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MIMO Multiway Distributed Relay Channel With Full Data Exchange: An Achievable Rate Perspective

XIAOJUN YUAN^[], (Senior Member, IEEE), JIANWEN ZHANG², YING JUN ZHANG³, (Senior Member, IEEE), XIANG ZHAO², AND XIAOYAN KUAI¹

¹Center for Intelligent Networking and Communications, University of Electronic Science and Technology of China, Chengdu 611731, China
²School of Information Science and Technology, ShanghaiTech University, Shanghai 200031, China
³Department of Information Engineering, The Chinese University of Hong Kong, Hong Kong

Corresponding author: Xiaojun Yuan (xjyuan@uestc.edu.cn)

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ABSTRACT We consider efficient communications over the multiple-input multiple-output (MIMO) multiway distributed relay channel (MDRC) with full data exchange, where each user, equipped with multiple antennas and broadcasts messages to all the other users via the help of a number of distributive relays. We propose a physical-layer network coding (PNC)-based scheme involving linear precoding for channel alignment, nested lattice coding for PNC, and lattice-based precoding for interference mitigation. Unlike most existing approaches characterizing the degrees of freedom of MIMO multiway relay channels, we focus on analyzing the rate gap of the proposed scheme towards the fundamental channel capacity. In this regard, we establish a sufficient condition on the system configuration for that distributive relaying achieves the same sum rate as cooperative relaying does in the high SNR regime. We further show that the proposed scheme achieves the asymptotic sum capacity of the MIMO MDRC within a constant gap in the high SNR regime. Numerical results demonstrate that the proposed scheme considerably outperforms the existing schemes including decode-and-forward and amplify-and-forward.

INDEX TERMS Multiway distributed relay channel (MDRC), multiple-input multiple-output (MIMO), distributed relaying, nested lattice coding.

I. INTRODUCTION

Physical-layer network coding (PNC) has proved a great success in enhancing the throughput of wireless relay networks in the past decade [1]–[5]. An early application of PNC is the so-called two-way relaying [1], [2], where two users exchange information via the help of a single relay. It was shown in [3] that PNC with nested lattice coding [3] can achieve the capacity of the two-way relay channel (TWRC) within $\frac{1}{2}$ bit. Later, multiple-input multiple-output (MIMO) techniques were introduced into the TWRC to achieve multiplexing gain. It has been revealed in [4]–[8] that near-capacity performance can be realized by combining advanced signal processing and coding techniques including linear precoding, nested lattice coding, and successive interference cancellation, etc.

As a natural extension, much research interest has been attracted to a more general relay model, termed MIMO multiway relay channel (MRC), in which a number of multi-antenna users exchange information via the help of a multi-antenna relay node [9], [10]. This setup models many practical communication scenarios, e.g., in an ad hoc network, a group of users want to share files with the help of a relay while each user only has a distinct portion of a common file desired by all the other users. Various data exchange models of the MIMO MRC have been investigated in the literature [11]–[13]. In particular, Lee et al. [14] and Wang et al. [15] considered pairwise data exchange in which users exchange messages in a pairwise manner; the works in [16] and [17] assumed a full data exchange model in which each user wants to learn the messages from all the other users. Other variants, such as X channels and Y channels, have also been studied in [18]-[20]. In these works, advanced signal alignment techniques were developed to jointly design the user precoders and the relay precoder for efficient PNC implementation. Based on that, the degrees of freedom (DoF) is analyzed for the MIMO MRC with different network topological configurations and antenna settings.

The DoF analysis characterizes the system performance in the high signal-to-noise ratio (SNR) regime. This characterization is insufficient from a practical point of view, since practical communication systems usually work at low and medium SNR. As such, many research groups have attempted to analyze the fundamental capacity limits of the MIMO MRC. This is a challenging task since the capacity characterization of even the simplest three-node relay model [21] has remained an open problem for decades. In this research line, some initial capacity results of the MIMO MRC were reported in [22]–[24]. For instance, Fang *et al.* [24] showed that the asymptotic capacity of the cellular MIMO TWRC is achievable by using linear precoding and nestedlattice coding techniques.

The works mentioned so far are limited to the configuration of a single relay. In these networks, the relay node is usually the performance bottleneck since all the traffic flows need to go through the relay. Distributed relaying breaks this limitation, so as to boost the network throughput [25]–[28]. In particular, Lee *et al.* [19] studied the DoF of the MIMO multipair TWRC with multiple relays, where a general framework for the DoF analysis was established by combining the ideas of signal space alignment and interference neutralization. However, as aforementioned, the DoF characterization is usually not sufficient for understanding the behavior of the network, especially in the practical SNR regime.

In this paper, we investigate the design of efficient communication strategies to approach the capacity of the MIMO multiway distributed relay channel (MDRC) with full data exchange, where multiple multi-antenna users exchange information through multiple single-antenna relay nodes. The proposed scheme involves linear precoding for channel alignment, nested lattice coding for PNC, and lattice-based precoding for interference mitigation. Unlike most existing approaches characterising the degrees of freedom of MIMO multiway relay channels, we focus on analysing the rate gap of the proposed scheme towards the channel capacity. In this regard, we derive an achievable rate region of the proposed scheme, and then analyse the asymptotic achievable sum rate of the proposed scheme. We show that distributive relaying achieves the same sum rate as cooperative relaying does in the high SNR regime under certain conditions on the system configuration. We also show that our proposed scheme achieves the asymptotic capacity of the MIMO MDRC within a constant gap at high SNR. In particular, this gap vanishes in the two-user case, i.e., our proposed scheme achieves the asymptotic capacity of the MIMO TWRC with distributed relays.¹

Numerical results demonstrate that the proposed scheme considerably outperforms the existing relaying schemes including decode-and-forward [29], [30] and amplify-and-forward [27], [31].

The remainder of this paper is organized as follows. In Section II, we describe the system model. In Section III, we introduce our proposed relay protocol including the operations at both users and relays, and derive an achievable rate region for the overall system. In Section IV, we consider the sum-rate maximization problem. The asymptotic analysis is presented in Section V and the optimality of the proposed scheme is also given in this section. The numerical results are presented in Section VI. Finally, we conclude the paper in Section VII.

Regular letters, lowercase bold letters, and capital bold letters represent scalars, vectors, and matrices, respectively. For any matrix **A**, let \mathbf{A}^{T} , tr{**A**}, and |**A**| be the transpose, the trace, and the determinant of **A**, respectively. $\|\cdot\|_2$ represents the ℓ_2 -norm; E[·] denotes the expectation operation; log(·) denotes the logarithm with base 2; [·]⁺ denotes max{·, 0}. For any matrices **A** and **B**, $\mathbf{A} \succeq \mathbf{B}$ means $\mathbf{A} - \mathbf{B}$ is semi-positive definite. For an integer N, \mathcal{I}_N denotes the set of integers from 1 to N; $\mathbb{R}^{n \times m}$ denotes the *n*-by-*m* dimensional real space; $\mathcal{N}(\mu, \sigma^2)$ denotes the Gaussian distribution with mean μ and variance σ^2 .

II. SYSTEM MODEL

A. SYSTEM MODEL

Consider a discrete memoryless MIMO multiway distributedrelay channel (MDRC), where K users, each equipped with M antennas, broadcast their messages to all the other users with the help of N single-antenna relays, as illustrated in Fig. 1. The data exchange pattern is assumed to be full data exchange, i.e., each user desires messages from all other K - 1 users [17], [23]. We assume that there is no direct link between any two users. This assumption can be justified by practical communication scenarios with severe path attenuation and line-of-sight obstruction. We also assume that the network operates in a half-duplex mode, i.e., a node



FIGURE 1. The system model of a MIMO MDRC channel with *K* users and *N* relays. Each user is equipped with *M* antennas.

¹Note that the asymptotic capacity of the MIMO TWRC was previously achieved by using the generalised singular value decomposition (GSVD) based nested lattice coding scheme proposed in [4]. However, GSVD requires relay cooperation and hence cannot be applied to the case of distributed relays.

cannot transmit and receive signal simultaneously at a common frequency band. Each round of data exchange consists of two phases, termed the uplink phase and the downlink phase. Without loss of generality, we assume that the time duration of the uplink phase is αT and that of the downlink is $(1 - \alpha)T$, where $\alpha \in (0, 1)$ is a time-splitting factor, and *T* is the time duration of each round of data exchange. In the uplink phase, all *K* users simultaneously transmit signals to the relays. The received signal of relay *n* at time *t* is given by

$$y_{\mathbf{R},n}(t) = \sum_{k=1}^{K} \mathbf{h}_{k,n} \mathbf{x}_{k}(t) + z_{\mathbf{R},n}(t), \ n \in \mathcal{I}_{N} \triangleq \{1, 2, \cdots, N\},$$
$$t \in \mathcal{I}_{\alpha T} \triangleq \{1, 2, \cdots, \alpha T\},$$
(1)

where $\mathbf{h}_{k,n} \in \mathbb{R}^{1 \times M}$ denotes the channel coefficient vector from user k to relay n; $\mathbf{x}_k(t) \in \mathbb{R}^{M \times 1}$ is the transmitted signal of user k at time t; $z_{\mathrm{R},n}(t) \sim \mathcal{N}(0, \sigma_{\mathrm{R}}^2)$ is the white Gaussian noise at relay n at time t, with σ_{R}^2 being the noise power at relay. Denote by $\mathbf{Y}_{\mathrm{R}} \in \mathbb{R}^{N \times \alpha T}$ the received signal at all relays during αT time slots with the (n, t)th element of \mathbf{Y}_{R} given by $y_{\mathrm{R},n}(t)$. Then, the system model in (1) can be rewritten into a matrix form:

$$\mathbf{Y}_{\mathrm{R}} = \sum_{k=1}^{K} \mathbf{H}_{k} \mathbf{X}_{k} + \mathbf{Z}_{\mathrm{R}},$$
(2)

where $\mathbf{H}_k = [\mathbf{h}_{k,1}^{\mathrm{T}}, \mathbf{h}_{k,2}^{\mathrm{T}}, \cdots, \mathbf{h}_{k,N}^{\mathrm{T}}]^{\mathrm{T}} \in \mathbb{R}^{N \times M}$ is the channel matrix from user k to all N relays, $\mathbf{X}_k = [\mathbf{x}_k(1), \mathbf{x}_k(2), \cdots, \mathbf{x}_k(\alpha T)] \in \mathbb{R}^{M \times \alpha T}$ is the transmitted signal from user k during αT time slots, and $\mathbf{Z}_{\mathrm{R}} \in \mathbb{R}^{N \times \alpha T}$ is the additive noise matrix with the (n, t)th element given by $z_{\mathrm{R},n}(t)$. The power constraint of user k in the uplink phase is given by

$$\frac{1}{\alpha T} \mathbf{E} \left[\mathrm{tr} \{ \mathbf{X}_k \mathbf{X}_k^{\mathrm{T}} \} \right] \le P_k, \quad k \in \mathcal{I}_K \triangleq \{ 1, 2, \cdots, K \}, \quad (3)$$

where P_k is the power budget of user k.

