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## **SURVEY**

# **Chronic Diseases Prediction Using Machine Learning With Data Preprocessing Handling: A Critical Review**

## NUR GHANIAVIYANTO RAMADHAN<sup>®1</sup>, ADIWIJAYA<sup>®2</sup>, (Member, IEEE), WARIH MAHARANI<sup>®1</sup>, AND ALFIAN AKBAR GOZALI<sup>®3</sup> <sup>1</sup>Department of Data Science, School of Computing, Telkom University, Bandung 40257, Indonesia <sup>2</sup>Department of Informatics, School of Computing, Telkom University, Bandung 40257, Indonesia

<sup>3</sup>Department of Application Software Engineering, School of Applied Science, Telkom University, Bandung 40257, Indonesia

Corresponding author: Adiwijaya (adiwijaya@telkomuniversity.ac.id)

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**ABSTRACT** According to the World Health Organization (WHO), some chronic diseases such as diabetes mellitus, stroke, cancer, cardiac vascular, kidney failure, and hypertension are essential for early prevention. One of the prevention that can be taken is to predict chronic diseases using machine learning based on personal medical record or general checkup result. The common prediction objective is to minimize the prediction error as low as possible. The most influencing chronic diseases prediction factors are the quality of data and the choice of predictor such as machine learning methods. The five main problems those lower data quality are outliers, missing values, feature selection, normalization, and imbalance. After we ensure the quality of data, the next task is to choose the best machine learning methods. The most influencing factor to consider when we choose the predictor its performance evaluation (accuracy, recall, precision, f1-score). Thus, predicting chronic disease aims to produce increased performance and solve problems in medical data. This paper presents a Systematic Literature Review (SLR) that offers a comprehensive discussion of research on chronic diseases prediction using machine learning and its data preprocessing handling. This paper covers machine learning methods discussion such as supervised learning, ensemble learning, deep learning, and reinforcement learning. The preprocessing handling we discuss includes missing values, outliers, feature selection, normalization, and imbalance. The final discussions of this paper are open issues, and the potential future works in improving the prediction performance for chronic diseases using a data preprocessing handling and machine learning methods.

INDEX TERMS Chronic disease prediction, machine learning, preprocessing data, systematic literature review (SLR).

#### I. INTRODUCTION

Developments in today's world, a lot of data is collected every day and analyzed for managing businesses [1]. Previously, this paper looked at data using traditional methods like Microsoft Excel. Analyzing data this way takes time and can be frustrating. Plus, it only works well in certain situations,

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like in healthcare. Figuring out what we can learn from datasets is a big challenge. The goal of knowledge discovery is to find the useful parts of the data. Data mining is one part of knowledge discovery that helps get useful information. It involves finding and pulling out hidden info, patterns, and connections in specific datasets [2].

Today, the healthcare industry gathers a lot of complex data about patients, hospital resources, disease diagnoses, electronic patient records, and medical devices. Having a large amount of data is crucial for data mining. Healthcare data mining has great potential, and some of its most important applications include predicting and diagnosing diseases, assessing treatment effectiveness, managing healthcare, and improving the medical device industry [3]. Errors in choosing treatments for patients not only waste time and money but can also lead to serious consequences like patient deaths. That's why accurately diagnosing and selecting the right treatment is extremely important for patients. Data mining can assist in predicting and identifying different diseases in healthy populations.

In the current prediction process, there's something called a machine learning-based approach. Machine learning can be used for data mining in the healthcare sector [4]. Applying machine learning in health data can help predict if a patient might have six chronic diseases: diabetes mellitus [5], [6]; cancer [7], [8]; stroke [9], [10]; hypertension [11], [12]; kidney failure [13], [14]; and heart issues [15], [16].

Machine learning methods used to predict chronic diseases include ensemble tree-based techniques like random forest and CatBoost, fuzzy-based methods such as fuzzy Sugeno and fuzzy Mamdani, and deep learning-based approaches like neural networks and multilayer perceptrons. As mentioned earlier, predictions in the healthcare sector can rely on datasets derived from various sources, including medical examinations conducted by patients themselves, laboratory results, consultations with doctors, and findings from general medical studies or checkups. However, current research on disease prediction using medical data faces several significant challenges, including missing values [17], the impact of features [18], and data imbalance [19].

This paper examines the capability of machine learning in predicting diseases and managing issues with medical data. However, it highlights the absence of a comprehensive survey paper that thoroughly covers chronic diseases and tackles data-related challenges to ensure accurate predictions. Conducting a survey could help identify the most effective machine learning methods and techniques for handling data, ultimately improving prediction accuracy. Filling this research gap could result in significant scientific advancements in disease prediction using machine learning.

### A. CURRENT TREND OF CHRONIC DISEASE PREDICTION

This section explores the most recent trends in predicting chronic diseases. Furthermore, the paper addresses the challenges related to managing problematic data. It's crucial to acknowledge that incomplete or inadequate data can impact the accuracy of prediction results, as discussed earlier.

According to Ramadhan and Romadhony [20] in 2021, The predictions derived from laboratory data for diabetes showed an enhancement in precision and recall results by 20-24%. The study pinpointed three factors influencing diabetes prediction accuracy: (i) the quantity of missing values, (ii) the utilization of influential features, and (iii) an imbalance in the number of positive and negative cases. The prediction method employed in the study was an ensemble method called Random Forest.

In 2019, Fitriyani et al. [21] the research focused on predicting hypertension using four distinct types of data. The study outlined three data-related challenges: (i) missing values, (ii) outliers, and (iii) an imbalance in the distribution of data. The prediction methods utilized were based on ensemble learning techniques, including Multi-Layer Perceptron, Support Vector Machine (SVM), Decision Tree, and Logistic Regression.

Muthulakshmi and Parveen [18] in their research, heart disease was predicted using public data from the UCI repository. Muthulakshmi highlighted three factors that impacted the prediction results: (i) missing values, (ii) noise, and (iii) feature selection. However, the study did not specify the predictive model that was utilized.

Kumawat et al. [8] the paper discussed the diagnosis and prognosis of cervical cancer. It faced challenges in handling data, especially in selecting disease-related features that had a significant impact. The study utilized data from the UCI public repository, and the prediction algorithms employed included SVM, Random Tree, Logistic Tree, and Xtreme Gradient Boosting.

Dash et al. [10] in 2022 a discussion revolved around the practical identification and prediction of early stages of stroke. The strategy to tackle the data challenge involved balancing the number of positive and negative classes, which were initially imbalanced. The dataset for the study was obtained from the UCI repository. The prediction method employed was based on ensemble learning, specifically utilizing CatBoost.

Revathy et al. [13] a study was conducted to predict chronic kidney failure, comparing different prediction algorithms to identify the most effective one. The data underwent two processing approaches: (i) data transformation and (ii) imputation of missing values. The dataset used in the study was obtained from the UCI repository. Prediction models utilized in the study included Decision Tree, Random Forests, and Support Vector Machine (SVM).

## **B. RELATED SURVEY PAPERS**

In this section, we will discuss related survey papers on chronic disease prediction. Several survey papers have concentrated on disease prediction, but there's a lack of thorough discussion specifically focusing on chronic diseases, along with concerns regarding the utilized data. A comparison of relevant survey papers can be found in Table 1.

Wadghiri et al. [22] in their work, the authors engaged in a comprehensive discussion covering the following aspects: (i) Analyzing publication trends. (ii) Compiling a list of datasets utilized by researchers. (iii) Exploring individual machine learning techniques. (iv) Summarizing the collective efficacy of ensemble methods and contrasting their accuracy. (v) Identifying existing gaps and proposing suggestions for future research contributions regarding diabetes mellitus. As a result, the review aimed to compare the predictive performance of ensemble methods with alternative approaches in diabetes prediction.

Abrar et al. [23] conducted comprehensive reviews that encompassed the following domains: (i) exploration of dimensionality reduction techniques commonly applied to manage gene data sets characterized by high dimensions, (ii) examination of feature selection techniques often employed to address high-dimensional gene data, (iii) analysis of frequently used data sets for managing high-dimensional gene data, and (iv) investigation into the models utilized for the identification of crucial gene sequences relevant to cancer disease classification, utilizing high-dimensional DNA gene data. In conclusion, the review critically assesses frequently utilized hybrid algorithms and concisely synthesizes advancements and emerging trends within cancer classification and prediction, all founded on high-dimensional gene data and employing machine learning methodologies.

The review conducted by De Jong et al. [24] encompassed the following aspects: (i) examination of various models for predicting stroke risk, (ii) comparative analysis of different stroke risk prediction models, (iii) evaluation of potential biases in 15 predictive models related to risk assessment, (iv) assessment of the performance of predictive models, and (v) identification of models that are not suitable for use in medically fragile patients. As a result, the main objective of the review paper was to externally assess and evaluate the predictive capabilities of ischemic stroke models.

Silva et al. [25] conducted reviews with the following focuses: (i) selection of the most recent article about hypertension prediction, (ii) comparative assessment of parameters within the selected article, including feature selection, traintest data division, data balancing, result obtained, and performance metrics, and (iii) identification of algorithms that are commonly recognized as exhibiting superior performance, notably Support Vector Machine (SVM), Xtreme Gradient Boosting, and Random Forest. The fundamental aim of this review was to present a comprehensive overview of the literature regarding the application of machine learning algorithms in predicting hypertension.

Sanmarchi et al. [26] conducted a review that encompassed the following aspects: (i) exploration of machine learning methods used for diagnosing chronic kidney failure, (ii) investigation into machine learning methods employed for predicting or prognosing chronic kidney failure, (iii) examination of treatment approaches facilitated by machine learning, and (iv) identification of the frequently utilized algorithm with the best performance, often being Neural Network. The central objective of this review was to identify the machine learning algorithm that exhibits optimal performance in diagnosing, predicting, and treating kidney disease.

Marimuthu et al. [27] conducted a review that revolved around the following objectives: (i) offering an understanding of the algorithms currently employed in predicting heart disease, and (ii) offering a comprehensive summary of the outcomes stemming from algorithmic predictions. Consequently, this review furnished insights limited to applying algorithms such as Artificial Neural Networks, Decision Tree, Fuzzy Logic, K-Nearest Neighbor, Naïve Bayes, and Support Vector Machine (SVM) for predicting heart disease.

## C. CONTRIBUTION AND ORGANIZATION

To the authors knowledge, in this paper is the first paper that discusses machine learning algorithms for research on the prediction of chronic disease and problems with the data used. The main contributions of this paper include:

- 1) Mapping machine learning methods in chronic disease prediction studies from 2020-2022.
- 2) Mapping solving methods on data problems used for prediction of chronic disease.
- 3) Discussion on the topic of chronic diseases prediction based on the data used.
- 4) Identify research gaps in chronic disease prediction studies.

The paper is organized into the following sections: Section II: Systematic Literature Review Method. Section III: Predicting Chronic Disease Using Medical Data. Section IV: Machine Learning Algorithms Used in the Prediction of 6 Conditions. Section V: Discussion of Open Issues and Opportunities for Future Research. Section VI: Conclusion.

## **II. SLR METHODOLOGY**

## A. SYSTEMATIC LITERATURE REVIEW (SLR) METHODOLOGY

This section describes the methods used in the preparation of SLR. This paper uses the systematic literature review (SLR) method, which has several stages [28], [29]. These stages are (i) determining research questions, (ii) compiling a search and selection strategy, and (iii) displaying the results of extraction and synthesis data.

## **B. RESEARCH QUESTIONS**

The initial step in SLR is to compile a research question (RQ). RQ is essential to the motivation to collect SLR [30], [31]. This paper has four RQ to start the search; here are the details:

- 1) RQ1: What are the problems present in the medical dataset?
- 2) RQ2: What approach is taken to address issues in medical data?
- 3) RQ3: What are the machine learning models used for predicting chronic diseases?
- 4) RQ4: What are opportunities for preprocessing data and machine learning models in predicting chronic disease?

## C. SEARCH STRATEGY AND SELECTION

This step has two criteria in the paper search: inclusion and exclusion. Inclusion criteria set research boundaries and help researchers find a research gap [32]. The inclusion criteria for this paper are as follows:

#### TABLE 1. Comparisons of related survey paper.

Survey Paper	Focus Discussion	Scope
Wadghiri, et al. [22] Abrar Yaqoob, et al.	This paper primarily focused on the comparative analysis of accuracy results between ensemble and single machine learn- ing methods. The scope of the study encompassed publication trends within the timeframe of 2000 to 2020. Additionally, the paper presented a comprehensive compilation of datasets utilized in the research, emphasizing openly available ones. This review primarily focused on analyzing nature-inspired	While the paper provides an extensive discussion on diabetes, the utilized datasets, and the resultant outcomes, it regrettably does not delve into the specific challenges or issues inherent within the diabetes mellitus data. The scope of this review paper is that it needs to discuss details
[23]	algorithms applied to cancer prediction. Additionally, the paper delved into a comprehensive comparison of feature dimen- sion methods designed for high-dimensional data. Within this context, the review also addressed problematic data handling techniques that emerged during the analysis. Furthermore, the review offered an insightful discussion regarding the compara- tive efficacy of nature-inspired methods.	regarding what methods exist and are used in handling problem- atic data and only focuses on nature-inspired algorithms.
De Jong, ype, <i>et al.</i> [24]	This paper focused on evaluating the performance of a pre- diction model specifically designed for ischemic strokes. The primary objective was to assess the predictive accuracy in cases involving patients diagnosed with ischemic strokes. The paper thoroughly examined the performance of the prediction method, including its limitations, and identified any shortcomings that may have arisen during the process.	The scope of this paper are that it does not compare other machine learning prediction methods and does not display prob- lems in the data.
Silva, Gabriel, <i>et al.</i> [25]	This paper focused on machine learning algorithms applied to the domain of hypertension prediction. Within its scope, the paper meticulously examined a range of performance outcomes to determine the most optimal results achieved. By doing so, the paper provided substantiated evidence that machine learn- ing algorithms indeed contribute to enhancing the accuracy of hypertension prediction outcomes.	The scope of this paper do not discuss problems with the data and are not detailed in the algorithms used.
Sanmarchi, Francesco, et al. [26]	This review was dedicated to exploring the role of artificial in- telligence in predicting, diagnosing, and treating chronic kidney disease. The main aim was to establish the efficacy of machine learning as a valuable tool for prediction in this context. The review's intent was further underscored by its effort to compare and contrast the various machine-learning methods available to determine the optimal approaches for predicting chronic kidney disease.	The scope of this review do not mention the problems that exist in the data to improve prediction results.
Marimuthu, et al. [27]	This review was dedicated to comparing performance outcomes among established machine learning algorithms utilized in heart disease prediction. Additionally, the review highlighted the tools employed for data analysis in this context. The ultimate goal of this review was to determine which machine learning algorithm stood out as the most effective for heart disease prediction based on the accumulated evidence and performance comparisons.	The scope of this review do not explain whether the data used for prediction is problematic and not all machine learning algo- rithms are compared.

