_d - \dot{x}) + \Delta x \\
 y_f = \frac{1}{2} \dot{y} T_{sp} - k_{vy} (\dot{y}_d - \dot{y}) + \Delta y\n\end{cases}
$$
\n(29)

And then the attitude adjustment is achieved.



(a) Attitude adjustment in walking up and down slope



<span id="page-8-0"></span>(b) Attitude adjustment in walking on inclined terrains

**FIGURE 7.** Attitude adjustment strategy: SM is the stability margin;  $\Delta x$ ,  $\Delta x$  are the foot adjustment to achieve the attitude adjustment.

#### E. VIRTUAL FORCES/TORQUES ADJUSTMENT

In the virtual model control in stance phase [\(20\)](#page-6-6),  $F_{ix}^{sp}$ ,  $F_{iy}^{sp}$  are mainly determined by  $d_x^{sp}$ ,  $d_y^{sp}$ . As shown in FIGURE [7,](#page-8-0) using the same small  $d_x^{sp}$ ,  $d_y^{sp}$  in both an even terrain and a slope will produce related small forces  $F_{ix}^{sp}$ ,  $F_{iy}^{sp}$  in a slope walking so that the robot is unable to overcome the gravity component  $(mg \sin \alpha, mg \sin \beta)$  in the slope direction. If  $d_x^{sp}$ ,  $d_y^{sp}$  were too large, the feet will be more sensitive to speed and produce large forces  $F_{ix}^{sp}$ ,  $F_{iy}^{sp}$ , which result in forces overshoots and feet slippage. Therefore, the virtual forces  $F_{ix}^{sp}$ ,  $F_{iy}^{sp}$  should be adjusted to adapt the change of terrains. The gravity component along the slope can be simply added as a feedforward compensation as follow

<span id="page-8-1"></span>
$$
F_{ix}^{sp} = d_x^{sp} (\dot{x}_d - \dot{x}) + k_\gamma (\gamma_d - \gamma) + d_\gamma (\dot{\gamma}_d - \dot{\gamma})
$$
  
- 
$$
k_{F_x} mg \sin \beta
$$
  

$$
F_{iy}^{sp} = d_y^{sp} (\dot{y}_d - \dot{y}) + k_{F_y} mg \sin \alpha
$$
 (30)

where  $k_{F_x}$ ,  $k_{F_y} \in [0, 1]$  are the compensation proportions and have the function of speed regulation. They can be adjusted by trials to adapt the slope to ensure that the forward velocity of robot is constant.

#### **V. TRAJECTORY TRACKING CONTROL**

#### A. VELOCITY PLANNING & TRAJECTORY TRACKING **CONTROL**

For a robot with a velocity control to follow a given trajectory, both velocity and yaw should be planned indirectly. FIGURE [8](#page-9-0) shows the scheme of trajectory tracking control, where  $X_0$  ( $x_0$ ,  $y_0$ )  $\rightarrow X_f$  ( $x_f$ ,  $y_f$ ) is the given trajectory from a starting point to an ending point in the world coordinate system; *R* is the curvature radius of desired position in the given trajectory.  $X_t$  ( $x_t$ ,  $y_t$ ),  $X_{td}$  ( $x_{td}$ ,  $y_{td}$ ) are the actual and



<span id="page-9-0"></span>**FIGURE 8.** Trajectory tracking control: the solid and dotted square are the actual and desired position and attitude of quadruped robots, respectively; the solid curve is the planned trajectory.

desired position at time *t*, respectively.  $\gamma_t$ ,  $\gamma_{td}$ ,  $\gamma_{tp}$  are the actual, desired, and planned robot trunk yaw at time *t*, respectively.  $V_t$ ,  $V_{td}$ ,  $V_{tp}$  are the actual, desired, and planned velocity, respectively.

Considering four factors: the terrain complexity index *STCI* , the curvature radius of given trajectory *R*, the distance to terminal  $|X_t X_f|$ , and the maximum velocity of quadruped robots velocity planning, yields the planned velocity as

<span id="page-9-5"></span>
$$
V_{tp} = \min\left\{\frac{k_{TCI}}{S_{TCI}}, k_R\sqrt{R}, k_X |X_tX_f|, V_{\text{max}}\right\}
$$
(31)

where  $k_{TCI}$ ,  $k_R$ ,  $k_X$ ,  $d_X > 0$  are the related coefficients of influence factors, which can be tuned by trials.

