

Received 7 November 2023, accepted 19 January 2024, date of publication 24 January 2024, date of current version 1 February 2024. Digital Object Identifier 10.1109/ACCESS.2024.3358109

# **RESEARCH ARTICLE**

# Spatially Averaged Epithelial/Absorbed Power Density for Nonplanar Skin Models Exposed to Antenna at 10–90 GHz

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**ABSTRACT** International guidelines and standards for human protection from electromagnetic fields have been revised recently. The epithelial/absorbed power density (APD) has been used as a new physical quantity for local exposure to frequencies >6 GHz, related to the temperature rise in the superficial layer. The assessment methods of APD for practical exposure scenarios are crucial for realistic exposures. This study investigates averaging methods for APD in nonplanar skin models for local electromagnetic field exposure from 10 to 90 GHz. Eight research groups compared the calculated APDs using distinct numerical approaches and postprocessing techniques. The intercomparison aimed to clarify the primary causes of variations in aspects, such as APD averaging methods, skin model structure, and types of exposure antennas. Statistical analyses reveal that the maximum differences in relative confidence intervals (RCI) due to different average methods and skin models are within 9.4% and 5.1%, respectively. In contrast, when the distance between the antenna and skin is set to 5 mm, the discrepancy attributed to the exposure antenna reaches 59.4% at 10 GHz. This difference does not exceed 9.2% under other computational conditions. Additionally, the spatially averaged APD appears to have a linear relationship with the maximum skin surface temperature elevation, based on regression analysis. The findings indicate that the variances in the spatially averaged APD are largely independent of both the APD averaging methods and skin model structures. However, they slightly depend on the antenna types used as exposure sources.

**INDEX TERMS** Dosimetry modeling, electromagnetic field, epithelial/absorbed power density, averaging method, nonplanar skin model, antenna array, millimeter wave exposure, standardization.

The associate editor coordinating the review of this manuscript and approving it for publication was Zhengqing Yun<sup>(D)</sup>.

### I. INTRODUCTION

The use of radio wave transmitters in millimeter wave frequencies has raised public concerns regarding the potential adverse health effects of excessive exposure to electromagnetic fields (EMFs) [1], [2], [3], [4]. Two international

guidelines and standards for human protection, the IEEE International Committee on Electromagnetic Safety (ICES) and the International Commission on Nonionizing Radiation Protection (ICNIRP), revised their recommendations in 2019 and 2020 [5], [6], respectively. In one primary revision, the spatially averaged epithelial/absorbed power density (APD) served as a new internal physical quantity to set the dosimetric reference limit or basic restriction. These measures are employed to protect humans from excessive local temperature elevation owing to EMF exposure at frequencies between 6 and 300 GHz [7], [8], [9], [10], [11], [12], [13], [14], [15], [16], [17], [18], [19], [20], [21], [22], [23], [24], [25], [26], [27]. The rationale for spatially averaged APD was its good correlation with surface temperature rise;  $4 \text{ cm}^2$ for common exposure scenarios and additional evaluation for  $1 \text{ cm}^2$  area for beam exposures.

The IEEE ICES Technical Committee (TC) 95 formed a working group within Subcommittee 6 to address dosimetry modeling issues related to radio-frequency exposures above 6 GHz, particularly for millimeter waves. This working group aimed to examine appropriate averaging methods for APD in the superficial layer of various human skin models, which was conducted through an intercomparison study involving several global research institutes [4].

As an initial contribution of the working group, numerical errors caused by different computational methods were examined across 11 research institutes, specifically for planar skin models [4]. The findings showed that within the considered exposure scenarios, the maximum relative standard deviation of the spatially averaged APD varied between 42.6% and 16.7% over the 10-90 GHz range. This implies that when using an averaging method similar to the incident power density (IPD) in free space (as recommended by [28]), the variance in spatially averaged APD for planar skin models among different groups remains relatively minor.

