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RESEARCH ARTICLE

Development of a Low-Intensity Light Imaging Probe for Childbirth Cervical Dilation Image Acquisition

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ABSTRACT Cervical dilation is the most important parameter that is assessed during childbirth to validate that a woman is truly in labour and whether labour is progressing as expected. It is the opening of a mother's cervix from when it is closed at 0 cm to when it is fully dilated at 10 cm, for the baby to pass through and be delivered. The cervix is a cylinder-shaped tissue that connects the uterus to the vagina. Cervical dilation is majorly assessed through a highly subjective, painful, error-prone, and infection-prone Vaginal Examination method. The method involves a doctor or midwife wearing sterilized gloves and inserting his or her fingers through the vagina to manually assess cervical dilation and mentally visualize it. Hence, in this research, a prototype of a novel low-intensity light imaging probe was developed to acquire images of cervical dilation simulation models for further processing and analysis. The probe was designed with 3D computeraided design software. Finite element analysis was carried out on the design before it was rapid prototyped. Then, a camera and a light source were inserted into the probe to capture 2,880 cervical dilation images in low-light intensities of 28 Lux and 50 Lux, due to the penetration depth of bright light intensity and heat into tissues. Image preprocessing was carried out on the images by applying a low-light image enhancement technique. This research demonstrated the use of a low-intensity light imaging probe as a possible objective alternative to the subjective insertion of fingers in vaginal examination.

INDEX TERMS Cervical dilation, computer-aided design, medical imaging, medical image processing, low-light image enhancement.

I. INTRODUCTION

In obstetrician practice, improving the quality of care and assessing vital parameters during pregnancy, childbirth, and the immediate postnatal period have been identified as impactful strategies for preventing and reducing maternal deaths [\[1\],](#page-12-0) [\[2\],](#page-12-1) [\[3\]. Qu](#page-12-2)ality of care during childbirth involves

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access to quality obstetric emergency care, availability of skilled obstetric workforce, strengthening of health systems and services, investments in health systems and technologies, quality training of midwives, doctors, and health workers, inter-professional and multi-disciplinary collaboration, and innovative leadership and governance initiatives [\[4\],](#page-12-3) [\[5\],](#page-12-4) [\[6\],](#page-12-5) [\[7\],](#page-12-6) [\[8\].](#page-12-7)

Development and deployment of innovative childbirth monitoring systems and devices will enhance the early

detection and treatment of labour complications and fetal distresses [\[3\],](#page-12-2) [\[9\],](#page-12-8) [\[10\]. C](#page-12-9)hildbirth monitoring usually involves labour progression monitoring, maternal condition monitoring, and fetal condition monitoring [\[10\]. S](#page-12-9)ome studies reported that there is an urgent need for more research on new methods of assessing childbirth progression parameters [\[9\],](#page-12-8) [\[11\],](#page-12-10) [\[12\]. T](#page-12-11)he parameters influence clinical decisions made by midwives and doctors in managing the well-being of a mother and her baby during childbirth [\[13\]. T](#page-12-12)hey include cervical dilation, cervical effacement, cervical softness, uterine contractions, fetal heart rate, fetal head station, progression angle, and appearance and behavior of the mother [\[10\],](#page-12-9) [\[14\],](#page-12-13) [\[15\],](#page-12-14) [\[16\],](#page-12-15) [\[17\]. O](#page-12-16)f all the parameters, cervical dilation is the most important and gold standard parameter because it informs the midwives and doctors when labour truly starts, and whether labour is progressing as expected [\[11\],](#page-12-10) [\[12\],](#page-12-11) [\[18\],](#page-12-17) [\[19\],](#page-12-18) [\[20\]. C](#page-12-19)ervical dilation is also one of the key factors in predicting the type of delivery (either vaginal birth or caesarean section). It can be used to predict and detect preterm (premature) birth in high-risk women [\[21\],](#page-12-20) [\[22\].](#page-12-21)

Cervical dilation is the natural opening of the mother's cervix from 0 cm to 10 cm for the baby to pass through during vaginal delivery [\[23\]. T](#page-12-22)he cervix is a tissue that connects the uterus (womb) to the vagina. Throughout pregnancy the cervix remains closed until the period of labour. Then it softens, and dilates from 0 cm (no dilation at all) to 10 cm (full dilation). Cervical Dilation is majorly assessed through a highly subjective and painful Vaginal Examination (VE) method [\[14\],](#page-12-13) [\[24\],](#page-12-23) [\[25\],](#page-12-24) [\[26\]. T](#page-12-25)he method involves a midwife or doctor gaining access to the cervix through the vagina opening, by wearing sterilized gloves and inserting his/her fingers to feel the cervix, mentally visualizing it, and assess how dilated it is [\[14\],](#page-12-13) [\[27\],](#page-12-26) [\[28\]. V](#page-13-0)aginal examination is error-prone, infection-prone, inconsistent, irreproducible, uncomfortable, painful and highly subjective [\[20\],](#page-12-19) [\[25\].](#page-12-24) Reports show that some women view this method as abusive, embarrassing, emotionally traumatic, privacy-invasive, and dishonorable particularly in prolonged labour where different medical personnel have to examine the woman [\[9\],](#page-12-8) [\[25\],](#page-12-24) [\[26\],](#page-12-25) [\[29\]. T](#page-13-1)he results of cervical dilation using the vaginal examination method are influenced by the experience and finger size of the examiner [\[20\],](#page-12-19) [\[30\],](#page-13-2) [\[31\],](#page-13-3) [\[32\],](#page-13-4) [\[33\]. I](#page-13-5)nfections such as endometritis and chorioamnionitis can be introduced to the womb and the baby during vaginal examination, particularly in low-income countries where disposable gloves and disinfectants might not be readily accessible [\[9\],](#page-12-8) [\[17\],](#page-12-16) [\[19\],](#page-12-18) [\[34\],](#page-13-6) [\[35\]. I](#page-13-7)nfections are reported to be one of the major causes of maternal mortality [\[36\],](#page-13-8) [\[37\],](#page-13-9) [\[38\].](#page-13-10)

