EE Access

Received 22 February 2023, accepted 16 March 2023, date of publication 22 March 2023, date of current version 29 March 2023. Digital Object Identifier 10.1109/ACCESS.2023.3260630

RESEARCH ARTICLE

On the Analysis and Optimization of Fast Conditional Handover With Hand Blockage for Mobility

SUBHYAL BIN IQBAL^{D1,2}, (Graduate Student Member, IEEE), SALMAN NADAF^{D1}, AHMAD AWADA¹, (Member, IEEE), UMUR KARABULUT^{®1}, (Member, IEEE), PHILIPP SCHULZ¹⁰², (Member, IEEE), AND GERHARD P. FETTWEIS¹⁰², (Fellow, IEEE) ¹Nokia Standardization and Research Laboratory, 81541 Munich, Germany

²Vodafone Chair for Mobile Communications Systems, Technische Universität Dresden, 01062 Dresden, Germany Corresponding author: Subhyal Bin Iqbal (subhyal.bin iqbal@nokia.com)

ABSTRACT Although frequency range 2 (FR2) systems are an essential part of 5G-Advanced and future 3GPP releases, the mobility performance of multi-panel user equipment (MPUE) with hand blockage is still an area open for research and standardization. In this article, a comprehensive study on the mobility performance of MPUE with hand blockage is performed for conditional handover (CHO) and its potential enhancement denoted by fast conditional handover (FCHO). In contrast to CHO, in FCHO the MPUE can reuse earlier target cell preparations after each handover to autonomously execute subsequent handovers. This saves both the signaling overhead associated with the reconfiguration and re-preparation of target cells after each handover and reduces mobility failures. Results have shown that FCHO offers considerable mobility performance gains as compared to CHO for different hand blockage cases that are dependent on the hand position around the MPUE. For the worst-case hand blockage scenario, it is seen that mobility failures reduce by 10.5% and 19.3% for the 60 km/h and 120 km/h mobility scenarios, respectively. This gain comes at the expense of reserving the handover resources of an MPUE for a longer time given that the target cell configurations are not necessarily released after each handover. In this article, the longer resource reservation problem in FCHO is analysed and three different resource reservation optimization techniques are introduced. Results have shown that these optimization techniques not only reduce the resource reservation time but also significantly reduce the signaling overhead at the possible expense of a tolerable degradation in mobility performance.

INDEX TERMS FR2, 5G-advanced, mobility performance, multi-panel UE, hand blockage, fast conditional handover, signaling overhead, resource reservation optimization.

I. INTRODUCTION

Frequency range 2 (FR2) [1] addresses the problem of contiguous bandwidth that is required for 5G networks to fulfill the steep increase in user data throughput and low latency requirements. However, it also introduces additional challenges to the link budget design such as higher free-space path loss and penetration loss in mobile environments [2]. Another major challenge in FR2 is that at higher frequencies

The associate editor coordinating the review of this manuscript and approving it for publication was Chan Hwang See.

of the order of 28 GHz the penetration depth into the human hand holding the user equipment (UE) is very small [3], [4]. This results in a high degree of blockage by the hand and significantly impairs the link margins in FR2.

Conditional handover (CHO) has been introduced in [5] as an alternative to baseline handover to improve the mobility performance of mobile systems in 5G networks. However, it introduces considerable overhead to the signaling that takes place both between the UE and the network and in between the network entities. This is due to the inherent decoupling of the handover preparation and execution procedures in

This work is licensed under a Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 License.

For more information, see https://creativecommons.org/licenses/by-nc-nd/4.0/

CHO. Our earlier study [6] has covered fast conditional handover (FCHO), which is a potential enhancement to CHO for 5G-Advanced [7] whereby the UE maintains the configuration of the prepared target cells after a successful handover has taken place. This allows the UE to perform handovers consecutively and autonomously without requiring reconfiguration from the network. FCHO brings two advantages against CHO. Firstly, the preparation of multiple target cells and the signaling overhead involved in preparing multiple target cells is significantly reduced thanks to keeping the conditional configurations of the prepared cells after the handover. Secondly, the reuse of prepared target cells means that cells are now prepared relatively early and handovers can be executed immediately which otherwise in CHO would have resulted in a mobility failure. Consequently, mobility failures are also reduced by using FCHO. However, it has also been concluded in [6] that FCHO has the downside of excessive resource reservation time. This is because the UE maintains the prepared target cells for a longer time as compared to CHO and these target cells do not release the resources of those preparations until either the CHO release or replace conditions [6] are fulfilled.

On the other hand, 3GPP has proposed a stochastic hand blockage model in [8] that captures the spatial region of the blockage around the UE in a local coordinate system for both the portrait and landscape modes, where a 30 dB flat loss is assumed over the spatial region. The studies in [3], [4], [9], [10], and [11] have focused extensively on the modeling and remedy of hand blockage for UEs with form factor considerations in FR2. The hand blockage models used have been either electromagnetic (EM) simulation-based hand blockage models or measurement-based hand blockage models. However, in none of these studies a system-level mobility performance analysis of UEs with hand blockages has been carried out in a 5G-Advanced network. Such studies are critical to both understand and address the problems imposed by hand blockage on mobility as a result of impaired link margins. Although a mobility performance analysis of CHO has been performed earlier in [6], [12], [13], and [14], the studies listed did not consider hand blockage. To our knowledge, the only study to date on the mobility performance of FCHO has been our earlier work in [6], wherein the hand blockage effect was still not considered. In our first contribution to this article, we study the impact of hand blockage on the mobility performance and analyse the benefit of FCHO over CHO in terms of enhancing the mobility performance for different hand blockage cases. Herein, the Cellular Telecommunication Industry Association (CTIA) defined wide-grip hand phantom [15] model is used and simulation results are generated for different hand positions and user speeds in a 5G network. The hand phantom model is modeled using CST Studio Suite (a commercial-grade electromagnetic simulation software suite) [16]. Multi-panel UEs [17], [18] are an essential part of 5G-Advanced and future 3GPP releases and therefore this paper considers an MPUE with three antenna

For the efficient distribution of resources in the network, it is important that resource reservation time is optimized. It is known from [12], [14], and [19] that the resource reservation time in CHO is high since multiple cells reserve resources for a single UE. In [6] it was concluded that in FCHO the resource reservation problem is exacerbated due to the retention of prepared cells after a handover. Moreover, it was said further studies may be needed to address this problem. This article is a first step in this direction. To the best of our knowledge, FCHO resource reservation optimization has not been studied in the current literature. In our second contribution of this article, the resource reservation problem in FCHO that was earlier identified in [6] is studied in detail and three different approaches are introduced which offer a tradeoff between the mobility performance, signaling overhead, and resource reservation time. These optimization approaches adopt the principles of mobility robustness optimization (MRO) [20], [21] algorithms whereby cell preparations may be blocked, selectively discarded after a handover, or delayed based on statistics that have been collected from past mobility events.

This article is structured as follows. In Section II, hand blockage in FR2 is explained and the most commonly used hand blockage models in the current literature are presented. Furthermore, the differences between CHO and FCHO are explained in terms of the key CHO signaling events. In Section III, the system model for the 5G network is introduced and the different hand blockage cases are discussed. In Section IV, the KPIs are explained and the mobility performance of FCHO is compared with CHO for different hand blockage use cases. In Section V, the resource reservation problem in FCHO is described. Then, the three different FCHO resource reservation optimization approaches are explained. Thereafter, a performance analysis of the FCHO resource reservation optimization approaches is provided in Section VI, and the results are discussed taking into account the tradeoff between mobility performance, signaling overhead, and resource reservation. Finally, the paper is concluded in Section VII.

II. BACKGROUND AND MOTIVATION

In this section, the impact of hand blockage in FR2 is explained and the main hand blockage models used in current literature are discussed. Further on, the key differences between CHO and FCHO are highlighted in terms of CHO preparation, release, and replace events.

A. HAND BLOCKAGE MODELING IN FR2

FR2 systems have significantly matured in the last few years and the first wave of commercial deployments are currently available in the market across multiple geographical locations. However, a number of basic issues in terms of their practical viability remains a topic of ongoing research. One such issue is that of hand blockages, which as discussed in Section I, can significantly impair link margins in FR2 compared to lower carrier frequencies. This is because the relative skin permittivity of the human hand decreases with an increase in the frequency of the radio waves, meaning that at FR2 carrier frequencies of the order of 28 GHz the blockage effect of the human hand is much greater than that of lower frequencies [22]. Hence, for any mobility studies based on MPUE in FR2, it is imperative to have a suitable hand blockage model that captures the spatial region that is lost due to blockage and the associated loss in the reference signal received power (RSRP) over this region. If the current literature is taken into account, hand blockage models can be broadly categorized into three categories:

- stochastic hand blockage models [8],
- electromagnetic simulation-based hand blockage models [4], [9],
- measurement-based hand blockage models [10], [11].

Each of these hand blockage models is explained in detail below.

1) STOCHASTIC HAND BLOCKAGE MODELS

The most well-known stochastic hand blockage model is the stochastic variant of the 3GPP hand blockage model [8, pp. 62-64] for 5G networks. It proposes a spherical blockage that is tailored to the human hand in portrait and landscape orientations around a UE. A 30 dB abrupt flat loss in the RSRP is assumed if the angle of arrival intersects this spherical blockage region. Fig. 1 shows the blockage region for the 3GPP hand blockage model defined for an MPUE with three panels in *edge* design, where the MPUE in portrait orientation has three directional antenna panels on its left, top, and right edges.