In the downlink phase, each relay processes its received signal $\mathbf{y}_{\mathbf{R},n}$ as

$$\mathbf{x}_{\mathbf{R},n} = f_{\mathbf{R},n} \big(\mathbf{y}_{\mathbf{R},n} \big), \tag{4}$$

where $\mathbf{y}_{\mathbf{R},n}$ is the *n*-th row of $\mathbf{Y}_{\mathbf{R}}$, $f_{\mathbf{R},n}(\cdot)$ is the function of relay *n*, and $\mathbf{x}_{\mathbf{R},n} \in \mathbb{R}^{1 \times (1-\alpha)T}$ represents the signal transmitted by relay *n*. Then, each relay *n* transmits $\mathbf{x}_{\mathbf{R},n}$ to the users. The received signal at user *k* is given by

$$\mathbf{Y}_{k} = \sum_{n=1}^{N} \mathbf{g}_{n,k} \mathbf{x}_{\mathbf{R},n} + \mathbf{Z}_{k}, \quad k \in \mathcal{I}_{K},$$
(5)

where $\mathbf{Y}_k \in \mathbb{R}^{M \times (1-\alpha)T}$ denotes the received signal of user k during αT time slots, $\mathbf{g}_{n,k} \in \mathbb{R}^{M \times 1}$ is the channel vector from relay n to user k, and $\mathbf{Z}_k \in \mathbb{R}^{M \times (1-\alpha)T}$ is the white Gaussian noise at user k with each entry independently drawn

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from $\mathcal{N}(0, \sigma_k^2)$. The power constraint of relay *n* in the down-link phase is given by

$$\frac{1}{(1-\alpha)T} \mathbb{E}\left[\operatorname{tr}\{\|\mathbf{x}_{\mathbf{R},n}\|_{2}^{2}\}\right] \le P_{\mathbf{R},n}, \quad n \in \mathcal{I}_{N},$$
(6)

where $P_{R,n}$ is the power budget of relay *n*. The system model in (5) can also be written into a matrix form as

$$\mathbf{Y}_k = \mathbf{G}_k \mathbf{X}_{\mathbf{R}} + \mathbf{Z}_k, \ k \in \mathcal{I}_K, \tag{7}$$

where $\mathbf{G}_k = [\mathbf{g}_{1,k}, \mathbf{g}_{2,k}, \cdots, \mathbf{g}_{N,k}] \in \mathbb{R}^{M \times N}$ is the channel matrix from the relays to user k and $\mathbf{X}_{R} = [\mathbf{x}_{R,1}^T, \mathbf{x}_{R,2}^T, \cdots, \mathbf{x}_{R,N}^T]^T \in \mathbb{R}^{N \times (1-\alpha)T}$ is the transmitted signal of the relays.

We assume that the elements of \mathbf{H}_k and \mathbf{G}_k are independently drawn from a continuous distribution. Then, with probability one, these channel matrices are of full column or row rank, whichever is smaller. We also assume that the channel is block-fading, i.e., the channel remains invariant within each round of data exchange of time duration *T*.

The availability of channel state information (CSI) to each node in the network is detailed as follows. We assume that each user k perfectly knowns its own channels \mathbf{H}_k and \mathbf{G}_k . Each relay does not necessarily know any CSI, but it is required to know the coefficients of the codeword combination that it computes. The exact expressions of these coefficients will be presented in the next section. These coefficients are also known to the users for the recovery of the orginal messages. Note that the above assumption on CSI is much less strigent than the conventional approaches [32], [33] in which each node in the network is required to acquire full CSI.

For convenience of discussion, the channels are assumed to be real-valued throughout the paper. The results in this paper can be straightforwardly extended to a complex-valued model by the standard isomorphic mapping between a complex model and its real-valued expansion.

B. ACHIEVABLE RATES

In the considered MIMO MDRC, each user $k, k \in \mathcal{I}_K$, broadcasts its messages to all other users. In the uplink phase, user k broadcasts its message $w_k \in \mathcal{W}_k \triangleq \{1, 2, \dots, 2^{TR_k}\}$ to other K-1 users at a rate of R_k ; in the downlink phase, user kestimates messages $w_{k'}, k' \in \mathcal{I}_K \setminus k$ from other users based on the received signal \mathbf{Y}_k and the self message w_k . Denote by $\hat{w}_{k,k'}$, the estimate of $w_{k'}$ at user k. Then, the error probability of $w_{k'}$ at user k is defined as $P_{e,k,k'} \triangleq \Pr\{\hat{w}_{k,k'} \neq w_{k'}\}$. A rate tuple (R_1, \dots, R_K) is said to be achievable if the error probabilities $\{P_{e,k,k'} | k' \neq k\}$ vanish as T tends to infinity. The capacity region is given by the closure of all possible achievable rate tuples.

C. CAPACITY OUTER BOUND

We now present a capacity outer bound for the MIMO MDRC. For upper-bound, we assume that relays can fully cooperate with each other, i.e., they form a single super relay.

From the cut-set theorem, we obtain

$$\sum_{k'=1,k'\neq k}^{K} R_{k'} \leq \frac{\alpha}{2} \log \left| \mathbf{I}_{N} + \frac{1}{\sigma_{R}^{2}} \sum_{k'=1,k'\neq k}^{K} \mathbf{H}_{k'} \mathbf{Q}_{k'} \mathbf{H}_{k'}^{T} \right|$$
(8a)

$$\sum_{k'=1,k'\neq k}^{K} R_{k'} \leq \frac{1-\alpha}{2} \log \left| \mathbf{I}_{M} + \frac{1}{\sigma_{k}^{2}} \mathbf{G}_{k} \mathbf{Q}_{R} \mathbf{G}_{k}^{T} \right|, \quad \text{for } k \in \mathcal{I}_{K},$$
(8b)

where $\mathbf{Q}_k \triangleq \frac{1}{\alpha T} \mathbf{E} [\mathbf{X}_k \mathbf{X}_k^T]$ is the covariance matrix of user k, and $\mathbf{Q}_R \triangleq \frac{1}{(1-\alpha)T} \mathbf{E} [\mathbf{X}_R \mathbf{X}_R^T]$ is the covariance matrix of the super relay. Note that (8a) and (8b) are obtained from two different cuts. An illustration of these two cuts for user 1 (with k = 1) is given in Fig. 2. For Cut 1, the information flow is from user 2, \cdots , K to user 1. This is a multiple access channel of K - 1 users, with the sum-rate upper-bounded by (8a) (with k = 1). Similarly, Cut 2 also gives a multiple access channel, with the sum-rate upper-bounded by (8b) (with k = 1). Then, a capacity outer bound is given by optimizing { $\mathbf{Q}_k, k \in \mathcal{I}_K$ } and \mathbf{Q}_R subject to the following power constraints:

$$\operatorname{tr}\{\mathbf{Q}_k\} \le P_k, \ k \in \mathcal{I}_K \tag{9a}$$

$$\operatorname{tr}\{\mathbf{Q}_{\mathsf{R}}\} \le \sum_{n=1}^{N} P_{\mathsf{R},n},\tag{9b}$$

where (9a) is from (3), and (9b) is a relaxation of (6). The above optimization problem is convex and can be solved using standard convex programming tools. The goal of this paper is to develop an efficient communication strategy to approach the outer bound.



FIGURE 2. An equivalent system model of the MIMO MDRC with full data exchange and the corresponding cuts for k = 1.

III. PROPOSED RELAY PROTOCOL

In this section, we consider the transceiver and relay design for the MIMO MDRC with $M \ge N$. We will briefly discuss the case of M < N at the end of the section.

A. CHANNEL TRIANGULARIZATION

Let the RQ decomposition of \mathbf{H}_k be

$$\mathbf{H}_k = \mathbf{R}_k \mathbf{U}_k,\tag{10}$$

where $\mathbf{R}_k \in \mathbb{R}^{N \times N}$ is an upper-triangular matrix, and $\mathbf{U}_k \in \mathbb{R}^{N \times M}$ is a matrix containing the first *N* rows of a unitary matrix satisfying $\mathbf{U}_k \mathbf{U}_k^{\mathrm{T}} = \mathbf{I}_N$. Then, the received

signal at the relays in (2) can be rewritten as

$$\mathbf{Y}_{\mathrm{R}} = \sum_{k=1}^{K} \mathbf{R}_{k} \widetilde{\mathbf{X}}_{k} + \mathbf{Z}_{\mathrm{R}}, \qquad (11)$$

where $\widetilde{\mathbf{X}}_k = \mathbf{U}_k \mathbf{X}_k \in \mathbb{R}^{N \times \alpha T}$, and the power constraint in (3) is equivalently written as

$$\frac{1}{\alpha T} \mathbb{E}\left[\operatorname{tr}\{\widetilde{\mathbf{X}}_{k}\widetilde{\mathbf{X}}_{k}^{\mathrm{T}}\} \right] \leq P_{k}, \quad \forall k \in \mathcal{I}_{K}.$$
(12)

We henceforth focus on the transceiver design for the equivalent system given by (11) and (5). Each row of \mathbf{R}_k can be seen as a sub-channel. The received signal of the *n*-th sub-channel is given by

$$\mathbf{y}_{\mathbf{R},n} = \sum_{k=1}^{K} \left(r_k(n,n) \widetilde{\mathbf{x}}_{k,n} + \mathbf{v}_{k,n} \right) + \mathbf{z}_{\mathbf{R},n}, \qquad (13)$$

where $r_k(n, n)$ is the (n, n)-th element of \mathbf{R}_k ; $\mathbf{y}_{R,n}$, $\mathbf{\tilde{x}}_{k,n}$, and $\mathbf{z}_{R,n}$ are respectively the *n*-th row of \mathbf{Y}_R , $\mathbf{\tilde{X}}_k$, and \mathbf{Z}_R ; $\mathbf{v}_{k,n}$ is given by

$$\mathbf{v}_{k,n} = \sum_{n'=n+1}^{N} r_k(n,n') \widetilde{\mathbf{x}}_{k,n'}.$$
 (14)

Note that $\mathbf{y}_{\mathbf{R},n}$ in (13) is the received signal at relay *n*. In the following, we describe encoding and decoding operations based on the system model given by (13) and (5).

B. UPLINK PHASE: USER ENCODING

In this subsection, we present the encoding operations at user ends in the uplink phase. We divide the uplink phase into K-1time slots with equal duration $T' = \frac{\alpha T}{K-1}$. Let $\mathbf{y}_{R,n}^{(l)}, \widetilde{\mathbf{x}}_{k,n}^{(l)}, \mathbf{v}_{k,n}^{(l)}$, and $\mathbf{z}_{R,n}^{(l)}$ be the corresponding length-T' signal components of $\mathbf{y}_{R,n}, \widetilde{\mathbf{x}}_{k,n}, \mathbf{v}_{k,n}$, and $\mathbf{z}_{R,n}$, in the *l*-th time slot. That is,

$$\mathbf{y}_{\mathrm{R},n} = [\mathbf{y}_{\mathrm{R},n}^{(1)}, \cdots, \mathbf{y}_{\mathrm{R},n}^{(K-1)}]$$
 (15a)

$$\widetilde{\mathbf{x}}_{k,n} = [\widetilde{\mathbf{x}}_{k,n}^{(1)}, \cdots, \widetilde{\mathbf{x}}_{k,n}^{(K-1)}]$$
(15b)

$$\mathbf{v}_{k,n} = [\mathbf{v}_{k,n}^{(1)}, \cdots, \mathbf{v}_{k,n}^{(K-1)}]$$
 (15c)

$$\mathbf{z}_{\mathrm{R},n} = [\mathbf{z}_{\mathrm{R},n}^{(1)}, \cdots, \mathbf{z}_{\mathrm{R},n}^{(K-1)}].$$
 (15d)

From (13), the received signal vector of the n-th sub-channel in the l-th time slot is given by

$$\mathbf{y}_{\mathbf{R},n}^{(l)} = \sum_{k=1}^{K} \left(r_k(n,n) \widetilde{\mathbf{x}}_{k,n}^{(l)} + \mathbf{v}_{k,n}^{(l)} \right) + \mathbf{z}_{\mathbf{R},n}^{(l)}.$$
 (16)

Let $W_{k,n} = \{1, 2, \dots, 2^{TR_{k,n}}\}$ be the message set for the spatial data stream of the *k*-th user over the *n*-th sub-channel, and $w_{k,n} \in W_{k,n}$ be the corresponding message, where $R_{k,n}$ is the information rate of user *k* over the *n*-th sub-channel. We refer to $\{w_{1,n}, \dots, w_{K,n}\}$ as the message tuple of the sub-channel *n*.