- 1) Database: Scopus
- String search: "diabetes mellitus" OR "hypertension" OR "stroke" OR "cancer" OR "kidney failure" OR "heart" AND "disease" AND "prediction" AND "machine learning". The search is carried out including the title, abstract, and keywords sections on the paper.
- 3) Language: English.
- 4) Year: 2010-2022
- 5) Subject area: Computer science
- 6) Document type: Article and Conference paper
- 7) Accessibility: Documents available in Google Scholar
- 8) Document type: PDF

All topics are searched and those that are irrelevant to the RQ are exclude [33]. This paper has the following exclude criteria:

- 1) Exclude paper that in the title, abstract, and keywords does not discuss things in RQ.
- 2) Exclude paper that does not have keywords.
- 3) Exclude paper whose content is irrelevant to RQ.

#### D. DATA EXTRACTION AND SYNTHESIS

After doing the next stage of inclusion and exclusion, this stage displays the extras data. Extraction data has two stages, namely: (i) collecting paper information based on extraction form (Table 3), and (ii) find more in-depth information on quality assessments (QA) (Table 3) [30].

At the data extraction stage, the author will usually fill out a form that aims to collect data extracted from an article [34]. After data extraction, the QA stage is carried out. QA is necessary because it evaluates the quality of the articles sought [35].

#### TABLE 2. Data extraction form.

Item	Description	
Title	Article title	
Year	Year of published article	
Author	Author name on the article	
Journal	Journal name of published article	
Publisher	Journal publisher name	
Keywords	Keywords given by the article	
Abstract	Abstract on the article	

#### TABLE 3. Quality assessments (QA).

QA Number	Description
QA1	What is the problem with the article being written?
QA2	Does the purpose of the research answer the research
	problem?
QA3	Does it have relevant sentences for the problem raised?
QA4	How to describe methodology?
QA5	Does the article have results and answer problems?
QA6	Are research gap explained?

#### E. LITERATURE DEMOGRAPHICS

Based on the inclusion and exclusion criteria outlined in the search strategy and selection chapter, this paper acquired 182 papers related to predicting chronic disease using machine learning and addressing issues with the data utilized. Figure 1 illustrates a bar chart showcasing the number of publications predicting chronic disease, along with a trend line. Over the past three years (2020-2022), research publications in this area have increased by 90%. This significant increase indicates that research on predicting chronic disease using machine learning has been continuously evolving, covering various topics each year.

This study learns more about the topic of each collected issue. The topic of the chronic disease prediction article was grouped based on this issue. This issue is the most important to be seen as the motivation of researchers to conduct research. Issues were grouped based on the keywords in the article. When an article does not have keywords, it is not used.

Based on the results of keyword grouping related to issues, five main issues were identified when researchers researched the prediction of chronic diseases: (i) missing values, (ii) feature data, (iii) data imbalance, (iv) outliers, and (v) data normalization. Furthermore, articles were grouped based on these five issues to determine the number of articles for each issue. Figure 2 displays a diagram showing the number of publications in each issue. Based on Figure 2, it can be observed that the order of issues in medical data starts from the most to the least common, namely imbalance, feature data, missing values, outliers, and normalization.

## III. TOPIC ON THE MEDICAL DATA PROBLEM AND ITS HANDLING APPROACHES

In this section, we will address research questions one and two. RQ1 inquiries about the problems present in the medical dataset, while RQ2 seeks to understand the approach taken to address issues in medical data. The explanation will commence with a historical perspective on when the first issues with medical datasets surfaced and the approaches employed to tackle these problems.

#### A. HISTORY AND DEFINITIONS

In 1991, research was first conducted on three types of diseases: cancer, heart, and diabetes mellitus [36]. However, the paper focused on comparing results using distance metrics with the nearest neighbor algorithm rather than improving prediction results based on data. The initiative to troubleshoot data to enhance accuracy emerged in 2001 [37]. The study utilized a feature subset selection (FSS)-tree approach based on a genetic algorithm. The study pointed out that a significant problem in the medical world is related to the prediction of patient survival, and the application of FSS-Tree was demonstrated to enhance prediction accuracy.

In 2015, the first treatment of null values in medical data, focusing specifically on diabetes and cancer, was conducted [38]. The paper addressed the handling of missing values using k-means clustering algorithms and the most effective MLP machine learning algorithms. The study aimed to predict three diseases: diabetes mellitus, cancer, and hepatitis. Data for the research was sourced from the UCI repository. The outcomes of the study demonstrated that the application of missing value imputation positively impacted increasing accuracy. Subsequent research aimed to further test and enhance models for imbalance classification problems.

Meanwhile, the issue of imbalanced medical data first emerged in 2011, particularly in the context of diabetes prediction [39]. However, in this study, the handling of imbalanced data was carried out without addressing the issue. In 2013, new treatments for handling imbalanced data were implemented to predict heart disease, diabetes, and cancer [40]. The study mentioned several methods to balance imbalanced data, including SMOTE and SVM Weighting. Data for the study was sourced from the UCI open repository. The study highlighted the importance of addressing imbalanced data in the medical domain to increase sensitivity.

## B. MEDICAL DATA PROBLEM AND ITS HANDLING APPROACHES

This section discusses the main topic of the issue of predicting chronic disease using machine learning. Figure 3 is a mind map diagram solving techniques related to research on prediction of chronic disease that conducted five main issues. In the mind map, five issues were grouped with methods for solving them in cases of chronic disease prediction.

#### 1) MISSING VALUES

Data missing values are characterized by data that has no value or is denoted as "N/A" or "null". Table 4 provides an example of a data form with missing values represented

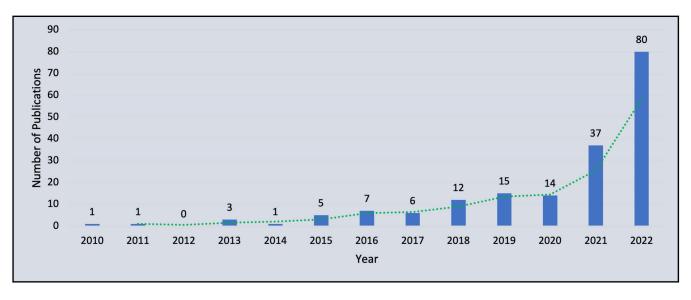
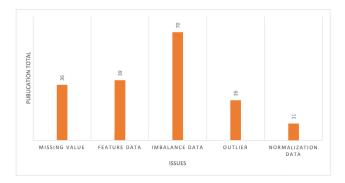


FIGURE 1. A bar chart with a trend line showing growth in chronic disease prediction research.



**FIGURE 2.** A bar diagram showing the number of publications on five issues related to chronic disease prediction.

as "N/A" or "null". Missing value is a problem related to replacing null values in data variables [41]. Missing values in data can be caused by human error when entering data [42], the patient did not provide information [43], and patient data security [44]. In general, missing value imputation techniques can be grouped into two types: statistic-based techniques and machine learning [45], [46], [47]. In this missing value, of course, it has a rate that determines whether the missing value is a little or a lot. In an online tutorial, the 5% rate is the maximum missing data limit for extensive data sets [48]. Some consider the missing value rate small, for example, less than 30%, while others focus on an extensive range of missing values of 50%-80% [49].

In diabetes mellitus prediction research, the imputation process of values to address missing value problems has been shown to increase prediction accuracy by 6% [50]. Other measurement results include a precision of 54.5%, recall of 86.2%, and an f1-score of 66.7%. However, in that study, the discussion of the results is primarily focused on addressing imbalanced data using oversampling

techniques. Regarding the missing value process, there are three general techniques to replace null values: (i) In the most commonly used statistical methods, such as mean [51], [52], [53]; median [20], [54], [55]; Standard Deviation [56], and MCMC [57]. (ii) In commonly used machine learning methods, such as KNN [58], [59] and Naïve Bayes [53]. (iii) The balancing method used is Tomek Links [60].

Some studies handle missing values by deleting null data rows instead of imputing values. For instance, in a study on cancer data, missing values were present but were addressed by deleting the corresponding data rows. Consequently, the study achieved an f1-score of 76.06%, accuracy of 79.36%, precision of 80.85%, and recall of 71.81% using the ODNN algorithm [61]. However, it's important to note that this study's dataset contained duplicates and missing values. The missing value handling approach involved deleting rows with missing values, resulting in the utilization of only 400 data points out of an initial 5000.

Basant Abdel et al. [62] a similar study was conducted focusing on heart disease prediction, specifically addressing the handling of null data through deletion. The study's findings indicated an enhancement in prediction accuracy by 8%. Meanwhile, the best precision result was 91%, and the recall was 88%. However, the pivotal factor contributing to this improvement was not the removal of missing values but rather the selection of significant features. It's worth noting that the study should have stated the amount of data deleted due to missing values for transparency and completeness of the research.

In stroke prediction, missing data was handled by deletion, resulting in a prediction accuracy of only 73.52%, an Area Under Curve (AUC) of 83.03%, and a specificity of 73.43% using a logistic regression machine learning algorithm [63]. However, the primary issue in that study was identified as data imbalance. In the research by Kokkotis et al. the

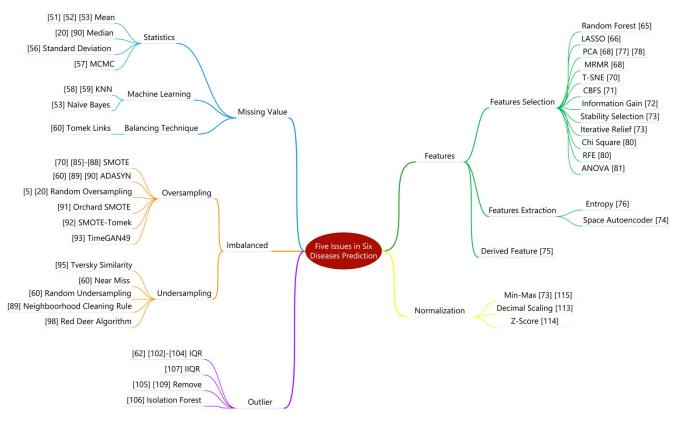


FIGURE 3. Mind map diagram-solving techniques on five issues predicting chronic disease.

total amount of data used was reported as 43,400, but the exact number of data points deleted due to missing values was not specified. Moreover, the study primarily focused on investigating risk factors in the data that contribute to stroke. Consequently, addressing missing values was not the central topic of discussion.

Potharaju et al. [64] conducted a study on predicting kidney failure where missing data was deleted. The reported measurement results include accuracy at 99%, precision at 99%, recall at 100%, f1-score at 99.5%, and a receiver operating characteristic (ROC) of 0.99%. However, the high resulting accuracy is attributed to the influential factor of handling imbalanced data using ensemble-based machine learning algorithms (stacking, bagging, boosting, and voting). The study explicitly mentioned that only 400 data points were used after deletion due to missing values. Additionally, the primary focus of the study was on handling imbalanced data and utilizing ensemble methods.

### 2) FEATURES DATA

Almustafa et al. conducted the research, [65] examined the utilization of feature selection techniques in predicting kidney disease by implementing ensemble tree-based algorithms (random tree and decision tree). The study outcomes demonstrated that employing feature selection had a discernible effect, leading to a 0.25% increase in accuracy. Other measurement results include ROC 0.978, Mean Absolute

80704

Error (MAE) 0.0583, Root Mean Square Error (RMSE) 0.1992, f1-score of 95.8%, recall of 95.8%, and precision of 95.8%. However, the study did not state what kind of feature selection technique was used, whether from a machine learning algorithm or another feature selection technique.

In contrast, the research by Zhang et al. [66] employed the LASSO feature selection method in combination with MLP machine learning algorithms. However, this results in an 8% decrease in prediction performance (sensitivity, recall, and f1-measure). This suggests that the study revealed the presence of other influential factors that hold greater significance in terms of managing prediction outcomes.

According to Khalid et al. [67], data handling related to features is categorized into two main aspects: (i) feature selection and (ii) feature extraction. Within the feature selection category are sub-sections, including filters and wrappers. Meanwhile, the feature extraction category encompasses sub-sections such as transformation, determination of the number of new features, and assessing performance metrics.

Zou et al. [68] in the prediction of diabetes mellitus, the use of feature selection techniques was carried out to see the influence between features. The results showed a difference in accuracy of 2% when applying the selection feature. Meanwhile, the result of Matthews correlation coefficient (MCC) 0.77, specificity 0.81, and sensitivity 0.95. The selection feature methods used in the study were PCA and MRMR with RF, NN, and J48 machine learning algorithms.

blood pressure MAP	BMI	stomach circumference	blood sugar fast glucose	cholesterol
N/A	23.4	120	null	89
86.66	28.1	101	166	74
70.21	N/A	91	100	105
55.14	N/A	N/A	115	78
65.37	25.7	87	N/A	null
N/A	N/A	N/A	N/A	N/A
82.7	36.2	80	102	94

#### TABLE 4. Missing value in dataset.

The MRMR feature selection technique produced better performance than PCA. The best machine-learning algorithm is RF. The research also states that the results will not be good if only use the most essential features in the dataset for prediction.

Sornsuwit [69] conducted a study involving feature selection by implementing CFS (Correlation-based Feature Selection) in conjunction with AdaBoost machine learning. This was combined with K-Nearest Neighbors (KNN), Naïve Bayes, and Neural Network algorithms. The study's outcome indicated an improvement of 3% in the predictive results. Meanwhile, the result of precision is 87.5%, sensitivity and specificity is 91%, and f1-score is 87%. However, the dataset initially contained eight variables, and the study employed the CFS technique to utilize only four variables for prediction. Moreover, the author compared the performance results for each positive and negative class, even though the data did not balance the proportion of the number of classes, rendering the comparison unfair.

Pokharel et al. [70] investigated the utilization of feature selection and feature extraction based on t-distributed Stochastic Neighbor Embedding (t-SNE) values in combination with deep learning prediction algorithms. This approach led to a 2.5% improvement in the obtained results. Meanwhile, sensitivity score is 40.3% and specificity is 98.3%. However, in that study, it does not mention the number of selected and used features or the number of features extracted from the data. The research only mentions the number of data samples after applying imbalanced data techniques. In another diabetes prediction study addressing data-related challenges, one approach focused on employing importance-based features derived from Gini scores [20]. However, the study should have elaborated on the order of each feature in the data after applying the Gini value. The author primarily focused on experimenting and examining the impact of applying imbalance techniques rather than thoroughly explaining the specific order of features.

Additionally, other methods were applied for diabetes mellitus prediction, such as fast-correlation-based Feature Selection (fast-CBFS) [71], information gain [72], stability selection (SS), and iterative relief [73]. These techniques were used to enhance the prediction accuracy of diabetes mellitus. Kishor and Chakraborty [71] analyzed comparing prediction results after applying the fast-CBFS feature selection technique. Additionally, the author applied the SMOTE technique to handle imbalanced data. The analysis

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results indicated that the application of the fast-CBFS technique influenced the prediction accuracy value, resulting in an improvement of approximately 10%-15%. Meanwhile, AUC result is 99.35%, sensitivity 99.32%, and specificity 98.86%. However, it is worth noting that the author did not conduct a specific analysis to compare the prediction results after applying the imbalance technique.