The 3GPP hand blockage model is pessimistic with the 30 dB abrupt flat loss that it assumes over the spherical region because it mostly considers studies that take horn antennas into account [23], [24] that are used to generate the blockage model. It has been shown in more recent studies [4] that the blockage loss associated with horn antennas is substantially less than 30 dB. Secondly, the abruptness of the model is not well-suited for mobility since in real-world mobile environments the RSRP degradation due to hand blockage is relatively smooth [3]. In mobility studies, this would then lead to a pessimistic evaluation of the mobility failures, particularly for high UE speeds. This is discussed later in this section.

2) EM SIMULATION-BASED HAND BLOCKAGE MODELS

EM simulation-based hand blockage models are based on simulation studies that consider different hand grips modeled around the UEs with form factor considerations taken into account in commercial-grade EM software simulators such as *CST Studio Suite* [16]. These simulators model the human hand based on the hand phantom (how the UE is gripped) and dielectric properties of the skin tissue, e.g., relative dielectric

30042

constant at different frequencies as well as dielectric properties of UE materials including the antenna panels. The hand dielectric properties determine the penetration depth into the hand and the reflection of electromagnetic waves from the hand. Thereafter, the antenna element radiation patterns for each individual element of the panels can be determined and included in the link budget design. Different hand phantom models are defined by CTIA [15] based on the UE width and usage, i.e., talk or data mode. Since most modern UEs have a width between 7.3 cm to 9.2 cm, the wide-grip [15, pp. 364] hand phantom model is used most commonly in current literature and this article also considers a wide-grip where it is assumed that the hand grip remains the same for talk or data mode.

In Fig. 2 the measured raw RSRPs (unfiltered physical layer measurements) of an MPUE for three different panels over time is depicted for the serving cell c_0 . Fig. 2a shows the RSRP degradation with the 3GPP hand blockage model, and Fig. 2b shows the RSRP degradation with an EM simulation-based hand blockage model. Both blockage models consider a case where all three MPUE panels experience blockage for a 30 km/h mobility use case. It can clearly be seen that for the 3GPP hand blockage model in Fig. 2a, the RSRP degrades abruptly over a few ms by approximately 30 dB whereas roughly the same degradation (in the range from 27-36 dB) for the EM hand blockage model occurs over a period of approximately 5 s. Consequently, a mobility failure is experienced in Fig. 2a whereas the UE avoids a mobility failure in Fig. 2b by performing a handover to another cell.

3) MEASUREMENT-BASED HAND BLOCKAGE MODELS

Measurement-based blockage models consider commercialgrade UEs where measurements are performed in an anechoic chamber for FR2 deployments. In such models, the electric field information (amplitude and phases) that has been measured inside the anechoic chamber is then used to generate the antenna element radiation patterns for each panel of an MPUE. The study in [10] considers an anthropomorphic hand phantom composed of a silicone-carbon-based mixture with material properties conforming to CTIA definitions and standards. This hand phantom grips an MPUE in edge design with three panels with the help of a robotic positioning mechanism. The study in [11] considers a measurement setup in an anechoic chamber where a test human subject holds an MPUE in various CTIA-defined grips. In this article, we do not include an evaluation with measurement-based hand blockage models since the EM simulation-based hand blockage model that we have defined for different hand grips is already well suited to our simulation environment where we consider multiple mobile UEs in a 5G network.

B. CHO AND FCHO

In CHO, multiple target cells can be prepared for a potential handover to one of these prepared target cells [5], [6], [12]. Three distinct signaling events can be defined for cell preparation. In each of the signaling events, the layer 3 (L3) cell



FIGURE 1. MPUE with edge design [17], [18] in the portrait orientation (parallel to the ground) along with the spherical blockage region defined by 3GPP shown as (a) top view and (b) side view. ϕ_{hb} is the hand blocker orientation and x_{hb} is the angular span of the blocker in azimuth. θ_{hb} is the hand blocker orientation and y_{hb} is the angular span of the blocker in elevation.



FIGURE 2. Raw RSRP degradation for (a) 3GPP hand blockage model and (b) EM simulation-based hand blockage model for 30 km/h mobility use case.

quality RSRP $P_c^{L3}(m)$ is used [6], where cell $c \in C$. Here m is defined as $m = n\omega$, where *n* is the discrete-time instant at which the UE measures the raw RSRP measurements transmitted over the synchronization signal block (SSB) bursts and ω is the L1 measurement period (aligned with the SSB periodicity). The CHO signaling events are discussed below.

CHO Preparation Event

The CHO preparation event is required so that the UE being served by the serving cell c_0 can initiate the preparation of the target cell c' for handover. The CHO preparation condition that is monitored by the UE is defined as

$$P_{c_0}^{L3}(m) < P_{c'}^{L3}(m) + o_{c_0,c'}^{\text{prep}}$$

for $m_{\text{prep}} - T_{\text{prep}} < m < m_{\text{prep}}$, (1)

where $o_{c_0,c'}^{\text{prep}}$ is the CHO preparation offset between cell c_0 and c'. The UE sends a measurement report to the serving cell c_0 at time $m = m_{\text{prep}}$ if the preparation condition is fulfilled for the preparation condition monitoring time T_{prep} . Having received the measurement report, the serving cell initiates the preparation of target cell c' over the Xn interface and provides the UE with the conditional configuration of target cell c'.

CHO Release Event

In case the RSRP of any prepared target cell c' degrades after preparation, the resources that are allocated for handover by cell c' for that particular UE should be released so that they can be reused by other UEs in the network. This ensures efficiency in resource usage. The CHO release event is triggered by the CHO release condition that is defined as

$$P_{c'}^{\text{L3}}(m) + o_{c_0,c'}^{\text{rel}} < P_{c_0}^{\text{L3}}(m) \text{ for } m_{\text{rel}} - T_{\text{rel}} < m < m_{\text{rel}},$$
(2)

where $o_{c_0,c'}^{\text{rel}}$ is the CHO release offset between cell c_0 and c'. The UE sends a measurement to the serving cell c_0 at $m = m_{rel}$ if the release condition is fulfilled for the release condition monitoring time T_{rel} . Having

received the measurement report, the serving cell cancels the preparation at the target cell c' and reconfigures the UE to release the configuration of target cell c'.

CHO Replace Event

The number of prepared target cells that can be prepared for CHO is limited to restrict the resource reservations for the same UE in the network [12]. It is essential that the list of prepared cells is kept up-to-date, even when the maximum number of cell preparations is reached in order to minimize mobility failures in the network. Therefore, the weakest prepared cell c_W in the list can be replaced by another stronger neighboring cell c_S through the CHO replace condition which is modeled as

$$P_{c_{\rm S}}^{\rm L3}(m) > P_{c_{\rm W}}^{\rm L3}(m) + o_{c_{\rm W,S}}^{\rm rep} \text{ for } m_{\rm rep} - T_{\rm rep} < m < m_{\rm rep},$$
(3)

where $o_{c_{W,S}}^{rep}$ is the CHO replace offset between cell c_W and c_S . The UE sends a measurement report to the serving cell c_0 at time $m = m_{rep}$ if the replace condition is fulfilled for the replace condition monitoring time T_{rep} . Having received the measurement report, the serving cell can initiate the preparation of the new target cell c_S and the release of the preparation in the old target cell c_W . The UE is then reconfigured by the serving cell c_0 to replace the conditional configuration of cell c_W with that of c_S .

A more detailed explanation of the CHO signaling events along with their respective diagrams can be found in [6, Section II].

As mentioned in Section I, CHO handover execution is decoupled from CHO preparation whereby the handover is prepared early but the actual handover execution takes place only when the radio link is sufficient. The UE monitors the CHO execution condition, defined as

$$P_{c_0}^{\text{L3}}(m) + o_{c_0,c'}^{\text{exec}} < P_{c'}^{\text{L3}}(m) \text{ for } m_{\text{exec}} - T_{\text{exec}} < m < m_{\text{exec}},$$
(4)

where $o_{c_0,c'}^{\text{exec}}$ is defined as the CHO execution offset between cell c_0 and c'. The UE executes a handover towards the prepared target cell c' if the execution condition at $m = m_{\text{exec}}$ is fulfilled for the execution condition monitoring time T_{exec} . The decoupled CHO process is shown in Fig. 3.

FCHO has been defined in [25] and [26] as a handover mechanism where it "might be possible to keep CHO candidates after the handover" and reuse target cell preparations instead of releasing them after a handover. In FCHO, the preparation of the target cell as well as the previous serving cell is maintained after every successful handover. When compared to conventional CHO, FCHO can be stated to have two advantages. Firstly, FCHO reduces mobility failures in cell border regions where high and rapidly increasing inter-cell interference may impact the ability of the network to successfully receive the measurement report from the UE or to provide a handover command timely to the UE. By keeping the target cell preparations as well as the preparation of the



FIGURE 3. Illustration of CHO process from serving cell c₀ to target cell c', where it can be seen that the handover preparation and execution phases are decoupled.

previous serving cell after the handover, FCHO allows the UE to perform a subsequent cell change immediately without waiting for being reconfigured by the network. It is useful to retain the previous serving cell configuration after a handover since it could be the next target cell. In conventional CHO it would mean first preparing one or more of such neighboring cells as a target cell, leading to a late preparation that could potentially result in a mobility failure. Secondly, FCHO reduces the overhead that is caused by CHO signaling events because multiple target cells need not be prepared after every handover thanks to their retention after a successful handover. This is beneficial since in conventional CHO it is highly likely that a prepared target cell before a handover (or the previous serving cell) will be re-prepared on account of fulfilling the CHO preparation condition given in (1).