Evidence has shown that intrapartum ultrasound (labour ultrasound) imaging could be a possible alternative to vaginal examination, but there are limitations to this method [\[20\],](#page-12-19) [\[24\],](#page-12-23) [\[34\],](#page-13-6) [\[39\],](#page-13-11) [\[40\],](#page-13-12) [\[41\]. I](#page-13-13)t is the most explored imaging method for cervical dilation assessment [\[10\],](#page-12-9) [\[39\]. I](#page-13-11)ts limitations are difficulty in assessing dilation when membranes (amniotic sac of the baby) are ruptured; reduced ability to

assess dilation when dilation is greater than or equal to 8cm; poor visualization of the cervix; high dependency on the operator; and high cost of ultrasound equipment [\[24\],](#page-12-23) [\[31\],](#page-13-3) [\[34\],](#page-13-6) [\[41\],](#page-13-13) [\[42\],](#page-13-14) [\[43\].](#page-13-15)

Moreover, other methods such as mechanical, electromechanical and electromagnetic cervimeters that were developed and tested, were unsuitable for cervical dilation assessment clinically [\[31\],](#page-13-3) [\[44\]. T](#page-13-16)he shortcomings of the cervimeters were discontinuity of readings, lack of displays and recording devices, high invasiveness, and heavy structures that interfere with cervical dilation [\[19\],](#page-12-18) [\[45\]. A](#page-13-17)lso, electronic devices that were developed were not applica-ble [\[31\]. T](#page-13-3)here were difficulties in attaching the sensor to the appropriate area of the cervix [\[33\]. E](#page-13-5)specially at full cervical dilation (10cm), the sensor could not be placed on the cervix because the cervix was inaccessible due to the baby's protruding head [\[14\],](#page-12-13) [\[31\]. R](#page-13-3)ecent studies stated that suitable devices have not yet been developed for cervical dilation assessment [\[19\],](#page-12-18) [\[20\],](#page-12-19) [\[46\].](#page-13-18)

Over the years, comprehensive images of the body organs, tissues, and cells have been obtained for medical diagnosis and treatment through different medical image acquisition methods such as X-ray, Ultrasound Imaging, Magnetic Resonance Imaging (MRI), Computerized Tomography (CT), Optical Imaging, and Nuclear Medicine Imaging [\[47\].W](#page-13-19)ith rapid advances in optical imaging methods, high-resolution images have been acquired to provide detailed information for medical personnel. Optical imaging is a powerful, attractive, and noninvasive technique that uses non-ionizing radiation such as visible light, infrared light and ultraviolet light [\[48\],](#page-13-20) [\[49\],](#page-13-21) [\[50\]. I](#page-13-22)t is exceptionally useful for visualizing tissues. The visible light spectrum is from 400 nm to 700 nm, and it is used to produce visible images in biomedical applications such as endoscopy and microscopy [\[51\]. W](#page-13-23)hile the ultraviolet light spectrum is from 10 nm to 400 nm, and the infrared light spectrum is from 700 nm to 1 mm. They are usually used for fluorescence and multispectral imaging applications [\[51\]. T](#page-13-23)he simplest and most extensively used method of optical imaging is endoscopy [\[50\]. I](#page-13-22)t uses an endoscope, which is a flexible tube system with a light source (for illumination) and a camera to view and capture an organ or a tissue. Endoscopy gives a better image quality than ultrasound method $[50]$, $[52]$. There are different types of endoscopy methods depending on the specific application.

The principal drawback of optical imaging is the penetration depth of bright light intensity and heat into the tissues [\[48\],](#page-13-20) [\[53\]. A](#page-13-25) study reported that imaging methods for monitoring cervical dilation are limited due to the unascertained effect it may have on the baby [\[9\]. H](#page-12-8)owever, this research investigated the light intensity of a bioluminescent light source because of its natural production of cool dim light (low-light intensity) with little or no heat [\[54\]. B](#page-13-26)ioluminescence is a natural source of light that occurs as a result of a chemical reaction (light-emitting molecule and enzyme) in living organisms such as fireflies and bioluminescent

bacteria. It has been reported that less than 1% of its energy is emitted as heat, and the rest as visible light [\[54\]. A](#page-13-26) company named Glowee in France invented a Biolighting living system using bioluminescent bacteria (that glows in the dark) as a light source $()$ [\[55\].](#page-13-27)

Furthermore, medical image processing is required after imaging has been carried out to improve image visibility, extract valuable information for analysis, and provide objective medical diagnosis [\[47\],](#page-13-19) [\[56\],](#page-13-28) [\[57\]. H](#page-13-29)ence, the aim of this research is to develop a low-intensity light imaging probe for cervical dilation image acquisition. The images acquired would be processed for better image visibility.

