Ultracompact Microinterferometer-Based Fiber Bragg Grating Interrogator on a Silicon Chip

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Abstract-We report an interferometer-based multiplexed fiber Bragg grating (FBG) interrogator using silicon photonic technology. The photonic-integrated system includes the grating coupler, active and passive interferometers, a 12-channel wavelength-division-multiplexing (WDM) filter, and Ge photodiodes, all integrated on a 6x8 mm² silicon chip. The system also includes optical and electric interfaces to a printed board, which is connected to a real-time electronic board that actively performs the phase demodulation processing using a multitone mixing (MTM) technique. The device with active demodulation, which uses thermally-based phase shifters, features a noise figure of $\sigma = 0.13$ pm at a bandwidth of 700 Hz, which corresponds to a dynamic spectral resolution of 4.9 fm/Hz^{1/2}. On the other hand, the passive version of the system, based on a 90°-hybrid coupler, features a noise figure of $\sigma = 2.55$ pm at a bandwidth of 10 kHz, also showing successful detection of a 42 kHz signal when setting the bandwidth to 50 kHz. These results demonstrate the advantage of integrated photonics, which allows the integration of several systems with different demodulation schemes in the same chip and guarantees easy scalability to a higher number of ports without increasing the dimensions or the cost.

Index Terms—Fiber bragg grating, integrated sensor, optical fiber sensing, silicon photonics.

I. INTRODUCTION

S ILICON photonics technology enables the fabrication of optical systems on the surface of a silicon chip. The main

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advantage of this technology is its compatibility with complementary metal-oxide-semiconductor (CMOS) platform, which allows leveraging highly developed fabrication foundries with unique precision, combined with capability for very high-scale mass production [1]. This feature makes it possible to fabricate complex optical systems at a very low cost per unit. After more than two decades of research and development, it has recently reached commercial applications mostly in the telecom sector. However, other applications such as optical sensing could greatly benefit from these advantages, enabling high performance at very low cost and power consumption. Optical fiber sensing is a technology with unique advantages with respect to electronic sensors, including among others, small size, immunity to electromagnetic interference, ease of multiplexing, and possible integration into smart materials and structures. In particular, fiber Bragg grating sensors (FBGs) [2] can be sensitive to temperature, strain, pressure, and many other physical, biochemical and environmental parameters, when used with suitable transducers, and have reached a significant market volume in various application sectors [3], [4], [5]. However, these sensors require a reading unit, called FBG interrogator, to perform the readout of several FBG reflected peaks at the same time. These units are typically bulky and expensive, which limits their market penetration. Silicon photonics can alleviate this problem with reading units characterized by smaller size, weight, cost, power consumption, and more robust to harsh environments.

There have been previous demonstrations of integrated-optic FBG interrogators. One method consists of using an arrayed waveguide grating filter for Wavelength Division Multiplexing (WDM) as a spectrometer [6]. With this method, the peak positions can be extracted using a center-of-mass estimation from the powers measured in adjacent channels. However, this method requires many more optical ports than sensing channels. Another method is to use micro-ring resonators, which are easy to integrate in silicon photonics, and are also easy to tune with integrated heaters. The wavelength can be extracted passively by tuning the ring to the FBG maximum slope, as in [7], or by actively sweeping or dithering the ring along a wider range, as in [8], [9]. The main drawback of using ring resonators is the free-spectral range (FSR), which is limited to 20-30 nm, and their tunability range, which is also limited by a similar amount.

Another method to extract the wavelength consists in using an integrated interferometer. If the branches are unbalanced by a certain optical path difference, a wavelength shift of the input

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light generates a phase shift which is proportional to the path difference. However, extracting the phase along a wide range without responsivity fading requires keeping the interferometer in quadrature. A feedback loop can be set to actively track the peak, but this limits the interferometer to one single measuring point. Another method consists of using an interferometer with a hybrid output coupler, which generates two or three signals with different dephasing (90° or 120°) [10]. These signals can be used to extract the phase with no responsivity fading, although this technique requires more than one signal acquisition per sensing point. Finally, another technique called Phase Generated Carrier (PGC) consists in dithering the interferometer with a sinusoidal wave and extracting the phase from the different harmonics of the output signal [11]. This is the method used in [12], [13] for FBG interrogation.