Compared to conventional CHO, the CHO preparation events are reduced in FCHO because the list of prepared cells is not released after every successful handover. From the UE perspective, the list of prepared cells for UE u at time m can be defined as

$$n_u^{\text{prep}}(m) \subseteq \{1, \dots, N_{\text{cells}}\} \text{ with } |n_u^{\text{prep}}(m)| \le n_u^{\max}, (5)$$

where N_{cells} is the total number of UEs in the network.

Similarly, from the perspective of cell c a list of UEs for which resources can be reserved can be defined as

$$n_c^{\text{prep}}(m) \subseteq \{1, \dots, N_{\text{UE}}\} \text{ with } |n_c^{\text{prep}}(m)| \le n_c^{\text{max}}, \quad (6)$$

where $N_{\rm UE}$ is the total number of UEs in the network.

As the maximum number of prepared cells on the UE side n_u^{max} can be up to eight cells as defined by 3GPP [1], this would mean that up to eight separate CHO preparation events can be avoided after each successful handover. Less CHO preparations also mean fewer CHO removals. On the other hand, the radio link of some of the retained cells may degrade due to UE movement or changing radio link conditions and they may need to be released. Similarly, there may be more CHO replace events in FCHO because some prepared target cells become weak over time. However, it is known from [12] that the number of CHO preparation events is much higher than that of CHO release and CHO replace events and they account for most of the signaling overhead. Therefore, the overall signaling overhead in FCHO will be much less than

in conventional CHO. However, this comes at the expense of an increase in the resource reservation time. A diagrammatic explanation of FCHO signaling along with a detailed performance analysis of the signaling overhead for CHO and FCHO for two different mobility scenarios can be found in [6, Section III] and [6, Section V], respectively.

III. SYSTEM MODEL

In this section, the simulation setup for the 5G network model is explained along with the simulation parameters that are used later in the performance analysis. Thereafter, the different hand blockage cases are discussed.

A. 5G NETWORK MODEL

We consider a 5G network model with an urban-micro (UMi) cellular deployment consisting of a standard hexagonal grid with seven base station (BS) sites, each divided into three sectors or cells. The inter-cell distance is 200 meters and the FR2 carrier frequency is 28 GHz. 420 UEs are dropped randomly following a 2D uniform distribution over the network at the beginning of the simulation, moving at constant velocities along straight lines where the direction is selected randomly at the start of the simulation [8, Table 7.8-5]. A wrap-around [27, pp. 140] is considered, i.e., the hexagonal grid with seven BS sites is repeated around the original hexagonal grid shown in Fig. 4 in the form of six replicas. This implies that the cells on network borders are subject to interference from the other edge of the network that is comparable to the cells not on the network borders. From a simulation modeling perspective, if a UE moves out of the network border, it enters back from the other edge of the network. It is known from [6] that the rural and suburban scenarios are not very demanding in terms of the low interference regime because typically the number of simultaneously scheduled beams per cell is taken as $K_b = 1$. As a result, CHO by itself addresses many of the mobility failures in the network. Therefore, two demanding yet realistic mobility scenarios with UE speeds based on [32] are considered. UEs moving at 60 km/h represent the urban mobility scenario, which is the usual speed in the non-residential urban areas of cities. Whereas UEs moving at 120 km/h represent the highway mobility scenario, which is the usual speed limit on major highways. The number of simultaneously scheduled beams per cell is taken as $K_b = 4$. The simulation parameters are summarized in Table 1.

As per 3GPP's study outlined in *Release 15* [8], the channel model we consider in this article takes into account shadow fading due to large obstacles (including the human body) and assumes a soft line-of-sight (LoS) for all radio links between the cells and UEs. Soft LoS is a weighted average of the LoS and non-LoS channel components [8, pp. 59-60] and is used for both shadow fading and distance-dependent path loss calculation in our simulation scenario. Fast fading is taken into account through the low complexity channel model for multi-beam systems proposed in [28], which integrates the spatial and temporal characteristics of 3GPP's geometry-based stochastic channel model (GSCM) [8] into Jake's



FIGURE 4. Simulation scenario consisting of seven hexagonal sites, where each site is serving 3 cells with 120° coverage. Tx-side beamforming is considered, consisting of 12 beams in each cell.

channel model [29]. The transmitter (Tx)-side beamforming gain model is based on the study conducted in [30], where a 12-beam grid configuration is considered. Each beam $b \in B$ for cell $c \in C$. Beams $b \in \{1, ..., 8\}$ have smaller beamwidth and higher beamforming gain and cover regions further apart from the BS. Beams $b \in \{9, ..., 12\}$ have larger beamwidth and relatively smaller beamforming gain and cover regions closer to the BS. This can also be seen in Fig. 4, where the eight outer beams are shown in light colors and the four inner beams are shown in dark colors. The effect of shadow fading is also visible as coverage islands in Fig. 4.

On the UE-side, the MPUE architecture is considered which assumes an *edge* design with three directional antenna panels, each with a single antenna element and a maximum gain of 5 dBi [17], [18]. The antenna element radiation pattern for each of the three panels is based on [31]. The UE screen, held by the user, is assumed to be parallel to the ground [17]. In line with 3GPP [33], the signal measurement scheme considered is MPUE-A3, where the UE can measure the RSRPs from the serving cell c_0 and neighboring cells on all three panels simultaneously. A more detailed explanation of the MPUE-A3 signal measurement scheme can be found in [17, pp. 3-4].

The average downlink signal-to-interference-plus-noise ratio (SINR) $\gamma_{c,b}(m)$ of a link between the UE and beam *b* of cell *c* is evaluated by the Monte-Carlo approximation given in [30] for a resource scheduler where all UEs get precisely the same amount of resources. This SINR is of key importance in the two mobility failures modeled on the handover failure (HOF) and radio link failure (RLF) models in this article, each of which is elaborated below.

TABLE 1. Simulation parameters.

Parameter	Value		
Carrier frequency	28 GHz		
System bandwidth	100 MHz		
Cell deployment topology	7-site hexagon		
Total number of cells N_{cells}	21		
Downlink Tx power	40 dBm		
Tx (BS) antenna height	10 m		
Tx antenna element pattern	Table 7.3-1 in [8]		
Tx panel size	$16 \times 8, \forall b \in \{1, \dots, 8\}$		
	$8 \times 4, \forall b \in \{9, \dots, 12\}$		
Tx antenna element spacing	vertical: 0.7λ		
	horizontal: 0.5λ		
Beam elevation angle θ_b	$90^\circ, orall b \in \{1,\ldots,8\}$		
	$97^\circ, \forall b \in \{9, \dots, 12\}$		
Beam azimuth angle ϕ_b	$-52.5^{\circ}+15(b-1)^{\circ}, \forall b \in \{1, \dots, 8\}$		
	$-45^{\circ}+30(b-9)^{\circ}, \forall b \in \{9, \dots, 12\}$		
Tx-side beamforming	Fitting model of [28]		
gain model			
Rx (UE) antenna height	1.5 m		
Rx antenna element pattern	MPUE: based on [31]		
Rx panel size	Single antenna element		
Rx antenna element gain	MPUE: 5 dBi		
Total number of UEs $N_{\rm UE}$	420		
UE speed	urban scenario: 60 km/h		
	highway scenario: 120 km/h		
Number of simultaneously	4		
scheduled beams per cell K_b			
CHO preparation offset $o_{c_0,c'}^{\text{prep}}$	10 dB		
CHO execution offset $o_{c_0,c'}^{\text{exec}}$	3 dB		
CHO release offset $o_{c_0,c'}^{\text{rel}}$	13 dB		
CHO replace offset $o_{c_{W,S}}^{rep}$	3 dB		
CHO preparation time $T_{\rm prep}$	80 ms		
CHO execution time T_{exec}	80 ms		
CHO release time $T_{\rm rel}$	80 ms		
CHO replace time $T_{\rm rep}$	80 ms		
Maximum prepared cells	4		
per UE n_u^{\max}			
Fast-fading channel model	Abstract model of [28]		
Time step Δt	10 ms		
SSB periodicity	20 ms		
Simulated time t_{sim}	30 s		
SINR threshold $\gamma_{ m out}$	-8 dB		

1) HOF MODEL

The HOF model is used to model the failure of a UE to hand over from its serving cell c_0 to its target cell c'. The UE initiates a handover by using the contention-free random access (CFRA) resources to access the selected beam b' of target cell c'. For successful random-access, it is a prerequisite that the SINR $\gamma_{c',b'}(m)$ of the target cell remains above the threshold γ_{out} during the RACH procedure. A HOF timer $T_{\text{HOF}} = 200 \text{ ms}$ is started when the UE initiates the random-access towards the target cell c' and sends the RACH preamble. The RACH procedure is repeated until either a successful RACH attempt is achieved or T_{HOF} expires. A UE only succeeds in accessing the target cell if the SINR $\gamma_{c',b'}(m)$ remains above the threshold γ_{out} and as such a successful HO is declared. A HOF is declared if the timer T_{HOF} expires and the UE fails to access the target cell, i.e., $\gamma_{c',b'}(m) < \gamma_{\text{out}}$ for the entire duration that the HOF timer runs. The UE then performs connection re-establishment to a new cell (possibly the previous serving cell) and this procedure contributes to additional signaling overhead and signaling latency [1].