II. OPTICAL IMAGING OF THE CERVIX

The endoscopy method that is used for the optical imaging of the cervix is called colposcopy. The colposcopy method uses colposcope devices and other similar optical imaging devices in visualizing and acquiring high-resolution images of the cervix for effective cervical cancer diagnosis, after a pap smear [\[58\],](#page-13-30) [\[59\],](#page-13-31) [\[60\].](#page-13-32) Optical imaging has revolutionized the visualization of lesions $[60]$. The colposcope devices usually have a camera and a light source for image or video acquisition. They are connected to a computer for real-time visualization. The light source could either be Light Emitting Diodes (LEDs), laser light, or halogen light [\[61\]. T](#page-13-33)he light source functions at bright light intensities of 2,800 Lux to 24,000 Lux to detect precancerous lesions of the cervix [\[62\],](#page-13-34) [\[63\]. T](#page-13-35)he surface of the cervix is normally scanned with ultraviolet or white light, then fluorescent and reflected light patterns produced by the cervical tissue are collected and analyzed [\[64\]. I](#page-13-36)n recent times, the colposcope devices are designed to be compact and mobile for easy access at pointof-care locations [\[65\].](#page-13-37)

A. DEVICES FOR OPTICAL IMAGING OF THE CERVIX

1) POINT-OF-CARE TAMPON (POCKET) COLPOSCOPE

The low-cost ultra-portable Pocket Colposcope was designed by Lam et al. [\[61\],](#page-13-33) [\[64\],](#page-13-36) [\[66\],](#page-13-38) [\[67\],](#page-14-0) [\[68\]. T](#page-14-1)he Colposcope has a unique shape of a tampon which is a product that is inserted into the vagina during the monthly menstruation cycle to absorb the menstrual blood. The Colposcope can be inserted into the vagina and positioned at 3cm to 4cm away from the cervix like a transvaginal ultrasound probe to capture images of the cervix for cervical screening in limited-resource settings [\[66\]. I](#page-13-38)t consists of 5-megapixel (MP) Complementary Metal-Oxide-Semiconductor (CMOS) camera, and a concentric ring of white and green Light-Emitting Diodes (LEDs) for higher image quality [\[61\],](#page-13-33) [\[68\]. It](#page-14-1) has a light intensity range of 2800 lux to 20,000 lux, which is similar to the light intensity range (3000 lux to 24,000 lux) of standard digital colposcopes that are used in high resource settings [\[63\].](#page-13-35)

2) CALLASCOPE

It is a speculum-free imaging tool designed by Asiedu et al. for the visualization of the female lower reproductive

FIGURE 1. Generic block diagram for medical image processing.

system [\[64\],](#page-13-36) [\[66\],](#page-13-38) [\[67\],](#page-14-0) [\[68\]. I](#page-14-1)t was designed to completely avoid the use of a speculum because it creates pain, discomfort, fear and embarrassment to women that undergo cervical cancer screening [\[66\],](#page-13-38) [\[69\]. A](#page-14-2) speculum is usually used with a colposcope. The Callascope was designed with an introducer (vaginal inserter) as an alternative to the speculum. The introducer has a tip shaped as a Calla Lily, which is the novelty in the Callascope that allows a speculum-free cervix visualization $[69]$. The Callascope was designed to have a 2-megapixel or 5-megapixel CMOS camera with a lens and a concentric ring of white LEDs [\[69\].](#page-14-2)

3) SMARTPHONE MICROENDOSCOPY

It was designed by Hong et al. to capture high resolution fluorescence images for detecting pre-cancerous lesions of the cervix and internal organs $[70]$. This system consists of a fiber optic imaging bundle, a smartphone with a rear camera and a blue LED with condenser lens [\[70\].](#page-14-3)

4) DUAL MODAL FLUORESCENT COLPOSCOPE

It was designed by Wang et al. for visible light imaging and NIR (near infrared) fluorescent imaging of the cervix [\[71\].](#page-14-4) It consists of a Charged-Couple Device (CCD) camera, and white LEDs for visible light imaging. The excitation light source that was used for the fluorescent imaging included four NIR laser diodes.

III. MEDICAL IMAGE PROCESSING

Advances in medical image processing have increased accuracy and robustness of medical image analysis, which has helped to greatly improve medical diagnosis [\[56\],](#page-13-28) [\[72\]. T](#page-14-5)he generic stages of medical image processing involve image acquisition, image preprocessing, feature extraction, and image analysis (image recognition or image classification) as demonstrated in Fig. [1.](#page-2-0)

FIGURE 2. (a) Sketch of the light imaging probe; (b) Graphics design of the light imaging probe.

Image acquisition involves the transformation of a real-world image into a cluster of numerical data [\[73\]. T](#page-14-6)he process of image acquisition is fully dependent on a hardware device or system. It is achieved by a suitable camera and light for a specific application. The acquired images are preprocessed before feature extraction and image analysis.

Image preprocessing involves image filtering, image enhancement, noise reduction, geometric transformations, and image registration. Image filtering and enhancement are usually one of the initial phases of image preprocessing [\[74\]. I](#page-14-7)t is the process of adjusting or modifying images, and removing noise to give a more suitable and enhanced quality image for further image analysis. Image enhancement techniques include histogram equalization, contrast adjustment and decorrelation stretching, which are used for contrast enhancement. Furthermore, images that are captured in low-light or poor lighting conditions can have their visibility improved through low-light image enhancement techniques such as dehazing algorithm (haze removal technique), histogram equalization, and deep learning-based algorithms (LLNET – Low-light Enhancement Network).