Saxena et al. [72] conducted a comparative analysis of the results using various feature selection techniques, including PCA, CFS, and information gain. The dataset initially contained nine features. Through experimentation, the feature selection techniques produced results with four and six features, respectively. The findings indicated that the most compelling feature selection technique was CFS, resulting in six features. The results obtained in this study are accuracy 79.83%, sensitivity 79.83%, specificity 71.4%, and AUC 0.83. However, the proposed technique in this study demonstrated a marginal increase of 1.5% compared to the state-of-the-art technique mentioned in the referenced study.

Akyol and Şen [73] focused on diabetes mellitus classification, and three distinct feature selection techniques were employed: IR, RFE, and SS. Additionally, the study conducted tests utilizing these techniques on three different dataset types. The classification outcomes demonstrated that the SS technique exhibited a 0.28% improvement compared to the IR technique and a 1.28% enhancement over the RFE technique. Meanwhile, measurement results from the proposed method include accuracy 73.88%. This study only focuses on the accuracy level. However, it is noteworthy that the study needed to detail the ranking or identification of the most crucial features for each of the three feature selection techniques.

García-Ordás et al. [74] introduced new features by utilizing a sparse autoencoder to predict diabetes mellitus. A comparison was made between sparse autoencoder techniques and various deep-learning algorithms. The primary purpose of the sparse autoencoder was to predict data dimensions. The prediction results indicated that incorporating the sparse autoencoder led to a 13% improvement compared to utilizing only the deep learning algorithm. This study only focuses on the accuracy level. However, the study did not specify the amount of data utilized, including the reduction or any specifics regarding the dataset size.

Rajkamal et al. [75] introduced an intriguing approach by implementing derivative features, which led to the generation

of new features derived from the existing features. The creation of derived features followed established standards by recognized health organizations like the WHO. The results obtained using the proposed method are as follows: accuracy 0.89, sensitivity 0.79, specificity 0.94, and AUC 0.94. However, it is essential to note that not all features were derived; only two out of nine were subjected to this process. In cancer prediction research, the extraction feature is applied based on the entropy value [76]. The results obtained by applying entropy index to features are as follows: accuracy 0.95, precision 0.8, recall 0.83, and f1-score 0.81. However, it was observed that the entropy value did not significantly influence the prediction results. Instead, the prediction outcomes were notably affected by applying a cost-sensitive algorithm.

Qi et al. [77] involved applying PCA for feature selection and Deep Belief Network (DBN) for feature extraction. The findings demonstrated the superiority of the DBN technique over PCA. The results obtained using the best method are as follows: accuracy 98.2%, specificity 98.5%, and sensitivity 62.5%. However, a limitation of this research is the need for more consideration of data imbalance issues. Furthermore, the study utilized different machine learning models, namely PCA-ANN and DBN-ELM-BP, which may impact the comparability of results.

Dev et al. [78] applied PCA techniques with various machine learning algorithms for stroke prediction. The results obtained using PCA technique are as follows: accuracy 0.73, f1-score 0.72, recall 0.68, and precision 0.75. However, specific details still needed to be provided regarding the number of features before they needed to be replicated. Additionally, a limitation of this research is the need for more data imbalance handling, which could impact the robustness and fairness of the predictive model. A study that discusses the prediction of heart disease using the feature optimality criterion selection technique aims to optimize features in the data [79]. The study, in terms of measuring results, focuses on the running time in diagnosing heart disease. The running time result with a dataset size of n = 30 is 24.9 milliseconds.

Feature selection methods for stroke prediction include chi-square and RFE [80]. The accuracy obtained is 85%, and the f1-score is 88%. Almasoud et al. [81] predicted kidney failure using the ANOVA method to identify the smallest subset of features relevant to the prediction task. ANOVA was utilized for two distinct feature categories: numerical and categorical. he results obtained using the proposed feature selection technique with the gradient boosting model are as follows: f1-score of 99.1%, specificity of 99.33%, and sensitivity of 98.8%. However, the analysis and discussion in the paper primarily focus on the machine learning models, especially detailing the parameter tuning process for these models. The specific attention to model parameters and tuning is evident throughout the study.

## 3) IMBALANCE DATA

Imbalance is a problem that plays a crucial role in machine learning [82]. This problem is defined into two categories: majority class and minority class. Majority class is where the number of one class is more dominant than the other class; the opposite definition is used for minority class. The ratio of data is said to be imbalance into three categories: 1:100 small, 1:1000 medium, and 1:10000 large. This problem is not only found in binary classes but also multi-classes. Some data-related fields have this problem, including the field of health diagnosis and the financial industry [83]. Techniques in handling imbalance are divided into two, namely oversampling and undersampling [84].

Figure 4 is a form of a diagram of two categories of imbalance handling. Based on Figure 4, the two ways of handling imbalance, namely, oversampling and undersampling, are different. Oversampling is performed by adding synthetic data to minority data, whereas undersampling reduces the amount of actual data to the majority data. Based on research on the prediction of chronic disease, here are some names of methods used for handling imbalance data. (1) oversampling techniques: SMOTE [70], [85], [86], [87], [88]; ADASYN [60], [89], [90]; ROS [5], [20]; orchard SMOTE [91]; SMOTE-Tomek [92]; TimeGAN49 [93]; and SVM-SMOTE [94]. (2) undersampling techniques such as: Tversky similarity [95], near miss [60], RUS [60], and NCL [89].

Potharaj et al. [64] adopted a systematic approach to tackle data classification problems characterized by imbalanced datasets. The dataset utilized in this study originated from Apollo Hospital in India. The technique employed to address class imbalance was SMOTE. The matrix of measurement results used includes accuracy at 99%, precision at 99%, recall at 100%, f1-score at 99.5%, and ROC of 0.99%. However, the study does not describe how the balancing process was conducted, whether it was applied to the training data or the dataset before the splitting process.

Zidan et al. [85] focused on diabetes mellitus risk prediction, the authors employed the Synthetic Minority Over-sampling Technique (SMOTE) to balance the training data. The best results were obtained using the random forest model with an accuracy of 79.27%, sensitivity of 50.29%, specificity of 84.31%, and AUC of 76.08%. However, the study does not explicitly mention the quantity of data after the application of SMOTE, nor does it provide a comparison of the results before and after the implementation of SMOTE. Azad et al. [86] various training-testing proportions were employed to observe their impact on prediction results. The imbalanced technique utilized is SMOTE combined with genetic algorithm. The proposed method yields the following values: precision 77.97, sensitivity 85.98, f1-score 81.7, and ROC-AUC 84.9. However, the study did not explicitly present the number of data samples utilized after applying SMOTE.

Ramadhan [90] conducted a comparison of two oversampling techniques, SMOTE and ADASYN, for diabetes

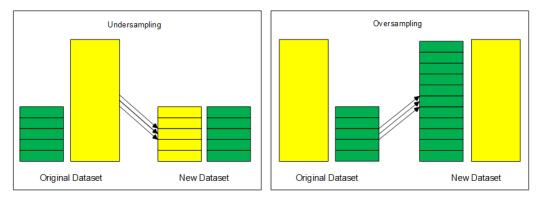


FIGURE 4. Two category of imbalance dataset.

detection. The findings indicated that the ADASYN technique outperformed SMOTE by a margin of 2%. The accuracy obtained by the ADASYN technique is 87.3%, while for SMOTE it is 85.4%. This study focuses solely on the measurement of accuracy as its outcome metric. However, the research needed to explain the fundamental differences between these two oversampling techniques. Moreover, the number of data samples after applying both SMOTE and ADASYN was not specified.

Sreejith et al. [91] the aim of the study was to enhance the Orchard algorithm by incorporating the SMOTE technique. The experiment involved comparing the results before and after this modification. The research revealed that the proposed method led to a 14% improvement. The prediction results obtained by the proposed method are as follows: accuracy 89.04%, sensitivity 89.74%, specificity 88.39 precision 88.17%, f1-score 89%, and MCC 0.78%. However, a critical error was identified in the data balancing process. The proposed method showed that the balancing process was performed on the initial data rather than the training data. This is a significant error, and the balancing process should ideally be conducted on the training data for accurate results.

Roy et al. [92] the study focused on addressing imbalanced data, outliers, and missing values in diabetes mellitus detection. Missing values were handled through KNN imputation, while imbalances were addressed using SMOTETomek, a combined oversampling and undersampling technique. The presented results, considering the impact of data imputation, show precision of 98%, recall of 98%, specificity of 99%, and an f1-score of 98%. However, it is important to note that the choice of machine learning algorithm significantly influenced these results. Additionally, the research predominantly emphasized the handling of outliers rather than addressing imbalances in the dataset.

Ning et al. [93] the study utilized the time series bootstrapping technique to address imbalanced data and aimed to establish relationships between latent variables and clinical features within a latent Dynamic Bayesian Network framework. However, the study did not explicitly present the prediction results obtained from the implemented methodology. Furthermore, the study did not provide a comparison of the data proportions after bootstrapping.

Kamaladevi [95] focused on comparing various undersampling techniques, including ENN, near miss, random undersampling, and Tomeklink. The objective was to analyze and discern the differences between these techniques. The study identified the near-miss technique using the RF machine learning algorithm as superior in accuracy. Testing was conducted on two public datasets, namely Pima Indian Diabetes and Hepatitis. For the diabetes dataset, the prediction results obtained are as follows: precision 80%, recall 78%, f1-score 96%, accuracy 75%, and ROC-AUC 0.94. However, after applying these undersampling techniques, the study needed to provide more information regarding the number of data samples.

Xiao et al. [96] conducted research focused on enhancing cancer prediction performance by addressing imbalance data. The approach adopted was oversampling utilizing the Wasserstein Generative Adversarial Network (WGAN) method. The study demonstrated that the achieved predictive outcome reached a remarkable accuracy of 98.3%, precision 100%, recall 96.67%, f1-score 98.31%, and AUC 0.98. Utilized various cancer datasets for its analysis. It employed imbalanced data handling techniques, including oversampling techniques like ROS and SMOTE, as well as the undersampling technique RUS. However, the study did not provide details regarding the number of data samples before and after the application of these imbalance techniques.

Zhang et al. [97] employed a boosting approach to address imbalance data issues in cancer prediction. The methods employed were SMOTE Boosting and RUS Boosting. As a result, the prediction achieved an impressive accuracy of 98.2%, sensitivity 93.75%, specificity 100%, G-mean 0.96, and AUC 0.96. Cost sensitive imbalance methods were also used to improve the accuracy of cancer predictions, the study proved to increase accuracy by 5% [76]. Meanwhile, the result of precision 0.8, recall 0.83, and f1-score 0.81.

Moghadam and Ahmadi [98] in the studied as a result of their efforts, the accuracy in predicting kidney failure disease

was enhanced by 1.6%. imbalance treatment of kidney failure prediction uses a clustering approach using RDA which is based on undersampling. The findings indicated that the decision tree model surpassed other algorithms, achieving 0.96, 0.94, 0.97, 0.95, and 0.95 for accuracy, sensitivity, specificity, F1 score, and AUC, respectively. Furthermore, the results derived from decision trees are more comprehensible and interpretable. However, the min–max technique was used to select the majority of samples to be deleted. This technique can result in the value when a comparison is made with the minority class which will contain all min-max values. In the prediction of other disease, there are also problems with imbalance data using the SMOTE and SMOTE-Tomek methods [21], [99], [100].

López-Martínez et al. [99] predicted hypertension by implementing imbalance management using SMOTE and comparing results with various machine learning algorithms. The results indicated that the application of the SMOTE technique increased prediction results by up to 13%. The accuracy, precision, recall, and f1-score values obtained from the proposed method are 0.73, 0.57, 0.4, and 0.47, respectively. The f1-score value is still relatively low in disease prediction cases, mainly due to the highly imbalanced medical dataset utilized. However, crucial details such as the number of data samples after implementing SMOTE and a clear explanation of the comparison methodology were lacking, potentially causing confusion for readers.

Ramezankhani et al. [100] analyzed the impact of applying SMOTE for diabetes mellitus prediction using three different types of classifiers: Probabilistic Neural Network, Decision Tree (DT), and Naïve Bayes (NB). The experiment involved analyzing the percentage differences in the proportion of the number of major classes from 100% to 700% for balancing. In the study, the outcome measurement focuses on sensitivity, which experienced a 5% increase after applying the SMOTE technique. On the other hand, the accuracy value decreased. Accuracy in imbalanced data cases is a biased measurement tool. However, the accuracy results decreased after implementing SMOTE.

#### 4) OUTLIER

Outlier detection is an essential task in many domains because outliers exhibit abnormal conditions, which can result in decreased performance in the domain [101]. Outlier detection is widely used in several domains, such as fraud detection, time series monitoring, and monitoring medical conditions. There are three approaches to the problem of detecting outliers, namely: (i) unsupervised learning, (ii) supervised learning, and (iii) semi-supervised learning.

In the study of chronic disease prediction, most of the data had outliers removed. Removing outliers was done with IQR techniques [62], [102], [103], [104]. Yuk et al. [102] considered outliers, stipulating that any data point with a pulse rate variable greater than or equal to 300 should be excluded from the analysis. Outlier handling was not

the primary focus of this study. Researchers primarily concentrated on comparing the outcomes of various machine learning models. The best results were achieved by an ensemble boosting-based machine learning model with an accuracy of 0.84, AUC of 0.86, sensitivity of 0.69, and specificity of 0.88.

Peñafiel et al. [103] used representative rules to detect and handle outliers in the data. These rules were designed to identify and measure the portion of patients who met specific criteria, thereby addressing the presence of outliers in the dataset. Outliers in the study will be avoided by employing rule-based representations. This research, instead, focuses on the effects of missing values, where skipping missing values yields a better ROC value compared to imputing missing values using the mean technique. The difference in ROC values obtained is 0.16.

Rajendran and Anitha [105] carried out a study focused on the amalgamation of managing missing values and eliminating outliers to predict heart disease. The study's findings demonstrated that the combined application of these preprocessing techniques yielded superior results compared to other combinations of preprocessing techniques. In the research, outlier detection and handling were performed by examining the relationship between healthcare attributes and Mahalanobis distance. The results of this study, by applying the proposed preprocessing techniques (missing value handling, outlier detection, and feature selection) to the best machine learning model, Naive Bayes, show an increase in accuracy by 6.48%, AUC by 1.43%, sensitivity by 5.26%, specificity by 8%, precision by 4.23%, and f1score by 6.18%. However, it was noted that interpreting the Mahalanobis distance calculation could be challenging and not intuitive.

Yasmeen et al. [106] utilized the isolation forest algorithm to identify outliers within the dataset related to hypertension patient data. In this study, the analysis focuses on the implementation of the isolation forest technique applied to several machine learning models such as MLP, SVM, LR, DT, and Stack ensemble. The research primarily focuses on measuring the AUC values, which are 0.918, 0.879, 0.865, 0.775, and 0.92, respectively. However, the study needed to explain how the isolation forest method, used for handling outliers works. The IIQR method is used to find outliers on ECG data from heart disease [107]. This study solely focuses on accuracy values. The accuracy obtained from the proposed method by applying outlier removal is 99.45%.However, this research should have focused more on discussing outlier handling techniques.