In contrast, only a few research groups have investigated spatially averaged power densities for nonplanar body models [29], [30], [31], [32], [33]. Kapetanovic et al. computed the spatially averaged IPD (sIPD) on a spherical human head model at 3.5-100 GHz. They concluded that when out of the reactive near field above 6 GHz, the difference in the calculated sIPD is marginal, but increases significantly up to approximately 30% within the reactive near field [29]. Morimoto et al. clarified that the APD and IPD heating factors for a circular averaging area are conservative for near-field exposure from canonical sources at frequencies up to 300 GHz [30]. These factors are slightly affected by the relative size difference between the local exposure beam and square averaging area. Taguchi et al. investigated APD variations in seven realistic human head model types. They clarified that when averaged over 4 or 1 cm<sup>2</sup> area with different skin thicknesses, the maximum variations in spatially averaged APD were approximately 20% and 10%, respectively [32]. Diao et al. were the first to propose four averaging schemes for APD in nonplanar models. These were based on the direction of the absorbed power integration in locally

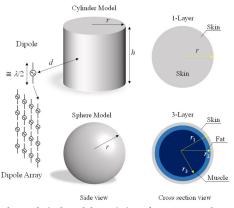


FIGURE 1. The analytical model consisting of antennas and nonplanar skin models with both one- and three-layer configurations.

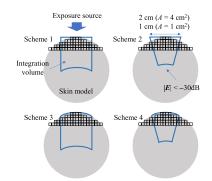


FIGURE 2. Definitions of averaging schemes available for selection.

exposed body regions above 6 GHz. Their findings suggested that for body models with curvature radii larger than 30 mm and at frequencies exceeding 20 GHz, the discrepancies in heating factors caused by different APD schemes were minimal [33]. However, these conclusions were generally drawn based on a simple two-dimensional analytical model. Although some other studies have calculated the spatially averaged APD using different parts of human body models, the relationship between the computed spatially averaged APDs and the resultant temperature elevation on the skin surface has not been extensively discussed. The point to be emphasized is that the correlation between APD and skin temperature rise is essential when discussing averaging methods. This is because spatially averaged APD was introduced to protect against excessive skin temperature increase.

As the second phase of the working group's efforts, this study primarily seeks to assess the variations in spatially averaged APD that arise from different average schemes for nonplanar skin models, such as cylinder and sphere models. The computational parameters for both EMF and thermal effect simulations were standardized as closely as possible. Statistical analysis was conducted to identify the principal influences of APD averaging methods, differences in analytical skin model structures, and varying antenna source types.

#### **II. MODELS AND METHODS**

This section outlines the simplified phantom of skin models, numerical methods, and computational conditions for the intercomparison study, and provides definitions for the various APD averaging schemes.

Eight organizations collaborated in this study: Nagoya Institute of Technology (NITech), South China Agricultural University (SCAU), The University of Electro-Communications (UEC), Aalborg University (AAU), Inspiring Mobile and Satellite-communication Techniques (IMST), China Academy of Information and Communications Technology (CAICT), National Institute of Information and Communications Technology (NICT), and the University of Split (UniSt).

Both the single half-wavelength dipole and  $4 \times 4$  dipole array antenna were employed as exposure sources following the conditions in our previous study [4], as listed in Table 1. The antenna-to-skin surface separation distance was set to the 5–10 mm range at frequencies of 10 and 30 GHz and 2–5 mm at 90 GHz. Fig. 1 shows the antennas and nonplanar skin models used for the numerical simulations. Table 2 lists the dipole lengths used by each organization. The total antenna input power was normalized to 10 mW.

Typical cylinderical and spherical models were utilized in this study to simulate the nonplanar shape of the human body. Each model has two variants: a single-layer skin model and a three-layer model consisting of the skin, fat, and muscle. Table 3 lists the cylinder model height (h) and the radius (r) for both the cylinder and sphere models. Considering the computational scale burden, we did not include the calculation of 3-layer at 90 GHz. For consistency with previous research, we adopted the same dielectric properties for each tissue layer in the skin model, as listed in Table 4 [4]. Table 4 summarizes the numerical techniques and resolutions used to evaluate the APD in nonplanar skin models.