IV. MATERIALS AND METHODS

The research methodology of this research comprises of three stages which include design and development of low-intensity light imaging probe, image acquisition phase, and image preprocessing phase.

A. DESIGN AND DEVELOPMENT OF A LOW-INTENSITY LIGHT IMAGING PROBE

A light imaging probe was designed and developed to acquire images of cervical dilation simulation models, and further processing was carried out on the images. The novel design of the probe was inspired and shaped in a similar way to a female SpeediCath^{(B)} catheter (manufactured by Coloplast), and a prefilled syringe.

The sketch of the light imaging probe is shown in Fig. [2a,](#page-3-0) and the graphics illustration design is shown in Fig. [2b.](#page-3-0)

1) THREE-DIMENSIONAL (3D) COMPUTER-AIDED DESIGN (CAD) OF THE LIGHT IMAGING PROBE

The light imaging probe was designed with SOLIDWORKS 3D CAD software tool as shown in Fig. [3.](#page-3-1) The 3D probe design was generated in SLDPRT (SolidWorks Part) file format. The probe comprises of four compartments as shown

FIGURE 3. 3D CAD probe design.

FIGURE 4. Design overview of probe.

FIGURE 5. Dimensions of probe design.

in Fig. [4.](#page-3-2) The compartments include a translucent disposable tube cap, a probe head, a hollow probe body, and a plunger probe handle. The head of the probe is detachable. The body of the probe has a hollow for the insertion of a camera and a light source. The dimensions of the probe are shown in Fig. [5.](#page-3-3) The length and breadth of the probe are 230mm and 58mm, respectively. These dimensions were based on the dimensions of a standard transvaginal ultrasound probe (approximately 340 mm \times 60mm), and the sizes of the camera and LED light source that were used in this research.

2) FINITE ELEMENT ANALYSIS

The Finite Element Analysis (FEA) simulation of the probe design was carried out with the SOLIDWORKS 3D CAD software tool. The type of FEA that was conducted is the static stress analysis, in order to test the stress load

TABLE 1. Properties of the probe design for static stress analysis.

Model	Volumetric Properties	Material Properties				
Solid	Mass:	Name:	PLA Plastics			
Body	0.12117 kg Volume: 0.00011431 1 m^3 Density: 1,060 kg/m^{3} Weight: 1.18747 N	Model type:	Linear Elastic Isotropic			
(Plunger Static Stress Analysis)		Default failure criterion: Yield strength:	Max von Mises Stress $2e+07$ N/m ^{γ} 2			
		Tensile strength:	2.96e+07 N/m^2			
		Elastic modulus:	2.24e+09 N/m ^{γ2}			
		Poisson's ratio:	0.38			
		Mass density:	$1,060 \text{ kg/m}^3$			
		Thermal expansion coefficient:	8.57e-05 /Kelvin			

TABLE 2. Load details exerted on the probe design for static stress analysis.

distribution and strain on the probe design. The load (pressure) applied to the probe design during the static stress analysis was 15cm H20 (1470.96 Pa), as used by Asiedu et al. in the analysis of a colposcope vaginal inserter $[68]$. The pressure used is slightly higher than the vaginal pressures of a woman in a supine position (lying horizontally with face and torso facing up) [\[68\]. T](#page-14-1)able. [1](#page-4-0) displays the properties of the probe design, and Table. [2](#page-4-1) displays the load details.

3) 3D PRINITING OF THE PROBE

The 3D CAD probe design was rapid prototyped with Maker-Bot 3D Printer which uses FDM technology. The 3D printing process that was carried out is shown in Fig. [6.](#page-4-2)

The available raw material that was used for the 3D printing was a Poly Lactic Acid (PLA) filament, which is

FIGURE 7. Stages of the 3D printed probe prototype.

commonly used in FDM technology. PLA is considered as the best filament for the FDM 3D printing because it offers a high dimensional accuracy, great aesthetic appeal, widely available, the rate of contraction is less in comparison to others, and it is perfect for creating a prototype of any kind [\[75\],](#page-14-8) [\[76\],](#page-14-9) [\[77\]. T](#page-14-10)he PLA was inserted into the nozzle of the MakerBot FDM printer, and the probe design was printed under the fused deposition modelling method. Fig. [7](#page-4-3) shows the stages of the 3D printed probe prototype. FDM was used in this research because SLA and SLS are very expensive. The 3D CAD design and 3D printing were both carried out at General Electric (GE) Garage, Victoria Island, Lagos, Nigeria. The PLA filament was used to print the probe head, hollow probe body, and plunger probe handle. A Polyethylene terephthalate glycol (PETG) filament, which is a thermoplastic polyester was used to print the translucent disposable tube cap due to its translucent characteristic feature [\[78\]. T](#page-14-11)he PET is what is commonly used for plastic water bottles [\[79\]. T](#page-14-12)hen, a clear acrylic disc was used to cover the surface of the disposable tube cap.