2) RLF MODEL

The RLF model is used to model the failure of a UE while it is in its serving cell c_0 . The UE keeps track of the radio link monitoring (RLM) SINR metric $\bar{\gamma}_{RLM}$, which is an average of the downlink SINR measurements of the serving cell γ_{c_0,b_0} . An RLF timer $T_{RLF} = 1000$ ms is started when the RLM SINR $\bar{\gamma}_{RLM}$ of the serving cell c_0 drops below γ_{out} , and if the timer T_{RLF} expires an RLF is declared. The UE then initiates connection re-establishment. While the timer T_{RLF} runs, the UE may recover before declaring an RLF if the SINR $\bar{\gamma}_{RLM}$ exceeds a second SINR threshold defined as $\gamma_{in} =$ -6 dB, where $\gamma_{in} > \gamma_{out}$ [1]. If the beam failure recovery [17, pp. 2-3] process fails the UE also declares an RLF and this is also taken into account in the RLF model.

B. HAND BLOCKAGE CASES

A right-handed grip is considered for an MPUE that is in edge design with three directional panels. As discussed in Section II-A, UE dimensions are taken as $15.7 \text{ cm} \times 7.6 \text{ cm} \times 10^{-1} \text{ cm}$ 1.0 cm, which corresponds to a CTIA wide-grip for both talk and data mode. This corresponds to a loose hand grip with an air gap of 1 mm between the UE body and fingers. As shown in Fig. 5a and Fig. 5b, the CTIA wide-grip implies that panel 2 (P2) always is completely unblocked by the hand. P1 is on the right edge of the UE and depending on the positioning of the thumb it may be completely blocked or unblocked by the thumb, as shown in Fig. 5c. This simplification is drawn from the fact that directional antenna panels are rapidly being miniaturized as the technology matures [34]. The same can be said for P3 which is on the left edge of the UE and it may be completely blocked or unblocked by the middle finger, as shown in Fig. 5d.

The antenna element radiation patterns are generated in CST Studio Suite for each of the three directional MPUE panels. Six different hand blockage cases can be defined, which are summarized in Table 2. The free-space case (Case I) considers no hand placement around the UE and takes into account form factor considerations and reflection associated gains from the UE surface [10]. For P1 and P3, when the UE is held in hand either the panels experience no blockage (Case II) or both panels are completely blocked by the thumb and middle finger (Case III), or either only P1 is blocked by the thumb (Case IV) or P3 is blocked by the middle finger (Case V). For each blockage case, a separate simulation study is considered where all UEs in the network are assumed to experience the type of blockage as defined by the blockage case. For comparison, the ideal Rx antenna element radiation pattern defined by 3GPP [17], [31] is considered (Case VI),



FIGURE 5. The hand phantom model defined in CST Studio Suite [16] for the MPUE in edge design is based on the CTIA wide-grip [15, pp. 364]. It considers a 1 mm air gap between the UE body and the finger (or thumb).

TABLE 2.	Hand	blockage	cases
----------	------	----------	-------

Case	P2	P1	P3
Case I: Free space	Free-	Free-	Free-
with UE form factor	space	space	space
Case II: Fingers and thumb	No	No	No
not blocking any panel	blockage	blockage	blockage
Case III: Fingers and thumb	No	Complete	Complete
blocking P1 and P3	blockage	blockage	blockage
Case IV: Thumb	No	Complete	No
blocking P1	blockage	blockage	blockage
Case V: Middle finger	No	No	Complete
blocking P3	blockage	blockage	blockage
Case VI: 3GPP antenna radiation	-	-	-
pattern with no blockage [31]			

where there is no hand blockage for any of the three panels. To the best of our knowledge, there has not been any study documenting the hand blockage probability for each of the respective panels in a real-world mobile environment for the CTIA wide-grip hand phantom model. Such a study could assign weights to the hand blockage probability of each panel, with the resultant performance analysis then being much closer to real-world scenarios. Taking this into account, it can be safely said the real-world mobility performance would lie in between the best (Case II) and worst hand blockage cases (Case III). Thereby, this work provides not only bounds for the expected real-world performance, but also the framework for evaluating the actual performance once statistical data about the hand blockage cases is available.

IV. HAND BLOCKAGE MOBILITY PERFORMANCE EVALUATION

In this section, the mobility performance of FCHO is compared with CHO in terms of KPIs for the different hand blockage cases. The KPIs used for performance evaluation are explained below.

A. KPIs

- Successful Handovers: Indicates the total number of successful HOs from the serving cell c_0 to the target cell c' in the network.
- *Fast Handovers*: Indicates the sum of ping-pongs and short-stays in the network. A ping-pong is a successful

VOLUME 11, 2023

handover followed by a handover back to the original cell within a very short time $T_{\rm FH}$ [21], e.g., 1 s. It is assumed that both these handovers could have been potentially avoided. A short-stay is a handover from one cell to another and then to a third one within $T_{\rm FH}$. Here it is assumed that a direct handover from the first cell to the third one would have served the purpose. Although fast handovers are part of successful handovers, they are accounted for as a detrimental mobility KPI which adds unnecessary signalling overhead to the network.

• *Mobility Failures:* Indicates the sum of HOFs and RLFs in the network. These are described by the HOF and RLF models discussed earlier in Section III-A.

Successful handovers, fast handovers, and mobility failures are normalized to the total number of UEs $N_{\rm UE}$ in the network per minute and expressed as UE/min.

• Outage: Outage is defined as a time period when a UE is unable to receive data from the network due to a number of reasons. When the average downlink SINR of the serving cell γ_{c_0,b_0} falls below γ_{out} it is assumed that the UE is unable to communicate with the network and, thus, in outage. Besides, if the HOF timer T_{HOF} expires due to a HOF or the RLF timer T_{RLF} expires due to an RLF, the UE initiates connection re-establishment and this is also accounted for as outage. A successful handover, although a necessary mobility procedure, also contributes to the total outage since the UE cannot receive any data during the time duration it is performing random access to the target cell c'. This outage is modeled as relatively smaller (55 ms) than the outage due to connection re-establishment (180 ms) [21]. The outage KPI is denoted in terms of a percentage as

Outage (%) =
$$\frac{\sum_{\forall u} \text{Outage duration of UE } u}{N_{\text{UE}} \cdot t_{\text{sim}}} \cdot 100.$$
 (7)

B. SIMULATION RESULTS

Fig. 6 shows a comparison of the mobility performance of FCHO with CHO for the urban mobility scenario (60 km/h)



FIGURE 6. The mobility performance of FCHO compared with CHO for different hand blockage cases for the urban mobility scenario (60 km/h) for (a) mobility KPIs and (b) outage KPI.

for each of the six hand blockage cases discussed in Section II-B.

The first key observation from Fig. 6a when FCHO is compared with CHO is that there is a decrease in mobility failures for each of the six blockage cases. For reference purposes, Case VI can be compared to the study in [6] wherein the hand blockage effect is not considered. For the free space case (Case I, shown in red) the mobility failures decrease relatively by 11.2% for FCHO when compared with CHO. For the panel blockage case on P1 and P3 (Case III, shown in blue), the mobility failures decrease by 10.5%. The other key observation is that hand-reflection associated gains can help to improve the mobility performance by decreasing mobility failures when none of the three MPUE panels are blocked. This can be seen if the free space case (Case I, shown in red) is compared with the UE held in hand but no hand blockage (Case II, shown in green) for their respective FCHO cases, where the mobility failures reduce substantially by 16.0%. This was also one of the main conclusions of [11] where a

30048

loose hand grip with a similar air gap between the UE body and fingers was considered. If we compare the free-space case (Case I, shown in red) with the 3GPP antenna radiation pattern with no hand blockage (Case VI, shown in yellow) it is also seen that the form factor considerations and reflections from UE surfaces in a real-world mobile environment would contribute to more mobility failures because the antenna element directional gain for each of the MPUE panels is reduced in certain directions.

It can also be visualized that there is an asymmetry between the blockage induced by the thumb on P1 (Case IV, shown in cyan) and the middle finger on P3 (Case V, shown in magenta). If Case IV is compared with Case V for FCHO, it is seen that mobility failures in the latter are 12.1% lower. Correspondingly the successful handovers are 6.7% higher. This stems from the fact that the blockage effect of the thumb (Case IV) is greater than that of the middle finger (Case V). This is illustrated in Fig. 7, where it is seen that the attenuation at the boresight of P1 ($\phi = 270$) blocked by the thumb in Fig. 7a is $-18.66 \, dB$ whereas the corresponding attenuation at the boresight of P3 ($\phi = 90$) blocked by the middle finger in Fig. 7b is -5.28 dB. The effect of hand reflections is also visible since the maximum gain is seen not at the respective boresights but along other directions for both Fig. 7a and Fig. 7b. CST Studio Suite considers the exact positioning of the hand and since the thumb runs parallel to P1 in Fig. 5c as compared to the middle finger which is at an angle to P3 in Fig. 5d, the blockage effect on P1 is greater. When Case III is compared with Case V, it is seen that fast handovers (and consequently successful handovers) are greater in Case III. This is because when both panels are blocked in Case III, the UE may be forced to switch to P2 as its serving panel [6, pp. 3] and the unreliable L3 RSRP measurements lead to more of such fast handovers.