Nested lattice coding [34], [35] is applied to each message tuple $\{w_{1,n}, \dots, w_{K,n}\}$. The codebooks for the *n*-th sub-channel are constructed as follows. Without loss of generality, let $\pi(\cdot)$ be the permutation with the permuted

indices $\{\pi(1), \dots, \pi(K)\}$ satisfying $R_{\pi(1),n} \geq R_{\pi(2),n} \geq \dots \geq R_{\pi(K),n}$. We construct a chain of "good" nested lattices $\Lambda_{\pi(1),n}, \dots, \Lambda_{\pi(K),n}$, and $\Lambda_{C,n}$ satisfying $\Lambda_{\pi(1),n} \subseteq \dots \subseteq \Lambda_{\pi(K),n} \subseteq \Lambda_{C,n} \in \mathbb{R}^{T'}$ [35]. Let $\mathcal{C}_{k,n}$ be the nested lattice code defined by $\Lambda_{k,n}$ and $\Lambda_{C,n}$, and $\mathbf{c}_{k,n} \in \mathcal{C}_{k,n}$ be the codeword mapped from the message $w_{k,n}$.² For indexes k and k', $\Lambda_{k,n}$ and $\Lambda_{k',n}$ are constructed with the nesting ratio satisfying

$$\log\left(\frac{\operatorname{Vol}(\Lambda_{k,n})}{\operatorname{Vol}(\Lambda_{k',n})}\right) = \frac{T'}{2}\log\left(\frac{|r_k(n,n)|^2 P_{k,n}}{|r_{k'R}(n,n)|^2 P_{k',n}}\right) + O(1),$$

where Vol(Λ) is the the volume of the fundamental Voronoi region of a lattice Λ , $P_{k,n}$ denotes the average power of the *n*-th spatial stream of user *k*, and O(1) is bounded as $T \to \infty$. Then, the relation between $R_{k,n}$ and $R_{k',n}$ can be written as

$$R_{k,n} = R_{k',n} + \frac{\alpha}{2(K-1)} \log\left(\frac{|r_k(n,n)|^2 P_{k,n}}{|r_{k'R}(n,n)|^2 P_{k',n}}\right) + o\left(\frac{1}{T}\right).$$
(17)

The encoding of each user k is ordered reversely from the N-th sub-channel to the first sub-channel. For each subchannel n, let $\mathbf{d}_{k,n}$ be a random dithering vector that is uniformly distributed over the Voronoi region of $\Lambda_{k,n}$. The dithering signals are globally known to all the nodes in the network. With dithering, the *n*-th transmit signal $\widetilde{\mathbf{x}}_{k,n}^{(l)}$ of user k at time slot l is constructed by

$$\widetilde{\mathbf{x}}_{k,n}^{(l)} = \begin{cases} \left(\left(\mathbf{c}_{k,n} - \mathbf{v}_{k,n}^{(l)} - \mathbf{d}_{k,n} \right) \mod \Lambda_{k,n} \right) \\ \frac{1}{r_k(n,n)} & \text{for } k = l, l+1; \\ 0, & \text{for } k \neq l, k \neq l+1. \end{cases}$$
(18)

In (18), only user *l* and *l* + 1 are active in each time slot *l*.³ The uplink user scheduling is illustrated in Fig. 3. Given the encoding order at each user *k*, the inter-stream interference $\mathbf{v}_{k,n}^{(l)}$ defined in (14) is *a priori* known by user *k* when the *n*-th spatial stream of user *k* is encoded. Therefore, $\mathbf{\tilde{x}}_{k,n}^{(l)}$ in (18) is indeed constructed. With (18), the received signal in (16) reduces to

$$\mathbf{y}_{\mathbf{R},n}^{(l)} = \sum_{k=l}^{l+1} \left(r_k(n,n) \widetilde{\mathbf{x}}_{k,n}^{(l)} + \mathbf{v}_{k,n}^{(l)} \right) + \mathbf{z}_{\mathbf{R},n}^{(l)}.$$
 (19)

From Fig. 3, we see that each user k transmits signals only at time slots k - 1 and k, except that user 1 is active only at time slot 1 and user K is active only at time slot K - 1. Also, for each user $k \in \{2, \dots, K-1\}$, the signals transmitted over the two time slots are identical to each other. Thus, we have

$$\widetilde{\mathbf{x}}_{k+1,n}^{(k)} = \widetilde{\mathbf{x}}_{k+1,n}^{(k+1)}, \ \mathbf{v}_{k+1,n}^{(k)} = \mathbf{v}_{k+1,n}^{(k+1)}, \quad \text{for } k = 1, \cdots, K-2.$$
(20)



FIGURE 3. Uplink user scheduling, where $\tilde{\mathbf{x}}_{k}^{(l)} = \left[\tilde{\mathbf{x}}_{k}^{(l)}(1)^{\mathsf{T}}, \cdots, \tilde{\mathbf{x}}_{k}^{(l)}(N)^{\mathsf{T}}\right]^{\mathsf{T}}$, and $\tilde{\mathbf{x}}_{k+1}^{(k)} = \tilde{\mathbf{x}}_{k+1}^{(k+1)}$ for $k = 1, \cdots, K-2$.

C. RELAY OPERATIONS

We now consider relay decoding. At time slot l, the received signal at relay n is given by

$$\mathbf{y}_{\mathbf{R},n}^{(l)} = \sum_{k=l}^{l+1} \left(r_k(n,n) \widetilde{\mathbf{x}}_{k,n}^{(l)} + \mathbf{v}_{k,n}^{(l)} \right) + \mathbf{z}_{k,n}^{(l)}, \quad l \in \mathcal{I}_{K-1}, \ n \in \mathcal{I}_N.$$
(21)

Without loss of generality, we assume $\Lambda_{l,n} \subseteq \Lambda_{l+1,n}$. Then, upon receiving $\mathbf{y}_{\mathbf{R},n}^{(l)}$, relay *n* computes

$$\widetilde{\mathbf{y}}_{\mathbf{R},n}^{(l)} = \left(\mathbf{y}_{\mathbf{R},n}^{(l)} + \sum_{k=l}^{l+1} \mathbf{d}_{k,n}\right) \mod \Lambda_{l,n}$$
(22a)
$$= \left(\sum_{k=l}^{l+1} \left[\left(\mathbf{c}_{k,n} - \mathbf{v}_{k,n}^{(l)} - \mathbf{d}_{k,n}\right) \mod \Lambda_{k,n} + \mathbf{v}_{k,n}^{(l)} \right]$$
$$+ \mathbf{z}_{\mathbf{R},n}^{(l)} + \sum_{k=l}^{l+1} \mathbf{d}_{k,n} \right) \mod \Lambda_{l,n}$$
(22b)
$$= \left(\sum_{k=l}^{l+1} \left(\mathbf{c}_{k,n} - \mathbf{Q}_{\Lambda_{k,n}} (\mathbf{c}_{k,n} + \mathbf{v}_{k,n}^{(l)} + \mathbf{d}_{k,n}) \right)$$

$$+\mathbf{z}_{\mathbf{R},n}^{(l)} \mod \Lambda_{l,n}$$
 (22c)

$$= \left(\mathbf{w}_{\mathbf{R},n}^{(l)} + \widetilde{\mathbf{z}}_{\mathbf{R},n}^{(l)} \right) \mod \Lambda_{l,n},$$
(22d)

where

$$\mathbf{w}_{\mathbf{R},n}^{(l)} = \left(\mathbf{c}_{l,n} + \mathbf{c}_{l+1,n}\right) \mod \Lambda_{l,n}$$
(23a)
$$\widetilde{\mathbf{z}}_{\mathbf{R},n}^{(l)} = \left(\mathbf{z}_{\mathbf{R},n}^{(l)} - \mathbf{Q}_{\Lambda_{l+1,n}}\left(\mathbf{c}_{l+1,n} + \mathbf{v}_{l+1}^{(l)}(n) + \mathbf{d}_{l+1,n}\right)\right)$$
mod $\Lambda_{l,n}$, (23b)

and $\mathbf{Q}_{\Lambda}(\cdot)$ denotes the lattice quantizer that outputs the lattice point of Λ closest to the input. Note that (22b) follows from (18) and (21), (22c) follows from $\mathbf{x} \mod \Lambda = \mathbf{x} - \mathbf{Q}_{\Lambda}(\mathbf{x})$, and (22d) utilizes $(\mathbf{x} + \mathbf{y}) \mod \Lambda = ((\mathbf{x} \mod \Lambda) + (\mathbf{y} \mod \Lambda)) \mod \Lambda$. Both $\mathbf{c}_{l,n}$ and $\mathbf{c}_{l+1,n}$ are lattice points of $\Lambda_{C,n}$, and so is $\mathbf{w}_{R,n}^{(l)}$. Each relay wants to decode the combination $\mathbf{w}_{R,n}^{(l)}$. Let $\hat{\mathbf{w}}_{R,n}^{(l)}$ be an estimate of $\mathbf{w}_{R,n}^{(l)}$ given $\mathbf{y}_{R,n}^{(l)}$.

²Note that the codeword length of each user for each sub-channel is T' (instead of αT). This implies that a codeword may be repeatedly transmitted over a sub-channel by at most $\alpha T/T' = K - 1$ times.

 $^{^{3}}$ It can be shown that with nested lattice coding, concurrent signaling of more than two users in a time slot generally leads to power inefficiency.