4) ELECTRONIC AND OPTICAL SETUP

A Basler acA1440-220uc area scan camera was used as the camera of the light imaging probe. The camera had a Sony IMX273 CMOS sensor that delivers 227 frames per second. Basler is a global manufacturer of machine vision cameras, offering different types of digital cameras with great color fidelity, high dynamic range and light sensitivity [\[80\]. T](#page-14-13)he

FIGURE 8. Plates of bioluminescent vibrio fischeri bacteria and photobacterium broth.

FIGURE 9. Camera and lens mounted on the probe body with LED light source attached.

camera has a housing size of 29.3 mm \times 29 mm \times 29 mm $(L \times W \times H)$. It has a USB 3.0 cable that interfaces to a phone, tablet, or computer for power supply, image capture and image transfers. The camera was used with a Basler premium lens C125-0418 of 4.0mm focal length, F- stop settings from F1.8 – F22, and 5MP resolution.

A white LED-based endoscope was used as the light source of the light imaging probe. It has 6 white LEDs arrayed together, and an adjustable knob to switch on the light and tune it to different light intensities. The dimensions of the white LED-based endoscope are $7.87 \times 3.94 \times 1.18$ inches (L x W x H). It has 3 types of USB connectors that can be plugged into a mobile phone, Laptop, or personal computer (PC) to power the LED-based endoscope. The connectors are Type-C USB, Android micro-USB, and computer USB.

Due to the need for optical imaging of the cervix at low-light intensities during childbirth, investigation on bioluminescence low-light intensities was carried out. Bioluminescence is a natural phenomenon of producing and emitting visible light by terrestrial organisms (such as fireflies), and marine organisms (like bacteria) [\[81\]. T](#page-14-14)he light intensity of a nonpathogenic bioluminescent bacteria (*Vibrio fischeri*) was investigated. Bioluminescence do not cause photobleaching, phototoxicity, or excitation scattering [\[82\].](#page-14-15) The bioluminescent bacteria (*Vibrio fischeri*) naturally generated a chemiluminescent reaction. The bacterial luciferase (a flavin-dependent monooxygenase) catalyzed the oxidation of substrates, which are reduced flavin mononucleotide (FMNH2), and long-chain aliphatic (fatty) aldehyde (RCHO), by oxygen (O_2) . The products of the reaction were oxidized flavin (FMN), carboxylic acid (RCOOH), and water $(H₂O)$

FIGURE 10. (a) Fetal monitoring and labour progress model set; (b) Nine cervical dilation simulation models.

FIGURE 11. Labelled cervical dilation simulation models.

FIGURE 12. (a) Schematic diagram of light imaging probe setup; (b) Light imaging probe setup.

with emission of blue-green light at 490nm wavelength, as shown in (1) .

$$
\text{FMMH}_2 + \text{O}_2 + \text{RCHO}^{\text{luciferase}} \text{FMN} + \text{H}_2\text{O} + \text{RCOOH} + \text{light}(490 \text{ nm})
$$
 (1)

Four plates of bioluminescent bacteria were donated by the Nigerian Marine Institute of Oceanography, and five plates of bioluminescent bacteria with photobacterium broth were bought from Carolina Biologicals, North Carolina USA, as shown in Fig. [8.](#page-5-1) The light intensities of the bioluminescence light were approximately within the range of 25 Lux and 55 Lux.

The LED-based endoscope was set to function at 28 Lux and 50 Lux intensities which were within the range of the bioluminescence intensities (25 Lux to 55 Lux).

The Basler ace camera with the Basler premium lens was mounted on top of the 3D printed hollow probe body. They were not inserted through the hollow probe body because of their sizes. The disposable cap and probe head had to

FIGURE 14. Flowchart of cervical dilation image acquisition.

be removed before the camera and the lens were mounted. The white LED-based endoscope was attached by the side of the camera in its mounted position as shown in Fig. [9,](#page-5-2) then only the translucent disposable cap was placed back on the hollow probe body. Then, the light intensities of the LED-based endoscope were set to 28 Lux and 50 Lux by adjusting its knob, and using a luxmeter to measure the light intensity at different points.

B. IMAGE ACQUISITION

1) SETUP OF CERVICAL DILATION MODELS FOR IMAGE ACQUISITION

Standard Cervical Dilation simulation models, and Fetal monitoring and Labour progress model were set up for the

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TABLE 3. Dehazing algorithm for low-light image enhancement.

- $1.$ Input: An $M \times N$ rgb image I
- 2. Output: Inverted Enhanced image B
- 3. #Input raw image.
- $\overline{4}$. $Imds = imageDatastore$
- 5. numImages = nume1 (Imds.Labels) #return the number of images
- 6. For i=1 to numImages
- $I = readimage[Imds,i]$ #read images from the datastore 7.
- 8. #Invert the low-light image

AInv = Adj $(I / |I|)$

- #Apply the haze removal algorithm to the inverted low-light 9. image
- $BInv = Imreducible(Alnv)$
- 10. #Invert the enhanced image

 $B = Adj (BInv / |Binv|)$

11. End For

FIGURE 16. Stress distribution of static stress analysis.