Lastly, it can be observed in Fig. 6b that when FCHO is compared with CHO the outage decreases for all blockage cases on account of lower mobility failures. One of the main conclusions of [6] was that some mobility failures in CHO may translate into fast handovers in FCHO because such mobility failures are addressed in cell border regions, where the probability of fast handovers is very high. This can be observed in Fig. 6a where for FCHO the fast handovers increase for all of the six hand blockage cases that are considered in this study. It can also be observed that the increase in outage due to an increase in fast handovers with FCHO as compared to CHO (2.7% for Case III where both P3 and P1 are blocked, shown in blue) is negated by the decrease in mobility failures (10.5% for Case III). In Section IV-A it was already discussed that the outage contribution of mobility failures is almost 4 times that of fast handovers. It can also be observed in Fig. 6b that the worst outage is experienced for Case III (3.3% for FCHO) since it experiences more mobility failures and successful handovers in total than the other blockage cases.

The mobility performance of FCHO is compared with CHO for the highway mobility scenario in Fig. 8. At 120 km/h

IEEEAccess



FIGURE 7. Antenna element radiation pattern (taken for elevation cut at $\theta = 90^{\circ}$) (a) complete blockage on panel 1 (P1) and (b) complete blockage on panel 3 (P3).

mobility is more challenging because of greater temporal variations in the signal RSRPs due to dominant fast fading. Additionally, the UEs traverse more cell boundaries compared to 60 km/h and therefore the probability of mobility failures also increases. However, this also means that FCHO can be more beneficial at higher UE speeds in terms of addressing these mobility problems, which are now aggravated due to hand blockage. For the free space case (Case I, shown in red) shown in Fig. 8a the mobility failures decrease relatively by 16.1% for FCHO when compared with CHO. For the panel blockage case on P1 and P3 (Case III, shown in blue), the mobility failures decrease by 19.3%. The asymmetry between blockage induced by the thumb on P1 (Case IV, shown in cyan) and the middle finger on P3 (Case V, shown in magenta) is not visible in terms of mobility failures (which are nearly equal) but successful handovers in Case V for FCHO are 5.58% higher. Lastly, in Fig. 8b it can be observed that as seen in Fig. 6b, outage decreases for FCHO for all blockage cases and the worst outage is experienced for Case III (7.5% for FCHO).

It is also useful to analyse the mobility failures for cell-pair specific borders shown in Fig. 4. This can be seen in Fig. 9 where a comparison is made between CHO and FCHO for Case III of Table 2 for the highway mobility scenario (120 km/h). It can be visualized from the colormap shown in Fig. 9a that for a given serving cell, there are only certain cell-pair specific borders that are problematic on account of their geographical neighbor relations, e.g., the cell border between cell 5 and 4 which experiences sixteen such failures where the UE fails in serving cell 5 and re-establishes to cell 4. It can also be seen that most cell-pair specific borders have no mobility failures on account of having no geographical neighbor relation, which also includes coverage islands and the wrap-around effect mentioned in Section III-A. It can be seen in Fig. 9b that FCHO addresses mobility failures for most of these cell-pair specific borders, e.g., the border between cell 12 and 4 where the difference is six mobility failures (six mobility failures reduced to zero). It can also be

it is now seen that there are twenty-four cell-pair specific borders (forty-nine and seventy-three cell-pair specific borders with zero mobility failures, respectively, for CHO and FCHO) with a geographical neighbor relation where FCHO reduces the number of mobility failures to zero.
 V. RESOURCE RESERVATION TIME OPTIMIZATION IN FCHO
 In this section, the resource reservation problem in FCHO is

discussed in detail. Further on, three different FCHO is mization approaches that address this resource reservation problem are explained.

visualized that in a few cell borders, FCHO could lead to more

mobility failures because a handover attempt could be made

to a retained cell for which the radio link is degrading due to

UE movement or changing radio link conditions. However,

the overall benefit of FCHO is clearly visible in Fig. 9c, where

A. RESOURCE RESERVATION PROBLEM IN FCHO

One of the main conclusions of our earlier studies [6, pp. 6-7] was that while FCHO is advantageous over CHO in terms of reducing both the mobility failures and signaling overhead, the resource reservation time in FCHO is significantly higher due to the retention of the conditional configurations of the prepared target cells after each handover. Resource reservation time can be defined as the time duration for which a prepared target cell c' reserves resources for a particular UE u. It can be formulated as

$$t_{c',u}^{R}(n_{c'}^{\text{prep}}) = \sum_{m} \chi_{n_{c'}^{\text{prep}}(m)}(u)\Delta t,$$
 (8)

where $n_{c'}^{\text{prep}}$ contains the lists of prepared UEs of cell c' over time as defined in (6), χ is the indicator function and Δt is the time step size defined in Table 1.

In FCHO if a UE maintains a preparation for a target cell it implies that the prepared target cell c' needs to reserve the resources for the particular UE in question till they are otherwise released by the network through either the CHO



FIGURE 8. The mobility performance of FCHO compared with CHO for different hand blockage cases for the highway mobility scenario (120 km/h) for (a) mobility KPIs and (b) outage KPI.

release condition in (2) or replaced by another cell through the CHO replace condition in (3). Unlike CHO, the resources for the prepared cells are not explicitly released after a handover. This leads to longer resource reservation time $t_{c',u}^R(n_{c'}^{\text{prep}})$ in FCHO. Some examples of such resources are contention-free random access preambles, UE identifiers, radio resources for guaranteed bit rate radio bearers, and even hardware resources such as buffers to receive the packets forwarded early from the serving cell [35].

Fig. 10 shows the cumulative distribution function (CDF) of the resource reservation time in a prepared target cell for Case III of Table 2 and the highway mobility scenario (120 km/h). It is seen that at the 50th percentile, the resource reservation time $t_{c',u}^R(n_{c'}^{\text{prep}})$ for CHO (shown in red) is 0.37 s as compared to 0.47 s for FCHO (shown in blue). For the 95th percentile the resource reservation time is 1.81 s for CHO and 2.55 s for FCHO, leading to a difference of 0.74 s. This clearly indicates that in FCHO the prepared target cells reserve resources for the UEs for a much longer time duration as compared to CHO. Resultantly, the capacity of the



Mobility Failures solved by FCHO on Cell-Pair Specific Borders







FIGURE 9. A comparison of the mobility failures between CHO and FCHO in terms of cell-pair specific borders for Case III of Table 2 and the highway mobility scenario (120 km/h).

network nodes to admit UEs during handover or connection setup decreases, which can be critical, especially in high-load situations since it could lead to an increase in mobility failures in case of failure to prepare a target cell for handover. Therefore, the resource reservation time in FCHO needs to be optimized so as to decrease it and bring it as close as possible to that of CHO. Some earlier studies [36], [37], [38] have focused on the call blocking probability of new calls and forced termination probabilities of ongoing calls during handover, both due to the unavailability of idle resources on the network side. In this article, we focus on an admission control scheme where idle resources are always available and where all handover requests sent by the serving cell c_0 to the target cell c' are approved by c'. This then implies that in (6) the upper bound value is $n_c^{\text{max}} = N_{\text{UE}}$. By studying the resource reservation time, however, we do take into account the required system capacity where the prepared



FIGURE 10. A comparison of the resource reservation time in a prepared target cell between CHO and FCHO for Case III of Table 2 and the highway mobility scenario (120 km/h).

target cells are released either due to a handover or due to the CHO release or replace conditions mentioned in (2) and (3), respectively.

B. FCHO RESOURCE RESERVATION TIME OPTIMIZATION APPROACHES

As outlined in Section V-A, we intend to improve the resource reservation time $t_{c',u}^{R}(n_{c'}^{\text{prep}})$ for FCHO. This improvement should not come at the cost of mobility failures or signaling overhead compared to CHO and FCHO, respectively. To that effect, we collect the lists of prepared UEs over time from all cells in the tuple **n**^{prep} defined as

$$\mathbf{n}^{\text{prep}} = (n_1^{\text{prep}}, \dots, n_{N_{\text{cells}}}^{\text{prep}}).$$
(9)

As such, the optimization problem can be summarized as

$$\min_{\mathbf{n}^{\text{prep}}} t^{R_{\text{norm}}}(\mathbf{n}^{\text{prep}})$$
(10a)

subject to $f(\mathbf{n}^{\text{prep}}) \le f_{\text{CHO}},$ (10b)

$$s(\mathbf{n}^{\text{prep}}) \le s_{\text{FCHO}},$$
 (10c)

where $t^{R_{norm}}(\mathbf{n}^{prep})$ is the overall normalized resource reservation time in a prepared target cell c', f_{CHO} is the normalized number of mobility failures in CHO (KPI/UE/min) and s_{FCHO} is the normalized signaling overhead in FCHO (KPI/UE/min). The normalized resource reservation time can be defined as

$$t^{R_{\text{norm}}}(\mathbf{n}^{\text{prep}}) = \frac{\sum\limits_{c'} \sum\limits_{u} \sum\limits_{m} t^{R}_{c',u}(n^{\text{prep}}_{c'}(m))}{N_{\text{cells}} \cdot N_{\text{UE}} \cdot t_{\text{sim}}}.$$
 (11)

Three different algorithms following the paradigm of MRO are developed to optimize the resource reservation in FCHO. MRO has already been designated as one use case of self-organizing networks (SON) [39], [40], [41] in 3GPP *Release 9* [20]. In line with that, the resource reservation optimization approach for the three algorithms considers handover statistics that are collected from the network and processed. Thereafter, based on those statistics the parameters of the CHO preparation event are adjusted in the network to yield the desired results.