In this paper, we report experimental results concerning a full optical system on chip (including photodiodes), which is interfaced with a printed circuit board (PCB) and with a pigtailed fiber array. The system also includes a real-time phase demodulation scheme based on multitone mixing, implemented in a Field-Programmable Gate Array (FPGA) card. We also compare the results with a passive demodulation technique using a 90°-hybrid as an output coupler.

The paper is organized as follows. In Section II we explain the fundamentals for wavelength detection using interferometry, and the techniques that we used to do so. In Section III we describe the whole system in detail. In Section IV we present the experimental results, first for the active interrogation with both fine and coarse interferometers, and then for the passive interrogation ones, showing the advantages and limitations of each approach. Finally, in Section V we draw the conclusions of the work.

II. DEMODULATION TECHNIQUE

The main device of the integrated optical system is an unbalanced interferometer which generates a fringe pattern with a free spectral range $(\Delta \lambda_{FSR})$ equal to:

$$\Delta \lambda_{FSR} = \frac{\lambda_0^2}{n_g \Delta L} \tag{1}$$

where λ_0 is the central wavelength, n_g the group index of the waveguide, and ΔL the path difference. This means that when there is a wavelength shift $\Delta \lambda$ at the input, the phase change detected at the output will be equal to:

$$\Delta \phi = 2\pi \frac{\Delta \lambda}{\Delta \lambda_{FSR}} \tag{2}$$

However, to measure the phase from the light intensity at the output, the sinusoidal response generates responsivity fading when the phase moves away from the quadrature points. To avoid that, one can use a hybrid coupler at the output. If a 90 °C hybrid is used, the outputs would be proportional to:

$$X \propto \cos\left(\phi\right) \tag{3a}$$

 $Y \propto \sin\left(\phi\right) \tag{3b}$

which allows us to extract the phase from a simple arc tangent:

$$\phi = \arg(X + jY) \tag{4}$$

This technique requires at least two ports per sensing point. Alternatively, the phase can also be extracted using a 2x3 coupler at the output of the MZI, where each output signal would be:

$$I_n \propto \cos\left(\phi + \frac{2\pi \left(n-1\right)}{3}\right) \text{ for } n = 1, 2, 3 \qquad (5)$$

Then, the phase can be recovered by using:

$$X = I_2 + I_3 - 2I_1 \tag{6a}$$

$$Y = \sqrt{3} (I_2 - I_3)$$
 (6b)

And then, (4) is used to extract the phase. Nevertheless, there can be some deviations between the 3 outputs and their phase difference might not be exactly $2\pi/3$. To solve this problem, in [10] it is proposed a modification to (6a) and (6b) to compensate for the deviations. However, this technique requires the measurement of 3 simultaneous signals per sensing point, which complicates the system.

To simplify multiplexing, it is much more convenient to have only one signal per sensing point. This can be done by applying an active modulation signal to the interferometer. If the modulation signal is sinusoidal with an angular frequency ω , the signal output is proportional to:

$$I = A + B\cos\left(C\cos\left(\omega t\right) + \phi\right) \tag{7}$$

where *C* is the modulation depth. This technique is called Phase Generated Carrier (PGC) demodulation, and it allows the extraction of signals proportional to the cosine and the sine of the phase by mixing the signal with the first and second harmonics of the modulation frequency, and low-pass filtering [11]. In [14], we demonstrated a more robust demodulation technique which includes a third harmonic component in the mixing signal, called multitone mixing. This technique strongly reduces distortion of the phase in presence of fluctuations in the modulation depth.