FIGURE 17. Displacement distribution of static stress analysis.

image acquisition phase as shown in Fig. [10.](#page-5-3) They were purchased from Health Edco Childbirth graphics UK. They are majorly used by mid-wives and nursing students for realistic simulation trainings on vaginal examination, assessment of labour progress and dilation, and assessment of the

Image 2020-09-	Image 2020-09-	Image 2020-09-	Image 2020-09-	Image 2020-09-	Image 2020-09-	Image 2020-09-	Image 2020-09-	Image 2020-09
20 05-13-02	$20 - 05 - 13 - 08$	20 05-13-13	20 05-13-30	20 05-13-35	20 05-13-45	20 05-13-50	20 05-13-55	20 05:16:32
Image 2020-09-	Image 2020-09-	Image 2020-09-	Image 2020-09-	Image 2020-09-	Image 2020-09-	Image 2020-09-	Image 2020-09-	Image 2020-09
20 05-16-37	20 05-16-50	20 05:16:54	20 05-17-00	20 05-17-04	20 05-17-24	20 05-17-51	20 05-17-56	20 05:18:01
Image 2020-09	Image 2020-09	Image 2020-09	Image 2020-09	Image 2020-09	Image 2020-09	Image 2020-09	Image 2020-09	Image 2020-09
20 05-18-14	20 05-18-21	20_05-19-47	20 05-19-59	20 05-20-12	20 05-20-29	20 05-20-37	20 05-20-45	20 05-20-57

FIGURE 19. A sample of low-light cervical dilation images for 1 cm dilation.

Image_2020-05	Image_2020-05	Image_2020 07	Image_2020-07	Image_2020 07	Image_2020-09	Image_2020_09	Image_2020 09	Image_2020-09
01 $21 - 09 - 13$	01 $21 - 09 - 30$	$72 - 18 - 10 - 42$	$22 - 18 - 11 - 10$	22 18-12-35	20 13-34-00	20_13-34-07	20 13-34-11	20 13-34-15
Image_2020-09-	Image 2020-09-	Image 2020-09-	Image 2020-09-	Image 2020-09-	Image_2020-09-	Image_2020-09-	Image 2020-09-	Image 2020-09
20 13-34-21	20 13-34-32	$20 13 - 14 - 40$	20 13-34-47	20 13-34-57	20 13-35-25	20 13-35-58	20 13-36-03	20 13-36-08
Image_2020-09-	Image_2020-09-	Image_2020-09-	Image_2020-09-	Image_2020-09-	Image_2020-09-	Image_2020-09-	Image_2020-09-	Image_2020-09
20 $13 - 31 - 01$	20 13-3/-12	20 $13 - 31 - 18$	20 $13 - 31 - 26$	20 13-38-11	20 13-38-16	20 13-38-21	20 13-38-26	20 13-38-33

FIGURE 20. A sample of low-light cervical dilation images for 2 cm dilation.

FIGURE 21. A sample of bright light cervical dilation images for 0 cm dilation.

FIGURE 22. A sample of bright light cervical dilation images for 1 cm dilation.

position of the fetal head, before performing such assessments on real patients [\[83\]. T](#page-14-16)he Fetal monitoring and Labour

FIGURE 23. A sample of bright light cervical dilation images for 2 cm dilation.

FIGURE 25. A sample of bright light cervical dilation images for 4 cm dilation.

FIGURE 26. A sample of bright light cervical dilation images for 5 cm dilation.

FIGURE 27. A sample of bright light cervical dilation images for 6 cm dilation.

progress model set consists of a fetal head, vaginal wall, and model box. The cervical dilation simulation models are a set of nine individual dilation models (0 cm, 1 cm, 2 cm, 3 cm,

FIGURE 28. A sample of bright light cervical dilation images for 8 cm dilation.

FIGURE 30. A sample of individual dilation of bright light cervical dilation images.

FIGURE 31. Output sample of preprocessed cervical dilation images for 0 cm dilation.

4 cm, 5 cm, 6 cm, 8 cm, and 9 cm), as labelled in Fig. [11.](#page-5-4) They are made of BIOLIKE 2^{TM} synthetic tissue and that is why they have a lifelike feel and greater durability. Before each

FIGURE 32. Output sample of preprocessed cervical dilation images for 1 cm dilation.

									Cervix opened: 2 cm dilation diameter
image10	image11	image12	image13	image14	image15	image16	image17	image18	
image19	image20	image21	image22	image23	image24	image25	image26	image27	
						卷			
image28	image29	image30	image31	image32	image33	image34	image35	image36	
image37	image]8	image39	image40	image41	image42	image43	image44	image45	
								2cm	

FIGURE 33. Output sample of preprocessed cervical dilation images for 2 cm dilation.

FIGURE 34. Output sample of preprocessed cervical dilation images for 3 cm dilation.

FIGURE 35. Output sample of preprocessed cervical dilation images for 4 cm dilation.

FIGURE 36. Output sample of preprocessed cervical dilation images for 5 cm dilation.

use, the cervical dilation models were lightly powdered with the talcum powder provided with the models to give them

FIGURE 37. Output sample of preprocessed cervical dilation images for 6 cm dilation.

FIGURE 38. Output sample of preprocessed cervical dilation images for 8 cm dilation.

FIGURE 39. Output sample of preprocessed cervical dilation images for 10 cm dilation.

FIGURE 40. Visualization results of the preprocessed low-light cervical dilation images.

a smooth feel as instructed in the user manual. The models were treated carefully as human tissue due to the instructions given in the manual, and each of them was placed interchangeably inside the fetal monitoring and labour progress model box when it was time to capture an individual dilation model.

FIGURE 41. A sample of individual dilation of the preprocessed low-light cervical dilation images.

FIGURE 42. (a) A sample of 0 cm preprocessed low-light cervical dilation image (b) A sample of 0 cm bright light cervical dilation image.