Ifflath et al. [108] employed the isolation forest method for outlier detection, and the study revealed that the utilization of the isolation forest method led to improved results in cancer prediction compared to not applying the isolation forest method. The f1-score increased by 29% after removing the outliers using DT model. As a result, the final values for accuracy, precision, recall, and F1-score are 96%, 99%, 100%, and 98%, respectively. However, this study does not

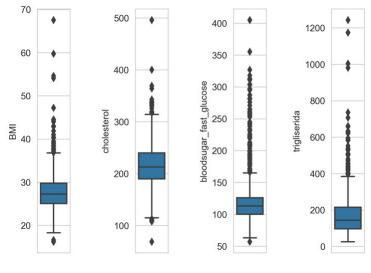


FIGURE 5. Outlier in data.

provide detailed characteristics of the dataset considered as outliers.

In their research on diabetes prediction using big data, Zhang et al. [109] conducted chose to remove outliers. In that study, the focus was solely on accuracy, with a prediction result of 95%. However, it is important to note that outliers in medical data can hold significant value, thus requiring careful consideration in their handling. Figure 5 is an example of visualizing the data form with outliers. Outliers can be seen as black dots far from or close to each other.

#### 5) DATA NORMALIZATION

Data normalization is a mapping or scaling technique at the preprocess stage [110], [111]. In the process researchers can find new ranges from existing ranges, this technique can be very helpful for prediction purposes [112]. Some names of techniques that are currently often used to normalize data on prediction of chronic disease such as: min-max, z-score, and decimal scaling.

Swathi and Kodukula [113] conducted research focused on cancer prediction utilizing gene data. In their study, the researchers employed normalized data along with scaling features to process patient gene data. The accuracy, precision, recall, sensitivity, and f1-score values obtained using the proposed preprocessing technique are 97%, 100%, 95%, 95.2%, and 97.5% respectively. However, in this research, handling normalization was not the primary focus; rather, the main emphasis was on feature reduction using PCA. In another study a researcher used the min-max technique for cancer data [77]. The results obtained using the best method are as follows: accuracy 98.2%, specificity 98.5%, and sensitivity 62.5%. However, the main focus of this research was on handling data dimension reduction.

Fang et al. [114], predicted hypertension occurrences for the upcoming five years by employing the z-score normalization technique. The normalization technique was used to alter the scale of values for the age variable, aiming to achieve a normal data distribution. Additionally, outliers were removed in this study, contributing to the attainment of a normal data distribution, rather than relying solely on the normalization technique. The application of the proposed method yields accuracy, precision, recall, f1-score, and AUC values of 0.861, 0.817, 0.923, 0.867, and 0.951 respectively. However, the study primarily focuses on the hybrid machine learning model used.

Cai et al. [115] the discussion on cancer prediction involved utilizing the min-max normalization technique to process data. Researchers tend to avoid extensively altering data in this field, preferring established normalization techniques. This approach is likely due to the need to re-validate new data ranges with medical professionals. The research results obtained using the proposed preprocessing technique show an AUC of 0.98, accuracy of 0.98, and specificity of 0.97. However, the factor influencing the prediction results is the handling of imbalance using the SMOTE algorithm. Thus, this research primarily emphasizes addressing imbalanced data issues. Moreover, in specific disease prediction research, the application of normalization techniques is limited. This is often because altering values must accurately represent the results of medical examinations, making researchers cautious about introducing new ranges through normalization.

## IV. MACHINE LEARNING IN CHRONIC DISEASE PREDICTION

This section will discuss the machine learning algorithms used to predict diseases, addressing RQ3 regarding the machine learning models used for predicting chronic diseases. The paper is categorized into nine algorithmic groups based on the results of an in-depth analysis of the obtained papers. Tables 5 through 7 present detailed information on the machine learning models used for each disease, including the parameters employed in each model.

Table 8 presents a comparison of the advantages and disadvantages of the machine learning algorithms in chronic disease prediction.

## A. ENSEMBLE LEARNING

Ensemble learning is a technique that combines multiple methods to make decisions, typically in supervised machine learning scenarios [116]. For instance, Decision Tree, Neural Network, and SVM methods can be combined into an ensemble method. Some advantages of this approach include mitigating overfitting, reducing computational complexity, and providing a straightforward representation of results [117], [118]. Ensemble methods are useful for addressing complex machine learning problems, such as class imbalance, evolving feature distributions, and the curse of dimensionality.

Some familiar ensemble methods are used for the prediction of chronic disease as follows:

AdaBoost is a method that emphasizes previously misclassified instances during training to have a greater impact on subsequent iterations. The value assigned to each instance in the training set is based on weights. Initially, in the first iteration, equal weights are assigned to all instances. Then, with each subsequent iteration, the weight of the misclassified instance increases, while the weight of the correctly classified instance decreases [119].

Azar [120] conducted cancer prediction utilizing various ensemble methods, including AdaBoost, XGBoost, and Random Forest. Interestingly, while AdaBoost did not yield the best prediction results, the random forest method emerged as the most effective for their study. The results obtained using the AdaBoost model are as follows: RMSE (Root Mean Square Error) of 27.76%, time taken is 12.17 seconds, accuracy of 78.25%, sensitivity of 45.66%, specificity of 86.40%, f1-score of 44.76%, and AUC of 66.03%. However, in this research, the primary focus was determining the best parameters using Shapley Additive Explanations (SHAP) for the machine learning method and handling imbalanced data using SMOTE.

Kibria et al. [121] delved into diabetes prediction within explainable AI, employing an ensemble method approach. The AdaBoost model yields the following prediction results for each measurement: precision 0.82, recall 0.85, f1-score 0.83, AUC 0.95, and accuracy 0.83. However, these results are still lower than those obtained using the voting-based ensemble model (XGBoost and Random Forest), with differences ranging from 0.4% to 0.6% for each measurement. In the study, various data issues were addressed, including handling missing values using the mean, addressing imbalanced data using SMOTE, and determining the primary driving factors influencing disease prediction from various perspectives using SHAP.

The AdaBoost method can also be used for highdimensional data [122]. The AdaBoost model yielded an accuracy of 97%, precision of 96%, recall of 95%, and an f1-score of 95%. However, these results were still lower compared to the ensemble model combining AdaBoost with deep learning, with a difference result only 1%. The study also addressed data issues, particularly feature selection using genetic algorithms.

**Bagging** is a method that uses a simple but effective approach to produce an independent ensemble model where each inducer is trained using examples taken from the original dataset instead of [123]. To ensure sufficient instances per inducer, each sample typically contains the same number of instances as in the original data set. Bagging methods in several studies were used for cancer data [124], [125].

In the research Syed et al. [124], an accuracy of 0.76, precision of 0.75, recall of 0.94, and f1-score of 0.84 were obtained. Looking at these results, it indicates that the dataset used is indeed imbalanced because of the significant gap between precision and recall values. The study attributes these results to addressing the imbalanced dataset using a GAN (Generative Adversarial Network) model.

In the research Hesham et al. [125], the results showed an accuracy of 94.73%, AUC of 94%, and F1-score of 93%. However, the bagging model's performance was still lower compared to the stacking ensemble model, with an accuracy difference of 4%. This study identified the impact of applying feature selection using the recursive feature elimination technique. The results indicated that there was an impact of 2-5% on the accuracy values due to the application of feature selection. However, in terms of the F1-score, the impact was only 1-2%. The bagging method is also used in heart disease prediction, and the results show this method is superior [126], [127].

Ashfaq et al. [127] compared several ensemble techniques such as bagging, voting, stacking, and boosting. This research handled feature scaling using z-score. The research results for the bagging model yielded an accuracy of 82%, for stacking 84%, and for voting 85%. This indicates that the voting model outperforms the other ensemble models. The precision, recall, and f1-score for the stacking model were 85%, 84%, and 84% respectively. However, this research compared the results with previous research without considering the parameters used in the previous algorithm. So, it could be said that it was not an apples-to-apples comparison.

**Stacking** is a method that is the most popular ensemble modeling technique in machine learning. Various weak learning models are combined in parallel so that combining them with meta-learning can better predict the future [116]. Kumar et al. [128] optimized a stacking ensemble technique for cancer classification, achieving an impressive accuracy of 99.45%, precision of 99%, recall of 98%, and f1-score 99%. The study also addressed data issues such as feature importance, although the specific technique used was not mentioned, and outlier removal. Optimization was carried out using a genetic algorithm to determine the best classifier. However, in this research, many machine learning algorithms were stacked, potentially causing the results to be affected by overfitting.

Gupta and Gupta [129] addresses the aspect of computational time in cancer prediction through ensemble algorithms. The study demonstrated that the stacking method required a running time of 5.6 seconds for its execution. The AUC value using the stacking model is 0.997. This research focuses on measuring running time and AUC by comparing several other machine learning models. However, in this research, the discussion focused more on handling data issues, namely, missing values using KNN, normalization using z-score, imbalance using ROS, and feature selection using RF.

Dritsas and Trigka [130] predicted strokes using stacking methods involving algorithms such as Random Forest, Naïve Bayes, RepTree, and J48. Their prediction outcomes yielded an impressive accuracy rate of 98%, precision 97.4%, recall 97.4%, f1-score 97.4%, and AUC 0.989. However, this research focused on a comparative analysis of handling problems in the data. The data was handled by removing missing values, detecting important features using RF and information gain, and handling imbalances using SMOTE.

**Random forest** is a method in which it performs a combination of predictors using tree shapes. Each tree relies on random vector values sampled independently and with the same distribution for all trees in the forest [131]. This method has proven influential in classifying or predicting medical data. It is proven that this method for predictive results is always superior to other methods [20], [132]. This method is famously powerful for disease prediction.

Ramadhan and Romadhony [20] conducted the detection of diabetes using RF and comparing it with the logistic regression algorithm; the results showed that the RF algorithm was superior to logistic regression. The prediction results include precision of 83, recall of 88, and f1-score of 86. However, this research focused on analyzing problems in handling disease data, such as replacing missing values using median, balancing data classes using ROS, and feature importance using entropy value.

Masetic and Subasi [132] detected heart disease using several machine learning algorithms, including RF. In addition, the researchers applied the autoregressive burg for feature selection technique. This study solely focuses on achieving an accuracy of 100%. However, this high accuracy was not re-validated, leading to indications of overfitting to the model. And then, this study did not modify the RF algorithm and focused on comparing the results after handling feature selection.

**XGBoost** is a method scalable machine learning system for increasing the number of trees in prediction [133]. In 2015, this method showed that 17 of the 29 datasets in Kaggle using the XGBoost method were superior in terms of classification or prediction [112]. This algorithm improves the GBM algorithm by adding several trees to improve scalability. XGBoost was known for its excellent performance across various types of datasets. This algorithm efficiently handled large datasets with many features.

On cancer prediction, using the XGBoost algorithm combined with the feature selection technique resulted in

a prediction accuracy [113]. The XGBoost algorithm was superior to the RF algorithm. The accuracy, precision, recall, sensitivity, and f1-score values obtained using the proposed preprocessing technique are 97%, 100%, 95%, 95.2%, and 97.5% respectively. However, the analysis focused more on the results of applying the selection feature using PCA.

Yang and Guan [134] engaged in heart disease prediction utilizing XGBoost in conjunction with imbalance data handling techniques. This study also handled dirty datasets by including replacing missing values with the mean, normalization using min-max, feature selection using information gain, and addressing imbalanced data using SMOTE-ENN. The prediction results obtained were an accuracy of 0.9344, precision of 0.9266, recall of 0.9716, and an f1-score of 0.9486. Important factors in handling dirty medical datasets were imbalanced data and feature selection. However, this research focused on the contribution of handling selection and imbalance features.

#### **B. DEEP LEARNING**

Deep learning is the development of a small subset of machine learning [135]. Another article mentions that deep learning is a method that can solve all problems in machine learning [136]. Some advantages of using deep learning are that there are no experts to measure the validation of the results, problems that change over time, solutions that need to be solved with specific cases, and problems that are too big (web page ranking by all parameters). However, the weakness of the deep learning algorithm is that it is a black box, making it difficult to understand the running process. Several deep learning methods, including the following, are used to predict chronic disease.

Artificial Neural Network is the most straightforward and most complex deep learning method. ANN has become a relatively competitive model with conventional regression and statistical models [137]. ANN is said to solve all problems in the medical, economic, energy, and transportation domains [138]. Mridha [139] conducted a comparison between Artificial Neural Network (ANN) methods and conventional machine learning techniques for cancer prediction.

The findings indicated that ANN achieved an accuracy enhancement of 99.73%, sensitivity 100%, specificity 98%. The results indicated the occurrence of overfitting to the prediction model. The preprocessing handling on the dataset involved normalization using z-score, removing rows with missing values, and feature selection using RFE.However, despite this improvement, the results achieved by ANN were still outperformed by ensemble-based methods [139].

Other researchers used ANN for cancer prediction [77]. The results obtained using the best method are as follows: accuracy 98.2%, specificity 98.5%, and sensitivity 62.5%. The study addressed the dirty dataset by imputing missing values using the mean, normalizing using min-max, and removing outliers. However, this research focused on handling several feature selection techniques.

Zhang et al. [66] explored the utility of Artificial Neural Networks (ANN) for predicting kidney failure. The study yielded an accuracy of 0.965, sensitivity of 0.732, specificity of 0.9973, precision of 0.9848, recall of 0.732, and F-measure of 0.7912. It can be observed from the significant difference between the F1-measure and accuracy that the dataset used was imbalanced, and the study did not handle the imbalance well. However, the study revealed decreased accuracy attributed to improper feature selection methods.

López-Martínez et al. [99] employed an Artificial Neural Network (ANN) model to classify patients with kidney disease and diabetes among hypertensive patients. The results indicated that the application of the SMOTE technique increased prediction results by up to 13%. The accuracy, precision, recall, and f1-score values obtained from the proposed method are 0.73, 0.57, 0.4, and 0.47, respectively. The f1score value is still relatively low in disease prediction cases, mainly due to the highly imbalanced medical dataset utilized. However, this enhancement was attributed to addressing the challenges of imbalanced data.

**Convolutional Neural Network** is one of the feedforwardtype neural network algorithms that can extract features from data with a convolution structure [140]. This CNN method is usually widely used for problems in image detection, face recognition, and intelligent medical treatment. However, in predicting chronic disease, some use this method as done.

Dev et al. [78] conducted research to enhance stroke prediction. The results obtained using PCA technique with CNN are as follows: accuracy 0.73, f1-score 0.72, recall 0.68, and precision 0.75. However, the study's outcomes indicated that this method still needed to catch up when compared to the effectiveness of the ensemble random forest method. Additionally, this research focused more on analyzing the use of features selection. This research also a limitation of this research is the need for more data imbalance handling, which could impact the robustness and fairness of the predictive model.

Ashrafuzzaman et al. [141] predicted strokes through the utilization of Deep Convolutional Neural Network (CNN), yielding a notable prediction accuracy of 95.5%, precision 96%, recall 100%, f1-score 98%. However, this research focused on problem data handling, namely imputation of missing values using the mean, label encoding, feature selection using univariate selection, feature importance using decision trees, not removing outliers, and feature correlation using heatmaps. So, the CNN algorithm only hypermatized several parameters, such as ReLU value and activation.