To implement the method, we digitally generate two synthetic functions f_1 and f_2 defined as:

$$f_1(t) = a_1 \,\cos\omega t + a_3 \cos 3\omega t \tag{8a}$$

$$f_2\left(t\right) = a_2 \,\cos 2\omega t \tag{8b}$$

where the a_i coefficients are chosen to equalize the slopes of the combinations of Bessel functions [14]. For the specific modulation depth of $C = 0.84\pi$, the coefficients are $a_1 = 1$, $a_2 = 2.5806$ and $a_3 = -3.0339$.

These two functions are digitally mixed with the signal coming from the output of the interferometer, and low-pass-filtered, generating the signals *X* and *Y*:

$$X = \operatorname{LPF}\left\{I \otimes f_1\right\} \tag{9a}$$

$$Y = \text{LPF}\left\{I \otimes f_2\right\} \tag{9b}$$

Where LPF stands for low-pass filter, and the \otimes symbol stands for mixing (digital multiplication) of the signals. Once the functions *X* and *Y* are calculated, they can be used to extract the phase using (4).

III. SYSTEM DESCRIPTION

The system is depicted in Fig. 1(a). A fiber-coupled SLED source (model Denselight DL-BX9-CS5169A, with central



Fig. 1. (a) Schematic of the experimental system (b) Picture of the photonic chip taken with a microscope. PD: photodiode, AWG: Arrayed wavelength grating, TIA: Trans-impedance amplifier, MMI: Multimode interference, PIC: Photonic integrated circuit.PM: Phase-modulator.

wavelength 1550 nm, 80 nm 3dB bandwidth, and power 12 dBm) was connected to two FBGs (with central wavelengths at 1540.7 nm and FWHM 0.6 nm, and 1548.5 nm and FWHM 0.28 nm) through a circulator. Both FBGs were actuated at constant room temperature using piezoelectric transducers (PZT). The reflected light passed through a polarization controller, which was adjusted to optimize the signal for the PIC, and then the light was split into two branches, one coupled to the chip and the other one sent to the reference FBG interrogator (model Ibsen Photonics I-MON-512-USB, with a sample rate of 3 kS/s).

The silicon chip is shown in Fig. 1(b). It was fabricated at AMF foundry [15] using deep-UV lithography, in a multi-project wafer (MPW) run. The technology uses silicon-on-insulator (SOI) wafers with a silicon layer thickness of 220 nm, and our design includes a 70 nm partial etch, metal heaters, and Ge photodiodes. The dimensions of the chip are 6x8 mm². The input light was connected to the chip through a grating coupler and then divided into two interferometers for active phase demodulation with different responsivities, which we named *fine* and *coarse*. The *fine* interferometer had a nominal FSR of 1.5 nm, while the *coarse* interferometer had a nominal FSR of 6 nm, as shown in Fig. 3(a). The reason for including two versions is to compare them considering the trade-off between range and responsivity. Both interferometers included identical metal heaters in one branch for active phase modulation, which



Fig. 2. Heater response signal to a square signal.

had a length of 200 μ m, a resistance of 1.2 k Ω , a tuning efficiency of 36 mW/FSR, and a response time $\tau = 13.1 \ \mu$ s. Fig. 2 shows the heater response to a square signal along with the exponential curves used to calculate its response time.

Since the phase response is proportional to the electrical power, not to the voltage, the sinusoidal shape in phase was generated by sending a sinusoidal signal with zero offset and half of the modulation frequency, which generates



Fig. 3. (a) Spectra of the fine and coarse interferometer, (b) Spectra of the AWG with 12 channels and the 2 FBGs used.

a power signal with a sinusoidal shape at the nominal frequency. The amplitude of the voltage signal sent to the heater was 15.6V peak-to-peak, to generate the nominal C value of 0.84π , with a frequency of 6.2 kHz. As demonstrated in [14], slight modulation depth variations do not generate distortion in the demodulated signal when using an MTM demodulation algorithm.