In the numerical simulation, we first calculated the spatially averaged APD (*s*APD) in the tissue using nonplanar models. In line with the ICNIRP exposure guidelines [6], each organization selected one of the two equations for deriving the *s*APD, as presented in the following equations:

$$sAPD(\mathbf{r}) = \frac{1}{A} \iint_{A} \int_{0}^{z_{max}} \sigma(\mathbf{r}) |\mathbf{E}(\mathbf{r})|^{2} dz ds, \qquad (1)$$

sAPD 
$$(\mathbf{r}) = \frac{1}{A} \iint_{A} \operatorname{Re} \left( \mathbf{E} \left( \mathbf{r} \right) \times \mathbf{H}^{*} \left( \mathbf{r} \right) \right) \cdot d\mathbf{s},$$
 (2)

where E and H indicate the effective values of the complex electric and magnetic fields inside the body model, respectively; \* denotes the complex conjugate;  $z_{max}$  is the depth at which the EMF is negligibly small compared to that at the skin surface; r represents the position vector; and ds is the integral variable vector. A is the average area of sAPD. All research groups were allowed to choose either equation to derive sAPD according to their own approach. Note that the difference between Eqs. (1) and (2) using planar skin models have been compared in literature [4].

We focused on four different calculation methods presented in [33] for the average schemes of sAPD in nonplanar models. As shown in Fig. 2, these methods differ based on the integration volumes represented by the blue boundaries

#### TABLE 1. Exposure scenarios.

Antenna type	Skin Model	Frequency (GHz)	Distance (mm)
1/2 1: 1		10	5, 10
1 / ·	Cylinder,	30	5, 10
4 × 4 dipole array	Sphere -	90	2.5

#### TABLE 2. Lengths of dipole antenna elements for each organization.

Org.	10 GHz (mm)	30 GHz (mm)	90 GHz (mm)
NITech	13.75	4.25	1.25
SCAU	13.5	4.75	1.5
UEC	13.6	4.4	1.5
AAU	12.6	4.11	1.46
IMST	0.15	0.05	0.0166
CAICT	11.8	4.3	1.40
NICT	13.5	4.2	1.5/1.38
UniSt	15.0	5.0	1.67

TABLE 3. Dimensions and thicknesses of skin models at each frequency.

Skin model	Dimension	10 GHz	30 GHz	90 GHz
1-layer	<i>r</i> (mm)	100	50	50
cylinder	<i>h</i> (mm)	100	50	20
	$r_1$ (mm)	100	50	/
3-layer	$r_2$ (mm)	98.5	48.5	_ /
cylinder _	<i>r</i> <sub>3</sub> (mm)	94.5	44.5	_ /
	<i>h</i> (mm)	100	50	
1-layer sphere	<i>r</i> (mm)	100	50	50
	$r_1$ (mm)	100	50	/
3-layer sphere	$r_2$ (mm)	98.5	48.5	_ /
	<i>r</i> <sub>3</sub> (mm)	94.5	44.5	

of the polygons. The upper boundaries ran parallel to the grid axis or contour along the exposed surface. In addition, the boundaries in the depth direction of the models either run parallel to the grid axis or followed the internal electric field gradients at the model surface. The lower boundaries of the integration volume were defined by the contour at which the inner E-field strength was 30 dB below the maximum value within the integration volume. A further detailed explanation of the averaging schemes is provided in [33].

Each research organization was required to at least choose Scheme 1 for this intercomparison study and could opt for any of the remaining three average schemes. The postprocessing approach for each group was grounded in their unique techniques to ensure an objective and fair comparison.

Thermal calculations were conducted to determine the maximum temperature elevation on the skin surface up to the thermally steady state by solving the Pennes bioheat transfer equation [9], [34], [35], [36], [37], [38], [39]. The thermal parameters of each skin layer are listed in Table 5 [35]. The

# **TABLE 4.** Numerical methods and spatial resolution ( $\Delta$ ) for numerical simulation by each organization.

Org.	Method	10 GHz (mm)	30 GHz (mm)	90 GHz (mm)
NITech	FDTD	0.25	0.25	0.05
SCAU	FDTD	0.25	0.125	0.05
UEC	FDTD	0.2	0.2	0.05
AAU	FIT	0.5	0.25	0.1
IMST	FDTD	0.15	0.05	0.0166
CAICT	FDTD	0.5	0.2	0.1
NICT	FDTD	0.5	0.25	0.1/0.125
UniSplt	GB-IBEM	0.25	0.25	0.25

#### TABLE 5. Thermal parameters.

Tissue	$\kappa$ [W/(m·°C)]	$B [W/(m^{3.\circ}C)]$	$\rho [\mathrm{kg}/(\mathrm{m}^3)]$
Skin	0.42	7441	1109
Fat	0.25	1903	911
Muscle	0.5	2691	1090

details of the settings in heat transfer boundary conditions and computational conditions are consistent with our previous working group study [35].