Terrain is more complex, *STCI* is larger. They are in a positive correlation, while the planned velocity should be smaller when  $S_{TCI}$  is larger. Referring to the significance of probability and statistics of standard deviation, which represents the degree of discretization between individuals in a data set, *STCI* can be written as

$$
S_{TCI} = \sqrt{\frac{1}{N} \sum_{i=1}^{N} (h_i - \bar{h})^2}, \bar{h} = \frac{\sum_{i=1}^{N} h_i}{N}
$$
(32)

Because the terrain complexity index is related to the robot size and step length, a chosen ground area, which is twice as the trunk area and outside the RBO, is meshed by 1/2 step length (minimum grid). Then the height standard deviation of all grid points  $h_i$  ( $i = 1, ..., N$ ) is calculated as  $S_{TCI}$ .

The planned velocity  $V_{tp}$ , detailed velocity [\(22\)](#page-7-0) and yaw control [\(17\)](#page-6-1) should be all done to make the robot follow a given trajectory. Yaw control [\(17\)](#page-6-1) makes sure that  $\gamma$  follows  $\gamma_d$  well. As shown in FIGURE [8,](#page-9-0) to get a simple velocity control, the desired velocity of robot  $\dot{x}_{td}$ ,  $\dot{y}_{td}$  are set to be equal in size and has an angle  $\varphi$  in the direction with the planned velocity  $V_{tp}$ .  $\varphi$  is related to the curvature and the relative position between actual and desired robot position. Then, the desired velocity containing the forward and lateral velocity for robot can be set as

<span id="page-9-4"></span>
$$
\begin{aligned}\n\dot{x}_{td} &= |V_{tp}| \cos (\varphi + \gamma_t - \gamma_{td}) \\
\dot{y}_{td} &= - |V_{tp}| \sin (\varphi + \gamma_t - \gamma_{td}) \\
\gamma_{td} &= \gamma_{tp}\n\end{aligned} \n(33)
$$

This is the designed trajectory tracking control. Note that desired velocity  $V_{td}$  is in the body coordinate system and the planned velocity  $V_{tp}$  is in the world coordinate system.

#### B. TURNING PLANNING & SLANTING PLANNING

Assume the desired velocity as  $V_d$ , the turning and slanting planning can be shown in FIGURE [9.](#page-9-1)



<span id="page-9-1"></span>**FIGURE 9.** Turning planning & slanting planning based velocity.

In turning planning, the turning is achieved by changing the body trunk yaw. If the change rate of body trunk yaw is  $\Delta \gamma$ , then the passing arc length of robot is  $V_d t$  after  $t$  and there exists

<span id="page-9-3"></span>
$$
\Delta \gamma t = \gamma_t - \gamma_0 = \frac{V_d t}{R}
$$
 (34)

Eliminating *t* yields

<span id="page-9-2"></span>
$$
\Delta \gamma = \frac{V_d}{R} \tag{35}
$$

That implies, to achieve a turning with a curvature radius *R* under the desired velocity  $V_d$ , the change rate of body trunk yaw  $\Delta \gamma$  should be [\(35\)](#page-9-2), the turning angle is determined by [\(34\)](#page-9-3).

It is simpler in slanting planning, and only the forward and lateral velocity  $(\dot{x}_d, \dot{y}_d)$  of quadruped robots should be controlled. The desired velocity  $V_d$  and the slant angle  $\varphi$  are implemented as follows

<span id="page-9-6"></span>
$$
\dot{x}_{td} = V_d \cos \varphi \n\dot{y}_{td} = -V_d \sin \varphi
$$
\n(36)

The given/planned trajectory and path can be obtained by combining the turning and slanting planning.