As shown in Fig. 1(a), to perform active phase demodulation of FBG sensors at different wavelengths (multichannel detection), each interferometer was connected to an arrayedwaveguide grating (AWG) which was designed using Luceda IPKISS AWG designer toolbox. The fabricated AWG shown in Fig. 3(b) has 12 channels with a channel spacing of 4 nm, centered at 1550 nm. This allowed us to cover a total range of 48 nm. Finally, all the AWG outputs were sent to Germanium photodiodes, which were connected to a row of pads with a common anode configuration.

Note that the passive interrogation scheme, also shown in Fig. 1(a), has been only characterized for single channel detection at 1548 nm. Multichannel detection in this case would require the connection of each output of the 90 °C-hybrid coupler to a different AWG.

The chip was packaged to a PCB using wire bonding and pigtailing of a fiber array for the optical input. The chip was mounted on a Peltier module to control and stabilize its temperature using a TEC control circuit and a thermistor glued to the chip. The packaged system is shown in Fig. 4.

Integrating the source in the system could be achieved by setting a small commercial SLED module in the PCB, with an external circulator or coupler to extract the reflected signal. Alternatively, the source could be integrated into the interrogator chip itself, although this solution would require to



Fig. 4. Packaged chip mounted on PCB with pigtail optical vertical connection and Peltier cell at the bottom.

deal with the potential issues of heat dissipation and stray light.

The photodiodes' electrical outputs were connected to commercial transimpedance amplifiers (model femto-DHPCA-100) with a gain of $10^6 \Omega$ and a bandwidth of 1 MHz. The amplified signals were digitized with two different systems. The passive interrogator signals were acquired with a digital 14-bit oscilloscope model Picoscope 5442D. In the active interrogator scheme, the signals were acquired with an FPGA-based system model RedPitaya Stemlab 125-14, which also generated the modulating sinusoidal signal that was sent to the phase modulators. This system implemented a real-time multitone mixing algorithm and a low pass filter with a frequency cut-off at 700 Hz. The card directly streamed the phase values in digital form to a PC at a sample rate of 1MS/s. Details of the FPGA system implementation are described in [16].

IV. EXPERIMENTAL RESULTS

This section is divided into 2 parts: multichannel active interrogation with coarse and fine interferometer, and single channel passive interrogation with coarse interferometer. For the active case, the temperature of the chip was set to 45 °C to match the wavelength of the FBGs with the central wavelength of the corresponding channel of the AWG (see Fig. 3(b)). For the passive interrogation, the temperature was set at 25 °C as there was no AWG.

A. Active Interrogation

Fig. 5 shows the results of the fine interferometer when measuring two sinusoidal signals that excited two FBGs simultaneously (at 80 Hz for the 1548 nm channel and at 130 Hz for the 1540 nm one); these measurements are compared to the ones obtained by the reference interrogator. We found a very good agreement in the temporal trace signals between our interrogator and the reference one; also, the computed power spectral density (PSD) shows a good agreement for the peaks at the main frequency and the first few harmonics. Note that these harmonics are generated by the PZT actuators, therefore, they are detected in both systems. For the higher-order harmonics,



Fig. 5. Measured results using the fine interferometer applying two simultaneous signals at 80 Hz on channel at 1548 nm (a) and 130 Hz at 1540 nm (b). On the left we show the temporal signal, and on the right, the PSD of a 5 s temporal trace.

there are some discrepancies that can be attributed to reflected harmonics seen in the reference interrogator since they are close to its Nyquist frequency, and attenuated harmonics in our interrogator as they were close to the cut-off frequency of the low-pass filter. The signal-to-noise ratio (SNR) value for the FBG sensor at 1548 nm was \sim 80 dB with our interrogator, which is \sim 5 dB higher than the reference interrogator, whereas, for the 1540 nm FBG, both exhibit \sim 80 dB of SNR.