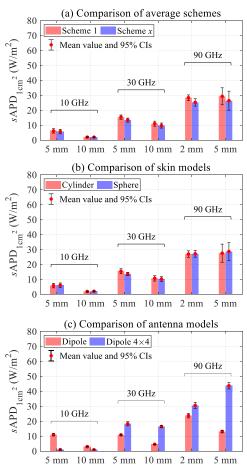
#### **III. RESULTS**

### A. COMPARISON OF SPATIALLY AVERAGED ABSORBED POWER DENSITY

Figs. 3 and 4 present the statistical analysis results of the calculated *s*APD when the average area *A* was set to 1 and 4 cm<sup>2</sup>, respectively. The intercomparison data provided by all the research groups are plotted as a function of the antennato-skin separation distance *d* (in mm) at frequencies 10, 30, and 90 GHz. The red points denote the mean values, while the error bars indicate the 95% confidence intervals (CIs) of the calculated *s*APD by aggregating the results for various computation condition choices.

We analyzed the intercomparison data in terms of APD averaging methods, skin model structure, and types of exposure antennas to identify the primary cause of variance in *s*APD. The results of these analyses are shown in Figs. (a), (b) and (c), respectively. For instance, we incorporated all other influencing factors in Figs. 3 (a) and 4 (a), such as skin models and antennas. Only the effects of average schemes were compared in this configuration, as indicated by the bars. Figs. (b) and (c) follow a similar approach, with the aim of observing the differences caused by skin models and antennas. Furthermore, as mentioned in Section II, all research groups were required to calculate the *s*APD using Scheme 1. The choice among the remaining average schemes was flexible, and these selections are collectively represented as Scheme *x* in Figs. 3 (a) and 4 (a).

The discrepancy between Scheme 1 and x was not large across all separation distances d, frequencies, and average areas, as shown in Figs. 3 (a) and 4 (a). The absolute



**FIGURE 3.** The mean value and 95% confidence intervals of spatially averaged absorbed power densities as a function of the antenna-to-skin separation distance at 10, 30, and 90 GHz when  $A = 1 \text{ cm}^2$ . Comparisons are made based on different (a) average schemes, (b) skin models, and (c) antenna sources.

differences in the mean values between Scheme 1 and x range from 6.9% to 13.0% for  $A = 1 \text{ cm}^2$  and from 0.9% to 12.5% for  $A = 4 \text{ cm}^2$ . Although the mean values for Scheme x cases might be slightly lower than those for Scheme 1 at higher frequencies, their 95% CIs largely overlap. This indicates a minimal difference in sAPD owing to the average schemes.

Similar trends can be observed for the comparison between the skin models, i.e., cylinder and sphere models, as shown in Figs. 3 (b) and 4 (b). The absolute differences in the mean *s*APD values between Schemes 1 and *x* ranged from 0.6% to 12.3% for A = 1 cm<sup>2</sup>, and from 1.5% to 9.6% for A = 4 cm<sup>2</sup>. Notably, the difference in mean values between the cylinder and sphere models at 90 GHz is smaller than that observed with the average schemes.

Conversely, examining the impact of different exposure antenna types shows significant variations between the half-wavelength dipole and the 4 × 4 dipole array antennas across the considered separation distances *d* and frequencies. In Figs. 3 (c) and 4 (c), the absolute differences in the mean values between Schemes 1 and *x* range from 28.8% to 263.0% when A = 1 cm<sup>2</sup>, and from 21.9% to 230.2% when A = 4 cm<sup>2</sup>. The 95% CIs do not overlap even at the position where the

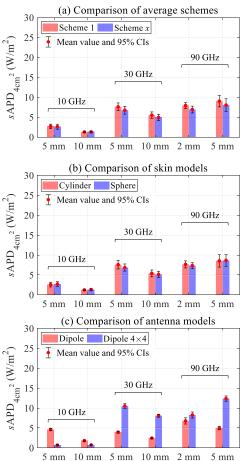


FIGURE 4. The mean value and 95% confidence intervals of spatially averaged absorbed power densities as a function of the antenna-to-skin separation distance at 10, 30, and 90 GHz when A = 4 cm<sup>2</sup>. Comparisons are made based on different (a) average schemes, (b) skin models, and (c) antenna sources.

smallest deviation in mean values is observed, specifically at d = 2 mm at 90 GHz. This suggests that increasing the number of antenna elements might influence the calculated *s*APD much more significantly than variances in average methods or skin models.

