

Guest Editorial for the Special Issue on Antennas and Propagation on Body-Centric Wireless Communications

BODY-CENTRIC wireless communications refers to human-self and human-to-human networking with the use of wearable and implantable wireless sensors. It is a subject area combining Wireless Body-Area Networks (WBANs), Wireless Sensor Networks (WSNs) and Wireless Personal Area Networks (WPANs). Body-centric wireless communications has abundant applications in personal healthcare, smart home, personal entertainment and identification systems, space exploration and military. The last two mentioned applications of body-centric communications systems have been in existence for some time [1], [2]. Products for personal communications including the mobile phone wireless headset and more recently wristwatch mobile phone controllers and jogging monitors for MP3 players have become available [3], [4]. However many researchers now see the healthcare application as having the biggest potential of the applications listed. Skin surface monitors of vital signs are now integrated with wireless communications and medical implants with links to local base stations are being developed [5], [6]. The human body is an uninviting and often hostile environment for a wireless signal. In all of these systems, antennas and propagation are key study areas.

The topic of body centric communications can be divided into three domains: 1) Communications from the body surface to a nearby base station; 2) both antennas are on the body surface; and 3) at least one antenna may be in a medical implant within the body. These three domains have been called off-body, on-body and in-body, respectively. The classification serves to highlight some of the technical challenges. They may also be encountered by the reader in some of the papers in this Special Issue. However the papers in the Issue have not been arranged in this way but rather in terms of the main topic, namely antennas and propagation.

Within the topic of antennas, four main categories have been identified, namely narrowband, wideband, implants and fabric antennas. Within the first area, the performance of a novel cavity slot antenna close to the human body is described by *Haga et al.* and antennas optimized for over body communications by *Conway and Scanlon*. The problem of the varying environment for a mobile phone has been studied by *Pelosi* and the issues raised in that paper are common to many body centric antennas in which variations in the body posture and the position of the antenna relative to the body give rise to changes in matching, efficiency and radiation pattern.

Ultrawideband systems show some promise for on-body communications due to the relatively short ranges and good

performance in the face of fading and interference. Papers by *See and Chen* and by *Alomainy et al.* address some of the issues and in particular give characterization of the transient behavior of the antenna close to the body. Implant antennas offer some difficult challenges relating to design without the ability to perform *in-situ* measurements and the problem of environmental variation.

Typical geometries of implantable devices, such as implantable cardiac defibrillators and pacemakers, implantable glucose sensors, endoscopic and drug-delivering capsule devices, vary from millimeter to centimeter ranges. Wireless implants are restricted to a compact antenna that needs to be fully characterized and effectively coupled to the transceiver. Also low power consumption is required by implantable devices and these two factors are highly related. *Xia et al.* discuss the design of a miniaturized antenna with an H shape, which is to be located between the shoulder and elbow. Link budgets are given and performance is measured with a scale model in a section of body phantom. *Izdebski et al.* describe a meandered size reduction technique which allows integration of the antenna within an implant for use in the intestine. Computer modelling of the antenna and some implant components in a body phantom with organs is shown. *Yvanoff et al.* propose some feasibility studies of applying implantable LC sensors in the application of monitoring human tissue properties.

Textile antennas are now attracting much interest, as integration with clothing is seen as a desirable feature for some users. *Kennedy et al.* show results of an antenna for use by astronauts that consists of a patch and a complimentary eight wideband element using conductive fibres sewn to the substrate. In another paper *Hertleer et al.* discuss integrated textile antennas for fire-fighters. Designs of dual-band fabric antennas incorporated with electromagnetic bandgap structures are shown by *Zhu et al.*

The second main topic of radiowave propagation is important for understanding of the behavior of communications links and models to help design systems. The body-centric channels have some distinctive features not found in conventional wireless channels, where for example the performance of the on-body channel can in, some cases, be dominated by the posture and dynamics of the human body. In general the space wave, surface and creeping waves, reflection and diffraction are all present, and computation can be numerically intensive. In the first paper of the propagation part of the Special Issue some propagation mechanisms are discussed by *Sasamori et al.* This is followed by a description of the use of analysis of time series data to characterize on-body channels by *Cotton and Scanlon*.