The differences between the coarse and fine interferometers can be seen in Fig. 6. In the fine interferometer, a certain wavelength shift in the reflected peak of the FBG would cause a phase shift x4 greater than the coarse one, because of the smaller FSR, as shown in Fig. 3(a). As a result, the fine interferometer is 4 times more responsive, which can be seen in Fig. 6(a), where the phase signals differ in amplitude by a factor of 4, and the noise floors are similar as shown in the PSD graph. Despite having different responsivities, the wavelength shift $\Delta \lambda$ is the same for both cases, which was calculated using (2), which takes into account the different responsivities of each interferometer, with $\Delta \phi$ as the input and $\Delta \lambda$ as the unknown variable. Therefore, as seen in Fig. 6(b), the wavelength shifts are the same for both interferometers, but the noise floor of the coarse is ~ 4 times higher relative to the case of the phase shift. In Fig. 6(c), the noise from the 2 interferometers are compared, where the standard deviation for the fine is $\sigma = 0.13$ pm and $\sigma = 0.47$ pm for the coarse, which is \sim 4 times higher than the fine, as expected. As a comparison, the reference has a similar noise floor compared to the fine but has a higher standard deviation $\sigma = 0.28$ pm, due to some spurious frequencies.

The dynamic spectral resolutions, defined as the standard deviation over the square root of the bandwidth, are 7.2 fm/Hz^{1/2} for the reference (1.5 kHz bandwidth), 4.9 fm/Hz^{1/2} for the fine (700 Hz bandwidth), and 17.8 fm/Hz^{1/2} for the coarse (700 Hz bandwidth). Although the fine interferometer has a better responsivity, the coarse one has an extended range, as it can retrieve the wavelength within 6 nm (one FSR) unambiguously,



Fig. 6. Comparison between the coarse and the fine interferometer for the FBG at 1548 nm. (a) Applying signal at 80 Hz. (b) Noise measurement also compared with the reference interrogator.



Fig. 7. Crosstalk between two channels of the PIC.

while the fine one is limited to 1.5 nm. It is possible to extract the wavelength for signals that exceed one FSR for both the fine and the coarse by phase unwrapping, but this requires continuous tracking of the phase and extra processing.

Finally, Fig. 7 shows the crosstalk from the 1540 nm channel to the 1548 nm channel for the fine interferometer, where we observed a channel isolation of 62 dB. The crosstalk from the 1548 nm to the 1540 nm channel was -56 dB. Crosstalk is most likely due to the limited isolation among the AWG demultiplexer ports.

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Fig. 8. (a) (Blue) input signal sent to the heater, (Red) Scaled signal of the square of the blue one that represents the intended response of the heater as its response is proportional to the square of the voltage. (b) Photodiodes signal after amplification.

B. Passive Interrogation

For passive interrogation, the phase modulator (heater) was not used during the measurements. However, it was used for calibration and to test the interferometer. Since the heater response is proportional to the power of its driving signal, if the intended effect is a linear response of the heater, the voltage input signal should be adjusted in such a way that its square is linear. Fig. 8(a) shows the modulation signal sent to the heater in blue, while in red we show its square, which follows a linear curve, while Fig. 8(b) shows the amplified photodiode response of this input signal. The figure also shows fits to sinusoidal signals, which show an excellent agreement, and a phase difference of 93°, which is 3° off from the nominal 90° value. The 3° shift between the 90°-hybrid signals introduces an elliptic distortion in the estimation of the angle, which generates an inaccuracy of the phase measurement of up to 3° in the worst case. This inaccuracy could be corrected by applying a simple correction algorithm similar to the one in [17]. The phase was calculated using the 2 photodiodes signals as inputs in (4), and then converted to wavelength. Unless otherwise mentioned, a low-pass filter at 10 kHz was introduced for the processing of the data in the PC.