FIGURE 43. (a) A sample of 1 cm preprocessed low-light cervical dilation image (b) A sample of 1 cm bright light cervical dilation image.

2) CERVICAL DILATION IMAGE ACQUISITION SETUP

The light imaging probe was setup to acquire cervical dilation images from the simulation models. The camera of the light imaging probe was connected to an HP Spectre x360 Convertible Laptop through a USB 3.0 cable to power the camera, enable image capture, and transfer information from the camera to the laptop. The Type-C USB connector of the LED light source was plugged into the Laptop's Type-C port to power the light source. The voltage (*V*) from the Laptop's USB port was 5 V, while the USB 3.0 current (*I*) was 0.9mA. The

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FIGURE 44. (a) A sample of 2 cm preprocessed low-light cervical dilation image (b) A sample of 2 cm bright light cervical dilation image.

FIGURE 45. (a) A sample of 3 cm preprocessed low-light cervical dilation image (b) A sample of 3 cm bright light cervical dilation image.

FIGURE 46. (a) A sample of 4 cm preprocessed low-light cervical dilation image (b) A sample of 4 cm bright light cervical dilation image.

schematic diagram of the probe setup with a photographed setup is shown in Fig. [12.](#page-5-5) The Laptop specifications are Intel Core i7 Processor, CPU at 1.80 Ghz and 8 GB RAM. Basler Pylon Viewer software was installed and opened on the laptop for image acquisition and visualization.

FIGURE 48. (a) A sample of 6 cm preprocessed low-light cervical dilation image (b) A sample of 6 cm bright light cervical dilation image.

FIGURE 49. (a) A sample of 8 cm preprocessed low-light cervical dilation image (b) A sample of 8 cm bright light cervical dilation image.

FIGURE 50. (a) A sample of 10 cm preprocessed low-light cervical dilation image (b) A sample of 10 cm bright light cervical dilation image.

3) CERVICAL DILATION IMAGE ACQUISITION PROTOCOL

The light imaging probe was inserted into the model box that contained the vaginal wall and an individual cervical dilation model (per time), for image capturing, as shown in Fig. [13.](#page-6-0) Fig. [14](#page-6-1) illustrates the flowchart of the cervical dilation image acquisition.

The following steps are the image acquisition protocol:

- Probe camera was set to 3 calibrated zooms (0mm, 1.18mm, 4mm);
- Probe was inserted at 2 insertion depths (2cm and 3cm);
- LED light intensities were set at low-light intensities (28 Lux and 50 Lux);
- Images were acquired as probe was rotated manually.

The acquired image data set were stored, arranged, and labelled in nine dilation folders on the Laptop. The low-light images acquired were stored in a low-light image datastore,

and each dilation folder had 320 images. The datastore had a total of 2,880 images since there were nine dilation folders for each dilation model. Fig. [15](#page-6-2) shows a sample of the dilation folders.

Furthermore, the light imaging probe was used to acquire cervical dilation images under bright light, for comparisons with the images acquired under low-light. The LED-based endoscope of the probe was set at bright light intensities of 650 Lux, 930 Lux and 1852 Lux.

4) IMAGE PREPROCESSING

Image enhancement plays a very significant role in image processing and computer vision [\[84\]. I](#page-14-17)t is one of the most common phases in image preprocessing [\[74\]. It](#page-14-7) is the process of adjusting images to give a more suitable and enhanced quality image [\[85\],](#page-14-18) [\[86\]. A](#page-14-19) low-light image enhancement algorithm was used to preprocess (improve the visibility of) the acquired low-light cervical dilation images. The algorithm is a dehazing algorithm known as image reduce (imreduce) haze removal algorithm as shown in Table. [3.](#page-6-3) The Integrated Development Environment (IDE) that was implemented for the image preprocessing was MATLAB^(B) R2020b Image Processing Toolbox.

The haze removal algorithm comprises of three preprocessing steps [\[84\]:](#page-14-17)

- Step 1: Invert low-light image.
- Step 2: Apply image reduce haze removal algorithm to the inverted low-light image.
- Step 3: Invert the enhanced image.

All enhanced images were stored in a low-light enhanced image datastore where each dilation folder had 320 enhanced low-light images, making a total of 2,880 images due to the nine dilation folders.

V. RESULTS

This section comprises of the finite element analysis results of the light imaging probe, and the results of the image acquisition phase and image preprocessing phase.

A. FINITE ELEMENT ANALYSIS RESULTS OF THE LIGHT IMAGING PROBE

The results of the static stress Finite Element Analysis show the stress distribution with von Mises stress, and the displacement in Fig. [16](#page-6-4) and Fig. [17](#page-6-5) respectively. The blue color region in Fig. [16](#page-6-4) represents the lower von Mises values, and the higher von Mises values is the red region. The value of the maximum von Mises stress result obtained was 3.968 MPa, and the yield strength is 2.000. In Fig. [17,](#page-6-5) the value of the maximum displacement result obtained was 2.699. The blue color region represents the lower displacement values, and the higher displacement values is the red region.

B. IMAGE ACQUISITION RESULTS

Samples of 0 cm, 1 cm, and 2 cm cervical dilation images that were acquired by the light imaging probe under low-light

intensities (28 Lux and 50 Lux) are shown in Fig. [18,](#page-7-0) Fig. [19](#page-7-1) and Fig. [20](#page-7-2) respectively.