Diversity and multiantenna systems can be employed to improve the body centric channel, where significant fading is present both due to scattering from the body and its surround-

ings. Space diversity in the on-body channel, by the use of two small antennas of various types, is characterized by *Khan et al.*, and useful values of diversity gain are obtained. Similar diversity gain levels are also obtained using a switched beam antenna by *Kamarudin et al.* and they also use the antenna to obtain ray cluster angle of arrival data. *Wang et al.* show the characteristics of channels from one body to another and also gives values for improvements by the use of multi-antenna systems. The characterization of channels for wearable antenna systems is demonstrated by *Cotton and Scanlon*.

The final two papers on propagation are concerned with other types on-body radio channels. *Wang et al.* studied the UWB on-body channel by applying several homogeneous digital phantoms. They found that the channel characteristics are strongly linked with the human body postures and movement. Some characteristics of the radio channel for an implant antenna in the stomach are given by *Alomainy et al.*, and the computed results are compared to those measured using a physical phantom.

Numerical computation is difficult in body-centric applications due to the problem of multiple scales—fine modelling of the antennas is required while these are located on the body, which depending on the frequency, may be electrically large. A solution is proposed by *Sani et al.* in which the equivalence principle is used to insert a previously obtained detailed solution for an antenna into a finite difference time domain solution of the whole body.

We have found antennas and propagation for body centric communications a fascinating topic with many new challenges. The material that was submitted to this Special Issue, we believe, gives a good and current overview of the topic. We hope you enjoy reading it.

Finally, the Guest Editors would like to thank the Editor in Chief, Dr. Trevor Bird, for inviting us to organize this Special Issue.

PETER HALL, *Guest Editor*
University of Birmingham
Birmingham B15 2TT, U.K.

YANG HAO, *Guest Editor*
Queen Mary College, University of London
London E1 4NS, U.K.

KOICHI ITO, *Guest Editor*
Chiba University
Chiba 263-8522, Japan

REFERENCES

- [1] *Antennas and Propagation for Body-Centric Wireless Networks*, P. S. Hall and Y. Hao, Eds.. Boston, MA: Artech House, 2006.
- [2] J. Bernhard, P. Nagel, J. Hupp, W. Strauss, and T. von der Grun, "BAN-body area network for wearable computing," presented at the 9th Wireless World Research Forum Meeting, Zurich, Switzerland, Jul. 1–2, 2003.
- [3] P. S. Hall *et al.*, "Antennas and propagation for on-body communication systems," *IEEE Antennas Propag. Mag.*, vol. 49, no. 3, pp. 41–58, Jun. 2007.
- [4] "Internet Resource, Ubiquitous Communication Through Natural Human Actions," [Online]. Available: <http://www.redtacton.com/en/>
- [5] E. Jovanov, A. O'Donnell-Lords, D. Raskovic, P. Cox, R. Adhami, and F. Andrasik, "Stress monitoring using a distributed wireless intelligent sensor system," *IEEE Eng. Medicine Biol. Mag.*, vol. 22, no. 3, pp. 49–55, May/June 2003.
- [6] Y. Hao and R. Foster, "Topical review: Wireless body sensor networks for health-monitoring applications," *Physiol. Meas.*, vol. 29, no. 11, pp. R27–R56, 2008.



Peter Hall (M'88–SM'93–F'01) received the Ph.D. degree in antenna measurements from Sheffield University, Sheffield, U.K., in 1973.

After graduating, he spent three years with Marconi Space and Defense Systems, Stanmore, U.K., working largely on a European Communications satellite project. In 1994, he joined the University of Birmingham, Birmingham, U.K., where he is currently a Professor of communications engineering, Leader of the Antennas and Applied Electromagnetics Laboratory, and Head of the Devices and Systems Research Centre, Department of Electronic, Electrical and Computer Engineering. He has researched extensively in the areas of antennas, propagation and antenna measurements. He has published five books, over 250 learned papers, and taken various patents. These publications have earned six IEE premium awards, including the 1990 IEE Rayleigh Book Award for the *Handbook of Microstrip Antennas* (Peter Peregrinus, 1989).

Prof. Hall is a Fellow of the IEEE and the Institution of Electrical Engineers [(IET), formerly Institute of Electrical Engineers (IEE)], London, U.K. He is a past IEEE Distinguished Lecturer.