With ambiguity decoding [34], the probability of $\hat{\mathbf{w}}_{\mathbf{R},n}^{(l)} \neq \mathbf{w}_{\mathbf{R},n}^{(l)}$ vanishes as $T \to \infty$ provided that

$$R_{k,n} \leq \frac{1}{K-1} \left[\frac{\alpha}{2} \log \left(\frac{|r_k(n,n)|^2 P_{k,n}}{\sigma_R^2} \right) \right]^+,$$

for $k \in \mathcal{I}_K, n \in \mathcal{I}_N.$ (24)

Then, each relay *n* re-encodes the estimated messages $\{\hat{\mathbf{w}}_{\mathbf{R},n}^{(l)}|l = 1, \dots, K-1\}$ to obtain the transmitted signal $\mathbf{x}_{\mathbf{R},n}$ and broadcasts $\mathbf{x}_{\mathbf{R},n}$ to the users. The encoding function of each relay is described as follows. Let \widetilde{R}_n be the total rate of $\{\hat{\mathbf{w}}_{\mathbf{R},n}^{(l)}|l = 1, \dots, K-1\}$. Each relay $n, n \in \mathcal{I}_N$, constructs a random codebook $\mathcal{C}_{\mathbf{R},n}$ with cardinality $2^{T\widetilde{R}_n}$. The encoding function of relay n, denoted by $f_{\mathbf{R},n}$, is to map every message tuple $(\hat{\mathbf{w}}_{\mathbf{R},n}^{(1)}, \dots, \hat{\mathbf{w}}_{\mathbf{R},n}^{(K-1)})$ to a unique codeword in $\mathcal{C}_{\mathbf{R},n}$. Then, the transmitted signal at relay n is given by $\mathbf{x}_{\mathbf{R},n} = f_{\mathbf{R},n}(\{\hat{\mathbf{w}}_{\mathbf{R},n}^{(l)}|l = 1, \dots, K-1\})$.

D. DOWNLINK PHASE: USER DECODING

We now focus on the decoding operation at the user side. From (5), the received signal at each user k is given by

$$\mathbf{Y}_{k} = \sum_{n=1}^{N} \mathbf{g}_{n,k} \mathbf{x}_{\mathbf{R},n} + \mathbf{Z}_{k}, \quad k \in \mathcal{I}_{K}, n \in \mathcal{I}_{N}.$$
(25)

Upon receiving \mathbf{Y}_k , each user k wants to learn $\{\mathbf{c}_{k,n}|n \in \mathcal{I}_N, k' \in \mathcal{I}_K \setminus k\}$ with the help of the self message $\{\mathbf{c}_{k,n}|n \in \mathcal{I}_N\}$. To this end, each user k takes a two-step procedure as follows:

Step 1): Decode $\{\hat{w}_{k',n} | n \in \mathcal{I}_N, k' \in \mathcal{I}_K \setminus k\}$ based on \mathbf{Y}_k and $\{\mathbf{c}_{k,n} | n \in \mathcal{I}_N\}$.

Step 2): Retrieve $\{\mathbf{c}_{k,n}|n \in \mathcal{I}_N, k' \in \mathcal{I}_K \setminus k\}$ from $\{\hat{w}_{k',n}|n \in \mathcal{I}_N, k' = 1, \cdots, K-1\}$ and $\{\mathbf{c}_{k,n}|n \in \mathcal{I}_N\}$.

We first consider Step 1. Note that, given $\{\mathbf{c}_{k,n}|n \in \mathcal{I}_N\}$, the rate of $\{\hat{w}_{k',n}|k' = 1, \dots, K-1\}$ (i.e., the message tuple of relay *n*) is reduced to $\sum_{k' \neq k}^{K} R_{k',n}$. Therefore, the channel model in (25) becomes an *N*-terminal multiple access channel with the transmission rates of the *N* terminals given by $\{\sum_{k' \neq k}^{K} R_{k',n} | n \in \mathcal{I}_N\}$. The corresponding capacity region is given by

$$\sum_{n \in \mathcal{S}} \sum_{k' \in \mathcal{I}_{K} \setminus k} R_{k',n} \leq \frac{1 - \alpha}{2} \log \left| \mathbf{I}_{M} + \frac{1}{\sigma_{k}^{2}} \sum_{n \in \mathcal{S}} P_{\mathbf{R},n} \mathbf{g}_{n,k} \mathbf{g}_{n,k}^{T} \right|,$$
$$\forall k \in \mathcal{I}_{K}, \quad \forall \mathcal{S} \subseteq \mathcal{I}_{N}, \quad (26)$$

where S is an arbitrary subset of I_N .

We now consider Step 2. We note that $\hat{\mathbf{w}}_{R,n}^{(l)} = \mathbf{w}_{R,n}^{(l)}$ for any *l* and *n* provided that (24) holds. Then, from the definition of $\mathbf{w}_{R,n}^{(l)}$ in (23a), we see that $\{\mathbf{c}_{k',n}|k' \in \mathcal{I}_K \setminus k\}$ can be retrieved from $\{\hat{\mathbf{w}}_{R,n}^{(l)}|l = 1, \dots, K-1\}$ and $\mathbf{c}_{k,n}$ for any given *k* and *n*.

E. ACHIEVABLE RATE OF THE OVERALL SCHEME

We summarize the discussions in the preceding subsections as a theorem below.

Theorem 1: A rate tuple (R_1, \ldots, R_K) is achievable for the considered MIMO MDRC if

$$R_{k,n} \leq \frac{1}{K-1} \left[\frac{\alpha}{2} \log \left(\frac{|r_k(n,n)|^2 P_{k,n}}{\sigma_R^2} \right) \right]^+, \quad k \in I_K$$
$$\sum_{n \in \mathcal{S}} \sum_{k' \in \mathcal{I}_K \setminus k} R_{k',n}$$
$$\leq \frac{1-\alpha}{2} \log \left| \mathbf{I}_M + \frac{1}{\sigma_k^2} \sum_{n \in \mathcal{S}} P_{R,n} \mathbf{g}_{n,k} \mathbf{g}_{n,k}^T \right|,$$
$$k \in \mathcal{I}_K, \quad \mathcal{S} \subseteq \mathcal{I}_N, \tag{27a}$$

where $P_{k,n}$ is the transmission power of the n-th sub-channel of user k satisfying

$$\frac{2}{K-1}\sum_{n=1}^{N} P_{k,n} \le P_k, \quad \text{for } k = 2, \cdots, K-1 \quad (27b)$$

$$\frac{1}{K-1} \sum_{n=1}^{N} P_{k,n} \le P_k, \quad \text{for } k = 1, K.$$
 (27c)

F. FURTHER DISCUSSIONS

For comparison, we consider cooperative relaying in which the relays are combined as a super node with *N* antennas. In cooperative relaying scheme, upon receiving the signal $\{\mathbf{y}_{R,n}^{(l)}|l \in \mathcal{I}_{K-1}, n \in \mathcal{I}_N\}$, the super node (relay) obtains an estimate of $\{\mathbf{w}_{R,n}^{(l)}|l \in \mathcal{I}_{K-1}, n \in \mathcal{I}_N\}$, denoted by $\{\hat{\mathbf{w}}_{R,n}^{(l)}|l \in \mathcal{I}_{K-1}, n \in \mathcal{I}_N\}$. Then, the super node constructs a codebook C_R of cardinality $2^{TR_{sum}}$ with $R_{sum} \triangleq \sum_{k=1}^{K} \sum_{n=1}^{N} R_{k,n}$. Each codeword is an *N*-by- $(1 - \alpha)T$ random matrix with each column independently drawn from $\mathcal{N}(\mathbf{0}, \mathbf{Q}_R)$, where **0** is an all-zero vector with an appropriate size, and \mathbf{Q}_R is the covariance matrix at the super-relay satisfying the total power constraint in (9b). The codeword of the message tuple $\{\hat{\mathbf{w}}_{R,n}^{(l)}\}$ is then broadcast to all users in the downlink phase. The achievable rate tuple satisfies the following inequalities:

$$R_k \le \frac{1}{K-1} \sum_{n=1}^N \left[\frac{\alpha}{2} \log \left(\frac{|r_k(n,n)|^2 P_{k,n}}{\sigma_{\mathrm{R}}^2} \right) \right]^+, \quad k \in \mathcal{I}_K$$
(28a)

$$\sum_{k'\in\mathcal{I}_K\setminus k}^K R_{k'}$$

$$\leq \frac{1-\alpha}{2} \log \left| \mathbf{I}_{M} + \frac{1}{\sigma_{k}^{2}} \mathbf{G}_{k} \mathbf{Q}_{\mathrm{R}} \mathbf{G}_{k}^{\mathrm{T}} \right|, \quad k \in \mathcal{I}_{K}, \quad (28b)$$

where \mathbf{Q}_{R} satisfies the power constraint in (9b), and $\{P_{k,n}\}$ are constrained by (27b) and (27c). The result in (28) serves as a performance upper bound for the case of distributive relays.

Before leaving this section, we note that $M \ge N$ is assumed throughout the paper. The proposed scheme can be straightforwardly extended to the case of M < N by disabling N - M relay nodes. This relay disablement approach is simple but generally not power-efficient. To improve efficiency, we can carefully select the set of relays to be disabled. Then, the proposed scheme is applicable to the reduced network. Nevertheless, the detail of relay selection is out of the scope of this paper.

IV. SUM-RATE MAXIMIZATION

Based on Theorem 1, the sum-rate maximization problem of the proposed lattice coding scheme with distributed relays is formulated as

$$\max_{\{P_{k,n}\},\{R_{k,n}\}} \sum_{k=1}^{K} \sum_{n=1}^{N} R_{k,n}$$
(29a)

subject to $R_{k,n} \leq \frac{1}{K-1} \left[\frac{\alpha}{2} \log \left(\frac{|r_k(n,n)|^2 P_{k,n}}{\tau^2} \right) \right]^+$

$$K = I \left[2 \left(\sigma_{R}^{2} \right)^{T} \right]$$

$$k \in \mathcal{I}_{K}, n \in \mathcal{I}_{N}$$

$$\sum_{n \in \mathcal{S}} \sum_{k' \in \mathcal{I}_{K} \setminus k} R_{k',n} \leq \frac{1 - \alpha}{2} \log \left| \mathbf{I}_{M} + \frac{1}{\sigma_{k}^{2}} \right|$$

$$\times \sum_{n \in \mathcal{S}} P_{\mathbf{R},n} \mathbf{g}_{n,k} \mathbf{g}_{n,k}^{T} |, k \in \mathcal{I}_{K}, \mathcal{S} \subseteq \mathcal{I}_{N}$$

$$(29b)$$

$$(29$$

$$\frac{2}{K-1} \sum_{n=1}^{N} P_{k,n} \le P_k, \text{ for } k = 2, \cdots, K-1$$
(29d)

$$\frac{1}{K-1} \sum_{n=1}^{N} P_{k,n} \le P_k, \text{ for } k = 1 \text{ or } K.$$
 (29e)

The above problem is not a convex problem due to the $[\cdot]^+$ operator in (29b). It can be solved by following the idea of iterative water-filling: First solve (29) using convex programming by removing all the $[\cdot]^+$ operators in (29b); then construct an index set $\mathcal{T} : (k, n) \in \mathcal{T}$ if $R_{k,n} \leq 0$ in the solution of the previous step; fix $P_{k,n} = 0$ for $(k, n) \in \mathcal{T}$ and solve (29) again using convex programming. Repeat the above process until there is no new (k, n) satisfying $R_{k,n} < 0$. The above algorithm is guaranteed to converge as the number of deactivated channels (i.e. the cardinality of \mathcal{T}) monotonically increases in iteration.