For the statistics collection and processing, Case III of Table 2 is simulated for FCHO with the pre-configured offsets

outlined in Table 1 for the highway mobility scenario. This case has been chosen since it represents the most challenging mobility scenario of all the cases in Table 2 where both P1 and P3 experience hand blockage. Based on the network-wide statistics that are collected at the end of the simulation, a handover probability matrix H is defined. H is an $N_{cells} \times N_{cells}$ matrix, where H_{ij} represents the observed handover probability from cell i (serving cell) to cell j (prepared target cell). Thus, each row of H represents the probability of handover from cell i to each of the other cells in the network.

As for the parameter adjustment part, the aim is to make both the preparation of cells (defined through the CHO preparation condition in (1)) and retention of prepared cell conditional configurations after each handover harder for cases where the observed handover probability from serving cell c_0 to prepared target cell c' is small. For this, three different optimization approaches are defined as follows:

- 1) FCHO optimization with block listing: In this approach, the preparation of certain cells is blocked if they have an observed handover probability $H_{ij} \leq p_B$, where p_B is the block listing probability and $p_{\rm B} = 0$. We term this as active block listing since certain cells will never be prepared and are part of a block list. Additionally, immediately after a handover, the optimization algorithm releases those retained target cells that have an observed handover probability $H_{ii} \leq p_{\rm B}$ by discarding them and this is termed as *reactive* block listing. The preparation of these cells was not previously blocked since the observed handover probability H_{ii} from the previous serving cell i to the retained cell j is not equivalent to $p_{\rm B}$. In CHO, all of the previously prepared target cells are discarded whereas in FCHO none of the prepared target cells are explicitly discarded but are instead retained (in addition to the previous serving cell which also becomes a target cell [6, pp.4]). This optimization mechanism leads to both the block listing as well as the release of unnecessary cell preparations that the UE will most likely not hand over to, thus saving both signaling overhead and resource reservation time without degrading the mobility performance in terms of failures.
- 2) *FCHO optimization with preparation offset reduction*: In this approach, the preparation of certain target cells, controlled by the CHO preparation condition in (1), is delayed by reducing the CHO preparation offset between cell *i* (the serving cell) and cell *j* (the prepared target cell), i.e., $o_{i,j}^{\text{prep}}$. As such, $o_{i,j}^{\text{prep}}$ for those cells that have $H_{ij} \leq p_{\text{R}}$ is reduced from its present value of 10 dB to 7 dB, where p_{R} is the preparation offset reduction probability and $p_{\text{R}} = 0.12$. The value of p_{R} is taken as 0.12 because it is observed in the collected statistics on average 3/4 of the preparations for a given serving cell have $H_{ij} \leq 0.12$. Thus, it represents an optimal value in terms of optimizing mobility performance, signaling overhead, and resource reservation. The aim of delaying the preparation for cells with low

observed handover probability H_{ij} is to ensure that these cells are prepared only when preparation becomes absolutely necessary. As a result of this delay, the target cell preparations are either delayed or in some cases avoided because either the RSRP of the serving cell recovers or the RSRP of the target cell degrades and the CHO preparation condition in (1) is not fulfilled. In this optimization mechanism, both the signaling overhead and resource reservation time will be reduced but a minimal increase in mobility failures is to be expected since some essential target cell preparations which are needed for successful handover may be delayed.

3) *FCHO optimization with block listing and preparation* offset reduction: In this approach, the aforementioned optimization mechanisms are combined. $o_{i,j}^{\text{prep}}$ is now reduced for cells with observed handover probability between $0 < H_{ij} \le p_R$ (instead of $H_{ij} \le p_R$) since the preparation of target cells is blocked for $H_{ij} \le p_B$, where $p_B = 0$. The preparation offset reduction probability is again taken as $p_R = 0.12$.

The memory space complexity of these three different optimization approaches can be given as $\mathcal{O}(N_{cells}^2)$. This is because it involves the formulation of the handover probability matrix \boldsymbol{H} , which has the dimension $N_{\text{cells}} \times N_{\text{cells}}$ and hence N_{cells}^2 total entries. The CHO preparation offset $o_{i,i}^{\text{prep}}$ which is modified depending on the handover probability H_{ij} is also stored in a matrix with dimension $N_{\text{cells}} \times N_{\text{cells}}$. The time complexity is also given as $\mathcal{O}(N_{\text{cells}}^2)$. It is pertinent to mention here that an increase in N_{cells} would not necessarily mean that the time and memory space complexity grows as given by the expressions, since the geographical neighbor relation for a given cell will not necessarily include all the other cells in the network as seen earlier in Section III-A. Hence, the given expressions serve as upper bounds for the time and memory space complexity of these optimization approaches.

VI. FCHO RESOURCE RESERVATION OPTIMIZATION PERFORMANCE ANALYSIS

Fig. 11 shows the performance analysis of the three different FCHO resource reservation optimization approaches in terms of mobility and outage KPIs, CHO signaling overhead, and resource reservation time. Case III of Table 2 for the highway mobility scenario is considered here.

The first key observation from Fig. 11a is that FCHO optimization with block listing (shown in green) does not lead to any mobility performance degradation when compared to FCHO (shown in blue), i.e., the mobility failures and fast handovers are the same. Consequently, the outage is also the same. As mentioned in Section V-B, this is because the optimization approach block lists the preparation of those cells for which the observed handover probability is zero and therefore no additional mobility failures are incurred. On the other hand, the two other approaches, namely FCHO optimization with preparation offset reduction (shown in cyan) and FCHO optimization with block listing and preparation offset



FIGURE 11. The mobility performance of CHO, FCHO, and, the three different FCHO optimization approaches for (a) mobility and outage KPIs, (b) CHO signaling overhead, and (c) and (d) resource reservation time.

reduction (shown in magenta) result in a relative increase of 17.43% in mobility failures as compared to FCHO. This is because in both these resource reservation optimization approaches some essential target cell preparations for handover are delayed and consequently instead of a successful handover a mobility failure occurs. However, the failures are still 5.23% less when compared to CHO, meaning the FCHO gain in terms of mobility performance is not totally lost. For these two optimization approaches, fast handovers are reduced as compared to FCHO due to fewer cell preparations in both these approaches. However, since the contribution of a mobility failure to the outage is almost 4 times higher than that of fast handovers, these two optimization approaches result in a 2.3% greater outage when compared to FCHO.

When the signaling overhead is compared in Fig. 11b, the gain of FCHO (shown in blue) is evident since there is a significant reduction in the total number of CHO events when compared against CHO (shown in red). This relative reduction is 27.04% for FCHO. FCHO optimization with block listing (shown in green) reduces the total number of signaling overhead even more than FCHO because certain cell preparations are now both actively and reactively blocked, as discussed in Section V-B. This leads to fewer CHO preparation events and consequently fewer CHO release events. The relative reduction in the total number of CHO events for the block listing approach when compared to FCHO is 5.76%. FCHO optimization with preparation offset reduction (shown in cyan) performs even better than the block listing approach since the preparation offset approach avoids a greater number of preparations as compared to the block listing approach because it takes into account a wider observed handover probability range in the optimization, as discussed in Section V-B. The relative reduction in the total number of CHO events for this approach is 10.28% and 4.80% when compared to FCHO and FCHO optimization with block listing, respectively. Lastly, it can be seen that FCHO optimization with block listing and preparation offset reduction approach (shown in magenta) is the best out of the three approaches in terms of signaling overhead reduction since it combines the benefits of both the block listing and offset reduction approaches. The relative reduction in the total number of CHO events for this approach when compared to FCHO is 12.87%. CHO replace events are relatively less frequent as compared to CHO preparation and CHO release events and have no major bearing on the total number of CHO events. In all of the three optimization approaches, a small reduction in CHO replace events is observed when compared to FCHO since all the optimization approaches reduce preparations and therefore fewer replace events occur because the list of prepared cells is fully occupied less often.

A CDF of the resource reservation time in a prepared target cell c' is shown in Fig. 11c. It was already seen in Fig. 10 that at the 50th percentile, the resource reservation time of FCHO (shown in blue) is 0.47 s and that of CHO (shown in red) is 0.37 s. With the block listing optimization approach (shown in green) it decreases to 0.45 s due to the avoidance of many unnecessary temporal resource reservations of the order of 0.50 s. At the 95th percentile, the CDFs for FCHO and the block listing optimization approach converge because

block listing does not help in actively blocking and reactively discarding the preparation of those cells that have a high probability of handover and hence they are reserved for longer time periods of the order of 3 s. The preparation offset reduction approach (shown in cyan) is more proactive in reducing the resource reservation time because it takes into account a wider observed handover probability range and therefore certain cell preparations either do not occur or last shorter durations due to late cell preparation. Therefore, at the 50th percentile the resource reservation time is 0.42 s. It is seen that at the 95th percentile the CDFs for FCHO and the preparation offset reduction approach converge because preparations that last longer and have a high probability of handover cannot be avoided using this optimization approach. Lastly, with the block listing and preparation offset reduction approach (shown in magenta) the resource reservation time reduces to 0.40 s at the 50th percentile and is the best out of the three optimization approaches.