Gayathri et al. [142] conducted cancer prediction using Mayfly CNN optimization techniques, achieving impressive prediction results with an accuracy of 97%. However, in that study, the focus was solely on the accuracy value, and specific preprocessing data handling was not specifically discussed. Sateesh and Balamanigandan [143] compared the accuracy performance between the decision tree and Convolutional Neural Network (CNN) methods for predicting heart disease. The decision tree algorithm demonstrates superior accuracy at 87.75% compared to CNN, which achieves 84.5% accuracy. Both algorithms exhibit statistical significance, with an independent sample T-Test value of 0.001 (p<0.05).

## C. BAYES ALGORITHM

This algorithm, also called Bayes Network, has a structural model and a set of conditional probabilities [144]. The structural model is a directional graph in which nodes represent attributes, and arcs represent attribute dependencies. The Bayes method, which researchers often use to predict chronic disease, is Naïve Bayes.

Banerjee [145] conducted a comparison of prediction methods for cancer, explicitly evaluating Naïve Bayes (NB) against K-Nearest Neighbors (KNN) and tree-based (J48) methods. The outcomes demonstrated that the NB method's performance was still slightly lower than the other two methods, with a difference of 1.2% in accuracy. Here are the results from the Naive Bayes model regarding the measurement matrix used: precision 92%, recall 92%, f1-score 92%, ROC 0.97, and MCC 0.83. However, the characteristics of the data were not explained in detail, and the problems in the data needed to be explained.

Patidar et al. [146] compared various machine learning algorithms, including RF, Decision Tree, and K-Nearest Neighbors (KNN), with Gaussian Naïve Bayes for predicting heart disease. The study revealed that the Gaussian Naïve Bayes method achieved the lowest prediction accuracy, with a result of 74.63%. Meanwhile, the precision, recall, and f1-score values are 68.34%, 92.23%, and 78.51%, respectively. The accuracy results of Naive Bayes were still lower than the RF algorithm. The dataset used does not have missing values. Therefore, the preprocessing steps involved one-hot encoding to convert categorical data into numerical form. Additionally, the data was scaled using StandardScaler. However, the analysis of the results was less in-depth, only showing ROC-AUC results.

Chourib et al. [80] categorized stroke patient data using K-Nearest Neighbors (KNN), Naïve Bayes, Decision Tree, and Random Forest algorithms. The study demonstrated that the random forest and decision tree methods achieved the most accurate prediction results compared to naive bayes. The accuracy score of the Naive Bayes model was 82%, while that of the Random Forest model was 85%. Meanwhile, the measurement values of RMSE and f1-score for the Naive Bayes model were 0.91 and 0.9, respectively.

The study handled dataset preprocessing by inputting missing values with a value of 0, removing incorrect data, normalizing the data, and implementing several feature selection techniques such as chi-squared, RFE, and tree-based methods. This algorithm exhibits a weakness, specifically in the assumption of attribute independence. The feature selection technique that yielded the highest prediction measurement values was based on a tree-based method. This assumption introduces a bias that becomes problematic when encountering issues in the dataset, potentially leading to lower prediction accuracy. However, the study focused on examining the influence of implementing various feature selection techniques.

## D. FUZZY ALGORITHM

The Fuzzy theory can encompass inaccuracies or linguistic ambiguities in statements [147]. Fuzzy algorithms typically manifest as IF-ELSE constructs to ascertain the degrees of membership to specific linguistic categories. For instance, when a resulting value of 36.54 falls within a medium or heavy classification, fuzzy algorithms can ascertain how much the value leans towards the medium or heavy category.

Jaiswal Sushima performed detection of diabetic patients using fuzzy Mamdani [148]. The fuzzy algorithm was superior to several algorithms, such as SVM, MLP, and NB. However, the fuzzy mamdani F-Measure results were still lower than J48.

Some other studies that predict diabetes using fuzzy do not fully use fuzzy but are combined with other machine learning algorithms such as SVM [149], neural network [150], and optimization [56]. Praveen et al. [151], predicted kidney failure by utilizing a Neuro-fuzzy approach, achieving a predictive result with an accuracy of 97%, 94% of precision, 96% of specificity, 94% of recall, and 96% of F1-score. In that study, the preprocessing of the data only involved feature selection using the Random Forest model. However, this research did not explain the fuzzy rules created.

Manur et al. [152] harnessed big data for heart disease prediction through a hybrid approach combining fuzzy logic with Deep CNN, achieving a commendable accuracy rate of 95.26% and 92% of f1-score. The preprocessing steps to clean the dataset included removing missing values and noise, and normalization using min-max. However, this study did not mention the fuzzy rules to predict heart disease. This algorithm is seldom employed in isolation for disease prediction, as its standalone usage often yields shallow prediction outcomes.

Nguyen et al. [153] Proposed an attentive hierarchical adaptive neuro-fuzzy inference system (AH-ANFIS) that combined fuzzy inference in a hierarchical architecture with attention for selecting the essential rules. The proposed model benefited from the rule-based structure of ANFIS that enabled the user to interpret the abstractions of hidden layers. The accuracy results obtained were 79.69%. The research also compares with several algorithms, such as SVM and CNN. AH-ANFIS results are superior to the two comparison algorithms. However, the fuzzy rules used are still native to the fuzzy algorithm.

## E. REGRESSION

Regression methods are tailored to forecast continuous numerical outputs by establishing sequence relationships [154]. The domain of statistics has extensively explored regression techniques. Within the realm of disease prediction, familiar methodologies encompass logistic regression and linear regression, commonly employed for forecasting the occurrence of chronic disease. This algorithm exhibits a vulnerability when confronted with imbalanced data. In such cases, underfitting can transpire, leading to diminished prediction accuracy.

Joshi and Dhakal [155] predicted diabetes using the logistic regression method and achieved a prediction result with a accuracy of 78.26% and a cross-validation error rate of 21.74% was observed. The data preprocessing involved imputing missing values using the median value. However, in some studies related to chronic disease prediction, regression methods are still inferior to the accuracy produced compared to ensemble methods (random forest and XGBoost) [71], [156], [157].

Mienye and Sun [156] analyzed an imbalanced costsensitive method using several supervised learning algorithms such as logistic regression and XGBoost. The results obtained by the logistic regression algorithm were 9% lower than the XGBoost algorithm. In this study, the proposed model was applied to several datasets including the Pima Indian Diabetes dataset, Chronic Kidney Disease dataset, and Breast Cancer dataset. The ROC results obtained using the cost-sensitive logistic regression model on the datasets used were as follows: for the Pima Indian dataset, it was 0.8; for the Chronic Kidney dataset, it was 1.0; for the Breast Cancer dataset, it was 0.83; and for the Cervical Cancer dataset, it was 0.98. This research focused more on the application of the imbalanced data method using cost sensitive.

Assegie et al. [157] applied several classification algorithms to see the performance of the most superior algorithm. The classification algorithms used were SVM, DT, RF, and logistic regression. The results showed that the logistics algorithm still needed to be improved for DT and RF. The logistic regression model yielded an accuracy of 85.8%, an AUC of 0.88, and a precision of 94%. Meanwhile, the Random Forest model resulted in an accuracy of 99%, an AUC of 1.0, and a precision of 100%. However, the results were analyzed by looking at the application of the RFE for feature selection technique.

## F. SVM

SVM is one of the best machine learning algorithms primarily used for pattern recognition [158]. This algorithm works based on the hyperplane in the data, where the best results are obtained to find the optimal hyperplane. Tyagi and Mittal [89] employed SVM to classify diabetic patients, achieving an impressive accuracy of 89%, sensitivity of 99%, specificity 73%, precision 98%, and negative predictive value (NPV) 82%. However, it is essential to note that the high accuracy was influenced by how imbalanced data was handled in the study. Among the various imbalanced techniques applied, ADASYN yielded the best results in terms of improving the imbalanced ratio.

In the study, SVM kidney disease prediction for performance results was still inferior to random forest [159]. SVM with Recursive Feature Elimination with Cross-Validation (RFECV) using 9 features resulted in an accuracy of 95.5%, precision of 98.7%, recall of 92.2%, f1-score of 95.3%, sensitivity of 92.2%, and specificity of 98.8% for binary classification cases. However, this study focused on the impact of using two feature selection techniques: RFECV and univariate feature selection (UFS). The best feature selection technique yielded was RFECV.

Kumar et al. [160] utilized SVM for cancer prediction, particularly in high-dimensional data. Several kernels available in the SVM model were used to determine their best performance. The results indicated that the best kernels for predicting cancer cases were the radial basis function (RBF), polynomial, and linear kernels. However, the sigmoid kernel was less suitable for this case. The predictive values for the three best kernels were accuracy 74%, precision 55%, recall 74%, and f1-score 63%. This study implemented feature selection but did not mention which feature selection technique was used and what the results were.

In heart disease prediction, the results of the SVM method are still below the random forest and decision tree [146]. The prediction results using the SVM model were as follows: accuracy 87.31%, precision 84.07%, recall 92.23%, and f1score 87.96%. The accuracy results of Naive Bayes were still lower than the RF algorithm. The dataset used does not have missing values. Therefore, the preprocessing steps involved one-hot encoding to convert categorical data into numerical form. Additionally, the data was scaled using StandardScaler. Examining prediction outcomes from prior studies reveals a recurring trend wherein SVM consistently lags behind other algorithms. This algorithm's inherent limitation becomes evident when tasked with predictions involving datasets characterized by abundant features or highdimensional spaces.

### G. KNN

KNN is an algorithm for identifying unknown categories of data points based on their nearest neighbors of known class [161]. These rules are commonly used for pattern recognition [162], text categorization [163], object detection [164], and event recognition [165].

Syed et al. [124] conducted cancer diagnosis using KNN compared to other machine learning algorithms such as SVM and MLP. The result accuracy of 0.76, precision of 0.75, recall of 0.94, and f1-score of 0.84 were obtained. However, the diagnostic accuracy achieved by KNN was comparatively lower than that of other algorithms. This discrepancy was addressed by applying imbalance oversampling techniques, leading to an improvement in accuracy. This is because the KNN algorithm has difficulties determining the relevant features in the data and determining the biased value of K.

Thummala et al. [166] compared the KNN and Naïve Bayes methods to determine their effectiveness for heart disease prediction. The Naïve Bayes method outperformed the KNN method with a superiority of 3% in accuracy. The precision values generated by the KNN model were 79%, while the Naïve Bayes model achieved 82%. The study focused on measuring precision results. The precision results indicate the presence of issues within the dataset

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used. However, this study did not address the dataset issues. Additionally, this research only compared the two machine learning algorithms used.

Gupta and Goel [167] conducted a study where KNN was utilized to predict diabetes mellitus. The research explored the optimal K value within the range of 1-200. The optimal K value was found to be within the range of 72-73. The performance metrics obtained from the optimal value of K were as follows: Accuracy 81.17%, Precision 84.21%, Recall 58.18%, Specificity 93.94%, F1 Score 68.82%, and Error Rate 18.83%. However, this research mainly emphasized data handling, specifically removing irrelevant features using ANOVA.

Majid and Utomo et al. [168] also compared the KNN method with the AdaBoost ensemble technique in diabetes prediction. The accuracy result obtained for the method KNN + Discretization + Adaboost was 83.18%, while the accuracy value generated by using only the KNN method was 73.2%. However, the results obtained for the KNN algorithm are still 3% lower than the Decision Tree algorithm. In addition, this research applies discretization and the AdaBoost algorithm to combine with KNN. The results indicated that the AdaBoost method achieved higher accuracy compared to KNN.

## H. GENETIC ALGORITHM

Genetic algorithm (GA) is a method based on population genetics using adaptive heuristic search [172]. The GA algorithm performs probabilistic searches based on natural selection and natural genetics. Komal [173] employed a combination of the Genetic Algorithm (GA) and the Random Forest algorithm for diabetes classification, achieving a significant accuracy of 94.5%, specificity of 92.4%, sensitivity of 90%, MCC of 0.886, and ROC of 0.874. However, the analysis in this study was limited to comparison without an in-depth analysis.

In predicting chronic disease, the GA algorithm is mostly hybrid with other methods such as ANN with a result accuracy of 80% [104]. The study focused solely on measuring accuracy results. Azad et al. [86] The prediction of diabetes mellitus was conducted using a hybrid model consisting of decision trees, SMOTE for handling imbalanced data, and GA for dimensionality reduction. The prediction results were an accuracy of 80.19%, error rate of 19.80%, precision of 77%, sensitivity of 85%, f1-score of 81%, and AUROC of 0.84. This study handling missing values and outliers, but did not specify the techniques used.

#### I. OPTIMIZATION

An optimization algorithm finds the value of x such that it produces the smallest or largest possible value of f(x) for a given function [174]. The optimization method researchers often use to predict chronic disease is PSO. Most researchers also perform optimizations based on single machine learning algorithms, such as Optimized

Gaussian Naïve Bayes (OGNB) [175]. The OGNB classifier blends Gaussian naive Bayes, Adaboost, and the random search method to construct a proficient classifier that optimizes prediction scores while mitigating overfitting concerns.

Kumari and Ahlawat [175] study also handled data preprocessing, including imputing missing values using regression, normalization using min-max, and Sequential Backward Feature Elimination (SBFE). The study analyzed the implementation of regression values as missing value imputation, where the application of regression values resulted in an increase in accuracy by 1.6% to 78.74%. However, sensitivity decreased by 6% to 67.87%, precision decreased by 4.4% to 64.89%, and f1-score decreased by 1% to 65.17%. The study also applied SBFE technique, resulting in an accuracy of 81.85%, sensitivity of 81.17%, precision of 81.46%, and f1-score of 72.47%. However, another factor in the dataset, namely imbalanced data, was not addressed in the study.

Ahlawat [176] conducted a study predicting diabetes using KNN optimized by searching for the optimal K value within the range of 1 to 100. Preprocessing of the data included removing outliers using z-score, imputing missing values using regression, normalization using min-max, and feature selection using correlation score. The prediction results obtained with the optimal K value of 23 include an accuracy of 92.28%, precision of 92.38%, recall of 92.36%, and f1-score of 92.36%. However, the study's process of finding the optimal K value was conducted through trial and error.

Ramalingaswamy et al. [177] classified diabetes using the model optimized radial basis function NN. The optimization was done by tuning the hyperparameters of the NN model such as setting activation functions, the number of hidden layers, and the weight between the hidden layer and the output layer. The prediction results yielded an accuracy, sensitivity, and specificity of 73.50%, 64.44%, and 78.75%, respectively. However, the study did not conduct an analysis regarding the issues arising from the medical dataset used.

Reddy et al. [178] introduced a unique approach to diabetes prediction by employing a hybrid method combining PSO with an Artificial Fish Swarm Algorithm. This study also performed data preprocessing, including missing value imputation using the mean and normalization using minmax. The outcome of this approach resulted in an impressive accuracy of 98.5%, sensitivity of 98.7%, specificity 83.2%, MCC 93.8%, and kappa statistics 0.967. However, this research focused on analyzing disease risk factors in the data.