#### **VI. CONTROLLER SCHEME**

As shown in FIGURE [10,](#page-10-0) the whole controller scheme is composed of a upper controller and a bottom controller. The upper controller contains the trajectory tracking control [\(33\)](#page-9-4), anti-disturbance control [\(24\)](#page-7-2)∼[\(30\)](#page-8-1) and velocity control [\(22\)](#page-7-0)[\(23\)](#page-7-1). The trajectory tracking control consists of velocity planning [\(31\)](#page-9-5), turning planning [\(34\)](#page-9-3)[\(35\)](#page-9-2) and slanting planning [\(36\)](#page-9-6). The velocity control incorporates the upper controller with the bottom controller. The bottom controller is the whole body VMC as well. The detailed whole body VMC for quadruped robots is shown in FIGURE [11.](#page-10-1) Control state machine in FIGURE [4](#page-4-3) is utilized to do the switch control. There are only two main



<span id="page-10-0"></span>**FIGURE 10.** Controller scheme.



<span id="page-10-1"></span>**FIGURE 11.** Whole body VMC.

states:  $S_2$  and  $S_2'$ , should be controlled. The switch condition between  $S_2$  and  $S'_2$  is both swing legs touch down. Attitude control [\(20\)](#page-6-6)[\(21\)](#page-7-3): roll [\(14\)](#page-6-2)[\(15\)](#page-6-0), pitch [\(16\)](#page-6-3), yaw [\(17\)](#page-6-1)[\(18\)](#page-6-4)[\(19\)](#page-6-5), is injected into stance phase control [\(10\)](#page-4-0)[\(11\)](#page-4-2). Velocity control  $(22)(23)$  $(22)(23)$  is injected into swing phase control  $(8)(9)$  $(8)(9)$ . Then the calculated joint torques are taken as the control inputs for quadruped robots. As thus, the dynamic balance control for quadruped robots locomotion based on VMC is implemented.

#### **VII. SIMULATIONS**

Simulations are implemented by co-simulating between WEBOTS and MATLAB. WEBOTS is utilized to setup the dynamic model of quadruped robots. MATLAB is applied to design the proposed controller. In MATLAB, ode4 (Runge-Kutta) solver is chosen and the fixed-step size is set as 0.001*s*. In WEBOTS, the impact model is default. Co-simulations are employed to validate the proposed VMC for quadruped robots. The system and simulation parameters are shown in TABLE [1.](#page-10-2) Many simulation videos can be seen through web links in TABLE [2.](#page-11-0)

#### **TABLE 1.** System and simulation parameters.

<span id="page-10-2"></span>

#### A. PERFORMANCE INDEX

Walking speed, cost of transportation (CoT) [40], and stability are three important indexes of performance for quadruped robots. Walking speed is determined by velocity control [\(22\)](#page-7-0). As for cost of transportation, since the energy cost of walking robot is not easy to acquire, the work cost by all actuators per walking distance unit is taken as CoT to measure the energy consumption of walking robot and it yields

<span id="page-10-3"></span>
$$
\eta = \frac{W}{mgs} = \frac{\sum_{i=1}^{12} |T_i \theta_i|}{mgs} \tag{37}
$$

where *s* is the walking distance,  $\theta_i$  and  $T_i$  are the joint angles and joint torques of robot, respectively.

Stability margin could be utilized to measure the static walking stability [41]. There does not exist a proper evaluating indicator for dynamic walking stability. Similarly, referring to the calculation of *STCI* , the reciprocal of square root of standard deviation of attitude angle  $\alpha_i$ ,  $\beta_i$ ,  $\gamma_i$  ( $i = 1, \ldots, N$ ) in a gait cycle is taken as a reference of dynamic walking stability and it yields

<span id="page-10-4"></span>
$$
S_d = \frac{1}{\sqrt{\sigma_{\alpha}^2 + \sigma_{\beta}^2 + \sigma_{\gamma}^2}}
$$
  
\n
$$
\sigma_{\alpha} = \sqrt{\frac{1}{N} \sum_{i=1}^{N} (\alpha_i - \bar{\alpha})^2}, \bar{\alpha} = \frac{\sum_{i=1}^{N} \alpha_i}{N}
$$
  
\n
$$
\sigma_{\beta} = \sqrt{\frac{1}{N} \sum_{i=1}^{N} (\beta_i - \bar{\beta})^2}, \bar{\beta} = \frac{\sum_{i=1}^{N} \beta_i}{N}
$$
  