Fig. 11d shows the normalized resource reservation time $t^{R_{norm}}(\mathbf{n}^{\text{prep}})$ in a prepared target cell. FCHO optimization with block listing (shown in green) reduces the resource reservation time and brings it within the resource reservation time of CHO (shown in red) and FCHO (shown in blue). The relative reduction, when compared with FCHO is 4.97%. FCHO optimization with preparation offset reduction (shown in cyan) brings about a corresponding gain as the block listing approach. Lastly, it is observed that FCHO optimization with block listing and preparation offset reduction (shown in magenta) is the best out of all the three optimization approaches, where the relative reduction in the resource reservation time/prepared target cell when compared to FCHO is 6.54%.

Finally, it can be concluded from Fig. 11 that the three different optimization approaches offer a tradeoff between the resource reservation time, mobility performance, and signaling overhead. This is in line with the optimization problem defined in (10), where the aim is to optimize the resource reservation time subject to constraints in terms of mobility failures and signaling overhead. FCHO optimization with block listing minimizes the normalized resource reservation time $t^{R_{\text{norm}}}(\mathbf{n}^{\text{prep}})$ while not compromising on the mobility performance gains of FCHO and reduces the signaling overhead below that of FCHO. FCHO optimization with preparation offset reduction offers comparable performance to FCHO optimization with preparation offset reduction but compromises upon the mobility performance gains of FCHO while offering a higher reduction in signaling overhead. FCHO optimization with block listing and preparation offset reduction approach reduces the normalized resource reservation time below that of FCHO optimization with preparation offset reduction and offers comparable mobility performance but a higher reduction in signaling overhead. Hence, for mobility-critical use cases, FCHO optimization with block listing is a suitable approach that offers moderate gains in terms of minimizing both the signaling overhead and resource reservation time. Whereas for other use cases, FCHO



FIGURE 12. The mobility performance of FCHO optimization with block listing and preparation offset reduction for different values of maximum prepared cells n_u^{max} per UE.

optimization with block listing and preparation offset reduction is a suitable approach that offers a relatively higher reduction in both the signaling overhead and resource reservation time, while at the same time, the mobility performance is still not worse off than conventional CHO.

The mobility performance of FCHO optimization with block listing and preparation offset reduction is also shown in Fig. 12 for four different values of maximum prepared cells per UE n_{μ}^{max} . It can be observed that with $n_{\mu}^{\text{max}} = 1$ the mobility failures have a significantly high value of 3.86 failures/UE/min on account of having just one prepared target cell to which a handover can be performed. With $n_{\mu}^{\max} = 2$, mobility failures reduce relatively by 19.73% on account of an additional prepared cell which can serve as a potential handover candidate. This corresponds to a relative increase of 11.55% in the fast handovers. With $n_{\mu}^{\text{max}} = 4$, the mobility failures reduce by 3.54% when compared to $n_u^{\text{max}} = 2$. For the highest 3GPP defined value of $n_u^{\text{max}} = 8$ [1], it is seen that the mobility performance levels off as more prepared cells do not yield a gain in mobility performance in terms of mobility failures and fast handovers and correspondingly the outage.

VII. CONCLUSION

In this article, the mobility performance for MPUE with three panels is investigated with hand blockage using CTIA wide-grip hand phantom model for two different mobility scenarios in a 5G-Advanced network. Four different hand positions with varying degrees of blockage on each of the panels are considered and a detailed analysis is carried out for the CHO and FCHO mechanisms. It is seen that FCHO reduces mobility failures by 10.5% and 19.3% compared to CHO for the urban and highway mobility scenarios, respectively, for the worst-case scenario where two out of three panels are completely blocked. As a future topic open for research, additional studies that consider the probability of hand blockage for each panel are required to bring the performance analysis closer to real-world scenarios. Furthermore, the problem of longer resource reservation time in FCHO, caused by keeping the conditional configuration after each cell change, is discussed in detail. To tackle this issue, an optimization problem is formulated and three different FCHO resource reservation optimization techniques following MRO principles are introduced. Then a detailed performance analysis is carried out for the highway scenario and for the case when two panels out of three are blocked. It is observed that each optimization technique is beneficial to varying degrees in reducing both the signaling overhead and resource reservation time and offers a unique tradeoff between mobility and outage KPIs, CHO signaling overhead, and resource reservation. For example, with FCHO optimization with block listing and preparation offset reduction, the mobility performance is still better than CHO but the signaling overhead and resource reservation time reduce by 12.87% and 6.54%, respectively, when compared with FCHO. This implies that different resource reservation optimization techniques can be adopted to suit the needs of the network.

ACKNOWLEDGMENT

The authors would like to express their gratitude to Simon Svendsen from Nokia Standardization and Research Laboratory, Aalborg, Denmark, for providing them with the *CST Studio Suite* generated hand blockage radiation patterns.

REFERENCES

- NR; Radio Resource Control (RRC) Protocol Specification, document TS 38.331, Version 16.0.0, 3rd Generation Partnership Project (3GPP), Mar. 2020.
- [2] S. Rangan, T. S. Rappaport, and E. Erkip, "Millimeter-wave cellular wireless networks: Potentials and challenges," *Proc. IEEE*, vol. 102, no. 3, pp. 366–385, Feb. 2014.
- [3] V. Raghavan, T. Bai, A. Sampath, O. H. Koymen, and J. Li, "Modeling and combating blockage in millimeter wave systems," in *Proc. IEEE 19th Int. Workshop Signal Process. Adv. Wireless Commun. (SPAWC)*, Jun. 2018, pp. 1–5.
- [4] V. Raghavan, L. Akhoondzadeh-Asl, V. Podshivalov, J. Hulten, M. A. Tassoudji, O. H. Koymen, A. Sampath, and J. Li, "Statistical blockage modeling and robustness of beamforming in millimeterwave systems," *IEEE Trans. Microw. Theory Techn.*, vol. 67, no. 7, pp. 3010–3024, Jul. 2019.
- [5] Conditional Handover Basic Aspects and Feasibility in Rel-15, document R2-1706489, Jun. 2017.
- [6] S. B. Iqbal, A. Awada, U. Karabulut, I. Viering, P. Schulz, and G. P. Fettweis, "On the modeling and analysis of fast conditional handover for 5G-advanced," in *Proc. IEEE 33rd Annu. Int. Symp. Pers., Indoor Mobile Radio Commun. (PIMRC)*, Sep. 2022, pp. 595–601.
- [7] 3GPP and ETSI Webinar. (May 2021). Evolution Towards 5G-Advanced. [Online]. Available: https://www.3gpp.org/news-events/2194ran_webinar_2021
- [8] Study on Channel Model for Frequencies From 0.5 to 100 GHz, document TR 38.901, Version 16.1.0, 3rd Generation Partnership Project (3GPP), Dec. 2019.
- [9] K. Zhao, J. Helander, Z. Ying, D. Sjoberg, M. Gustafsson, and S. He, "mmWave phased array in mobile terminal for 5G mobile system with consideration of hand effect," in *Proc. IEEE 81st Veh. Technol. Conf. (VTC Spring)*, May 2015, pp. 1–4.
- [10] V. Raghavan, R. A. Motos, M. A. Tassoudji, Y.-C. Ou, O. H. Koymen, and J. Li, "Hand blockage modeling and beamforming codebook mitigation strategies," in *Proc. IEEE Int. Conf. Commun. (ICC)*, Jun. 2021, pp. 1–6.
- [11] V. Raghavan, S. Noimanivone, S. K. Rho, B. Farin, P. Connor, R. A. Motos, Y.-C. Ou, K. Ravid, M. A. Tassoudji, O. H. Koymen, and J. Li, "Hand and body blockage measurements with form-factor user equipment at 28 GHz," *IEEE Trans. Antennas Propag.*, vol. 70, no. 1, pp. 607–620, Jan. 2022.
- [12] H. Martikainen, I. Viering, A. Lobinger, and T. Jokela, "On the basics of conditional handover for 5G mobility," in *Proc. IEEE 29th Annu. Int. Symp. Pers., Indoor Mobile Radio Commun. (PIMRC)*, Sep. 2018, pp. 1–7.