Tables 6, 7, and 8 summarize the RCI of the calculated *s*APD for three comparison sets: average scheme, skin model, and antenna types. These correspond to the outcomes shown in Figs. 3 and 4. The percentage values in the tables were derived from the ratio of 95% CIs to their respective mean values. This measure describes the relative precision of the estimates for various datasets at the 95% confidence level.

In Table 6, the RCIs of *s*APD range between 13.4% and 47.3% for  $A = 1 \text{ cm}^2$  and between 18.8% and 41.9% for  $A = 4 \text{ cm}^2$  for average Scheme 1. For the other average schemes, the RCIs ranged between 19.5% and 53.9% for  $A = 1 \text{ cm}^2$  and between 24.8% and 47.8% for  $A = 4 \text{ cm}^2$ . It can be observed that the RCIs for Schemes 1 and *x* are in good agreement. The maximum difference of 9.4% occurred at d = 5 mm at 90 GHz when  $A = 1 \text{ cm}^2$ .

Furthermore, as shown in Table 7, the calculated *s*APD using the cylinder skin model has RCIs ranging from 15.9%

# **TABLE 6.** The relative confidence interval for the comparison of *s*APD between average scheme 1 and scheme x.

		Sche	Scheme 1		Scheme <i>x</i>		
Freq. (GHz)	d (mm)	sAPD <sub>1 cm<sup>2</sup></sub> (%)	sAPD <sub>4 cm</sub> <sup>2</sup> (%)	sAPD <sub>1 cm</sub> <sup>2</sup> (%)	sAPD4 cm (%) <sup>2</sup>		
10	5	47.3	41.9	53.9	47.8		
10	10	32.2	27.4	35.6	31.8		
30	5	18.8	25.8	20.1	29.3		
30	10	30.8	29.1	34.6	32.9		
00	2	13.4	18.8	19.5	24.8		
90	5	38.9	31.9	48.3	39.1		

**TABLE 7.** The relative confidence interval for the comparison of *s*APD between cylinder and sphere models.

		Cylinde	Cylinder Model		Sphere Model		
Freq. (GHz)	d (mm)	$sAPD_{1 cm}^2$ (%)	sAPD <sub>4 cm</sub> <sup>2</sup> (%)	$sAPD_{1 cm}^2$ (%)	sAPD <sub>4 cm</sub> <sup>2</sup> (%)		
10	5	52.2	46.3	48.7	42.9		
10 -	10	35.9	31.9	31.8	26.8		
30	5	21.5	28.6	17.0	26.1		
30	10	34.0	32.0	31.5	30.0		
00	2	15.9	23.1	16.8	20.3		
90	5	44.4	36.5	41.7	34.1		

 TABLE 8. The relative confidence interval for the comparison of sAPD between dipole and dipole array antennas.

		Dipole .	Dipole Antenna		2 4 × 4
Freq. (GHz)	d (mm)	$sAPD_{1 cm}^2$ (%)	sAPD <sub>4 cm</sub> <sup>2</sup> (%)	$sAPD_{1 cm}^2$ (%)	sAPD <sub>4 cm</sub> <sup>2</sup> (%)
10	5	14.3	13.4	73.7	48.9
10	10	13.6	15.2	19.7	24.4
30	5	8.9	12.1	15.2	10.8
30	10	6.7	9.7	9.1	9.0
00	2	12.9	22.9	13.4	18.3
90 -	5	13.7	17.0	9.8	10.6

to 52.2% for  $A = 1 \text{ cm}^2$ , and from 23.1% to 46.3% for  $A = 4 \text{ cm}^2$ . For the sphere model, the corresponding RCIs were between 16.8% and 48.7% when  $A = 1 \text{ cm}^2$  and between 20.3% and 42.9% when  $A = 4 \text{ cm}^2$ . The maximum difference of 5.1% was observed at d = 10 mm at 10 GHz for  $A = 4 \text{ cm}^2$ .