\n
$$
\sigma_{\gamma} = \sqrt{\frac{1}{N} \sum_{i=1}^{N} (\gamma_i - \bar{\gamma})^2}, \bar{\gamma} = \frac{\sum_{i=1}^{N} \gamma_i}{N}
$$
(38)

#### B. ANTI-DISTURBANCE CONTROL

FIGURE [12](#page-11-1) shows the simulation of quadruped robots walking up and down 0.2*rad* slope and its simulation results are

### <span id="page-11-0"></span>**TABLE 2.** Simulation video links.





<span id="page-11-1"></span>**FIGURE 12.** Simulation of quadruped robots walking up and down 0.2rad slope.

shown in FIGURE [13.](#page-11-2) RBO displacement, RBO velocity, RBO acceleration, attitude adjustment, energy cost (before divided by the walking distance in [\(37\)](#page-10-3)), and dynamic stability [\(38\)](#page-10-4) are shown in FIGURE 13(a)∼13(f), respectively. In FIGURE 13(a), at the beginning of motion, the robot squats down (bends its knees) from a upright state. Thus, the robot does not move but its height (in z axis) decreases firstly. Easy to see that RBO has a stable forward velocity. In the lateral movement, the coupling between forward and lateral velocity results in a left deviation on uphill and a right deviation on downhill. Thus, trajectory tracking control is needed to eliminate the lateral deviation. Because of anti-disturbance control, the RBO velocity and attitude angle fluctuate around the expected values and are not affected by the walking up and down slopes. But the fluctuation on slopes is larger than that on the flat ground. The pitch angle keeps parallel to the ground. By calculation, the CoT is about 0.79 in the whole progress. And CoT is large on uphill and small on downhill. The dynamic stability is smaller than that on the flat ground as well. The detailed quantitative indexes of simulation results are shown in TABLE [3.](#page-13-0)

Specially, the simulation results of quadruped robots walking up and down 0.2*rad* slope with/without  $k_{F_x}$ ,  $k_{F_y}$ in [\(30\)](#page-8-1) are shown in Fig [14.](#page-12-0) Easy to see that the actual velocity can track the desired velocity 0.1*m*/*s* well with virtual forces/torques adjustment [\(30\)](#page-8-1). Without the virtual forces/torques adjustment, the actual velocity can not track the desired velocity on up and down slopes. The actual velocity decreases on uphill and increases on downhill.



<span id="page-11-2"></span>**FIGURE 13.** Simulation results of quadruped robots walking up and down 0.2rad slope.

To do further research on the anti-disturbance control, simulation of trot walking with hitting is done, as shown in FIGURE [15.](#page-12-1) External disturbances are generated by rotating a bar at times 13.2*s*, 16.4*s*, 19*s* with torques 400*Nm*, 500*Nm*, 600*Nm* respectively to strike the front, middle and hind ends of robot trunk. The action time of torques is 0.03*s*. RBO displacement, RBO velocity, attitude adjustment, energy cost, and dynamic stability are shown in FIGURE 16(a)∼16(e), respectively. It can be seen that the forward movement of RBO is smooth, while the lateral movement has a left deviation (about 0.45*m*) due to the external disturbance forces



**FIGURE 14.** Simulation results of quadruped robots walking up and down 0.2*rad* slope with/without  $k_{\mathsf{F}_\mathsf{X}}, k_{\mathsf{F}_\mathsf{y}}$  .

<span id="page-12-0"></span>

<span id="page-12-1"></span>**FIGURE 15.** Simulation of walking with hitting.