El-Shafiey et al. [179] conducted heart disease prediction using a hybrid approach combining GA and PSO algorithms in conjunction with Random Forests. The predictive outcome of this hybrid method achieved an accuracy of 95.6%, precision of 97.44%, recall of 92.68%, and AUC 0.94. The preprocessing conducted in this study only involved normalization using min-max. However, GA and PSO

#### **V. ISSUES ON PREDICTION RESULT**

Based on the discussions from RQ2 about what approaches to use for dealing with issues in medical data and RQ3 about which machine learning models are used in predicting chronic diseases, this section will discuss which data problems impact prediction results. Additionally, it will explore what types of machine learning models can improve predictions for chronic diseases.

## A. ISSUES RELATED TO DATA

Research into predicting long-term health issues often relies on medical information that's available to the public. This data typically comes from places like the UCI repository and includes sets like the Pima Indian data for diabetes, NHANES for hypertension dataset, microarray for cancer, breast cancer wisconsin dataset, cleveland and statlog dataset for heart disease, stroke event dataset, and chronic kidney dataset. Some of these datasets are easy to find on a popular website called Kaggle (https://www.kaggle.com/datasets). Additionally, there are private medical sets gathered in labs or hospitals that can also be used for predictions. Both public and private medical data share common challenges [20], [77], like missing data, unusual values, choosing relevant information, making the data comparable, and dealing with data that's not evenly distributed. It's important to choose the right methods to address these issues when predicting diseases.

Based on the papers reviewed, data problems significantly impact prediction outcomes. Out of the five data issues discussed earlier, only normalizing the data doesn't affect prediction results. The four data problems that do impact predictions are imbalanced class, missing values, feature selection, and outliers. Among these, imbalanced data has the most significant influence [20], [97]. It disrupts the balance between training and testing data for machine learning algorithms, and addressing it can improve prediction results by 30% [99]. However, feature selection typically only slightly enhances predictions, usually by 2%-3% [68], [69]. Interestingly, using the principal component analysis model for feature selection decreased prediction results by 2% [76]. Regarding outliers, some studies handle them while others do not. Outliers in medical data are important because they might represent accurate values. Hence, dealing with outliers requires careful consideration.

Meanwhile, addressing the missing value problem can involve replacing the value or deleting the null row [63]. In some studies, the ratio of null values is relatively low (2%-5%), thus having minimal impact on prediction results [205]. However, when the ratio of missing values exceeds 80%, there hasn't been much research discussed on this issue. Therefore, in the future, if medical data with a missing value

Disease	Machine Learning Algorithm	Parameter Used	Reasons the Chosen Method
	Decision Tree and J48 [68], [86],	criterion: entropy	Providing information about the importance of each
	[180], [181]	••	feature or variable in decision-making
	C4.5 [86], [181] ID3 and CART [121], [180], [182]	criterion: entropy criterion: gini	Reducing the risk of overfitting The ability to effectively handle categorical vari-
	1D5 and CART [121], [180], [182]		ables
	Random Forest [20], [53], [68], [71],	n_estimators: 300, criterion: entropy	Successfully applied in various disciplines for clas-
	[121], [173], [182], [183]		sification purposes
	AdaBoost [168]	n_estimators: 50	The generated predictions are accurate, and their
	VCPoort [121] [156]	n actimatora 100 caela nos weight 1	implementation is straightforward
	XGBoost [121], [156]	n_estimators: 100, scale_pos_weight: 1	Having parameters scale_pos_weight can assist in addressing this class imbalance
	Fuzzy Logic [149], [150]	Mamdani Technique	Providing flexibility in describing complex relation-
		1	ships among variables
	SVM [71], [89], [149], [180], [181],	kernel: sigmoid	Providing a viable solution
Diabetes Mellitus	[184], [185]	K: 1 to 200	The simplest algoritization method
	KNN [71], [167], [168], [181] Logistic Regression [?], [71], [181],	solver: lbfgs	The simplest classification method Modeling the relationship between a categorical re-
	[186], [187]	501701.101g5	sponse variable and covariates
	Deep CNN [188]	Optimizer: Adam, learning rate: 0.0001	The nature of its architecture is compact and per-
		to 0.01, max pooling	forming only 1D convolutions
	DNN [189]	Learning rate: 0.01, Epochs: 200, K-fold:	Two hidden layer
		5, Hidden layer 1: units 10, Hidden layer 2: units 3, Optimizer: Adam, SGD, RM-	
		Sprop, and Adagrad	
	ANN [70], [190], [193]	Learning rate: 0.1, Layer: 4, Regulariza-	The architecture of ANN is highly flexible
		tion: Lasso and Ridge	
	Naïve Bayes [71], [181], [193]	Posterior distribution	The most efficient and effective inductive learning
	Genetic Algorithm [104], [173], [192]	Population: 50, crossover probability:	for machine learning Optimal parameter combination for predictive
		0.7, mutation probability: 0.1	model
	Optimized NN [176], [177]	epoch: 400, learning rate: 0.01, hidden	Flexible in tuning parameters
		layer: 2	
	Optimized Gaussian Naive Bayes [175]	Number of weak learners: 50, learning rate: 0.1, random state: 50	Chosen risk factors for the development of an improved diagnostic system
	Decision Tree [120], [196], [197]		Handling a combination of numerical and categori-
		gini	cal data, often encountered in medical data
	Random Forest [115], [120], [128],	Criterion: gini, max_depth: none,	Effectively addressing class imbalance through
	[196], [197] AdaBoost [120]	n_estimators: 150 n_estimators: 50, learning_rate: 0.5, al-	techniques such as weighted classes Addressing the issue of class imbalance by assigning
		gorithm: SAMME	greater weight to prediction errors on samples from
			the positive class
	XGBoost [113], [115], [120], [128],	n_estimators: 300, scale_pos_weight: 1,	Provides numerous parameters that can be opti-
	[195], [196]	max_depth: 4, Sampling method: uni-	mized
	Bagging [125]	form, eta: 0.3, booster: gbtree n_estimators: 20,	Becoming more robust to outliers
Cancer		base_estimator: decision tree	becoming more robust to outners
	SVM [7], [40], [108], [120], [160],	Kernel: rbf, gamma: 1, C: 10	Effective in high-dimensional feature space
	KNN [76], [108], [120], [124], [145], [198]	Algorithm: ball_tree, p:2, n_neighbors: 14	Capturing non-linear and complex patterns in data
	MLP [115]	Optimizer: Adam, learning rate: 0.001	Identifying complex patterns that may be associated
			with cancer
	CNN [96]	Learning rate: 0.01, Epochs: 100, Opti-	Recognizing patterns and relationships among struc-
	ANN [77]	mizer: Adam Learning rate: 0.01, Regularization:	tures The ability to automatically extract relevant features
		Lasso and Ridge	from data
	Naïve Bayes [71], [181], [193]	Posterior distribution	Requires minimal training data and exhibits high
			prediction speed
	Decision Tree [80], [199], [200]	max_depth: none, criterion: gini	Capable of handling mixed data types
	Random Forest [9], [63], [103]	Criterion: entropy, max_depth: 50, n_estimators: 150	More tolerant to overfitting compared to a single decision tree
Stroke	XGBoost [63]	max_depth: 1-10, gamma: [0, 0.4-1],	Boosting for accuracy prediction
		min_child_weight: [1-6,8,10]	
	C4.5 [205]	Criterion: gini, max_depth: none,	Automatically identifying key risk factors associ-
	CatPoost [10]	n_estimators: 150	ated with stroke Utilizing the class weights parameter for handling
	CatBoost [10]	learning_rate: 0.03, class_weight: 1, iter- ations: 100, depth: 6	imbalanced classes
	Logistic Regression [63]	C: [0.01, 0.1, 1, 10, 100], penalty: 11, 12	Modeling the relationship between a categorical re-
			sponse variable and covariates

## TABLE 5. Detailed of machine learning algorithms for predicting each chronic disease.

## TABLE 6. Detailed of machine learning algorithms for predicting each chronic disease (continued).

Disease	Machine Learning Algorithm	Parameter Used	Reasons the Chosen Method
	MLP [63], [202]	Optimizer:[sgd,Adam],learn-ingrate:[constant,adaptive],activation:[tanh,relu],alpha:[0.0001,0.05],hiddenlayersize:[(2,5,10),(5,10,20),(10,20,50)]	have flexible architectures with multiple hidden lay- ers and neurons
CNN [78]		kernel: 3, activation: relu, convolution layer: 2, linear layer: 2, Features In/Out: 32/16 and 16/1	Capable of processing and leveraging large-scale data
G- 1	Deep CNN [141]	activation: relu, dropout: [32,32], learn- ing rate: 0.5, batch size: 32	The ability to build complex feature hierarchies
Stroke	LSTM-RNN [203]	epoch: 10, activation: relu, learning rate: 0.1	The model enables the retention and comprehension of temporal patterns and relationships among data in a time sequence
	DNN [204], [206]	Learning rate: 0.001, loss function: en- tropy, neurons: 12, layer: 9, Optimizer: Adam	Effectively handling the presence of missing values
	KNN [63], [80], [201]	algorithm: [auto, ball tree, kd tree], leaf size: [1,2,3,5], n_neighbor: 3,4,5,7,9,12,14,15,16,17, weight: [uniform, distance]	The simplest classification method
	Naive Bayes [80], [130], [201], [202]	var_smoothing: 0.0533	Having low time complexity and simplicity in terms of implementation
	SVM [63], [200]– [202]	Kernel: [rbf,linear,sigmoid], gamma: [0.01,0.001,0.0001], C: [0.001,0.01,0.1,10,25,50,100,1000]	Effective in high-dimensional feature space
	Decision Tree [12], [21], [106], [209]	max_depth: none, number of tree: 100, criterion: gini	providing information about the importance of each variable in making predictions
	Random Forest [11], [102], [207]	Criterion: gini, max_depth: 5, n_estimators: 50	More tolerant to overfitting compared to a single decision tree
	XGBoost [11], [207]	max_depth: 5, number trees: 50	Handling correlated variables effectively and even identifying interactions among these variables adeptly
	C4.5 [11], [12]	Criterion: gini, max_depth: 5, n_estimators: 50	Equipped with built-in pruning strategies to prevent overfitting
Hypertension	LightGBM [102], [114]	min child samples: 299, min child weight: 10, reg alpha: 2, reg lambda: 1,	LightGBM efficiently handles categorical features without the need for one-hot encoding
	ANN [99], [210]	n_estimators: 1600, learning rate: 0.1 learning rate: 0.01, activation: relu, loss function: entropy, input nodes: 11, hid- den nodes: 7, output nodes: 2	The ability to automatically extract relevant features from data
	MLP [12]	num of epoch: 500, learning rate: 0.3, momentum: 0.2	have flexible architectures with multiple hidden lay- ers and neurons
	KNN [114], [207], [209]	weight: [uniform,distance], p:1-20, n_neighbors: 1-20	Capturing non-linear and complex patterns in data
	SVM [11], [207], [209]	Kernel: [linear,rbf], gamma: 1	Can handle complex and unstructured data effec- tively
	Naive Bayes [102], [207]	posterior distribution	Providing good results without requiring a very large amount of training data
	Logistic Regression [102], [207]– [209]		The logistic regression exhibits resistance to outliers
	Decision Tree [15], [127], [146], [157], [211]	max_depth: none, criterion: gini	Explaining the relationship between predictor vari- ables and the target
	Random Forest [15], [127], [132], [146], [157], [211], [212]	Criterion: gini, n_estimators: 100	Effectively addressing the common issue of class imbalance often encountered in medical datasets
	AdaBoost [105], [126] XGBoost [105], [127], [134], [211]	n_estimators: [10,50,100,200, learning_rate: 0.5, algorithm: SAMME n_estimators: 300, scale_pos_weight: 1, max_depth: 4, min child weight:	Adaboost can utilize relatively simple base models XGBoost has various parameters that can be opti- mized to enhance the models performance, such as
Cardiovecouler		5, gamma: 1.5, subsample: 1, colsample_bytree: 0.6	the learning rate
Cardiovascular	NN [15]	hidden layers: 100, activation: truncated linear transform, optimization: adam, epoch: 200	ANN can undergo automatic exploration of archi- tecture and model parameter
	MLP [16], [211]	number of layers: [1,3,5], max units: [30,50,100], dropout: [0,0.5]	MLP can handle missing data effectively
	RNN [16]	[1,2], bidirectional: [true,false], dropout: [1,2], bidirectional: [true,false], dropout: [0,0.3], model: [GRU,LSTM,RNN]	RNN have a memory mechanism that allows them to remember past information and use it to make predictions

Disease	Machine Learning Algorithm	Parameter Used	Reasons the Chosen Method
	CNN [143]	kernel: 5, activation: relu	Capable of processing and leveraging large-scale
			data
	DNN [61]	Learning rate: 0.01, epoch: 40, Opti-	Effectively handling the presence of missing values
		mizer: Adam	in the data
	KNN [15], [146], [166], [211], [212]	metric: minkowski distance,	The strength to handle outliers is due to its non-
		n_neighbor: 5, weight: distance	involvement in assumptions about a specific data
			distribution
Cardiovascular	SVM [15], [16], [146], [157]	Kernel: rbf, degree of polynomial: 3,	Effective in handling datasets with a smaller number
		cache size: 200mb	of samples
	Logistic Regression [15], [16], [146],	C: 100, optimization algorithm:	The logistic regression exhibits resistance to outliers
	[157], [211], [212]	broyden-Fletcher-Goldfarb-Shanno	
		algorithm with limited memory, penalty:	
		ridge	
	Naive Bayes [15], [146], [166]	var_smoothing: 10 <sup>9</sup>	The Naive Bayes model is relatively simple and
		- 0	quick to train
	Genetic Algorithm [62], [179], [212]	number of generations: 100, crossover	Genetic Algorithm can assist in addressing the chal-
		rate: 0.5, mutation rate: 0.07-0.08, pop-	lenge of class imbalance by optimizing the selection
		ulation size: 50	of parameters and model structures
	Decision Tree [13], [14], [26], [98],	criterion: entropy	Decision tree can provide insights into the signifi-
	[217]	15	cance of each feature in the decision-making process
	Random Forest [13], [26], [81], [214],	Criterion: entropy, n_estimators: 50, max	Capable of handling imbalanced datasets effectively
	[217]	depth: 2	
	AdaBoost [26], [64]	n_estimators: 100, learning_rate: 0.5, al-	Adaboost has an inherent property to reduce overfit-
		gorithm: SAMME	ting
	XGBoost [26], [81]	n_estimators: 100, scale_pos_weight: 1,	XGBoost is designed for handling large-scale data
		max_depth: none	and parallelization
	J48 [65]	n_estimators: 100	J48 provides information about the importance of
			each feature in the decision-making process
IZ'1 E'1	ANN [66], [98]	learning rate: 0.001, activation: relu,	ANN are adaptive and can model complex data dis-
Kidney Failure		epoch: 200, momentum: 0.9	tributions
	MLP [26]	Optimizer: Adam, activation: relu, hid-	MLP can exhibit robustness to noisy data, which
		den layer: 28	might be present in medical datasets
	SVM [13], [26], [81], [98], [159],	Kernel: rbf, gamma: 3, C: 1	SVM are suitable for datasets with a relatively small
	[214], [215]		to medium-sized number of samples
	Naive Bayes [14], [65]	posterior distribution	Naive Bayes can perform well even with a large
		-	number of features
	KNN [65], [98], [215]	n_neighbor: 1-9, weight: distance	KNN adapts well to changes in data or distribution
	Logistic Regression [81]	C: 1000, penalty: ridge	Providing output in the form of predictive probabil-
			ity
	Fuzzy Logic [151]	Mamdani Technique	Easily interpretable by humans as fuzzy rules can be
		*	formulated in natural language
	1	1	

#### TABLE 7. Detailed of machine learning algorithms for predicting each chronic disease (continued).

ratio of over 80% emerges, it will require a different approach than current techniques.