For comparison, we now describe the sum-rate maximization problem for the case of cooperative relays. From (28) and the discussions therein, the corresponding sum-rate maximization problem is given by

$$\begin{array}{l}
\underset{\mathbf{Q}_{\mathbf{R},\{P_{k,n}\},\{R_{k}\}}{\text{maximize}} & \sum_{k=1}^{K} R_{k} \\
\text{subject to } R_{k} \leq \frac{\sum_{n=1}^{N} \left[\frac{\alpha}{2} \log \left(\frac{|r_{k}(n,n)|^{2} P_{k,n}}{\sigma_{\mathbf{R}}^{2}} \right) \right]^{+}}{K-1}, \quad k \in \mathcal{I}_{K} \\
\end{array}$$
(30a)
$$(30a)$$

$$\sum_{k'\in\mathcal{I}_{K}\setminus k}^{K} R_{k'} \leq \frac{1-\alpha}{2} \log \left| \mathbf{I}_{M} + \frac{1}{\sigma_{k}^{2}} \right| \times \mathbf{G}_{k} \mathbf{Q}_{R} \mathbf{G}_{k}^{T}, \ k \in \mathcal{I}_{K}$$
(30c)

$$\operatorname{tr}\{\mathbf{Q}_{\mathsf{R}}\} \leq \sum_{n=1}^{N} P_{\mathsf{R},n}, \mathbf{Q}_{\mathsf{R}} \succeq \mathbf{0}$$

$$\frac{2}{K-1} \sum_{n=1}^{N} P_{k,n} \leq P_{k}, \text{ for } k = 2, \cdots, K-1$$
(30d)

$$\frac{1}{K-1} \sum_{n=1}^{N} P_{k,n} \le P_k, \text{ for } k = 1 \text{ or } K.$$
 (30f)

Compared with (29), the main difference of (30) is that the downlink rate constraint (29c) is replaced by (30c). Similarly to (29), the problem in (30) can be solved in an iterative fashion. We omit the details for brevity.

V. ASYMPTOTIC ANALYSIS

In this section, we analyze the asymptotic behavior of the proposed scheme in the high SNR region. For convenience of discussion, we assume the following settings: $P_k = \beta_k P$, $k \in \mathcal{I}_K$, $P_{R,n} = \beta_R P$, $n \in \mathcal{I}_N$, and $\sigma_k^2 = \sigma_R^2 = \sigma^2$, $\forall k \in \mathcal{I}_K$, where $\{\beta_k\}$ and β_R are constants as $P/\sigma^2 \rightarrow \infty$. We first show that, as $P/\sigma^2 \rightarrow \infty$, the sum-rate gap between the proposed scheme with distributive relays and the scheme with cooperative relays tends to zero. Then, we discuss the asymptotic optimality of the proposed scheme by comparison with the cut-set upper bound.

A. DISTRIBUTIVE RELAYING VS. COOPERATIVE RELAYING

Let R_{dist} be the optimal sum-rate of the proposed distributive relaying scheme given by (29), and R_{coop} be the corresponding sum-rate given by (30).

Theorem 2: When $\alpha \in (0, \frac{1}{2}) \cup (\frac{1}{2}, 1)$ and $M \ge N$, the proposed distributive relaying scheme achieves the same sum-rate as the cooperative relaying scheme in the high SNR regime, i.e.

$$\lim_{R_{\rm coop}} \left(R_{\rm coop} - R_{\rm dist} \right) = 0.$$

 $P/\sigma^2 \rightarrow \infty$ *Proof:* We first consider the distributive relaying scheme with the rate given by (29). In general, a rate *R* is a function of the transmission power *P*, denoted by *R*(*P*). Then, the corresponding DoF is defined by

$$d = \lim_{P \to \infty} \frac{R(P)}{P}.$$
 (31)

Denote by $d_{k,n}^{\text{dist}}$ the DoF of user *k* over sub-channel *n*, where the "dist" is an abbreviation of distributive. Then, from (29b), in the uplink phase, we have

$$d_{k,n}^{\text{dist}} \leq \lim_{P \to \infty} \frac{\frac{1}{K-1} \left[\frac{\alpha}{2} \log \left(\frac{|r_k(n,n)|^2 \beta_{k,n} P}{\sigma_k^2} \right) \right]^+}{\log \left(\beta_{k,n} P \right)} \quad (32a)$$
$$= \frac{\alpha}{L} + \frac{1}{L} \quad k \in \mathcal{T}_{k}, n \in$$

$$= \frac{1}{2} \cdot \frac{1}{K-1}, \quad k \in \mathcal{I}_K, n \in \mathcal{I}_N,$$
(32b)

where $P_{k,n} = \beta_{k,n}P$. Here, $\beta_{k,n}$ is the power factor of user *k* over sub-channel *n*. Denote by \mathcal{D}_{up}^{dist} the uplink DoF region

specified by (32). Clearly, \mathcal{D}_{up}^{dist} is a polyhedron. From (29c), in the downlink phase, we have

$$\sum_{n \in \mathcal{S}} \sum_{k' \in \mathcal{I}_{K} \setminus k} d_{k',n}^{\text{dist}} \leq \lim_{P \to \infty} \frac{\frac{1-\alpha}{2} \log \left| \mathbf{I}_{M} + \frac{1}{\sigma_{k}^{2}} \sum_{n \in \mathcal{S}} \beta_{\mathrm{R}} P \mathbf{g}_{n,k} \mathbf{g}_{n,k}^{T} \right|}{\log \left(\beta_{\mathrm{R}} P \right)}$$
(33a)

$$= |\mathcal{S}| \cdot \frac{1-\alpha}{2}, \ k \in \mathcal{I}_K, \mathcal{S} \subseteq \mathcal{I}_N,$$
(33b)

where |S| represents the cardinality of set S, and (33b) utilizes the fact that $|S| \leq N \leq M$. In (33), the inequalities with |S| = 1 imply all the other inequalities. Thus, (33) can be simplified as

$$\sum_{k'\in\mathcal{I}_K\setminus k} d_{k',n}^{\text{dist}} \le \frac{1-\alpha}{2}, \ k\in\mathcal{I}_K, n\in\mathcal{I}_N.$$
(34)

Denote by $\mathcal{D}_{down}^{dist}$ the downlink DoF region given by (34).

We now consider the cooperative relaying scheme with the rates given by (30). Denote by d_k^{coop} the corresponding DoF of user k. Then, from (30b),

$$d_{k}^{\text{coop}} \leq \lim_{P \to \infty} \frac{\frac{1}{K-1} \sum_{n=1}^{N} \left[\frac{\alpha}{2} \log \left(\frac{|r_{k}(n,n)|^{2} \beta_{k,n} P}{\sigma_{R}^{2}} \right) \right]^{+}}{\log \left(\beta_{k,n} P \right)} \quad (35a)$$

$$= N \cdot \frac{\alpha}{2} \cdot \frac{1}{K-1}, \quad k \in \mathcal{I}_K.$$
(35b)

Denote by \mathcal{D}_{up}^{coop} the uplink DoF region specified by (35). From (30c), we have

$$\sum_{k'\in\mathcal{I}_{k}\setminus k} d_{k'}^{\operatorname{coop}} \leq \lim_{P\to\infty} \frac{\frac{1-\alpha}{2}\log\left|\mathbf{I}_{M} + \frac{1}{\sigma_{k}^{2}}\mathbf{G}_{k}\mathbf{Q}_{R}\mathbf{G}_{k}^{\mathrm{T}}\right|}{\log\left(\beta_{R}P\right)}$$
(36a)

$$= \lim_{P \to \infty} \frac{\frac{1-\alpha}{2} \log \left| \mathbf{I}_{M} + \beta_{\mathrm{R}} P \frac{1}{\sigma_{k}^{2}} \mathbf{G}_{k} \mathbf{G}_{k}^{\mathrm{T}} \right|}{\log \left(\beta_{\mathrm{R}} P \right)} \quad (36b)$$

$$= N \cdot \frac{1-\alpha}{2}, \quad k \in \mathcal{I}_K, \tag{36c}$$

where step (36b) follows from the fact that the optimal Q_R at high SNR is given by

$$\mathbf{Q}_{\mathrm{R}} = \beta_{\mathrm{R}} P \mathbf{I}_{N}. \tag{37}$$

Denote by $\mathcal{D}_{down}^{coop}$ the downlink DoF region specified by (36). From (32) and (34), we readily obtain $\mathcal{D}_{up}^{dist} \subset \mathcal{D}_{down}^{dist}$ for $\alpha < \frac{1}{2}$. Similarly, from (35) and (36), we obtain $\mathcal{D}_{up}^{coop} \subset \mathcal{D}_{down}^{coop}$ for $\alpha < \frac{1}{2}$. This means that the optimal sum-rates of both (20) and (20) are been superscript. both (29) and (30) are determined by the uplink at high SNR. Recall that the uplink constraints of the distributive relaying scheme are given by (29b), and those of the cooperative scheme are given by (30b). Clearly, (29b) and (30b) yield the same sum-rate. Therefore, the rate gap between the two schemes is zero at high SNR when $\alpha < \frac{1}{2}$.

What remains is the case of $\alpha > \frac{1}{2}$. It can be seen that $\mathcal{D}_{down}^{dist}$ is not necessarily contained in \mathcal{D}_{up}^{dist} . However, by summing the inequalities in (34) over indexes k and n, we obtain

$$\sum_{n=1}^{N} \sum_{k=1}^{K} d_{k,n}^{\text{dist}} \le N \cdot \frac{1-\alpha}{2} \cdot \frac{K}{K-1}, \quad k \in \mathcal{I}_{K}, n \in \mathcal{I}_{N}.$$
(38)

The equality of (38) gives the maximum downlink sum DoF, and can be achieved at $\{d_{k,n}^{\text{dist}} = \frac{1-\alpha}{2} \cdot \frac{1}{K-1} | k \in \mathcal{I}_k,$ $n \in \mathcal{I}_N$. It is also readily verified that the DoF tuple $\{d_{k,n}^{\text{dist}} =$ $\frac{1-\alpha}{2} \cdot \frac{1}{K-1} | k \in \mathcal{I}_k, n \in \mathcal{I}_N \}$ falls into the uplink DoF region \mathcal{D}_{up}^{dist} when $\alpha > \frac{1}{2}$. Therefore, the optimal sum DoF is determined solely by $\mathcal{D}_{down}^{dist}$. This further implies that in the high SNP regime the optimal sum rate of (29) is determined high SNR regime, the optimal sum-rate of (29) is determined solely by the downlink constraints (29c). Thus, the optimizing problem (29) at high SNR for $\alpha > \frac{1}{2}$ can be simplified as

$$\begin{aligned} \underset{\{R_{k,n}\}}{\text{maximize}} & \sum_{k=1}^{K} \sum_{n=1}^{N} R_{k,n} \\ \text{subject to} & \sum_{n \in \mathcal{S}} \sum_{k' \in \mathcal{I}_{K} \setminus k} R_{k',n} \leq \frac{1-\alpha}{2} \\ & \times \log \left| \mathbf{I}_{M} + \frac{1}{\sigma_{k}^{2}} \sum_{n \in \mathcal{S}} \beta_{\mathrm{R}} P \mathbf{g}_{n,k} \mathbf{g}_{n,k}^{T} \right|, \ k \in \mathcal{I}_{K}, \mathcal{S} \subseteq \mathcal{I}_{N}. \end{aligned}$$

$$(39a)$$

Similarly, we see that the optimal sum-rate of (30) at high SNR is only determined by the downlink constraints (30c) and (30d), i.e., the optimization problem (30) can be rewritten as

$$\begin{array}{l} \underset{\mathbf{Q}_{\mathbf{R},\{R_{k}\}}}{\text{maximize}} \quad \sum_{k=1}^{K} R_{k} \quad (40a) \\ \text{subject to} \quad \sum_{k' \in \mathcal{I}_{K} \setminus k}^{K} R_{k'} \leq \frac{1-\alpha}{2} \log \left| \mathbf{I}_{M} + \frac{1}{\sigma_{k}^{2}} \right| \\ \times \mathbf{G}_{k} \mathbf{Q}_{\mathbf{R}} \mathbf{G}_{k}^{\mathrm{T}} \right|, \ k \in \mathcal{I}_{K} \quad (40b) \end{array}$$

$$\operatorname{tr}\{\mathbf{Q}_{\mathrm{R}}\} \le N \,\dot{\beta}_{\mathrm{R}} P, \, \mathbf{Q}_{\mathrm{R}} \succeq \mathbf{0}. \tag{40c}$$

From (37), we can further write (40) as

$$\begin{array}{l} \underset{\mathbf{Q}_{\mathrm{R},\{R_k\}}}{\text{maximize}} & \sum_{k=1}^{K} R_k \\ \text{subject to} & \sum_{k' \in \mathcal{I}_K \setminus k}^{K} R_{k'} \leq \frac{1-\alpha}{2} \log \left| \mathbf{I}_M + \frac{1}{\sigma_k^2} \right| \\ & \times \sum_{n=1}^{N} \beta_{\mathrm{R}} P \mathbf{g}_{n,k} \mathbf{g}_{n,k}^T \right|, \quad k \in \mathcal{I}_K. \end{array}$$
(41a)

We now show that (39) and (41) yields the same maximum sum-rate. This is true by noting that for any given k, (39a) gives the capacity region of a multiple access channel with

K - 1 users, with the optimal sum-rate given by the right hand side of (41b). This concludes the proof.