Conversely, a notable increase in the difference between the RCIs can be observed when comparing the half-wavelength dipole with the dipole array antennas. As presented in Table 8, for the half-wavelength dipole, the RCIs of sAPD ranged between 6.7% and 14.3% for A = 1 cm<sup>2</sup> and between 9.7% and 22.9% for A = 4 cm<sup>2</sup>. In contrast, the RCIs increased to 9.1% and 73.7% for A = 1 cm<sup>2</sup> and 9.0% and 48.9% for A =4 cm<sup>2</sup> when using the 4 × 4 dipole array as the exposure source. The most pronounced difference in RCIs between these two antenna types was 59.4%, occurring at d = 5 mm

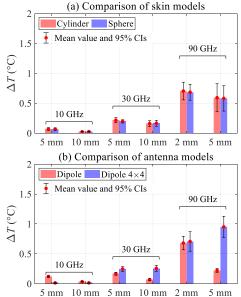


FIGURE 5. The mean value and 95% confidence intervals of maximum skin surface temperature elevation as a function of the antenna-to-skin separation distance at 10, 30, and 90 GHz. Comparisons are made based on different (a) skin models and (b) antenna sources.

at 10 GHz for  $A = 1 \text{ cm}^2$ . Aside from this specific condition, the differences in RCI remained within 9.2%.

### B. COMPARISON OF MAXIMUM TEMPERATURE ELEVATION AT SKIN SURFACE

Fig. 5 shows the statistical results of the calculated thermalsteady-state spatial-peak temperature elevation ( $\Delta T$ ) at the skin model surface. The mean value and 95% CI are plotted in a similar manner to those in Figs. 3 and 4. Here, only the comparison of skin models and antenna types was considered.

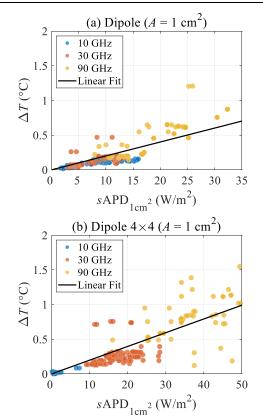
As shown in Fig. 5 (a), the absolute differences in the mean  $\Delta T$  values between cylinder and sphere models range from 1.7% to 9.3% under the considered conditions of *d* and frequencies. This suggests that the variation between different shapes of simple nonplanar skin models does not significantly influence the calculated  $\Delta T$ .

Conversely, distinct deviations were observed between the half-wavelength dipole and the 4 × 4 dipole array antennas when considering the differences caused by exposure antenna types. In Fig. 5 (b), the absolute differences in the mean  $\Delta T$  values between these two antenna types range from 3.8% to 328.6%. The most significant discrepancies of 277.8% and 328.6% appeared at d = 10 mm at 30 GHz and d = 5 mm at 90 GHz, respectively. The maximum difference remained notably high even outside these conditions, reaching 88.5%. This result implies that the antenna type may also have a more pronounced impact on the calculated  $\Delta T$  than that of the choice of skin model.

Table 9 summarizes the RCIs of the calculated  $\Delta T$  for the comparison sets of skin models and antenna types, corresponding to the results in Fig. 5. As shown in Table 9, the  $\Delta T$ calculated using the cylinder skin model had RCIs ranging from 40.2% to 79.5%. For the sphere model, the correspond-

#### **TABLE 9.** The relative confidence interval for the $\Delta T$ comparison.

		Cylinder Model	Sphere Model	Dipole Antenna	Dipole 4 × 4
Freq. (GHz)	d (mm)	$\Delta T(\%)$	$\Delta T(\%)$	$\Delta T(\%)$	$\Delta T(\%)$
10	5	62.1	60.7	13.8	80.1
10 -	10	40.5	45.4	25.3	38.2
30	5	40.2	27.3	28.6	32.9
30	10	63.1	60.9	40.7	39.1
00	2	42.1	39.0	33.4	46.3
90	5	79.5	73.2	29.9	37.3