## B. ISSUES RELATED TO MACHINE LEARNING ALGORITHMS

In addition to data-related challenges, other studies suggest that optimizing or modifying the machine learning algorithms used can also improve prediction outcomes. For example, Cai et al. [115] predicted cancer using an optimized naïve Bayes algorithm, achieving an AUC of 0.98, accuracy of 0.98, and specificity of 0.97. Kumar et al. [128] optimized an ensemble stacking model for cancer prediction, resulting in an impressive accuracy of 99.45%, precision of 99%, recall of 98%, and F1-score of 99%. Manur et al. [152] explored heart disease prediction by combining fuzzy logic and Deep CNN models, achieving a commendable accuracy rate of 95.26% and an F1-score of 92%.

Selvi et al. [170] conducted diabetes prediction research by employing a hybrid model that combined the improved k-means clustering technique with an ensemble method (gradient boosting tree). Improved K-means clustering intro-

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duces a new mechanism where the seed value is determined based on the minimal clustering error (CE). The gradient boosting tree model utilizes functions as parameters, making it challenging to enhance using conventional optimization techniques in Euclidean space. The model consistently outperforms other methods, achieving impressive precision of 99.23%, recall of 97.48%, accuracy of 97.79%, F1-score of 98.34%, and kappa value of 95.02%.

El-Shafiey et al. [179] proposed a hybrid model combining genetic algorithm with particle swarm optimization was employed. Both algorithms were utilized to determine the best features for classification. Following the application of these algorithms, a set of 9 features out of the original 13 was selected for use. Additionally, the classification model employed in this study was random forest. The predictive performance of this hybrid approach yielded an accuracy of 95.6%, precision of 97.44%, recall of 92.68%, and an AUC of 0.94.

Shrestha et al. [185] conducted the SVM model was modified to enhance its optimally, resulting in a model called Sparse Balance (SB)-SVM. The proposed solution

Category	Method	Strength	Weakness	Paper
	Decision Tree	The data preprocessing was simple	Overfitting on complex training data	[180]
	KNN	Simple and easy to implement	Susceptible to noise and outliers	[181]
	Naive Bayes	Resistant to data loss	Attributes are mutually independent	[184]
Supervised Learning	SVM	Effective in high-dimensional fea- tures	Determining the correct kernel	[185]
	Fuzzy Logic	Modeling is intuitive	Overfitting when the rules defined are too complex	[150]
	Logistic Regression	Suitable for binary classification	Sensitive to outliers	[186], [187]
	Random Forest	Overcomes overfitting and can handle imbalance data	High time computing	[182], [183]
	Bagging	Prediction results are more stable	Higher computing	[125]
Ensemble Learning	Stacking	Effective in handling datasets with complex characteristics and patterns	High computation and overfitting	[128]
	Voting	Stable and robust	Giving equal weight to the base model	[124], [127], [197]
	XGBoost	Ability to handle missing values and imbalanced data	Hyperparameter setting and overfit- ting	[134]
	AdaBoost	Effective in handling imbalanced data	Sensitive to noise and outliers	[168]
	ANN	Able to overcome noise and incom- plete data	Large amounts of data and hyperpa- rameter settings	[139]
Deep Learning	CNN	Automatic feature extraction	Requires large training data and com- putational time	[143]
	DNN	Good understanding of patterns	Requires large training data and com- putational time	[189]
	MLP	Able to overcome classification prob- lems in data processing	Requires large data and non-trivial hyperparameter settings	[160]
	Genetic Algorithm	Search a wide solution space	Computational time and does not guarantee an optimal solution	[173]
Reinforcement Learning	PSO	Ability to converge to an optimal so- lution	Sensitive to initial configuration	[173]
	AFS	Efficient in optimization problems	Does not guarantee an optimal solu- tion	[178]

TABLE 8. Comparison of strength and weakness machine learning algorithms in chronic disease prediction.

addresses the shortcomings of longitudinal and sparse data. Additionally, mean imputation will be employed to handle missing data by replacing missing values with the mean of each variable. Researcher utilize SB-SVM to enhance the interpretability of the model and address imbalanced data. The predictive performance metrics for the model are as follows: accuracy of 76.36%, precision of 66.86%, recall of 76.74%, AUC of 0.85. This research enhances the accuracy by 9.14%, precision by 3.93%, recall by 6.78%, and AUC by 0.16 compared to the state-of-the-art solution.

Chen et al. [204] proposed a novel Hybrid Deep Transfer Learning-based Stroke Risk Prediction (HDTL-SRP) scheme to exploit the knowledge structure from multiple correlated sources (i.e., external stroke data, chronic diseases data, such as hypertension and diabetes). The proposed HDTL-SRP framework operated in a distributed manner, eliminating the need to directly share patients' records between hospitals. It consist of four components:

- Generative Instance Transfer (GIT): Utilizing GAN in external data to generate synthetic instances for model training.
- Network Weight Transfer (NWT): Utilize data from highly correlated diseases such as hypertension or diabetes.
- 3) Bayesian Optimization (BO): Employed to identify the best transferred parameters.

4) Active Instance Transfer (AIT): Selecting informative synthetic stroke instances to create a balanced stroke dataset, subsequently used to fine-tune the SRP model.

The predicted outcomes of the proposed model were an accuracy of 78.7%, recall of 67.8%, f1-score of 77.2%, and an AUC of 0.84.

Chang et al. [218] conducted hybrid XGB-SVM model was proposed to predict whether hypertensive patients would develop hypertensive heart disease within three years. The hybrid model utilizes the XGB method as a feature converter to construct new feature combinations for training the SVM model. This study employs the AUC and INE (Improved Normalized Entropy) metrics for measurement. The AUC value is 0.93 and the INE value is 0.895. Both values are superior compared to other single models such as RF, XGBoost, RF+SVM, and Gradient Boosting DT. In model evaluation, a smaller INE value and a larger AUC value indicate better model performance. This approach can help alleviate the psychological, physiological, and economic burden associated with the disease.

Research that explores hybrid or optimized machine learning algorithms aims to develop more robust models for chronic disease prediction. However, only a few studies have focused on hybrid or optimized models, specifically addressing significant factors that affect prediction outcomes when handling preprocessing datasets [77], [219]. This highlights the importance of preparing datasets to be clean and suitable for analysis, as it significantly impacts disease prediction outcomes, particularly in managing feature selection and imbalanced data [20].

## **VI. IMPLICATIONS AND APPLICATIONS**

In this section, we will discuss the ethical implications of machine learning for use in healthcare services, which include several topics such as privacy of patient data, potential algorithmic bias, the relationship between prediction results and prevention of chronic diseases, and the practical application of machine learning in healthcare services for early intervention. To address these ethical implications, collaboration among experts in ethics, law, technology, and healthcare is crucial. By considering these aspects, the use of machine learning in healthcare services can provide significant benefits to patients while ensuring that ethical principles and fairness are thoroughly maintained.

## A. PRIVACY OF PATIENT DATA

Here are some key points in discussing the ethical implications in the privacy of patient data section:

## 1) PATIENT DATA PRIVACY PROTECTION

ensuring patient data privacy is crucial when using machine learning in healthcare services. Patient medical data is highly sensitive and must be tightly guarded. This includes information like medical history, lab test results, medical records, and personal identification information. Misuse or violation of patient data privacy can have serious consequences for patients, including personal information misuse, discrimination, or even physical security risks.

### 2) TRANSPARENCY AND CLARITY

the use of machine learning in healthcare services should be supported by adequate transparency and clarity for patients. This means patients should be given clear information about the types of data collected, how the data will be used, who will access the data, and how the data will be stored and protected. Patients should give appropriate consent before their medical data is used in analysis or machine learning model development.

#### 3) ANONYMIZATION

in situations where patient data needs to be used to train or test machine learning models, anonymization steps should be taken to protect patient privacy. This involves removing or replacing personal identification information so individuals cannot be directly identified from the data. However, it's important to note that these techniques may not always guarantee data security perfectly, especially when data is combined with other data sources or when there is indirectly identifiable sensitive information.

## 4) STRONG DATA SECURITY

implementing strong data security measures is essential to protect patient data from unauthorized access or security breaches. This includes data encryption, limited access only to authorized personnel, strong authentication systems, data access monitoring, and other technical security measures. Additionally, clear protocols should be in place to handle data security breaches if they occur, including notifying affected patients and complying with applicable data privacy regulations.

### 5) MONITORING AND AUDITING

the use of machine learning in healthcare services should be continuously monitored and audited to ensure compliance with data privacy principles. This involves routine evaluation of the algorithms and processes used, as well as identifying and addressing potential privacy breaches or algorithmic biases.

## **B. POTENTIAL ALGORITHMIC BIAS**

Algorithmic bias can occur when machine learning algorithms make inaccurate or unfair decisions or recommendations because they are based on unrepresentative data or contaminated by certain assumptions or preferences. Here are some potential implications of algorithmic bias in machine learning for healthcare services:

## 1) INCORRECT DIAGNOSIS

if machine learning algorithms are used to support disease diagnosis, algorithmic bias can lead to errors in recognizing symptoms or specific risk factors in patients. For example, if the algorithm is only trained using data from a specific population that does not reflect demographic or genetic diversity comprehensively, then the algorithm may not be able to recognize relevant symptoms or risk factors in patients from different backgrounds.

#### 2) SUB-OPTIMAL TREATMENT

machine learning algorithms can also be used to provide recommendations related to necessary treatments or interventions for patients. However, if the algorithm does not consider the individual needs of the patient accurately, then the recommendations provided can be sub-optimal or even counterproductive. For instance, if the algorithm tends to provide treatment recommendations based on data from a specific population without considering the health conditions or preferences of individual patients, then this can result in treatments that do not meet the patient's needs.

## 3) INEQUALITY IN ACCESS TO CARE

Algorithmic bias can also result in inequality in access to healthcare. If machine learning algorithms tend to provide recommendations or make decisions that benefit one demographic group while neglecting the needs or preferences of other groups, then this can lead to inequality in access to healthcare. For example, if the algorithm tends to prioritize treatment or interventions for patients from a certain group while neglecting patients from other groups, then this can exacerbate disparities in healthcare. To address the potential implications of algorithmic bias in machine learning in healthcare services, several steps can be taken, including:

- 1) Use of Representative Data: Ensuring that the data used to train machine learning algorithms reflects population diversity comprehensively, including demographic, ethnic, and geographic diversity.
- 2) Regular Evaluation: Conducting regular evaluations of the performance of machine learning algorithms to identify and address biases that may arise.
- 3) Transparency and Accountability: Ensuring transparency in the use of machine learning algorithms in healthcare services and being accountable for the consequences of the decisions or recommendations generated by these algorithms.
- 4) Education and Awareness: Increasing awareness and understanding of the potential algorithmic bias among healthcare professionals and other relevant stakeholders to ensure that decisions are based on accurate and reliable information.

## C. THE RELATIONSHIP BETWEEN PREDICTION RESULT AND PREVENTION OF CHRONIC DISEASES

The use of machine learning in healthcare services also has a significant impact on preventing chronic diseases. By utilizing algorithms that can quickly and accurately analyze patient data, healthcare professionals can identify risk factors for chronic diseases earlier and provide timely interventions to patients. However, it is important to note that accuracy in predictions does not always equate to effectiveness in disease prevention. There are ethical aspects to consider regarding how these prediction results are used. For example, if prediction results indicate that someone is at high risk of developing a chronic disease, but the recommended interventions are financially unaffordable for the patient, this can lead to issues of unequal access to healthcare. Therefore, it is important for developers and users of machine learning systems to consider not only the accuracy of predictions but also the social and economic implications of the recommended interventions.

## D. THE PRACTICAL APPLICATION OF MACHINE LEARNING IN HEALTHCARE SERVICES FOR EARLY INTERVENTION

One of the main benefits of machine learning in healthcare services is its ability to detect symptoms of diseases or health risks early on. For instance, algorithms can be used to analyze patterns of symptoms or biomarkers that may indicate the development of certain diseases in patients. By detecting symptoms or health risks early, healthcare professionals can provide early interventions, which in turn can improve patient prognosis and reduce the burden of chronic diseases in the long term. However, in implementing machine learning for early interventions, it is important to strike a balance between clinical benefits and adherence to patient ethics and privacy. It is important to ensure that patients provide appropriate consent for the use of their data in analysis and that adequate data security measures are implemented to protect their privacy.

#### **VII. OPEN ISSUES AND FUTURE WORK**

Based on the review of articles related to chronic disease prediction, a gap opportunity was identified for future work. This gap opportunity consists of two aspects: preprocessing data handling and machine learning model. In this section, we will discuss opportunities related to both aspects, this also addresses RQ4.

#### A. PREPROCESSING DATA HANDLING

Some future work on the data issues that can be developed is applying a collection of other disease datasets with broader features or variables and applying the other techniques for outlier detection [21]. Improving the missing value algorithm to predict different types of disease [53]. Applying SMOTE and ensemble techniques to big-data analysis [64]. Systematically set hyperparameters and address the problem of imbalanced datasets [66].

Creating new datasets with more valuable characteristics and more individuals allows for better generalization of learning [74]. The derived feature techniques are used for other diagnoses in the health domain [75]. Integrating electronic record datasets with background knowledge about various diseases [78].

The data used cover different geographical areas and origins. It would be interesting to examine how the model behaves with a mixed group of men and women [92]. Learning more factors influencing hypertension. According to the literature, family history and risk factors such as smoking and alcohol abuse are directly related to hypertension. Additionally, it uses population health data to update this information [114]. Check whether the base classifier is optimal and attempt feature engineering [115].

Extending the model to handle different types of data using other feature selection methods, investigating the role of machine learning models in handling time series data, and applying classification with deep learning algorithms to study improving classification accuracy [125]. Applying alternative methods to handling imbalanced data [129]. Applying semantic similarity measures to include similarity information between features (for example, using latent semantic indexing [129].

Collecting new CT scan data [130]. It was conducting hyper-parameter tuning and feature selection [146]. Applying other combinations of feature selection, re-sampling, and cost-sensitive learning methods [156]. Explore the side effects that can cause diabetes [178]. Evaluate the model using other datasets and risk factors that influence chronic disease [182]. Studying the power of genetic programming on incomplete dataset [199]. Collecting a new data set originating from hospitals [202]. Carry out feature importance analysis to determine control indicators [206].