- [13] H.-S. Park, Y. Lee, T.-J. Kim, B.-C. Kim, and J.-Y. Lee, "Handover mechanism in NR for ultra-reliable low-latency communications," *IEEE Netw.*, vol. 32, no. 2, pp. 41–47, Mar./Apr. 2018.
- [14] J. Stanczak, U. Karabulut, and A. Awada, "Conditional handover in 5G— Principles, future use cases and FR2 performance," in *Proc. Int. Wireless Commun. Mobile Comput. (IWCMC)*, May 2022, pp. 660–665.
- [15] CTIA. Test Plan for Wireless Device Over-the-Air Performance. Accessed: Feb. 20, 2022. [Online]. Available: https://www.ctia.org/
- [16] Dassault Systèmes. CST Studio Suite. Accessed: Feb. 20, 2022. [Online]. Available: https://www.3ds.com/products-services/simulia/products/cststudio-suite
- [17] S. B. Iqbal, A. Awada, U. Karabulut, I. Viering, P. Schulz, and G. P. Fettweis, "Analysis and performance evaluation of mobility for multi-panel user equipment in 5G networks," in *Proc. IEEE 95th Veh. Technol. Conf. (VTC-Spring)*, Jun. 2022, pp. 1–7.
- [18] F. Abinader, C. Rom, K. Pedersen, S. Hailu, and N. Kolehmainen, "System-level analysis of mmWave 5G systems with different multi-panel antenna device models," in *Proc. IEEE 93rd Veh. Technol. Conf. (VTC-Spring)*, Apr. 2021, pp. 1–6.
- [19] A. Prado, H. Vijayaraghavan, and W. Kellerer, "ECHO: Enhanced conditional handover boosted by trajectory prediction," in *Proc. IEEE Global Commun. Conf. (GLOBECOM)*, Dec. 2021, pp. 1–6.
- [20] Technical Specification Group Radio Access Network; Evolved Universal Terrestrial Radio Access (E-UTRA) and Evolved Universal Terrestrial Radio Access Network (E-UTRAN), document TS 36.300, Version 16.0.0, 3rd Generation Partnership Project (3GPP), Dec. 2020.
- [21] I. Viering, B. Wegmann, A. Lobinger, A. Awada, and H. Martikainen, "Mobility robustness optimization beyond Doppler effect and WSS assumption," in *Proc. 8th Int. Symp. Wireless Commun. Syst.*, Nov. 2011, pp. 186–191.
- [22] T. Wu, T. S. Rappaport, and C. M. Collins, "The human body and millimeter-wave wireless communication systems: Interactions and implications," in *Proc. IEEE Int. Conf. Commun. (ICC)*, Jun. 2015, pp. 2423–2429.
- [23] G. R. MacCartney Jr. and T. S. Rappaport, "A flexible millimeter-wave channel sounder with absolute timing," *IEEE J. Sel. Areas Commun.*, vol. 35, no. 6, pp. 1402–1418, Jun. 2017.
- [24] G. R. MacCartney Jr., T. S. Rappaport, and S. Rangan, "Rapid fading due to human blockage in pedestrian crowds at 5G millimeter-wave frequencies," in *Proc. IEEE Global Commun. Conf.*, Singapore, Dec. 2017, pp. 1–7.
- [25] Consecutive Conditional Handover, document R2-1909862, 3GPP, Aug. 2019.
- [26] New WID on Further NR Mobility Enhancements, document RP-213565, Dec. 2021.
- [27] IEEE 802.16m Evaluation Methodology Document (EMD), Standard IEEE 802.16, Broadband Wireless Access Working Group, Mar. 2008.
- [28] U. Karabulut, A. Awada, I. Viering, A. N. Barreto, and G. P. Fettweis, "Low complexity channel model for mobility investigations in 5G networks," in *Proc. IEEE Wireless Commun. Netw. Conf. (WCNC)*, May 2020, pp. 1–8.
- [29] W. C. Jakes, *Microwave Mobile Communications*. New York, NY, USA: Wiley, 1974.
- [30] A. Ali, U. Karabulut, A. Awada, I. Viering, O. Tirkkonen, A. N. Barreto, and G. P. Fettweis, "System model for average downlink SINR in 5G multi-beam networks," in *Proc. IEEE 30th Annu. Int. Symp. Pers., Indoor Mobile Radio Commun. (PIMRC)*, Sep. 2019, pp. 1–6.
- [31] Study on New Radio Access Technology Physical Layer Aspects, document TR 38.802, Version 14.2.0, 3rd Generation Partnership Project (3GPP), Sep. 2020.
- [32] Technical Specification Group Radio Access Network; Study on Scenarios and Requirements for Next Generation Access Technologies, document TR 38.913, Version 17.0.0, 3rd Generation Partnership Project (3GPP), Mar. 2022.
- [33] Feature Lead Summary#3 of Enhancements on Multi-Beam Operations, document R1-1907860, 3GPP, May 2019.
- [34] Qualcomm Webinar. (Jan. 2019). Breaking the Wireless Barriers to Mobilize 5G NR mmWave. [Online]. Available: https://www.qualcomm.com
- [35] NR; NR and NG-RAN Overall Description; Stage 2, document TS 38.300, Version 16.4.0, 3rd Generation Partnership Project (3GPP), Dec. 2020.
- [36] S. Mayer, "A new method to determine blocking probabilities in micro- and picocellular wireless communications networks," in *Proc. IEEE Global Telecommun. Conf. (GLOBECOM)*, vol. 2, Nov. 1997, pp. 1001–1005.

- [37] S. S. Moghaddam, "New prioritization scheme for handoff process (considering propagation and traffic effects in a joint state)," in *Proc. 3rd Biannu. Int. Symp. Telecommun. (IST)*, vol. 1, 2005, pp. 359–364.
- [38] A. Hamad, E. Morsy, and S. Adel, "Performance analysis of a handoff scheme for two-tier cellular CDMA networks," *Egyptian Informat. J.*, vol. 12, no. 2, pp. 139–149, Jul. 2011.
- [39] Next Generation Mobile Networks. Use Cases Related to Self Organising Network, Overall Description. Accessed: Feb. 20, 2022. [Online]. Available: https://www.ngmn.org
- [40] M. Dottling and I. Viering, "Challenges in mobile network operation: Towards self-optimizing networks," in *Proc. IEEE Int. Conf. Acoust., Speech Signal Process.*, Taiwan, Apr. 2009, pp. 3609–3612.
- [41] I. Viering, M. Dottling, and A. Lobinger, "A mathematical perspective of self-optimizing wireless networks," in *Proc. IEEE Int. Conf. Commun.*, Jun. 2009, pp. 1–6.



SUBHYAL BIN IQBAL (Graduate Student Member, IEEE) received the M.Sc. degree in electrical communication engineering from the University of Kassel, Germany, in 2020. During this time, he also interned with Bosch Research, Renningen, where he was working on compressed sensing and distributed source coding for massive wireless sensor networks. In 2020, he joined Nokia Bell Laboratories, Munich, as a Ph.D. Student in cooperation with the Vodafone Chair for Mobile

Communications Systems, Technische Universität Dresden. His research interests include mobility robustness for wireless communication systems, UE architecture design, and radio resource management.



SALMAN NADAF received the B.E. degree in electrical engineering from Mumbai University, India, in 2018. He is currently pursuing the M.Sc. degree in communication engineering with the Technical University of Munich, Germany. In 2022, he joined the Radio Access and Architecture Munich Department, Standardization Research Laboratory, where he is working on a master's thesis. His research interests include mobility performance investigations in mm-wave

communications, security, resilience, control of the IoT, and cyber-physical systems.



AHMAD AWADA (Member, IEEE) received the M.Sc. degree in communication engineering from the Technical University of Munich, in 2009, and the Ph.D. degree from the Technical University of Darmstadt, Germany, in 2014. He joined Nokia Networks, in 2013. Since 2016, he has been with the Radio Access and Architecture Munich Department, Standardization Research Laboratory, dealing with LTE and 5G standardization research. His research interests include radio trans-

mission schemes, radio resource management and control, and network slicing.



UMUR KARABULUT (Member, IEEE) received the M.Sc. degree in communications engineering from the Technical University of Munich, Germany, in 2017. In 2017, he joined Nokia Bell Laboratories, Munich, as a Ph.D. Student in cooperation with the Vodafone Chair for Mobile Communications Systems, Technische Universität Dresden. Since 2020, he has been a Radio Access Specialist with Nokia, Radio Access and Architecture Munich Department, Standardiza-

tion Research Laboratory. His current research interest includes mobility enhancements beyond 5G systems.



GERHARD P. FETTWEIS (Fellow, IEEE) received the Ph.D. degree from RWTH, Aachen, in 1990, under the guidance of H. Meyr. After postdoctoral work with IBM Research, San Jose, CA, USA, he joined TCSI, Berkeley, USA. Since 1994, he has been the Vodafone Chair Professor with Technische Universität Dresden. Since 2018, he has been heading the New Barkhausen Institute. In 2019, he was elected into the DFG Senate (German Research Foundation). He researches

wireless transmission and chip design. He coordinates the 5G++ Laboratory, Germany. He has spun out 17 tech and three nontech startups. He is a member of the German Academy of Sciences (Leopoldina) and the German Academy of Engineering (acatech).

...



PHILIPP SCHULZ (Member, IEEE) received the M.Sc. degree in mathematics and the Ph.D. (Dr.-Ing.) degree in electrical engineering from Technische Universität Dresden, Germany, in 2014 and 2020, respectively. He was a Research Assistant with Technische Universität Dresden in the field of numerical mathematics, modeling, and simulation, where he joined the Vodafone Chair for Mobile Communications Systems, in 2015, and became a member of the System-Level Group. His

research focused on flow-level modeling and the application of queuing theory on communications systems with respect to ultrareliable low-latency communications. He was with Barkhausen Institut, Dresden, Germany, for more than a year, where he studied rateless codes in the context of multiconnectivity. He is currently a Research Group Leader with the Vodafone Chair, where he focuses on the resilience of wireless communications systems.