(three hits). The external disturbances make the fluctuations of RBO velocity and attitude angle of robot increase about three times, and the stability of robot decreases sharply after hitting. Fortunately, the robot can be adjusted to stable again quickly by the proposed dynamic balance control, which consumes a lot of energy at the same time. FIGURE 16(f) is the joint torques of four legs. During the period of disturbances, the joints exert additional torques to restrain the disturbances and maintain a balance state. Thus, CoT increases to 1.44. More detailed quantitative indexes of simulation results are shown in TABLE [3.](#page-13-0)

# C. TRAJECTORY TRACKING CONTROL

The forward and lateral velocity controls are coupled and will cause displacement offset to each other. This kind of coupling is disadvantageous to use the odometry method for trajectory tracking of quadruped robots. Then, a trajectory tracking control is proposed as shown in FIGURE [8](#page-9-0) and its simulation is shown in FIGURE [17.](#page-12-2) FIGURE [18](#page-13-1) shows the control performance of trajectory tracking with a given tra- $\text{jectors: } y = 0.5 \sin\left(\frac{\pi x}{2}\right), x = 0.1 \ (t - 6), \text{ after } t = 6s. \text{ RBO}$ displacement, RBO velocity, attitude adjustment, energy cost, and dynamic stability are shown in FIGURE 18(a)∼18(f), respectively. Easy to see that the actual trunk displacement (FIGURE 18(a)), actual velocity (FIGURE 18(b)) and actual



**FIGURE 16.** Simulation results of walking with hitting.



<span id="page-12-2"></span>**FIGURE 17.** Simulation of walking with hitting.

yaw (FIGURE 18(c)) can follow the given ones well. The control error of roll is: −0.1*rad* ∼ 0.1*rad*, larger than the pitch and yaw errors, which are −0.05*rad* ∼ 0.05*rad* and −0.04*rad* ∼ 0.04*rad*, respectively. The trajectory tracking performance is shown in FIGURE 18(f). The main trajectory tracking error occurs in the lateral direction, and its steady error is about 0.02*m*, larger than that in the forward direction: 0.003*m*. More detailed quantitative indexes of simulation results are shown in TABLE [3.](#page-13-0)

# D. COMPARATIVE SIMULATIONS

To highlight the significance of the proposed VMC for quadruped robots, comparative simulations are implemented with the inverse dynamics (ID) approach [8]. Comparative simulations are about the tracking of planned gait trajectory of one leg of quadruped robot. The gait planning is based on the cycloid curve method in [\(23\)](#page-7-1). The parameters of gait planning are: step length  $S = 0.1m$ , step height  $H =$ 0.1*m*, swing time  $T_{sw} = 1s$ , stance time  $T_{sp} = 1s$ . The

#### <span id="page-13-0"></span>**TABLE 3.** Quantitative indexes of simulation results.





<span id="page-13-1"></span>**FIGURE 18.** Simulation results of trajectory tracking control.

tracking performance of gait trajectory and joint angles are shown in Fig. 19(a) and 19(b), respectively. On one hand, it is easy to find that the tracking performance of proposed VMC is not better than the ID's. But it is acceptable for the quadruped locomotion. On the other hand, the comparative simulations are implemented on a PC with CPU: Intel(R) Core(TM) i7-8750H 2.2GHz. The simulation time of one control cycle of proposed VMC is about 0.51*ms*, which is smaller than that of ID (about 0.75*ms*). Therefore, the proposed controllers based on VMC has an acceptable tracking performance and lower computational cost, which provide more freedom to design the intelligent algorithm in the upper controller.



(a) The tracking performance of gait (b) The tracking performance of trajectory joint angles

**FIGURE 19.** Comparative simulations between VMC and ID in the tracking of planned gait trajectory of one leg of quadruped robot.

#### **VIII. CONCLUSION**

In this paper, an intuitive control scheme called virtual model control is proposed for quadruped robots locomotion. Firstly, a dynamic balance control based on virtual model control, from each leg to the whole body, is proposed for quadruped robots in the trot gait. And, an anti-disturbance control is proposed to improve the robustness, terrain adaptability, and dynamic balance performance of quadrupedal locomotion. Then, a trajectory tracking control based on an intuitive velocity control is proposed to incorporate the upper controller (trajectory planning & tracking) with the bottom controller (the whole body VMC of quadruped robot). Finally, by selecting a proper set of gait parameters, simulation results demonstrate that a stable dynamic walking can be achieved for the quadruped. Compared with the inverse dynamics approach, the proposed controllers based on VMC has lower computational cost even though the tracking performance of proposed controllers is not better than that of inverse dynamics approach. The low computational cost is meaningful, which makes room for the artificial intelligence algorithm design of quadruped robots in our future work, which includes the experimental validations as well.

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