Remark 1: We note that the case of $\alpha = \frac{1}{2}$ is excluded in Theorem 2. In fact, when $\alpha = \frac{1}{2}$, there exists a nonvanishing gap between the distributive relaying scheme and the cooperative relaying scheme as the SNR goes to infinity. Interestingly, this gap is usually very small. For example, in the settings of Fig. 6, the rate gap at $\alpha = \frac{1}{2}$ is only about 0.1 bit/channel use.

Remark 2: In practical scenarios, relays are often scattered over a large area, and thus full cooperation among relays is difficult. Theorem 2 states that the performance penalty for distributive relaying is usually marginal as compared with cooperative relaying, especially in the high SNR region. This demonstrates the advantage of the proposed distributive relaying scheme.

Remark 3: We emphasize that the asymptotic equivalence of distributive relaying and cooperative relaying in Theorem 2 only holds for $M \ge N$. When M < N, the system has the freedom to receive a common spatial signal stream using multiple relay nodes. Cooperative relaying allows these relay nodes to coherently combine their received signals, yielding a nontrivial power advantage over distributed relaying.

B. ASYMPTOTIC OPTIMALITY FOR K = 2

We show that the proposed lattice coding scheme is asymptotically optimal for K = 2. We have the following theorem.

Theorem 3: When $\alpha \in (0, \frac{1}{2}) \cup (\frac{1}{2}, 1)$ and K = 2, the proposed lattice coding scheme asymptotically achieves the sum-rate capacity as $P/\sigma^2 \to \infty$.

Proof: From Theorem 2, it suffices to show that the proposed scheme with cooperative relaying can achieve the cut-set bound as $P/\sigma^2 \rightarrow \infty$. From (8b) and (30c), we see that the proposed scheme achieves the cut-set outer bound in the downlink. Thus, it suffices to focus on the uplink. From (8a) and K = 2, we can express the uplink rate bound of user *k* at high SNR by

$$R_{k} \leq \max_{\operatorname{tr}\{\mathbf{Q}_{k}\} \leq \beta_{k}P} \frac{\alpha}{2} \log \left| \mathbf{I}_{N} + \frac{1}{\sigma^{2}} \mathbf{H}_{k} \mathbf{Q}_{k} \mathbf{H}_{k}^{\mathrm{T}} \right| \quad (42a)$$

$$= \frac{\alpha}{2} \log \left| \frac{\beta_k P}{N \sigma^2} \mathbf{H}_k \mathbf{H}_k^{\mathrm{T}} \right| \text{ for } k = 1, 2, \qquad (42b)$$

where (42a) follows by substituting $P_k = \beta_k P$ and $\sigma_R^2 = \sigma^2$ into (8a). At high SNR, the achievable rate of user *k* of the proposed scheme is given by (30b):

$$R_k \le \sum_{n=1}^N \frac{\alpha}{2} \log\left(\frac{|r_k(n,n)|^2 \beta_k P}{N\sigma^2}\right)$$
(43a)

$$= \frac{\alpha}{2} \log \left| \frac{\beta_k P}{N \sigma^2} \mathbf{R}_k \mathbf{R}_k^{\mathrm{T}} \right|$$
(43b)

$$= \frac{\alpha}{2} \log \left| \frac{\beta_k P}{N \sigma^2} \mathbf{H}_k \mathbf{H}_k^{\mathrm{T}} \right| \text{ for } k = 1, 2, \qquad (43c)$$

where (43a) assumes equal power allocation, (43b) utilizes the fact that \mathbf{R}_k is upper-triangular and obtained from the RQ decomposition shown in (10). Therefore, the proposed scheme achieves the cut-set bound in the high SNR regime, which concludes the proof.

With K = 2, multiway relaying reduces to two-way relaying. Previously, GSVD-based lattice-coding schemes were proposed in [4] to approach the asymptotic capacity of the MIMO two-way relay channel. However, GSVD requires relay cooperations and therefore cannot be applied to distributive relaying. To the best of our knowledge, Theorem 3 is the first to achieve the asymptotic capacity of the MIMO twoway relay channel with distributed relays.

C. ASYMPTOTIC SUM-RATE GAP FOR $K \ge 3$

We now consider the case of $K \ge 3$. In this case, our proposed scheme cannot achieve the sum-capacity upper bound in general. Our goal is to analyze the average sum-rate gap between the proposed scheme and the sum capacity upper bound.

To start with, we assume the elements of the channel matrices $\{\mathbf{H}_k\}$ and $\{\mathbf{G}_k\}$ are independently and identically drawn from $\mathcal{N}(0, 1)$. Let Δ be the average sum-rate gap between the maximum sum-rate of the distributive relaying scheme given by (29) and the cut-set bound in (8) as $P/\sigma^2 \rightarrow \infty$. Denote

$$d_n = (K - 1)M - N + n.$$
(44)

Then, we have the following result.

Theorem 4: Consider the MIMO MDRC with $K \ge 3$ and $\beta_1 = \beta_2 = \cdots \beta_K = \beta$. For $\alpha > \frac{1}{2}$, $\Delta = 0$. For $\alpha < \frac{1}{2}$, the asymptotic rate gap is bounded by

$$\Delta \leq \frac{\alpha N K (K-2)}{2(K-1)^2} + \frac{K}{K-1} \sum_{n=1}^{N} \left(\alpha \cdot \log e \cdot \mathbf{E} \Big[\text{FisherZ}(d_n, n) \Big] + \frac{\alpha}{2} \log \frac{d_n}{n} \Big),$$
(45)

where FisherZ(d_n , n) represents the Fisher's Z-distribution with degree d_n and n.

Proof: See Appendix A.

Remark 3: From (45), we see that the sum-rate gap does not scale with the transmission power P in the high SNR region. This implies that our proposed scheme statistically achieves the sum capacity of the MIMO MDRC within a constant gap in the high SNR regime.

Remark 4: When both *M* and *N* are large, the Fisher's Z-distribution in (45) can be approximated by a normal distribution with mean $\frac{1}{n} - \frac{1}{d_n}$ [36]. Then, (45) becomes

$$\Delta \leq \frac{\alpha N K (K-2)}{2(K-1)^2} + \frac{K\alpha}{K-1} \log e \sum_{n=1}^{N} (\frac{1}{n} - \frac{1}{d_n}) + \frac{K\alpha}{2(K-1)} \sum_{n=1}^{N} \log \frac{d_n}{n}.$$
 (46)

As K increases, the gap scales in the order of $\log K$.



FIGURE 4. Performance comparison with power optimization among different coding schemes with M = N = 4, K = 3, $\alpha = \frac{1}{2}$, $P_k = P$ and $P_{R,n} = P/N$.



FIGURE 5. Performance comparison between the cut-set bound and lattice coding scheme with distributive and cooperative relays with M = N = 4, K = 2, $P_k = P$ and $P_{R,n} = P/N$.

VI. NUMERICAL RESULTS

We now present the performance comparisons of various relaying schemes. In simulation, we set M = N = 4, K = 3, $\alpha = \frac{1}{2}$, $\sigma_R^2 = \sigma_k^2 = 1$, and $P_{R,n} = P_k = P$, for $n \in \mathcal{I}_N$, $k \in \mathcal{I}_K$. The SNR is defined as P/σ^2 . From Fig. 4, the proposed lattice coding scheme with distributive relays performs within a marginal gap to the case with cooperative relays in the high SNR region (though Theorem 2 does not hold for $\alpha = \frac{1}{2}$). The proposed distributed relaying scheme performs within a gap of about 0.5 dB to the cut-set upper bound. We also see that the lattice coding scheme considerably outperforms the reference schemes such as decode-and-forward (DF) and amplify-and-forward (AF) which are detailed in Appendix B. Fig. 4 also shows that, compared with our proposed scheme, the AF scheme achieves the same DoF but does not perform as well due to its noise amplification effect at the relays.



FIGURE 6. Performance comparison between the distributive case and the cooperative case with M = N = 4, K = 3, $P_k = P$ and $P_{R,n} = P/N$.

Fig. 5 shows the achievable sum-rate of the proposed nested lattice coding schemes with distributive relays and with cooperative relays. The simulation settings are as following: M = N = 4, K = 2, $P_k = P$ and $P_{R,n} = P/N$, $\alpha = \frac{1}{2}$ or $\frac{7}{10}$. The cut-set bound in (8) is also included for comparison. From Fig. 5, when K = 2 and $\alpha = \frac{7}{10}$, the distributive relaying asymptotically achieves the same performance as cooperative relaying at high SNR regime, which verifies Theorem 2. Furthermore, distributive relaying asymptotically achieves the cut-set bound, which indicates that the proposed scheme is asymptotically optimal when K = 2 and $\alpha = \frac{7}{10}$, which agrees with Theorem 3. We also see that for $\alpha = \frac{1}{2}$, the proposed scheme cannot achieve the cut-set bound. But the performance gap is marginal in the high SNR regime.

Fig. 6 compares the sum-rates of the distributive relaying scheme and the cooperative relaying scheme against α , with the simulation settings of M = N = 4, K = 3, $P_k = P$ and $P_{\text{R},n} = P/N$. We see that the maximum sum-rates of both schemes are achieved at $\alpha = \frac{1}{2}$. We also see that as the SNR increases, the rate gap between the two schemes vanishes for $\alpha \neq \frac{1}{2}$, which agrees with Theorem 2. For $\alpha = \frac{1}{2}$, the rate gap is stuck at around 0.1 bit per channel use as the SNR tends to infinity.