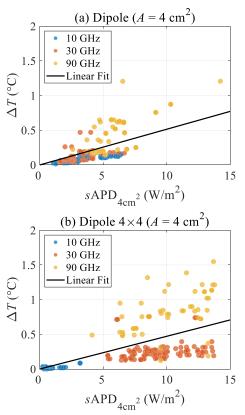


**FIGURE 6.** Regression analysis of skin surface temperature elevation as a function of spatially averaged epithelial/absorbed power density for a studied antenna when  $A = 1 \text{ cm}^2$  at 10, 30, and 90 GHz frequencies. (a) the single dipole and (b) the 4 × 4 dipole array.

ing RCIs were between 27.3% and 73.2%. The maximum difference of 12.9% occurs at d = 5 mm at 30 GHz. In contrast, for cases of the dipole and dipole array antennas, the  $\Delta T$  RCIs ranged from 13.8% to 40.7% and 32.9% to 80.1%, respectively. The maximum difference of 66.3% occurred at d = 5 mm at 10 GHz. The differences in RCIs remain within 12.9% without considering this specific condition.

## C. RELATIONSHIP BETWEEN SKIN TEMPERATURE ELEVATION AND SPATIALLY AVERAGED ABSORBED POWER DENSITY

Figs. 6 and 7 represent scatter plots of all calculated  $\Delta T$  values as a function of the *s*APD for the average area A set to 1 cm<sup>2</sup> and 4 cm<sup>2</sup>, respectively. Figs. 6 (a) and 7 (a) show the



**FIGURE 7.** Regression analysis of skin surface temperature elevation as a function of spatially averaged epithelial/absorbed power density for a studied antenna when  $A = 4 \text{ cm}^2$  at 10, 30, and 90 GHz frequencies. (a) the single dipole and (b) the  $4 \times 4$  dipole array.

TABLE 10. Regression analysis using ordinary least squares.

Conditions	Slope (°C/(W/m <sup>2</sup> ))	$R^2$
Dipole $(A = 1 \text{ cm}^2)$	0.0202	0.825
Dipole $4 \times 4$ ( $A = 1 \text{ cm}^2$ )	0.0199	0.841
Dipole $(A = 4 \text{ cm}^2)$	0.0517	0.710
Dipole $4 \times 4$ ( $A = 4 \text{ cm}^2$ )	0.0472	0.687

results for the single-dipole antenna, while Figs. 6 (b) and 7 (b) depict those for the  $4 \times 4$  dipole array. The intercomparison data are plotted separately for 10, 30, and 90 GHz groups. Furthermore, the one-dimensional linear regression curve derived by least-squares methods, illustrating the relationship between  $\Delta T$  and *s*APD, was included.

When a single-dipole antenna is used as the exposure source, the calculated  $\Delta T$  and sAPD exhibit an approximately linear relationship with each other, as shown in Figs. 6 (a) and 7 (a), which is irrespective of the average schemes, skin model structures, as well as *d* and frequencies. Notable deviations in the data at 90 GHz are observed because extremely close separation distances at d = 2 mm were included. This is corroborated by the slight deviation from the approximation lines observed at higher sAPD levels.

Conversely, as shown in Figs. 6 (b) and 7 (b), when using the  $4 \times 4$  dipole array, the data points are more scattered com-

pared to those when using single-dipole antennas. Deviations from the best-fitting lines are evident not only at 90 GHz, but also at 10 GHz. This might be due to the complex near-field interactions between the dipole array antennas and nonplanar skin models under the considered exposure conditions in this study.

The goodness of fit of the regression analysis based on ordinary least squares are given in Table 10 for cases of the single dipole and 4 × 4 dipole array with averaging areas A of 1 and 4 cm<sup>2</sup>. Although subtle variations in the slope attributed to differences in antenna types and averaging areas are observed, the  $R^2$  values for both the dipole and dipole arrays remain fairly consistent. This demonstrates a moderately strong correlation (0.687 <  $R^2$  < 0.841) between  $\Delta T$ and sAPD. Furthermore, an f-test was performed to assess the overall statistical significance of the regression, with the alpha level set to 0.05. In all cases, the *p*-value is well below this threshold level, indicating sufficient evidence to conclude that the association between  $\Delta T$  and sAPD is statistically significant.