He is a past Chairman of the IET Antennas and Propagation Professional Group and past coordinator for Premium Awards for the *IET Proceedings on Microwave, Antennas and Propagation*. He is a member of the IEEE AP-S Fellow Evaluation Committee. He chaired the 1997 IEE ICAP Conference, was Vice Chair of EuCAP 2008 and has been associated with the organization of many other international conferences. He was Honorary Editor of the *IEE Proceedings Part H* from 1991 to 1995 and is currently on the editorial board of *Microwave and Optical Technology Letters*. He is a past member of the Executive Board of the EC Antenna Network of Excellence.



Yang Hao (SM'06) received the Ph.D. degree from the University of Bristol, Bristol, U.K., in 1998.

From 1998 to 2000, he was a Postdoctoral Research Fellow at the School of Electrical and Electronic Engineering, University of Birmingham, Birmingham, U.K. In May 2000, he joined the Antenna Engineering Group, Queen Mary College, University of London, London, U.K., first as Lecturer and was promoted to Reader in 2005 and Professor in 2007. He is active in a number of areas including computational electromagnetics, microwave metamaterials, antennas and propagation for body centric wireless networks, millimeter/submillimeter active antennas and photonic integrated antennas. He is a coeditor of the book *Antennas and Radio Propagation for Body-Centric Wireless Communications* (Artech House, 2006) and coauthor of book *FDTD Modeling of Metamaterials: Theory and Applications* (Artech House, 2008). He has published over 200 technical papers (book chapters, journal papers and conference publications).

Prof. Hao is a Guest/Associate Editor for the IEEE TRANSACTIONS ON ANTENNAS AND PROPAGATION and an Associate Editor for the IEEE ANTENNAS AND WIRELESS PROPAGATION LETTERS. He is a Senior Member of the IEEE and a member of Technical Advisory Panel of IET Antennas and Propagation Professional Network. He served as an invited (ISAP07) and keynote speaker (ANTEM05), a Conference Organizer and Session Chair at many international conferences.



Koichi Ito (M'81–SM'02–F'05) received the B.S. and M.S. degrees from Chiba University, Chiba, Japan, in 1974 and 1976, respectively, and the D.E. degree from the Tokyo Institute of Technology, Tokyo, Japan, in 1985, all in electrical engineering.

From 1976 to 1979, he was a Research Associate at the Tokyo Institute of Technology. In 1979, he joined Chiba University where, from 1979 to 1989, he was a Research Associate, from 1989 to 1997, he was an Associate Professor in the Department of Electrical and Electronics Engineering, and where he is currently a Professor at the Graduate School of Engineering. Also, from 2005 to 2009, he was Deputy Vice-President for Research, from 2008 to 2009, he was Vice-Dean of the Graduate School of Engineering, and in April 2009, he was appointed Director of the Research Center for Frontier Medical Engineering, Chiba University. In 1989, 1994, and 1998, he visited the University of Rennes I, France, as an Invited Professor. His main research interests include analysis and design of printed antennas and small antennas for mobile communications, research on evaluation of the interaction between electromagnetic fields and the human body by use of numerical

and experimental phantoms, microwave antennas for medical applications such as cancer treatment, and antennas for body-centric wireless communications.

Dr. Ito is a Fellow of the IEEE, the Institute of Electronics, Information and Communication Engineers (IEICE) of Japan, a member of the American Association for the Advancement of Science, the Institute of Image Information and Television Engineers of Japan (ITE), and the Japanese Society for Thermal Medicine (formerly, Japanese Society of Hyperthermic Oncology). He served as Chair of the Technical Group on Radio and Optical Transmissions, ITE, from 1997 to 2001, Chair of the Technical Committee on Human Phantoms for Electromagnetics, IEICE, from 1998 to 2006, Chair of the IEEE AP-S Japan Chapter from 2001 to 2002, TPC Co-Chair of the 2006 IEEE International Workshop on Antenna Technology (iWAT2006), Vice-Chair of the 2007 International Symposium on Antennas and Propagation (ISAP2007) in Japan, General Chair of iWAT2008 which was held in Japan in March 2008, and Co-Chair of ISAP2008 which was held in Taiwan in October 2008. He currently serves as an Associate Editor for the IEEE TRANSACTIONS ON ANTENNAS AND PROPAGATION, a Distinguished Lecturer and an AdCom member for the IEEE Antennas and Propagation Society. He will serve as Chair of the Technical Committee on Antennas and Propagation, IEICE starting in May 2009.