VII. CONCLUSION

In this paper, we considered efficient system design for the MIMO MDRC with full data exchange. We proposed a nested lattice coding scheme and derived an achievable rate region for the proposed scheme. We showed that distributive relaying incurs no sum-rate loss at high SNR for the time splitting factor $\alpha \neq \frac{1}{2}$, as compared with cooperative relaying. We also showed that the proposed scheme achieves the sum capacity at high SNR within a constant gap. Numerical results were also presented to verify the theoretical analysis and show the performance advantage of the proposed scheme compared to other existing schemes. How to narrow the gap between our scheme and the cut-set bound will be an interesting topic for future research.

APPENDIX A PROOF OF THEOREM 4

From Theorem 2, the proposed distributive relaying scheme can achieve the same sum-rate as the cooperative relaying scheme when $\alpha \neq \frac{1}{2}$. Thus, to prove Theorem 4, it suffices to consider the rate gap between the cooperative relaying scheme with the optimal sum-rate given by (30) and the upper bound in (8).

Similarly to the proof of Theorem 2, we start with analyzing the DoF region of the upper bound in (8). Denote by d_k^{bound} the DoF of user *k* based on the upper bound in (8). Then for $k \in \mathcal{I}_K$,

$$\sum_{k' \in \mathcal{I}_{K} \setminus k} d_{k}^{\text{bound}} \leq \lim_{P \to \infty} \frac{\frac{\alpha}{2} \log \left| \mathbf{I}_{N} + \frac{1}{\sigma_{k}^{2}} \sum_{k' \neq k} \mathbf{H}_{k'} \mathbf{Q}_{k'} \mathbf{H}_{k'}^{\mathrm{T}} \right|}{\log(\beta_{k} P)}$$
(47a)

$$= N \cdot \frac{\alpha}{2},\tag{47b}$$

and

$$\sum_{k' \in \mathcal{I}_{K} \setminus k} d_{k'}^{\text{bound}} \leq \lim_{P \to \infty} \frac{\frac{1-\alpha}{2} \log \left| \mathbf{I}_{M} + \frac{1}{\sigma_{k}^{2}} \mathbf{G}_{k} \mathbf{Q}_{R} \mathbf{G}_{k}^{T} \right|}{\log \left(\beta_{R} P \right)} \quad (48a)$$
$$= N \cdot \frac{1-\alpha}{2}. \quad (48b)$$

Denote by \mathcal{D}_{up}^{bound} the uplink DoF region specified by (47) and by $\mathcal{D}_{down}^{bound}$ the downlink DoF region specified by (48). Also denote the expected values of the right hand side of (8) and (28) as

$$R_{\text{up}}^{\text{bound}} \triangleq \mathbb{E}\left[\max_{\text{tr}\{\mathbf{Q}_{k'}\} \le P_{k}} \frac{\alpha}{2} \log \left|\mathbf{I}_{N} + \frac{1}{\sigma^{2}} \sum_{k' \ne k} \mathbf{H}_{k'} \mathbf{Q}_{k'} \mathbf{H}_{k'}^{\mathrm{T}}\right|\right]$$
(49a)

$$R_{\text{down}}^{\text{bound}} \triangleq \mathbb{E}\left[\max_{\text{tr}\{\mathbf{Q}_{R}\} \leq P_{R}} \frac{1-\alpha}{2} \log \left|\mathbf{I}_{M} + \frac{1}{\sigma^{2}}\mathbf{G}_{k}\mathbf{Q}_{R}\mathbf{G}_{k}^{T}\right|\right]$$
(49b)

where the expectation is taken over the channel matrices. Note that R_{up}^{bound} , R_{down}^{bound} , and R_{down}^{coop} are invariant to the user index k due to user symmetry. Also note that R_{up}^{bound} , R_{down}^{bound} , and R_{down}^{coop} are optimal sum-rates of K - 1 users. Thus, we need to include a multiplicative factor of $\frac{K}{K-1}$

to express the sum-rates of *K* users. For example, $\frac{K}{K-1}R_{up}^{bound}$ represents the average uplink sum-rate of the upper bound.

When $\alpha > \frac{1}{2}$, we have $\mathcal{D}_{down}^{bound} \subset \mathcal{D}_{up}^{bound}$. This implies that the optimal sum-rate of the upper-bound is determined by the downlink phase. Recall from the proof of Theorem 2 that the optimal sum-rate of the cooperative relaying scheme is also determined by the downlink phase. Thus, using (49b) and (49d), we have

$$\Delta = \frac{K}{K-1} \left(R_{\text{down}}^{\text{bound}} - R_{\text{down}}^{\text{coop}} \right) = 0.$$
 (50)

We next focus on the case of $\alpha < \frac{1}{2}$. From (47) and (48), we have $\mathcal{D}_{\text{bound}}^{\text{up}} \subset \mathcal{D}_{\text{bound}}^{\text{down}}$ for $\alpha < \frac{1}{2}$. Together with the proof of Theorem 2, we see that the sum-rates of the upper-bound and the cooperative relaying scheme are both determined by the uplink phase. Thus, $\Delta = \frac{K}{K-1}R_{\text{up}}^{\text{bound}} - \frac{1}{K-1}\sum_{k=1}^{K}R_{\text{up},k}^{\text{coop}}$. Denote

$$\widetilde{\mathbf{H}}_{k} = [\mathbf{H}_{1}, \cdots, \mathbf{H}_{k-1}, \mathbf{H}_{k+1}, \cdots, \mathbf{H}_{K}]$$
(51)

$$\widetilde{\mathbf{Q}}_{k} = \text{blkdiag}\{\mathbf{Q}_{1}, \mathbf{Q}_{2}, \cdots, \mathbf{Q}_{k-1}, \mathbf{Q}_{k+1}, \cdots, \mathbf{Q}_{K}\}, \quad (52)$$

where $blkdiag\{\cdot\}$ stands for a block-diagonal matrix formed by the given blocks. Then

$$R_{up}^{bound} = E\left[\max_{\substack{\widetilde{\mathbf{Q}}_{k} \text{ is blockdiagonal} \\ tr{\{\mathbf{Q}_{k}\} \le \beta P, \forall k}}} \frac{\alpha}{2} \log \left| \mathbf{I}_{N} + \frac{1}{\sigma^{2}} \widetilde{\mathbf{H}}_{k} \widetilde{\mathbf{Q}}_{k} \widetilde{\mathbf{H}}_{k}^{\mathsf{T}} \right| \right]$$

$$\leq E\left[\max_{tr{\{\mathbf{Q}_{k}\} \le \beta P, \forall k}} \frac{\alpha}{2} \log \left| \mathbf{I}_{N} + \frac{1}{\sigma^{2}} \widetilde{\mathbf{H}}_{k} \widetilde{\mathbf{Q}}_{k} \widetilde{\mathbf{H}}_{k}^{\mathsf{T}} \right| \right]$$

$$\leq E\left[\max_{tr{\{\mathbf{Q}_{k}\} \le (K-1)\beta P}} \frac{\alpha}{2} \log \left| \mathbf{I}_{N} + \frac{1}{\sigma^{2}} \widetilde{\mathbf{H}}_{k} \widetilde{\mathbf{Q}}_{k} \widetilde{\mathbf{H}}_{k}^{\mathsf{T}} \right| \right],$$
(53a)
$$\leq E\left[\max_{tr{\{\mathbf{Q}_{k}\} \le (K-1)\beta P}} \frac{\alpha}{2} \log \left| \mathbf{I}_{N} + \frac{1}{\sigma^{2}} \widetilde{\mathbf{H}}_{k} \widetilde{\mathbf{Q}}_{k} \widetilde{\mathbf{H}}_{k}^{\mathsf{T}} \right| \right],$$

where (53b) follows by relaxing $\widetilde{\mathbf{Q}}_k$ to a full matrix, and (53c) follows by relaxing the per-user power constraint to a total power constraint.

The singular value decomposition (SVD) of $\widetilde{\mathbf{H}}_k$ is given by $\widetilde{\mathbf{H}}_k = \widetilde{\mathbf{U}}_k \widetilde{\mathbf{D}}_k \widetilde{\mathbf{V}}_k^{\mathrm{T}}$. Then, in the high SNR regime, the asymptotically optimal $\widetilde{\mathbf{Q}}_k$ to (53) is given by

$$\widetilde{\mathbf{Q}}_{k} = \frac{(K-1)\beta P}{N} \widetilde{\mathbf{V}}_{k} \begin{bmatrix} \mathbf{I}_{N} & \mathbf{0} \\ \mathbf{0} & \mathbf{0} \end{bmatrix} \widetilde{\mathbf{V}}_{k}^{\mathrm{T}}.$$
 (54)

Substituting (54) into (53), we obtain

$$R_{up}^{\text{bound}} \leq E\left[\frac{\alpha}{2}\log\left|\mathbf{I}_{N} + \frac{1}{\sigma^{2}}\frac{(K-1)\beta P}{N}\widetilde{\mathbf{H}}_{k}\widetilde{\mathbf{H}}_{k}^{T}\right|\right]$$
(55a)
$$= \frac{N\alpha}{2}\log\frac{(K-1)\beta P}{N\sigma^{2}} + \frac{\alpha}{2}E\left[\log\left|\widetilde{\mathbf{H}}_{k}\widetilde{\mathbf{H}}_{k}^{T}\right|\right] + o(1),$$
(55b)

where $o(1) \rightarrow 0$ as $P \rightarrow \infty$. We now present a lower bound of $R_{up,k}^{coop}$ by assuming $P_{k,n} = \frac{K-1}{2N}\beta P$ for

(53c)

 $k = 2, \dots, K$ and $P_{k,n} = \frac{K-1}{N}\beta P$ for k = 1 or K. Specifically, we have

$$\begin{split} R_{\mathrm{up},k}^{\mathrm{coop}} \\ &\geq \mathrm{E}\bigg[\sum_{\substack{k'\neq k\\k'=\{1,K\}}} \frac{\alpha}{2(K-1)} \sum_{n=1}^{N} \log\left(\frac{K-1}{N} \cdot \frac{\beta P}{\sigma^2} |r_{k'}(n,n)|^2\right) \\ &+ \sum_{\substack{k'\neq k\\k'\neq\{1,K\}}} \frac{\alpha}{2(K-1)} \sum_{n=1}^{N} \log\left(\frac{K-1}{2N} \cdot \frac{\beta P}{\sigma^2} |r_{k'}(n,n)|^2\right)\bigg] \\ &= \mathrm{E}\bigg[\sum_{\substack{k'\in\mathcal{I}_K\setminus k}}^{K} \frac{\alpha}{2(K-1)} \sum_{n=1}^{N} \log\left(\frac{K-1}{N} \cdot \frac{\beta P}{\sigma^2} |r_{k'}(n,n)|^2\right)\bigg] \\ &- \frac{\gamma_k N \alpha}{2(K-1)} \\ &\geq \frac{N \alpha}{2} \log\left(\frac{(K-1)\beta P}{N \sigma^2}\right) \\ &+ \mathrm{E}\bigg[\sum_{\substack{k'\in\mathcal{I}_K\setminus k}}^{K} \frac{\alpha}{2(K-1)} \times \sum_{n=1}^{N} \log |r_{k'}(n,n)|^2\bigg] \\ &- \frac{\alpha N(K-2)}{2(K-1)} \\ &\triangleq R_{\mathrm{up}}^{\mathrm{coop}}, \end{split}$$
(56)