#### IV. DISCUSSION AND CONCLUSION

Following our previous activities on the intercomparison studies of *s*IPD [35] and *s*APD [4], this study conducted a more in-depth analysis and comparison from three distinct perspectives:

- Skin model curvature: We employed typical cylinder or sphere models to represent the curvature of the skin model surface, which is different from the traditional approach of using a stratified phantom, i.e., planar skin models.
- Averaging methods: Owing to the skin surface curvature, various averaging methods have been considered according to the direction of absorbed power integration in locally exposed body regions, which needs to be summarized and compared.
- 3) Relationship between *s*APD and steady-state temperature rise at the skin surface: This study explores the relationship between *s*APD and skin surface temperature rise under diverse exposure conditions. This includes variations in averaging schemes, nonplanar skin model structures, and impacts caused by exposure antenna types.

Unlike our previous study [4], which directly compared different research groups against each other, this study places greater emphasis on statistical analysis, such as using 95% CIs and regression analysis. This ensures a thorough evaluation of the various influencing factors. The research groups were allowed more flexibility in their choice of numerical methods and average schemes for postprocessing the calculated *s*APD. We believe that this approach renders our intercomparison data more objective and representative. This provides valuable insights into appropriate averaging methods for evaluating *s*APD in typical nonplanar skin models. Moreover, it offers guidelines for using these average

schemes in more complex dosimetry modeling, such as voxel human models at millimeter wave bands.

The initial stage of this intercomparison segmented the analysis into three aspects to clarify the main cause of differences in the calculated sAPD across the eight research groups: APD averaging methods, skin model structure, and types of exposure antennas. From a statistical analysis perspective, the absolute difference in the mean values when comparing the average schemes and skin models stands at 13.0% and 12.3%, respectively. In addition, considering the discrepancies in the relative 95% CIs, we observed that the peak differences in RCIs are 9.4% for averaging schemes and 5.1% for skin models. These findings demonstrate that variations in the calculated sAPD, whether due to the averaging methods or skin models, are relatively small. However, when comparing antenna types, the absolute difference in the mean values increases to 263.0%. Concurrently, the maximum difference in RCIs rises to 48.9%. These figures indicate that selecting the antenna used as the exposure source can significantly influence the calculated sAPD.

In the second phase of this study, we explored the variance in the  $\Delta T$  caused by the difference in both the skin models and antenna types. Notably, this is the first instance of dosimetry modeling comparisons at millimeter waves for these specific nonplanar models. Our results indicated that the absolute differences in the mean  $\Delta T$  values between the cylinder and sphere models were confined to 9.3%. However, when comparing the half-wavelength dipole with the  $4 \times 4$  dipole array antennas, the corresponding difference increased to 328.6%. In contrast, compared to the RCIs of  $\Delta T$ , the maximum difference between the cylinder and sphere models remained within 12.9%. The maximum RCI variance in  $\Delta T$  increased up to 66.3% in scenarios involving the dipole and dipole array antennas. These findings suggest that, under the exposure conditions examined in this study, the antenna type may exert a greater influence on the calculated  $\Delta T$  than variations in typical nonplanar skin models.

Additionally, this study offers a statistical analysis, using intercomparison data for the first time, to elucidate the relationship between calculated sAPD and  $\Delta T$  by employing nonplanar skin models and various averaging schemes. The results reveal that almost all of the intercomparison data predominantly aligns with linear fitting lines. This suggests a strong correlation between sAPD and  $\Delta T$ , regardless of utilized averaging methods or skin model structures. A slight dependency on antenna types, separation distances, and frequencies was observed under the conditions considered for dosimetry modeling at millimeter wave bands. Note that the most significant discrepancy occurs at 90 GHz when the antenna is extremely close to the human body. These conclusions strongly agree with our findings from previous working group activities [4], [35].

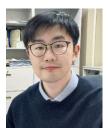
This study investigates the first intercomparison of calculated *s*APD and  $\Delta T$  in typical nonplanar skin models concerning antenna exposure ranging from 10 to 90 GHz. It objectively evaluates the principal sources of variance in calculated *s*APD and  $\Delta T$  by comparing the analysis outcomes of the eight research groups. The intercomparison results are in substantial agreement, showing minimal discrepancies in the calculated sAPD owing to average schemes using nonplanar skin models. As the number of antenna arrays increases, a mild escalation in dependency on antenna types for dosimetry modeling may be observed. This may primarily be attributed to variations in the distribution inside the averaging region.

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