Samples of 0 cm, 1 cm, 2 cm, 3 cm, 4 cm, 5 cm, 6 cm, 8 cm and 10 cm cervical dilation images that were acquired by the light imaging probe under bright light intensities (650 Lux, 930 Lux and 1852 Lux) are shown in Fig. [21,](#page-7-3) Fig. [22,](#page-7-4) Fig. [23,](#page-7-5) Fig. [24,](#page-7-6) Fig. [25,](#page-7-7) Fig. [26,](#page-7-8) Fig. [27,](#page-7-9) Fig. [28](#page-8-0) and Fig. [29](#page-8-1) respectively. A sample of individual dilation of the bright light cervical dilation images is shown in Fig. [30](#page-8-2)

C. IMAGE PREPROCESSING RESULTS

The hazing removal algorithm that was applied on the acquired low-light cervical dilation images (raw images) gave an output of preprocessed images. The samples of preprocessed 0 cm, 1 cm, 2 cm, 3 cm, 4 cm, 5 cm, 6 cm, 8 cm and 10 cm cervical dilation images are shown in Fig. [31,](#page-8-3) Fig. [32,](#page-8-4) Fig. [33,](#page-8-5) Fig. [34,](#page-8-6) Fig. [35,](#page-8-7) Fig. [36,](#page-8-8) Fig. [37,](#page-9-0) Fig. [38,](#page-9-1) and Fig. [39](#page-9-2) respectively.

There were 139 visible images out of 320 preprocessed low-light cervical dilation images for the 0 cm dilation; 219 visible images out of 320 images for the 1 cm dilation; 172 visible images out of 320 images for the 2 cm dilation; 188 visible images out of 320 images for the 3 cm dilation; 124 visible images out of 320 images for the 4 cm dilation; 162 visible images out of 320 images for the 5 cm dilation; 159 visible images out of 320 images for the 6 cm dilation; 96 visible images out of 320 images for the 8 cm dilation; and 96 visible images out of 320 images for the 10 cm dilation. Hence, the preprocessed images showed 47% visualization. Fig. [40](#page-9-3) shows the visualization results of the preprocessed low-light cervical dilation images.

A sample of individual dilation of the preprocessed low-light images is shown in Fig. [41.](#page-9-4) Combined samples of preprocessed low-light images and bright light images for 0 cm, 1 cm, 2 cm, 3 cm, 4 cm, 5 cm, 6 cm, 8 cm and 10 cm dilations are shown in Fig. [42,](#page-9-5) Fig. [43,](#page-9-6) Fig. [44,](#page-10-0) Fig. [45,](#page-10-1) Fig. [46,](#page-10-2) Fig. [47,](#page-10-3) Fig. [48,](#page-10-4) Fig. [49](#page-10-5) and Fig. [50](#page-10-6) respectively, for comparisons.

VI. DISCUSSION

This research has demonstrated the use of optical imaging in acquiring images of cervical dilation simulation models. The prototype of the low-intensity light imaging probe was developed for image acquisition, and the acquired images were preprocessed. The results obtained showed that cervical dilation images captured in low-light can be enhanced. The images in Fig. [42,](#page-9-5) Fig. [43,](#page-9-6) Fig. [44,](#page-10-0) Fig. [45,](#page-10-1) Fig. [46,](#page-10-2) Fig. [47,](#page-10-3) Fig. [48,](#page-10-4) Fig. [49](#page-10-5) and Fig. [50](#page-10-6) showed that the preprocessed low-light images were similar to the bright light images. They were also similar to the standard cervical dilation models in Fig. [11.](#page-5-4)

Studies have shown that vaginal examination method for cervical dilation assessment is highly subjective due to the finger size and experience of the obstetricians and midwives [\[11\],](#page-12-10) [\[19\],](#page-12-18) [\[20\],](#page-12-19) [\[31\]. H](#page-13-3)owever, this research has demonstrated that a low-light imaging probe can be inserted into the

vagina to acquire cervical dilation images instead of inserting fingers into the vagina to feel the cervix, mentally visualize it, and assess cervical dilation using the vaginal examination method. Studies have been reported that some women viewed the insertion of fingers as embarrassing, emotionally traumatic, and privacy-invasive especially in prolonged labour where different medical personnel have to carry out the assessment [\[9\],](#page-12-8) [\[25\],](#page-12-24) [\[26\],](#page-12-25) [\[29\].](#page-13-1)

In this research, the light imaging probe captured images of a fully dilated cervix at a distance of 2 cm and 3 cm from the cervix, in contrast to some of the electronic systems that had the limitations of placing the sensors on the cervix to assess cervical dilation when it was almost fully dilated [\[27\],](#page-12-26) [\[33\].](#page-13-5)

Fig. [40](#page-9-3) showed that 1 cm dilation had the most visible preprocessed low-light images, followed by 3 cm, 2 cm, 5 cm, 6 cm, 0 cm, 4 cm, and 8 cm and 10 cm dilations respectively. The visualization percentage of the preprocessed low-light images was 47%. Further work would be carried out on the light imaging probe. A higher resolution camera, with a low-light intensity of 50 lux will be used. Also, the probe will be miniaturized to a diameter of about 3 mm for easy and comfortable insertion. An improved prototype that is biocompatible would be developed to carry out clinical studies. Further research on machine learning and deep learning classification tasks would be explored on the images for automated cervical dilation assessment.

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