where $\gamma_k = K - 2$ for k = 1 or K, and $\gamma_k = K - 3$ otherwise. Note that R_{up}^{coop} in (56) is invariant to the index k. Let the RQ decomposition of $\widetilde{\mathbf{H}}_k$ be $\widetilde{\mathbf{H}}_k = \widetilde{\mathbf{R}}_k \widetilde{\mathbf{Q}}_k$. From (55) and (56),

$$\frac{K-1}{K}\Delta$$

$$\leq R_{up}^{bound} - R_{up}^{coop}$$

$$\leq \frac{\alpha N(K-2)}{2(K-1)} + \frac{\alpha}{2(K-1)}$$

$$\times E\left[\sum_{k'\in\mathcal{I}_{K}\setminus k}^{K} \left(\log\left|\widetilde{\mathbf{H}}_{k}\widetilde{\mathbf{H}}_{k}^{T}\right| - \sum_{n=1}^{N}\log\left|r_{k'(n,n)}\right|^{2}\right)\right] + o(1)$$

$$= \frac{\alpha N(K-2)}{2(K-1)} + \frac{\alpha}{2(K-1)}E\left[\sum_{k'\in\mathcal{I}_{K}\setminus k}^{K}\sum_{n=1}^{N}\log\frac{|t_{k'}(n,n)|^{2}}{|r_{k'}(n,n)|^{2}}\right],$$
(57)

where $t_k(n, n)$ represent the *n*-th diagonal element of $\widetilde{\mathbf{R}}_k$. Recall that the elements of $\widetilde{\mathbf{H}}_k$, $k = 1, \dots, K$ are independently drawn from a common Gaussian distribution. Thus, $|r_k(n, n)|^2$ follows the χ -square distribution with degree d_n in (44), and $t_{k'}(n, n)$ follows the χ -square distribution with degree *n*. Thus,

$$\frac{1}{2}\ln\left(\frac{|t_k(n,n)|^2/n}{|r_k(n,n)|^2/d_n}\right) \sim \text{FisherZ}(d_n,n),$$

where FisherZ(d_n , n) represents the Fisher's Z-distribution with degrees d_n and n [36]. Then, from (57), we have

$$\frac{K-1}{K}\Delta$$

$$\leq \frac{\alpha N(K-2)}{2(K-1)} + \frac{\alpha}{2(K-1)}$$

$$\times E\left[\sum_{k'\in\mathcal{I}_{K}\setminus k}^{K}\sum_{n=1}^{N}\left(\log\frac{|r_{k'}(n,n)|^{2}/d_{n}}{|t_{k'}(n,n)|^{2}/n} + \log\frac{d_{n}}{n}\right)\right]$$

$$= \frac{\alpha N(K-2)}{2(K-1)}$$

$$+ \sum_{n=1}^{N}\left(\alpha\log e \operatorname{E}\left[\operatorname{FisherZ}(d_{n},n)\right] + \frac{\alpha}{2}\log\frac{d_{n}}{n}\right).$$
(58b)

Therefore, we obtain (45), which concludes the proof.

APPENDIX B SUM-RATE MAXIMIZATION FOR THE AF AND DF STRATEGIES

For comparison, we describe two alternative schemes based on the decode-and-forward (DF) and amplify-and-forward (AF) strategies. In the DF scheme, each relay n completely decodes all the messages from the K users based on the received signal in (1). The corresponding achievable rate tuple of the uplink is constrained by the capacity region of the K-user MIMO multiple access channel specified in (1). The sum-rate maximization problem for the DF scheme can be formulated as

$$\underset{\{\mathbf{Q}_k\}}{\text{maximize}} \sum_{k=1}^{K} R_{k,n}$$
(59a)

subject to $\operatorname{tr}\{\mathbf{Q}_k\} \le P_k, \mathbf{Q}_k \ge \mathbf{0}, \ k \in \mathcal{I}_K$ (59b)

$$\sum_{k \in \mathcal{S}} R_k \leq \frac{\alpha}{2} \log \left| 1 + \frac{1}{\sigma_{\mathrm{R}}^2} \sum_{k \in \mathcal{S}} \mathbf{h}_{k,n} \mathbf{Q}_k \mathbf{h}_{k,n}^{\mathrm{T}} \right|,$$

$$n \in \mathcal{I}_N, \mathcal{S} \subseteq \mathcal{I}_K \tag{59c}$$

$$\sum_{\substack{k' \in \mathcal{I}_K \setminus k}}^K R_{k'} \leq \frac{1 - \alpha}{2} \log \left| \mathbf{I}_M + \frac{1}{\sigma_k^2} \mathbf{G}_k \mathbf{Q}_{\mathrm{R}} \mathbf{G}_k^{\mathrm{T}} \right|,$$

$$k \in \mathcal{I}_K. \tag{59d}$$

Note that the downlink rate constraint (59d) is identical to the downlink constraint in (30c). The reason is that with DF, each relay knows all the messages from the K users, and therefore full relay cooperation can be realized.

In the AF scheme, the operation of each relay *n* is to multiply its received signal by a scaling factor $a_n, n \in \mathcal{I}_N$, so as to meet the transmission power budget $P_{R,n}$. The corresponding

achievable sum-rate is given by

$$\sum_{k \in \mathcal{S}} R_{k} \leq \frac{1}{2} \log \times \frac{\left|\sum_{k \in \mathcal{S}} \mathbf{H}_{k'} \mathbf{A} \mathbf{H}_{k} \mathbf{Q}_{k} \mathbf{H}_{k}^{\mathrm{T}} \mathbf{A}^{\mathrm{T}} \mathbf{H}_{k'}^{\mathrm{T}} + \sigma_{R}^{2} \mathbf{G}_{k'} \mathbf{A} \mathbf{A}^{\mathrm{T}} \mathbf{G}_{k'}^{\mathrm{T}} + \sigma_{k'}^{2} \mathbf{I}\right|}{\left|\sigma_{R}^{2} \mathbf{G}_{k'} \mathbf{A} \mathbf{A}^{\mathrm{T}} \mathbf{G}_{k'}^{\mathrm{T}} + \sigma_{k'}^{2} \mathbf{I}\right|} \times k' \in \mathcal{I}_{K}, S \subseteq \mathcal{I}_{K} \backslash k', \quad (60)$$

where $\mathbf{A} = \text{diag}\{a_1, a_2, \cdots, a_N\}$. Then the sum-rate maximization problem can be formulated as

$$\underset{\{\mathbf{Q}_k\},\{a_n\}}{\text{maximize}} \sum_{k=1}^{K} R_k$$
(61a)

subject to (60), tr{ $\{\mathbf{Q}_k\} \le P_k, \ \mathbf{Q}_k \succeq \mathbf{0}$ (61b)

$$|a_n|^2 \left(\sum_{k=1}^{K} \mathbf{h}_{k,n} \mathbf{Q}_k \mathbf{h}_{k,n}^{\mathrm{T}} + \sigma_{\mathrm{R}}^2\right) \le P_{\mathrm{R},n}, \quad n \in \mathcal{I}_N.$$
(61c)

Note that both (59) and (61) can be solved by using standard convex programming.

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XIAOJUN YUAN (S'04–M'09–SM'15) received the Ph.D. degree in electrical engineering from the City University of Hong Kong in 2008. From 2009 to 2011, he was a Research Fellow with the Department of Electronic Engineering, City University of Hong Kong. He was also a Visiting Scholar with the Department of Electrical Engineering, the University of Hawaii at Manoa, in spring and summer 2009 and 2010. From 2011 to 2014, he was a Research Assistant Pro-

fessor with the Institute of Network Coding, The Chinese University of Hong Kong. From 2014 to 2017, he was an Assistant Professor with the School of Information Science and Technology, ShanghaiTech University. He is currently a Professor with the National Key Laboratory of Science and Technology on Communications, University of Electronic Science and Technology of China, supported by the Thousand Youth Talents Plan in China.

His research interests cover a broad range of statistical signal processing, machine learning, and information theory, including but not limited to multiantenna and cooperative communications, sparse and structured signal recovery, Bayesian approximate inference, and network coding. He has published over 110 peer-reviewed research papers in the leading international journals and conferences in the related areas. He has served on a number of technical programs for international conferences. He was a co-recipient of the Best Paper Award of IEEE International Conference on Communications in 2014, and also a co-recipient of the Best Journal Paper Award of IEEE Technical Committee on Green Communications and Computing in 2017. He has been an Editor of the IEEE TRANSACTIONS ON COMMUNICATIONS since 2017, and has also been an Editor of the IEEE TRANSACTIONS on COMMUNICATIONS since 2018.



YING JUN (ANGELA) ZHANG (S'00–M'05– SM'10) received the Ph.D. degree in electrical and electronic engineering from The Hong Kong University of Science and Technology, Hong Kong, in 2004. Since 2005, she has been with the Department of Information Engineering, The Chinese University of Hong Kong, where she is currently an Associate Professor. Her research interests include mainly wireless communications systems and smart power systems, in particular optimiza-

tion techniques for such systems. He is a fellow of IET and a Distinguished Lecturer of the IEEE ComSoc. As the only winner from engineering science, she has won the Hong Kong Young Scientist Award 2006, conferred by the Hong Kong Institution of Science. She was a recipient of the Young Researcher Award from The Chinese University of Hong Kong in 2011. She was a co-recipient of the 2011 IEEE Marconi Prize Paper Award on Wireless Communications, the 2013 IEEE SmartgridComm Best Paper Award, and the 2014 IEEE ComSoc APB Outstanding Paper Award. She was the Co-Chair of the IEEE ComSoc Multimedia Communications Technical Committee and the IEEE Communication Society GOLD Coordinator. She is currently the Chair of IEEE ComSoc Emerging Technical Committee on Smart Grid. She serves as the Chair of the Executive Editor Committee of the IEEE TRANSACTIONS ON WIRELESS COMMUNICATIONS. Previously, she served many years as an Associate Editor of the IEEE TRANSACTIONS ON WIRELESS COMMUNICATIONS, the IEEE TRANSACTIONS ON COMMUNICATIONS, Security and Communications Networks (Wiley), and a Feature Topic in the IEEE Communications Magazine. She has served on the organizing committee of major IEEE conferences including ICC, GLOBECOM, SmartgridComm, VTC, CCNC, ICCC, and MASS.



XIANG ZHAO received the B.S. degree from the College of Electronic Science and Engineering, Jilin University, Changchun, China, in 2014, and the M.S. degree from the School of Information Science and Technology, ShanghaiTech University, Shanghai, China. His research interests currently include 5G communication systems, multi-antenna techniques, and network coding.



JIANWEN ZHANG received the Ph.D. degree in electronic engineering from the City University of Hong Kong in 2014. From 2014 to 2015, he was a Research Scientist with Bell Labs, Shanghai. He is currently a Post-Doctoral Fellow with the School of Information Science and Technology, ShanghaiTech University. His research interests currently include 5G communication systems, compressed sensing, machine learning, and deep learning.



XIAOYAN KUAI received the Ph.D. degree in communication engineering from Xiamen University in 2017. From 2014 to 2016, she was a Visiting Student with the Department of Electrical and Computer Engineering, University of Connecticut, Storrs, CT, USA. Since 2017, she has been a Post-Doctoral Researcher with the National Key Laboratory of Science and Technology on Communications, University of Electronic Science and Technology of China. Her general research inter-

ests lie in the areas of signal processing and communications, and machine learning.