Fig. 9 shows the results of the interferometer compared to the reference for different signals applied to the 1548 nm FBG. In Fig. 9(a) the PZT was driven by a sinusoidal signal at 80 Hz; the temporal traces show a very good agreement, and the PSD points out a good match for the main peak and the first few harmonics. However, the PIC version also shows a slightly higher noise floor than the reference interrogator, and a strong peak at 50 Hz, which is due to the power line frequency.

In Fig. 9(b) the FBG was actuated at 1 kHz; note that the signal at the reference interrogator looks under-sampled due to



Fig. 9. Comparison of the PIC interrogator with the reference applying different sinusoidal signals to the FBG: (a) 80 Hz, (b) 1 kHz, (c) No signal.

its maximum sampling rate (3 kS/s), while the PIC retrieves the signal with no distortion. In the PSD both interrogators are able to detect the main frequency, but the PIC interrogator can also detect higher harmonics thanks to the extended bandwidth. Finally, in Fig. 9(c), a noise measurement was carried out by applying no signal to the FBG. In this case, it is evident that the PIC noise is dominated by the 50 Hz interference, along with its harmonics and some other spurious frequencies. The standard deviation is $\sigma = 2.55$ pm for the PIC interrogator and $\sigma = 0.24$ pm for the reference one, although in this case, these numbers are not comparable as the bandwidths are very different. For this case, the dynamic spectral resolutions were not calculated since the noise it is not flat as it is mostly dominated by the 50 Hz interference. For the signal shown in Fig. 9(a), which has a range of variation of 1.2nm, the maximum accuracy error observed using the passive scheme when compared with the reference is +-25 pm, which is the result of the combination of the 50 Hz shown in Fig. 9(b) plus the phase error of 3° . The application of the aforementioned ellipse correction algorithm, together with the 50 Hz noise reduction through better shielding, would significantly reduce this inaccuracy value.

In order to test the system's frequency limit, we finally applied a sinusoidal signal at 42 kHz, which corresponds to the resonance frequency of the PZT. In this case, the low-pass filter was set at 50 kHz. The response is shown in Fig. 10 (only for the PIC-based interrogator, as this frequency was completely



Fig. 10. Signal detection retrieved from the PIC when applying a 42 kHz signal at the FBG.

out of the frequency range of the reference interrogator). Although there are several spurious frequencies above 10 kHz, the strongest peak is correctly detected at 42 kHz.

Comparing the active and the passive schemes, it is clear that the active demodulation scheme is more tolerant to electromagnetic noise because the demodulation is done far from baseband. while the passive technique is in baseband. In addition, the active scheme only requires one port per measurement point, while the passive technique using the 2x4 coupler needs four optical ports, four photodiodes, and two electrical ports per sensing point (see Fig. 1(a)). This feature complicates WDM multiplexing in the passive scheme, because it would require 4 identical AWGs (one per output port of the 2x4 coupler), and considering a 12-channel AWG, such as the one that was used in the active interrogation, it would require 2x12 = 24 electrical signals. The main drawback of the active scheme is related to the bandwidth of the phase modulator, which limits our interrogation dynamics to 700 Hz, while in the passive scheme the bandwidth is only limited by noise. However, carrier-based phase modulation is also possible in silicon waveguides [18], which would dramatically increase the bandwidth of the active interrogation scheme.

V. CONCLUSION

We developed an FBG interrogator based on interferometers built into a miniaturized chip using silicon photonic technology. The active interrogation featured two interferometers, a fine one that features a lower noise level ($\sigma = 0.13$ pm at 700 Hz bandwidth, and 4.9 fm/Hz^{1/2} dynamic spectral resolution) with limited range, and a coarse one with an extended range at the expense of higher noise ($\sigma = 0.47$ pm, and 17.8 fm/Hz^{1/2} dynamic spectral resolution). The passive interrogator featured greater noise but provides a much higher bandwidth, being able to detect signals up to 42 kHz. The same PIC includes different interrogation schemes providing the flexibility to choose the one that is the most suitable for a given application.

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