#### TABLE 9. List of glossary on prediction of chronic disease.

Abbreviation	Alias	Description
AdaBoost	Adaptive Boosting	Popular ensemble learning tech-
Adaboost	Adaptive Boosting	nique in machine learning that
		combines multiple weak classi-
		fiers to create a strong classifier
AdaGrad	Adaptive Gradient	Gradient-based optimization algo-
- Idu oliub	Algorithm	rithm commonly used in machine
		learning for training models
Adam	Adaptive Moment Es-	Optimization algorithm
	timation	commonly used in machine
		learning for training deep neural
		networks
ANN	Artificial Neural Net-	Computational model inspired by
	work	the structure and function of the
		human brain, consisting of inter-
		connected nodes called neurons
		that process and transmit informa-
		tion
AFS	Artificial Fish Swarm	Computational algorithm inspired
		by the collective behavior of fish
		schools for solving optimization
	A 1 ' 0 X7 '	problems in various domains
ANOVA	Analysis of Variance	Statistical method in feature se-
		lection used to compare means of
		two or more groups to determine whether there are statistically sig-
		nificant differences between them
ADASYN	Adaptiva Supthatia	
ADASIN	Adaptive Synthetic Sampling	Generates synthetic samples for the minority class by adaptively
	Sampling	adjusting the balance between the
		classes based on their densities
Bagging	Bootstrap	Ensemble learning technique in
Dagging	Aggregating	machine learning that improves the
	Aggregating	stability and accuracy of models
		by training multiple base models
		on different subsets of the train-
		ing data using bootstrapping and
		then combining their predictions
		through averaging (for regression)
		or voting (for classification)
CatBoost	Category Boosting	Typically involve iteratively train-
		ing weak models (e.g., decision
		trees) that focus on predicting spe-
		cific categories or levels of the tar-
		get variable
CART	Classification and Re-	Predictive modeling technique that
	gression Tree	uses binary tree structures to re-
		cursively partition the dataset into
		subsets based on the value of in-
		put features, ultimately resulting in
		either classification or regression
CDES	Correlation Based	outcomes for each leaf node Method used in machine learning
CBFS	Correlation Based Feature Selection	
	reature selection	to identify and select the most rel- evant features for improving the
		performance of predictive models
CNN	Convolutional Neural	Deep learning model commonly
	Network	used for image recognition and
	THEWOIK	classification tasks
DNN	Deep Neural Network	Type of artificial neural network
		that consists of multiple hidden
		layers, enabling it to learn complex
		patterns and relationships in data
DNA	Deoxyribose Nucleic	Molecule that carries the genetic
1 201 1/1		
	Acid	instructions for the development
	Acid	instructions for the development, functioning, growth, and reproduc-
	Acid	functioning, growth, and reproduc-
	Acid	

1	TABLE 10. List of glossary on prediction of chronic disease (continued).				
	Abbreviation	Alias		Description	
	CDM	Gradiant	Doosting	Machina loorning algorithm that	

ADDICVIATION	Anas	Description
GBM	Gradient Boosting Machine	Machine learning algorithm that builds predictive models by com- bining the predictions of multiple weak learners, typically decision trees, in a sequential manner while
		minimizing the loss function using gradient descent
GRU	Gate Recurrent Units	Recurrent neural network (RNN) architecture that is designed to effi- ciently capture long-range depen- dencies in sequential data by utiliz- ing gating mechanisms to control the flow of information within the network
IQR	Inter Quartile Range	statistical measure that represents the range between the first quar- tile (25th percentile) and the third quartile (75th percentile) of a dataset
IIQR	Improve Inter Quar- tile Range	Increasing the sample size or us- ing more robust statistical meth- ods may also help improve the ac- curacy and reliability of the in- terquartile range estimation
KNN	K-Nearest Neighbors	Non-parametric machine learning algorithm used for classification and regression tasks
LASSO	Least Absolute Shrinkage and Selection Operator	Regression analysis method that performs both variable selection and regularization to improve the prediction accuracy and interpretability of the statistical model
LR	Logistic Regression	Statistical model used for binary classification tasks, where the out- put variable takes on two possible outcomes
MCC	Matthew Correlation Coefficient	Measure of the quality of binary classifications, taking into accoun true and false positives and nega- tives. It ranges from -1 to 1, where 1 indicates perfect prediction, 0 in- dicates random prediction, and 1 indicates total disagreement be- tween prediction and observation
MLP	Multi-Layer Perceptron	Artificial neural network consist- ing of multiple layers of nodes each connected to the nodes in the adjacent layers
MRMR	Minimum Redundancy Maximum Relevance	Select a subset of features that have the highest relevance to the target variable while minimizing redundancy among the selected features
NB	Naïve Bayes	Probabilistic machine learning al- gorithm based on Bayes theo- rem, often used for classifica- tion tasks, assuming independence among features
MCMC	Markov Chain Monte Carlo	Computational technique that uses Markov chains to sample from complex probability distributions commonly employed in Bayesiar statistics and machine learning

prediction accuracy [61]. Predicting survival duration using the regression model [66]. The other research is developing real-time and precise AdaBoost models for other disease detection [69]. Predict whether someone's with risk factors

## **B. MACHINE LEARNING MODEL**

Some future works on machine learning algorithm issues include combining various prediction algorithms to increase

### TABLE 11. List of glossary on prediction of chronic disease (continued).

Abbreviation	Alias	Description
NCL	Neighborhood Clean- ing Rule	Data preprocessing technique that removes noisy instances from im- balanced datasets by considering the majority class instances in the neighborhood of minority class ex- amples
ODNN	Optimal Deep Neural Network	Model architecture and parameters that achieve the best performance for a specific task, balancing com- plexity and accuracy based on the available data and computational resources
PSO	Particle Swarm Opti- mization	Population-based optimization al- gorithm inspired by the social be- havior of birds flocking or fish schooling
РСА	Principal Component Analysis	Dimensionality reduction technique used to transform high-dimensional data into a lower-dimensional space while preserving most of the variability in the data
RDA	Red Deer Algorithm	The algorithm simulates the mat- ing behavior of red deer, where stags compete to find mates by balancing between exploration and exploitation of the search space
RepTree	Reduced Error Pruning-Tree	Technique used in decision tree algorithms to improve their gen- eralization performance and avoid overfitting
RF	Random Forest	Improves on decision tree perfor- mance by introducing randomness during the construction of each tree and combining the predictions of multiple trees to reduce overfit- ting and improve accuracy
RFE	Recursive Feature Elimination	Feature selection technique used in machine learning to select the most important features from a given dataset
RMSprop	Root Mean Squared Propagation	Mathematical calculation used to measure the average magnitude of a set of values
ROS	Random Oversampling	Instances from the minority class are randomly duplicated or repli- cated to increase their representa- tion in the dataset and balance the class distribution
RUS	Random Undersampling	Instances from the majority class are randomly removed or down- sampled to reduce their representa- tion in the dataset and balance the class distribution
SGD	Stochastic Gradient Descent	Particularly useful when dealing with large datasets or complex models, as it allows for efficient training by processing data in mini-batches rather than all at once
SVM	Support Vector Ma- chine	Handle both linear and non-linear classification problems by using different kernel functions
SMOTE	Synthetic Minority Oversampling Technique	Specifically, for each minority class instance, SMOTE identifies its k nearest neighbors in fea- ture space and creates synthetic in- stances by randomly selecting one or more of these neighbors and in- terpolating between them

for chronic kidney failure such as diabetes, hypertension, and a family history of kidney failure suffers from chronic kidney failure in the future or not using the appropriate dataset [81].

Ensemble model (NB + LR) to be integrated with the web application. The web application (user interface) will be

#### TABLE 12. List of glossary on prediction of chronic disease (continued).

Abbreviation	Alias	Description
SNE	Stochastic Neighbor Embedding	Dimensional reduction technique used for visualizing high- dimensional data in a lower- dimensional space, typically two or three dimensions, while preserving the local structure of the data as much as possible
SS	Stability Selection	This technique is particularly use- ful in high-dimensional datasets where the number of features is much larger than the number of samples, and it can be applied with various machine learning al- gorithms and model types
UCI	Repository Irvine	This repository is a collection of datasets that are widely used for machine learning research and experimentation
WGAN	Wasserstein Genera- tive Adversarial Net- works	Variant of Generative Adversarial Networks (GANs), which are a class of deep learning models used for generating synthetic data that resembles real data
XGBoost	Xtreme Gradient Boosting	XGBoost builds an ensemble of decision trees sequentially, where each tree corrects the errors made by the previous trees. It uses gra- dient boosting techniques to opti- mize a specific objective function, such as mean squared error for re- gression problems or log loss for classification problems

developed so that the user can input the attributes required for heart disease prediction to help doctors as well [105]. Evaluating deep learning-based models for stroke [130]. Build a real-time cardiac diagnosis model by combining several machine learning models and incorporating the latest data preprocessing techniques [134]. Using the ensemblebased method [146].

Implement a deeper hierarchical fuzzy inference system that integrates expert knowledge for expert systems [154]. Applying ANOVA and KNN models for bigger data sizes [167]. Combination of other classification algorithms with genetic algorithms to produce high accuracy [173]. Make comparisons with other prediction models [182]. Adopt embedded method to extract intelligent patterns [186]. It is building a model to imagine a stroke in one day with the aim of doctors being able to treat their patients as early as possible [205].

Expanding the prediction model by collecting data that includes more influencing factors such as family history, smoking, and alcohol [210]. Shows the possibility of someone's suffering from the disease using a machine learning algorithm [212]. Shows the stage of the disease that has been reached [216]. Uses predictive proposed models (hyrbid XGB-SVM) for other problems in disease [218].

## C. EXPLAINABLE ARTIFICIAL INTELLIGENCE (XAI)

On the other hand, XAI is also an issue that is currently the subject of much research, particularly in the field of chronic

disease prediction. One of the goals of XAI is to understand the mechanisms behind a machine learning prediction model to create reliable, non-invasive, and advanced prediction tools for doctors [63]. Some future work on XAI issues includes using techniques other than Shapley Additive Explanations (SHAP) to measure the significance of individual features by assessing their average marginal contribution across all potential combinations [63].

Evaluating the performance characteristics of XAI approaches such as Local Interpretable Model-Agnostic Explanations (LIME) and SHAP for other relevant datasets [121]. Additionally, enhancing model explainability can be attempted using different machine learning algorithms to develop various types of ensemble models [121]. Further independent studies should be conducted to test the performance of the Bayesian Optimization-TabNet model, which can be generally explained in predicting diabetes.

Using XAI for attribute reduction and interpreting the final prediction system. Addressing issues in finding samples and health standards for real-time datasets, and also evaluating ensemble models using the XAI framework. XAI can be valuable in medical practice, helping stakeholders accept recommendations to reduce patient readmission and save public healthcare costs in the future. Other researchers can use the proposed XAI framework, such as feature importance and LIME, for predicting other diseases like heart disease. Applying the XAI frameworks Eli5 and LIME for predicting diseases other than stroke.

Based on the future work outlined in previous research, there are still significant opportunities for conducting further research related to the prediction of chronic diseases. This includes creating new datasets directly from hospitals, exploring alternative approaches to handling data problems, predicting the likelihood of individuals developing specific diseases, developing hybrid machine learning models, and exploring additional strategies to address data issues when the ratio of missing values and imbalance exceeds 80%.

#### **VIII. CONCLUSION**

This study offers a detailed overview of predicting chronic diseases. It suggests using SLR to explore how machine learning can improve prediction result by addressing issues in disease data. Properly handling data problems is crucial for achieving accurate predictions. Additionally, selecting the most appropriate machine learning algorithm is vital as each algorithm has unique characteristics. Thus, choosing the right algorithm based on the data characteristics is key to successful disease prediction.

Problems in medical data such as outliers, missing values, feature selection, normalization, and imbalance require appropriate handling. The accuracy of prediction outcomes is influenced by the choice of approach used. Based on the results of the SLR, the most influential factors in data are feature selection and imbalance, which can lead to a difference of up to 15% in prediction outcomes. On the other hand, missing values, outliers, and normalization have less significant impact. Missing values become influential when the percentage of null values reaches 40% of the total data. Outliers in medical data are generally not a major concern as they often represent genuine values.

Discussing the use of machine learning models in predicting chronic diseases is crucial and deserves attention. In chronic disease prediction, machine learning models commonly used fall into categories such as supervised learning, ensemble learning, deep learning, and reinforcement learning. Each of these model categories has distinct characteristics. Selecting the appropriate model based on the characteristics of the data used is essential for achieving the best prediction outcomes. The results of the SLR indicate that ensemble learning-based models are the most powerful. Ensemble learning models are powerful because they combine multiple machine learning models into one for prediction. Therefore, when selecting a model, the use of ensemble learning requires special attention, taking into account the strengths and weaknesses of the models involved.

The results of this SLR also indicate that the best evaluation metrics for chronic disease prediction are F1-score, AUC-ROC, and MSE. The use of these evaluation metrics heavily depends on the characteristics of the dataset, the issues within the data, and the type of prediction model used. Finally, this paper addresses future challenges in chronic disease prediction. It discusses the challenges of enhancing prediction accuracy through hybrid machine learning algorithms and integrating data troubleshooting techniques. Another future challenge is acquiring new datasets from hospitals with more prevalent variables for each disease. Additionally, accurately predicting the likelihood of an individual being affected by certain diseases remains a significant challenge.

#### **APPENDIX**

Table 9 until Table 12 provides a list of glosarium related to predicting chronic diseases using machine learning for readers reference.

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**NUR GHANIAVIYANTO RAMADHAN** was born in Surabaya, East Java, Indonesia, in February 1996. He received the bachelor's and master's degrees in informatics from Telkom University, Bandung, in 2019 and 2021, respectively, where he is currently pursuing the Ph.D. degree. He is engaged in research in data science and machine learning. He is a Lecturer and a Researcher with Telkom University. His research interests include data analytics and machine learning. His research

dissertation focuses on the topic of the prediction of chronic disease using a preprocessing approach.



**ADIWIJAYA** (Member, IEEE) received the Ph.D. degree from Bandung Institute of Technology, Indonesia, in 2012. He has been the President of Telkom University, Indonesia, since 2018. He is currently a Professor of mathematics with the School of Computing, Telkom University. He published more than 153 papers in journals and conference proceedings with a Scopus H-index of 18. He was appointed as a keynote or invited speaker for several conferences. His research

interests include mathematics, graph theory, data science, data mining, and data analytics. He has received several national research grants from the Ministry of Education, Culture, Research, and Technology, Republic of Indonesia, in the last five years.



**ALFIAN AKBAR GOZALI** received the bachelor's and master's degrees in informatics from STT Telkom, currently Telkom University, Bandung, and the Ph.D. degree from Waseda University, Japan, in 2020. He is currently a Lecturer and a Researcher with Telkom University. He is also the Head of the Information Technology Product Development Section. He is also an Assistant Professor with Telkom University. His research interests include data analytics, machine learning,

and mobile device development.

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**WARIH MAHARANI** received the bachelor's degree in informatics from STT Telkom, currently Telkom University, Bandung, and the master's and Ph.D. degrees in information technology from ITB Bandung. She is currently a full-time Lecturer and a Researcher with Telkom University. She is also an Associate Professor with Telkom University. She is also the Head of the Data Science Undergraduate Study Program. Her research interests include information extraction and data mining.